



## Providence Center for Clinical Genetics and Genomics

### Understanding your past, empowering your future

Providence Center for Clinical Genetics and Genomics can help you understand how genetics influences your health and that of your family members. If you have a personal history of cancer, or if a family member has had cancer, and you want to know more about your cancer risks, we offer risk assessment, genetic counseling and genetic testing.

While our focus is hereditary cancer, Providence Center for Clinical Genetics and Genomics also offers consultation and testing for other conditions, from heart disease and neurologic disease to family planning.

We can help you make informed choices, assess your risk factors and plan for tomorrow. We can also help provide peace of mind, if tests show you are not at a high risk of some medical conditions.

#### Should you have a genetics consultation?

If you or a family member can answer “yes” to any of the following questions, we encourage you to schedule a consultation with one of our genetic counselors.

- Has anyone had breast, colon, uterine, kidney or prostate cancer before age 50?
- Has anyone had ovarian, pancreatic or male breast cancer at any age?
- Has anyone had a rare type of cancer, such as sarcoma, medullary thyroid cancer, paraganglioma or pheochromocytoma?
- Has anyone had more than one type of cancer?

- Has anyone had bilateral cancer, such as breast or kidney?
- Have more than one family member on the same side had cancer (the same or different types)?
- Are you of Eastern European (Ashkenazi) Jewish ancestry? If so, has anyone had breast, ovarian, pancreatic or prostate cancer?

You can also consult us about other (noncancer) hereditary conditions that concern you.

#### A customized action plan

By assessing your personal and family health history and genetic test results, we can:

- Determine if you have a high risk of developing cancer
- Create a personalized risk reduction plan for you, which may include enhanced screenings, lifestyle and wellness programs, medications and surgery options
- Develop treatment plans if you have already been diagnosed with cancer, and identify additional cancer risks you may face

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## If you have a high risk of cancer

Our high-risk management and prevention program is available if you have a high risk of developing cancer. Our team of physicians can provide long-term support, ensuring you receive the care you need and keeping you current on the latest guidelines for people at increased cancer risk.

## Insurance coverage

Health insurance typically covers consultation appointments and is independent of any genetic testing costs or authorizations. Most insurance companies also cover the cost of genetic testing for people considered at high risk of disease. If you are uninsured, other means for assistance may be available. Please ask us about options.

## Contact us.

To make an appointment or to learn more about our services, visit [Providence.org/genetics](http://Providence.org/genetics); call 818-748-4748, option 3; or email us at [ProvidenceGenetics.CA@providence.org](mailto:ProvidenceGenetics.CA@providence.org).

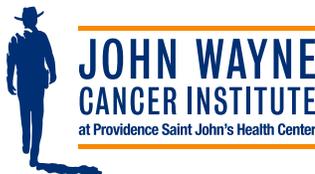
## OUR MISSION

As people of Providence, we reveal God's love for all, especially the poor and vulnerable, through our compassionate service.

## OUR CORE VALUES

Respect, Compassion, Justice, Excellence, Stewardship

**Saint John's  
Health Center**  
+ PROVIDENCE Health & Services



## MEET OUR TEAM.



Ora Gordon, M.D., MS  
Medical director  
Medical geneticist



Kimberly Childers, MS, LCGC  
Regional manager  
Genetic counselor



Richard Frieder, M.D.  
Cancer risk assessment  
and prevention

Providence Center for  
Clinical Genetics and Genomics

*(located within the John Wayne Cancer Clinics  
at Providence Saint John's Health Center)*

2121 Santa Monica Blvd.  
Santa Monica, CA 90404

818-748-4748, option 3  
[Providence.org/genetics](http://Providence.org/genetics)

We do not discriminate on the basis of race, color, national origin, sex, age, or disability in our health programs and activities.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (TTY: 711).

注意：如果您講中文，我們可以給您提供免費中文翻譯服務，請致電888-311-9127 (TTY: 711)