

Estimating medical costs

Cost transparency and consumer choice

Up-to-date, accurate estimates on the costs of common medical procedures can be found on the Providence Health Plan Web site. Employees can compare hospitals and estimate their own deductible, copayment or coinsurance costs using our convenient online tools.

Step 1: Visit www.providence.org/healthplans.

Step 2: Click on “Get Started!” under the “Members” section.

Step 3: Click on “Health Resources” in the left-hand navigation menu.

Step 4: Under the “Research Your Health” heading, select “Cost and Quality.”

Step 5: Under the “Cost” heading, click on “Common Medical Costs: The Cost of Care.”

How much will my medical treatment cost?

The range and median cost for Portland, Eugene and other parts of Oregon and southwest Washington are broken down by category of expense:

- **Doctor/Other** – Physician office visits and medical expert care costs.
- **Facility** – Costs for using hospital rooms, skilled nursing facilities or other medical locations; primarily, the patient’s costs for the stay (room, food and miscellaneous items).
- **Surgery** – Costs for a surgeon, surgical staff and surgical suite for a procedure.
- **Inpatient** – Care and tests provided to a patient staying in hospitals, skilled nursing facilities or other medical locations.
- **Outpatient** – Care and tests provided to a patient in a free-standing clinic, lab, hospital or other facility where the patient does not stay overnight.
- **Rx** – Costs for medications used to treat a condition over the course of the episode of treatment. Costs may include both prescription and nonprescription medications, if covered by health plan benefits for that condition.

continued...

2

Employees can explore the costs associated with dozens of common health conditions and procedures in the categories of

- Behavioral Health
- Bones and Muscles (Musculoskeletal System)
- Brain & Nervous System
- Common Tests
- Heart and Circulatory System
- Infections & Other Symptoms
- Internal Organs & Systems
- Lungs and Breathing
- Newborn Health
- Preventive Care
- The Five Senses
- Women's Health

Costs shown represent the total treatment amount before any payments are made by Providence Health Plan. To estimate what an employee would owe for treatment associated with a common health condition, use the Cost Calculator.

Online cost calculator

After identifying the appropriate condition or procedure, employees can click on the “Cost Calculator” tool in the right-hand navigation for help estimating their actual costs.

Employees can enter their current deductible, out-of-pocket maximum balances and plan limits where applicable. Employees can determine if the deductible, out-of-pocket max, copay, and/or coinsurance applies to their treatment by examining their benefit summary.

Learn more

Employees can learn more about treatment for their health condition by following the convenient link to our Health Information Library on our Web site.