

# Pediatric preventive health guidelines

Recommended visits and interventions



PREVENTIVE CARE	RECOMMENDATIONS
History and physical	At birth and on each well-child visit. See your member handbook for a schedule of regular visits.
Height and weight	At each well-child visit.
Head circumference	At each well-child visit through 24 months.
Chlamydia screening	Sexually active females.
Body mass index (BMI)	At each well-child visit between 24 months and age 18.
High blood pressure screening	At each well-child visit between ages 3 and 18.
Hearing screening	As a newborn and periodically at doctor discretion.
Vision screening	Periodically at doctor discretion.
Hemoglobin or hematocrit	Once between 9 and 12 months.
Immunizations	Update at each visit. Refer to the <a href="#">CDC's schedule of for children ages birth to six years</a> and <a href="#">children 7 to 18 years old</a> .
Metabolic screening	Birth to 2 months.
Oral health/dental referral	Referral by 12 months and fluoride treatment as needed.
Developmental screening	At each well-child visit.
Educational guidance for parents/guardians (i.e., nutrition, physical activity, injury prevention)	At each well-child visit.

**Please note:** Additional or different services may be recommended by your doctor. Members should refer to their Member Handbook to determine if services and supplies are covered benefits.

