

Standing Together

Grief Support for Kids, Teens, & Parents/Caregivers (New format during COVID-19 pandemic)

Standing Together is free grief support for youth in grades K-12 that typically meets monthly to provide grief support to the family.

2020-2021 School Year:
Due to COVID-19 pandemic, we are currently not able to meet in person. Monthly grief activity kits will be sent to those who have completed an application.

To request an application for an activity kit call 425-261-4844/425-261-4807

Lulu Verneuil, LICSW
Grief Support Services:
Pediatric Bereavement
Specialist
425-261-4844



After the death of someone important in a child or teen's life, it can be a confusing time. We have heard from many youth that they felt alone and that their peers didn't "get it."

Standing Together typically brings grieving youth together in a safe, supportive, and fun environment. We are not currently able to gather in-person at this time due to the pandemic and social restrictions. Instead, we are offering grief activity kits mailed to your home. Kits will be available October through June until we can meet together again in-person and resume our regular program.



"...it's not a place you go to because something is wrong with you — it's a place you go to be safe and understood."

At Standing Together we realize that children are also part of larger systems that are impacted by loss. It is our hope that the grief activity kits will engage families in conversations about the loss of a loved one in positive and insightful ways. Expressing feelings is so important for grief healing and we think these kits will spark conversations about what it feels like to miss someone important.

Grief is hard — talking and sharing our struggles and feelings in a supportive environment can help bring healing to our hearts.