

2018 ACUTE REHABILITATION PROGRAM OUTCOMES

Multidisciplinary. Multiple Accreditation

Thanks to our unique combination of advanced methods, expert specialists and exceptional outcomes, the Acute Rehabilitation Commission on Accreditation of Rehabilitation Facilities (CARF) has recognized our high level of care with accreditation for the following programs:

Inpatient

- › Comprehensive Rehab (Adults)
- › Comprehensive Rehab (Children/Adolescent)
- › Brain Injury (Adults)
- › Brain Injury (Children/Adolescent)
- › Stroke Specialty
- › Brain Injury (Adult)
- › Brain Injury (Children/Adolescent)
- › Stroke Specialty

Better Outcomes Mean Better Lives

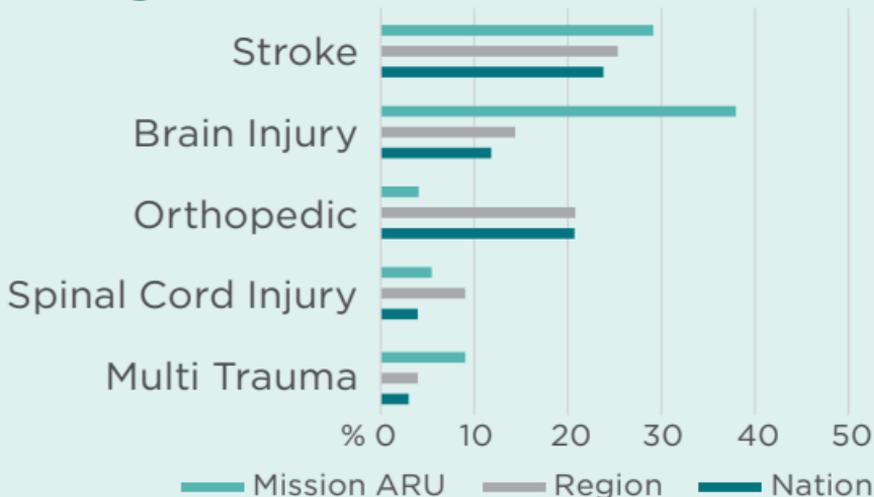
Our commitment to providing the highest quality care available is evident every day in our patient outcomes. By continually working to improve our care, we are focused on out-performing comparable rehab units across the country and providing an exceptional healing environment for our patients.

Mission Hospital ARU by the numbers

2018 Total Patients

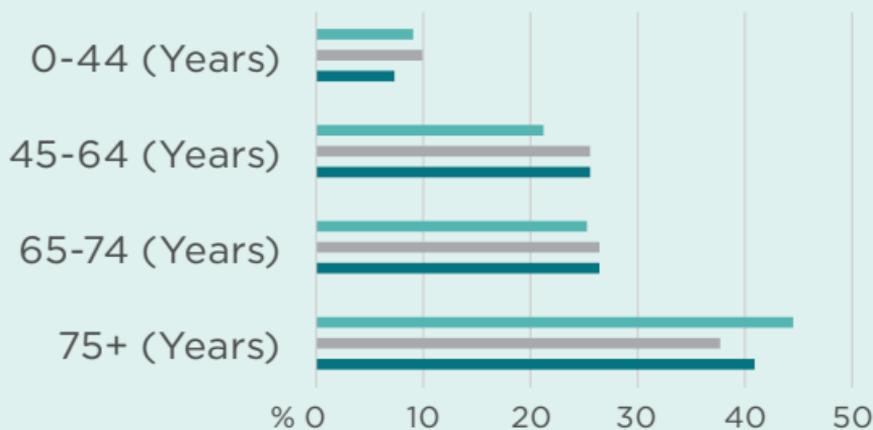
Mission ARU	447
Region	56,930
Nation	525,513

Diagnostic Mix

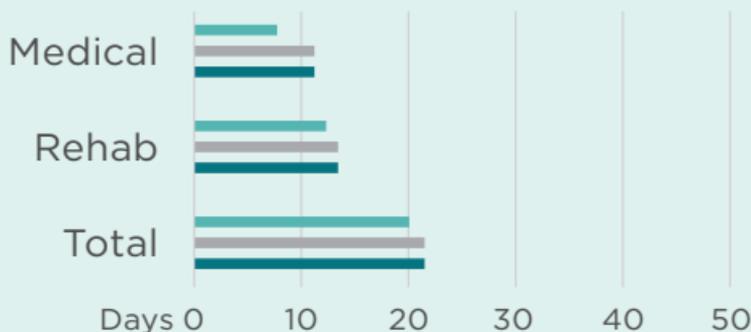


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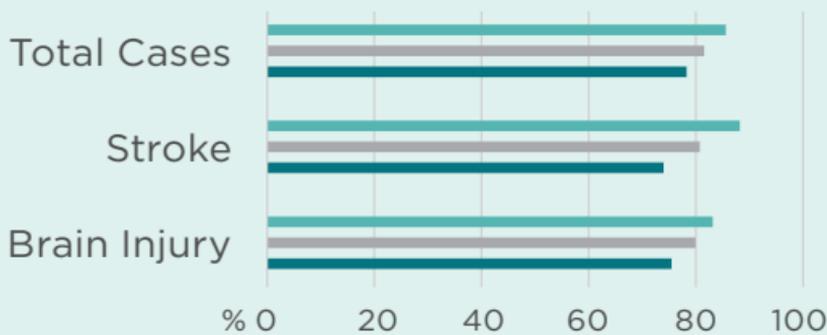
Age Demographic



