**COMMUNITY BENEFIT SNAPSHOT**

**WE INVEST IN NORTHERN CALIFORNIA’S HEALTH**

*Caring for our communities has never been more important. To achieve our vision of health for a better world, we worked closely with our community partners to ensure we addressed the communities’ most pressing needs.*

<table>
<thead>
<tr>
<th>Total benefit to our communities in 2019</th>
<th>$65 MILLION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community health improvement and strategic partnerships</td>
<td>$24 MILLION</td>
</tr>
<tr>
<td>Health professions education and research</td>
<td>$571,000</td>
</tr>
<tr>
<td>Subsidized health services</td>
<td>$1 MILLION</td>
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<tr>
<td>Free and discounted care for the uninsured and underinsured</td>
<td>$14 MILLION</td>
</tr>
<tr>
<td>Unpaid cost of Medicaid and other means-tested government programs</td>
<td>$25 MILLION</td>
</tr>
</tbody>
</table>

*Data is consolidated based on unaudited financial reporting.*

*These numbers include home and community care investments.*

**ADDRESSING HEALTH CHALLENGES IN OUR COMMUNITY**

Our community health needs assessment guides our investments and partnerships. In 2019, we focused on stigma reduction around substance use disorders, holistic behavioral health and mindfulness education for youth, and housing instability and homelessness.

**BRINGING OUR MISSION TO LIFE**

At St. Joseph Health, we invest in improving community health across all seven states we serve. Called by our Mission, we are committed to serving all within our communities, especially the poor and vulnerable.
SERVING THE POOR AND VULNERABLE THROUGH COMMUNITY-BASED CARE MANAGEMENT
In 2019, the CARE Network at St. Joseph Health, Queen of the Valley Medical Center added a specialized mental health team to meet the needs of patients with mental health conditions that prevented them from addressing critical or life-threatening health issues.

TAKING ON THE STIGMA OF SUBSTANCE USE DISORDER
What does substance use disorder look like? For years, the question created a barrier to care for pregnant women and frustrated healthcare providers in Humboldt County. Over the past two years, more and more providers are using the updated process from the RISE (Resilience and Inclusion through Support and Empowerment) Project to screen patients. In 2019, the screening program empowered 30 women to seek help through referrals.

BUILDING RESILIENCE THROUGH HOLISTIC BEHAVIORAL HEALTH PROGRAMMING
Behavioral health issues such as anxiety, depression and self-esteem were becoming more prevalent, particularly among younger populations. After concerted collaboration with local partners and school personnel, St. Joseph Health, Sonoma County, launched a pilot of the revamped Healthy for Life program in 2019 that incorporates mindfulness and resilience techniques.

In 2019, St. Joseph Health, Northern California focused on programs and partnerships that exemplify our core values and our vision of health for a better world.

— KEVIN KLOCKENGA
REGIONAL CHIEF EXECUTIVE
ST. JOSEPH HEALTH, NORTHERN CALIFORNIA