

# Value Based Pharmacy Plans

## Frequently asked questions

### What is a value-based prescription drug plan?

Value-based drug plans are designed to make prescriptions more affordable for those with chronic health conditions. The plans do this through ultra-low copays for generic, as well as some brand-name, medications.

### What is a value drug?

Value drugs are commonly prescribed, first-line treatments for asthma and other breathing disorders, diabetes, heart disease (high blood pressure, high cholesterol, congestive heart failure) and depression. By making these drugs available at an ultra-low copay, Providence Health Plan is supporting members who must take their medication correctly and consistently to avoid developing more serious health problems. Members affected by these health conditions also may receive help from our disease management programs.

### How can a value drug help me?

Value drugs include both generic and brand-name drugs and are available for the lowest copay. These options can lower your out-of-pocket medical expenses and help you find affordable and effective treatment options for select chronic health conditions.

### How do I find value drugs?

Find the section of the online formulary that matches your medical condition or look up a specific medication in the formulary index.

### What if there is not a value drug to treat my condition?

In addition to the more than 20 value drugs, you will find an effective generic option to treat most medical conditions. Ask your doctor which generic option on the Providence Health Plan formulary is right for you.

### What is a formulary?

A formulary is a list of FDA-approved prescription drugs developed by physicians and pharmacists. Formularies are designed to offer drug-treatment choices for covered medical conditions. The Providence Health Plan formulary includes brand-name, generic and specialty medications.

### What if I can't find my drug on the formulary?

Make sure to look in the index for your drug. If your drug is not on our formulary, you most often will see a reference for a formulary alternative. There is now a generic alternative for most common medical conditions. Not all drugs are covered; see your summary of benefits for plan limitations and exclusions.

### How do I find the formulary?

Visit [www.providence.org/healthplans/members](http://www.providence.org/healthplans/members) and follow the link to "Value Based Drug Formulary" on the "Pharmacy Resources" page. You may also call Providence Health Plan customer service at 503-574-7500 or 800-878-4445 to confirm whether your drug is on our formulary.



**Designed to keep you well – and save you money on copays and coinsurance.**

## What is a value drug?

Value drugs are designed to help members address asthma and other breathing disorders, diabetes, heart disease (high blood pressure, high cholesterol, congestive heart failure) and depression. Offered at an ultra-low copay, these drugs are proven to play an important role in helping members living with these conditions maintain their health.

Looking for a drug not on this list? Don't worry. The Value Based Pharmacy Plan formulary contains thousands of drugs you are used to seeing on all our prescription drug plans – including many low-cost generic options. To see the complete Providence Health Plan Formulary, visit [www.providence.org/healthplans/members](http://www.providence.org/healthplans/members) and follow the link to "Value Based Drug Formulary" on the "Pharmacy Resources" page.

Health issue	Type of drug	Brand name	Drug name
<b>Breathing</b>	Corticosteroids	Flovent™, Flovent HFA™	Fluticasone
	Bronchodilators	Proair HFA™	Albuterol
		Proventil HFA™	Albuterol
<b>Heart, Cholesterol, High Blood Pressure</b>	Ace-inhibitors	Vasotec™*	Enalapril
		Zestril™*	Lisinopril
	Beta-blockers	Lopressor™*	Metoprolol Tartrate
		Tenormin™*	Atenolol
		Coreg™*	Carvedilol
	Cholesterol Lowering Agents	Zocor™*	Simvastatin
	Combination Antihypertensives	Vasoretic™*	Enalapril/HCTZ
Zestoretic™*		Lisinopril/HCTZ	
<b>Diabetes</b>	Glucose Production Inhibitors	Glucophage™*	Metformin
		Glucophage XR™*	Metformin ER
	Insulins	Humulin R™, Novolin R™	Regular Human
		Humulin N™, Novolin N™	NPH Human
		Humulin™, Novolin™	Human (70/30)
		Humulin™, Novolin™	Human (50/50)
	Insulin Release Stimulants	Amaryl™*	Glimepiride
		Glucotrol™*	Glipizide
Micronase, DiaBeta™*		Glyburide	
<b>Depression</b>	Selective Serotonin Reuptake Inhibitors (SSRIs)	Celexa™*	Citalopram
		Prozac™*	Fluoxetine
		Zoloft™*	Sertraline

This list is not intended to replace the advice of your doctor. Rather, these value drugs are highlighted as low-cost and effective alternatives you may want to consider when discussing your treatment with your provider.

The online formulary (including drugs listed on this page) is updated every two months to reflect the latest medical evidence on effective treatments for many health conditions. Updated 10/9/2008.

\* The generic forms of these drugs qualify as "value drugs" and are available at an ultra-low copay, while their brand-name equivalents are not.