

Pilot Checklist for Flight Physical Exam

Welcome to the Providence West Olympia Family Medicine Clinic! We hope that your experience here will be comfortable and helpful. Because our goal is to keep you flying, we've taken the time to compose a checklist of items to bring to your Aviation Medical Exam. We understand how important aviation is to you and will work with you in order to help you enjoy a long and healthy time in the air.

Checklist of items to bring on the day of your exam:

- ◇ Eyeglasses, and/or Contact Lenses. We would appreciate if you brought your own contact fluid and a case to place them in during the eye exams.
- ◇ Hearing Aids
- ◇ Government Issue ID (Most pilots bring a driver's license, or passport)
- ◇ *MedXPress* Confirmation Number. This is essential to allow me to access your information for the exam and later submit it to the FAA. See brochure for more details, or check out the website at: <https://medxpress.faa.gov/>
- ◇ Any documentation specifically requested pertaining to a medical condition by either myself or the FAA. This includes specialist notes, primary care physician notes or lab work pertaining to a disability, or a previous medical condition that has required special issuance (AASI). This may also include a Statement of Demonstrated Ability (SODA) form.

These are useful websites for further questions:

<http://flightphysical.com/pilot/tips/Documents-to-Bring.htm>

<http://flightphysical.com/Exam-Guide/About-the-Exam.htm>

We are happy to answer any questions related to aviation medicine that you may have via the telephone number listed above. Cost exam is \$135.00. Any additional lab work or radiology required will be discussed with you on the day of your exam.

Thanks for your preparation, we and look forward to seeing you soon!

Best Regards,



Aaron J. Beck, MD
Aviation Medical Examiner