

Grief Support Services

Grief services are available free of charge to hospice family members and to anyone in the community who has experienced the death of a loved one. We also offer education, training & support to businesses and schools.



Grief 101: A 3-Part Series

Learn common grief reactions, the tasks of mourning, healing strategies and coping tools. Recommended for those who have never received grief support or are early in their bereavement process.



Adult Grief Support

Individual, couples and family grief counseling provided by licensed counselors, interns or trained grief support volunteers.



Children, Teen & Family Support

Grief Counseling & Play Therapy • Grief Groups • Special Events

Grief education is also available for mental health professionals, groups, schools & families.



Eight-Week Adult Grief Support Groups

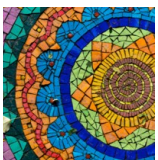
Offered in-person and virtually. Scheduling varies throughout the year.

**General Loss • Spouse/Partner Loss • Child Loss
Substance Abuse Loss • Suicide Loss • Parent Loss**



Latino Services (Servicios para Latinos)

Services provided in Spanish for individual adults, children, teens, families & couples. Groups subject to availability.



Senior Care Program

Individual and group grief support provided for adults 65+ who are homebound or living in skilled nursing or residential care facilities.

For information or to register, call

(707) 568-1094, extension 140

Locations in Petaluma & Santa Rosa