Total Length of Stay



Discharge to Home/Community



— Mission ARU — Region — Nation

Functional Skills Follow-Up

On average, Mission Hospital rehabilitation patients display better functional skills at their 3-month followup (based on a functional independence measure) than those discharged from similar programs nationwide.

2018 BRAIN INJURY OUTCOMES

The Knowledge and Experience to Mend Minds

Mission Hospital is home to one of the top trauma and stroke receiving centers in California, giving our Acute Rehabilitation Unit (ARU) close proximity and extensive experience in managing more complex and severe conditions. In fact, patients admitted to our ARU at a lower functional level on average made greater gains when compared to similar programs. Additionally, Mission Hospital's ARU achieves a shorter average length of stay than other rehabilitation programs, regionally and nationally.

Brain Injury

Discharge to Community (%)

Mission Hospital ARU	83
Region	80
Nation	77

Length of Stay (Days)

Mission Hospital ARU	23
Region	26
Nation	26



2018 STROKE OUTCOMES

The Knowledge and Experience to Mend Minds

Mission Hospital is home to one of the top trauma and stroke receiving centers in California, giving our Acute Rehabilitation Unit (ARU) close proximity and extensive experience in managing more complex and severe conditions. In fact, patients admitted to our ARU at a lower functional level on average made greater gains when compared to similar programs. Additionally, Mission Hospital's ARU achieves a shorter average length of stay than other rehabilitation programs, regionally and nationally.

Stroke

Discharge to Community (%)

Mission Hospital ARU	88
Region	81
Nation	74

Length of Stay (Days)

Mission Hospital ARU	16
Region	25
Nation	25



2018 PATIENT SATISFACTION

Positive Outcomes Create Positive Reviews

Our dedication to providing an environment for healing and producing better outcomes earns us the most important form of recognition – exceptional patient satisfaction. The results below are drawn from Professional Research Consult (PRC), a national leader in health care customer satisfaction research. These ratings enable us to continually improve the experience and outcomes for our patients.

2018 Result – Quality of Care

97.2% of our clients/families were extremely satisfied with their quality of care.

95.8% of our clients/families are highly likely to recommend our program at Mission Hospital to their friends/relatives.

Following are comments from Mission Hospital ARU patients:

- “ Everyone with whom we have come into contact without fail, has been kind, helpful and professional, and every single caregiver appears ... to be deeply concerned for the welfare of their patients. I have never encountered people as considerate and compassionate as your staff and never experienced an environment like yours. The facilities were immaculate and your staff goes above and beyond in their care for patients.”
- “ This was a challenging time for me personally and I really appreciate everyone's positive and constructive attitude. What makes Mission's ARU are their staff – including skill and positive attitudes. Thank you!”

ADOLESCENT PATIENT

(Age: 13-18)

Mission Hospital is proud to offer rehabilitation services for adolescents who have recently acquired a neurological or physical injury that requires an intensive and comprehensive patient centered continuum of care. We offer distinctive programs that assist adolescents and their families with the recovery process, return to family-based living, and reintegration into school and leisure activities. Mission Hospital has the only Acute Rehabilitation Unit (ARU) in South Orange County and as a CARF accredited facility, we provide adolescents with a local choice for intensive short term in-patient rehabilitation placement.

ARU Program Services for Adolescents:

- › Private rooms are allowed as needed with flexible family visiting hours and overnight privileges.
- › Neuropsychology services are available to assist with understanding brain function, promote optimal behaviors, and support the emotional and psychological needs of the adolescent and family members.
- › Child Life Specialist services are available to encourage effective coping and normalized development.
- › Recreational Therapy services are available to incorporate activities of leisure and promote improved quality of life (as patient endurance allows).
- › Pet Visitation and Animal Assisted Therapy services are used to promote improved socialization and interactive treatment. Highly trained dogs help the adolescent to connect with the recovery process.

Outcomes:

Mission Hospital ARU offers adolescent patients and their families an alternative to attending Pediatric Specialty rehabilitation programs located outside of the immediate community. Our outcomes are best denoted by the following: All of our pediatric clients within the past five years have discharged home at a supervised to independent level of function.