



#### **COMMUNITY BENEFIT SNAPSHOT**

### WE INVEST IN NORTHERN CALIFORNIA'S HEALTH

Caring for our communities has never been more important. To achieve our vision of health for a better world, we worked closely with our community partners to ensure we addressed the communities' most pressing needs.



## ADDRESSING HEALTH CHALLENGES IN OUR COMMUNITY

Our community health needs assessment guides our investments and partnerships. In 2019, we focused on stigma reduction around substance use disorders, holistic behavioral health and mindfulness education for youth, and housing instability and homelessness.

### **BRINGING OUR MISSION TO LIFE**

At St. Joseph Health, we invest in improving community health across all seven states we serve. Called by our Mission, we are committed to serving all within our communities, especially the poor and vulnerable.



Community health improvement and strategic partnerships \$24 MILLION



Health professions education and research \$571,000



Subsidized health services \$1 MILLION



Free and discounted care for the uninsured and underinsured \$14 MILLION



Unpaid cost of Medicaid and other means-tested government programs \$25 MILLION

<sup>\*</sup>Data is consolidated based on unaudited financial reporting.

<sup>\*</sup>These numbers include home and community care investments.

## Our shared values in action



# SERVING THE POOR AND VULNERABLE THROUGH COMMUNITY-BASED CARE MANAGEMENT

In 2019, the CARE Network at St. Joseph Health, Queen of the Valley Medical Center added a specialized mental heath team to meet the needs of patients with mental health conditions that prevented them from addressing critical or life-threatening health issues.

## TAKING ON THE STIGMA OF SUBSTANCE USE DISORDER

What does substance use disorder look like? For years, the question created a barrier to care for pregnant women and frustrated healthcare providers in Humboldt County. Over the past two years, more and more providers are using the updated process from the RISE (Resilience and

Inclusion through Support and Empowerment) Project to screen patients. In 2019, the screening program empowered 30 women to seek help through referrals.

# BUILDING RESILIENCE THROUGH HOLISTIC BEHAVIORAL HEALTH PROGRAMMING

Behavioral health issues such as anxiety, depression and self-esteem were becoming more prevalent, particularly among younger populations. After concerted collaboration with local partners and school personnel, St. Joseph Health, Sonoma County, launched a pilot of the revamped Healthy for Life program in 2019 that incorporates mindfulness and resilience techniques.

