

oregon – large group

## traditional option chiropractic care 20% / \$1,500

### how to use the chiropractic care benefit

- **You pay your Traditional Option Medical Plan Deductible, then** 20% of the charges per office visit or manipulation session in addition to any amounts over usual, customary and reasonable (UCR) charges. Payments you make exceeding UCR charges are not applied toward your annual out-of-pocket maximums or annual deductibles.
- The maximum chiropractic care benefit per calendar year is \$1,500 per member.
- You must receive covered services from a licensed chiropractor (DC). Services must be determined by PHP or its authorizing agent to be medically necessary and cannot be listed as an exclusion in this Summary of Benefits or your Member Handbook.
- To be covered, claims must be submitted within 12 months of the date of service. **Submit claims to: Providence Health Plan, Attn: Claims Department, P.O. Box 3125, Portland, OR 97208-3125.**
- See your Traditional Option Medical Summary of Benefits and your Member Handbook for additional information about annual deductibles and annual out-of-pocket maximums.

### covered benefits

Covered chiropractic services must be consistent with current procedural terminology (CPT) guidelines and are limited to the following, as deemed medically necessary by Providence Health Plan or its authorizing agent:

- Initial evaluation visit for each diagnosis or injury.
- Manipulation of the spine, joints and/or musculoskeletal soft tissue, a re-evaluation, and/or other services, in various combinations
- Adjunctive physiotherapy which may include ultrasound, hot packs, cold pack, electrical muscle stimulation or other therapies and procedures which are medically necessary for the treatment of neuromusculoskeletal disorders..
- Related diagnostic x-rays and laboratory services.

### exclusions and limitations

- Services, exams and/or treatments for conditions other than neuromusculoskeletal disorders.
- All chiropractic appliances or durable medical equipment.
- Adjunctive physiotherapy not associated with chiropractic manipulation of the spine, joints, and/or musculoskeletal soft tissue.
- Clinical laboratory studies performed in a chiropractor's office
- Venipuncture.
- Services or treatments not delivered by a licensed chiropractic physician.
- Hypnotherapy, behavior training, sleep therapy and weight programs.
- Thermography.
- Transportation costs including local ambulance charges.
- Education programs, self-care or self-help programs or any self-help physical exercise training or any related diagnostic testing.
- Therapeutic modalities and procedures that are considered by Providence Health Plan or its authorizing agent to be invasive.
- Any service or supply that is not permitted by state law with respect to the provider's scope of practice.
- Massage therapy.

<b>customer service:</b>	• Portland Metro Area: 503-574-7500	• All Other Areas: 1-800-878-4445	• TTY (For the Hearing Impaired): 503-574-8702 or 1-888-244-6642
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