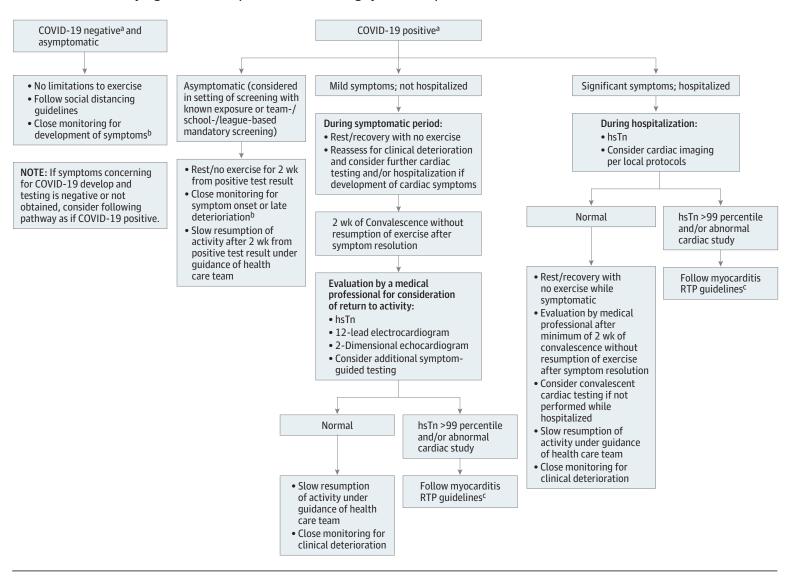




COVID-19 Return-to-Play Algorithm for Competitive Athlete and Highly Active People



COVID-19 indicates coronavirus disease 2019; hsTn, high-sensitivity troponin I; RTP, return to play.

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If you think you may have a medical emergency, call your doctor, go to the emergency department, or call 911 immediately. Providence St. Joseph Health does not recommend or endorse any specific tests, physicians, products, procedures, opinions, or other information that may be mentioned on this Application. Reliance on any information provided by this Application, is solely at your own risk.

^a Typical testing obtained via a nasopharyngeal swab. All athletes with positive testing should be isolated for 2 weeks regardless of symptoms.

^b If clinical and/or cardiac symptoms develop, follow appropriate clinical pathway.

^c Given lack of clean pathophysiology, we recommend American College of Cardiology/American Heart Association athlete myocarditis guidelines.