

**Mission Hospital Cardiac Rehabilitation
Mission Hospital CardioPulmonary Rehab Center
26732 Crown Valley Parkway, Suite 281
Mission Viejo, CA 92691
(949) 364-7755**

Dear _____,

You are scheduled for a group orientation for Cardiac Rehabilitation on

Date: _____ Time: _____

- You are encouraged to bring your spouse or a family member with you to this appointment.
- Total time for the orientation will be approximately 2 hours.

Prior to your appointment, please FULLY COMPLETE all forms and bring to your orientation:

- Completed Patient Learning Priorities, Sleep Apnea Questionnaire, Dartmouth Coop, PHQ-9 and DASI (Duke Activity Status Index) Surveys**
- A list of your current medications (include dosages)**
- Advanced Directive (or Durable Power of Attorney for Healthcare Decisions) *only if you already have one – it is not required***
- A list of the names and phone numbers of your physicians (cardiologist, primary physician, endocrinologist or other specialist you see)**

Parking

There are parking garages on either side of our building and you may use either one (map is on the back side of this letter). Bring in your parking ticket, we validate your ticket, so you only pay \$1 per visit.



27700 Medical Center Road • Mission Viejo, CA 92691 • T: (949) 364-1400
31872 Coast Highway • Laguna Beach, CA 92651 • T: (949) 499-1311

Cardiopulmonary Rehab Center



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St. Joseph Health 
Mission Hospital