



Value Based Open Option Plan Benefit Highlights (continued)	In-Plan Co-Pay or Coinsurance	Out-of-Plan Co-Pay or Coinsurance
<b>Emergency/Urgent Care/Ambulance Services</b> (Your emergency/urgent co-pay is waived if admitted to the hospital within 24 hours) <ul style="list-style-type: none"> <li>Emergency services (for emergency medical conditions only)</li> <li>Urgent care services (for non-life threatening illness/minor injury)</li> <li>Ambulance services (for emergency transportation only)</li> </ul>	\$125 \$25✓ 30%	\$125 \$25✓ 30%
<b>Other Covered Services</b> <ul style="list-style-type: none"> <li>X-ray; lab services</li> <li>Imaging services (PET, CT, MRI)</li> <li>Outpatient rehabilitative services (30 visits per calendar year)</li> <li>Outpatient surgery, dialysis, infusion, chemotherapy, radiation therapy</li> <li>Temporomandibular joint (TMJ) service (limited to \$1,000 per calendar year / \$5,000 per lifetime)</li> <li>Home health care</li> <li>Hospice care</li> <li>Self-administered chemotherapy (Up to a 30-day supply from a designated participating pharmacy)               <ul style="list-style-type: none"> <li>-Generic drugs</li> <li>-Formulary brand-name drugs</li> <li>-Non-formulary brand-name drugs</li> </ul> </li> </ul>	30% 30% 30% 30% 50% 30% Covered in full \$10✓ \$50✓ \$100✓	40% 40% 40% 40% Not covered 40% Covered in full Not covered Not covered Not covered
<b>Mental Health / Chemical Dependency</b> (To initiate services, you must call 1-800-711-4577. All inpatient, residential and day or partial hospitalization treatment services must be prior authorized.) <ul style="list-style-type: none"> <li>Inpatient, residential and day treatment services</li> <li>Outpatient provider visits</li> </ul>	30% \$20 / visit✓	40% 40%✓

\*Your deductible(s) do not apply to purchases of diabetes supplies.

## Your guide to the words or phrases used to explain your benefits

**Coinsurance**  
The percentage of the cost that you may need to pay for a covered service.

**Common deductible**  
The dollar amount that an individual or family pays for covered services before your plan pays any benefits within a calendar year. The deductible can be met by using in-plan or out-of-plan providers, or the combination of both. The following expenses do not apply to an individual or family deductible:

- Services not covered by your plan
- Services that exceed your plan's lifetime maximum benefit
- Fees that exceed usual, customary and reasonable (UCR) charges as established by your plan
- Penalties incurred if you do not follow your plan's prior authorization requirements
- Co-pays or coinsurance for any supplemental benefits provided by your employer, such as prescription drugs, or routine vision care

**Common out-of-pocket maximum**  
The limit on the dollar amount you will have to spend for specified covered health services (a combination of both in and out-of-plan services) in a calendar year. Some services and expenses do not apply to the common out-of-pocket maximum. See your Member Handbook for details.

**Co-pay**  
The fixed dollar amount you pay to a health care provider for a covered service at the time care is provided.

**Deductible carryover**  
A feature of your plan that allows for any portion of your deductible that is paid during the fourth quarter of a calendar year to be applied toward the next year's deductible.

**Formulary**  
A list of preferred brand name and generic drugs that have been evaluated by us for effectiveness and safety.

**In-plan benefit**  
The in-plan benefit is an extensive network of highly qualified physicians and health care providers, also known as participating providers, available to you by your plan. Generally, your out-of-pocket costs will be less when

you receive covered services from participating providers. To find a participating provider, go to the online directory at [www.providence.org/php/providerdirectory](http://www.providence.org/php/providerdirectory)

**Lifetime maximum benefit**  
The total dollar amount of benefits that you can receive from your plan during your lifetime.

**Non-participating provider**  
Any health care professional who does not participate in Providence Health Plan's network of participating physicians and providers of health care services.

**Out-of-plan**  
Refers to services you receive from a non participating provider. Your out-of-pocket costs are generally higher when you receive covered services from non participating providers. To find a participating provider, go to the online directory at [www.providence.org/healthplans](http://www.providence.org/healthplans)

**Participating provider**  
A physician or provider of health care services who belongs to the Providence Health Plan participating provider network. To find a participating provider, go to the online directory at [www.providence.org/php/providerdirectory](http://www.providence.org/php/providerdirectory)

**Pre-existing condition**  
A medical condition for which medical advice, diagnosis, care or treatment was recommended or received within six months prior to your enrollment date. You will need to be enrolled under this plan for six continuous months before services for pre-existing conditions will be covered. See your Member Handbook for details.

**Prior authorization**  
Some services must be pre-approved. In-Plan, your provider will request prior authorization. Out-of-Plan, you are responsible for obtaining prior authorization or a 50% penalty (up to \$2,500 per occurrence) will apply.

**Self-administered chemotherapy**  
Oral, topical or self-injectable medications that are used to stop or slow the growth of cancerous cells.

**Usual, Customary & Reasonable (UCR)**  
Describes predefined charges established by your plan for services that you receive from an out-of-plan provider. When the cost of out-of-plan services exceeds UCR amounts, you are responsible for paying the provider any difference. These amounts do not apply to your plan deductibles or out-of-pocket maximums.

**Contact us**  
Headquartered in Portland, our customer service professionals have been proudly serving our members since 1986.



Portland Metro Area: **503-574-7500**  
 All other areas: **1-800-878-4445**  
 TTY: **503-574-8702** or **1-888-244-6642**



Have questions about your benefits and want to contact us via e-mail? Go to our Web site at: [www.providence.org/php/contactus](http://www.providence.org/php/contactus)