



# PROVIDENCE IMAGING CENTER

<b>SCHEDULING</b>	212-5856
<b>PRE-REGISTRATION</b>	212-5856
<b>BILLING</b>	565-8001
<b>FILE ROOM</b> (for reports/films)	212-3144

## THYROID BIOPSY INSTRUCTIONS

You have a thyroid biopsy scheduled at Providence Imaging Center in Anchorage. This biopsy has either been recommended by your surgeon or by the radiologist based on your latest thyroid ultrasound study.

Your biopsy is scheduled for \_\_\_\_\_ on \_\_\_\_\_.  
(time) (date)

*(Please check in at the appointment desk 15 minutes before your appointment time.)*

The radiologist for your biopsy is \_\_\_\_\_.

### ***What is an imaging guided biopsy?***

An imaging guided biopsy allows the radiologist to sample the tissue in your thyroid without surgery. Ultrasound is used to find the area. The radiologist will remove samples of your thyroid tissue using a special needle. The tissue samples are sent to the pathologist for diagnosis. A pathology report is sent to your health care provider about three working days after your biopsy. Your health care provider will go over the results with you.

### ***What to do prior to your biopsy***

There are no diet restrictions; eat and drink as usual. Take your usual medications on the day of your appointment.

### ***What to expect during the procedure***

Your skin will be cleaned with betadine before the radiologist administers lidocaine, a local anesthetic that will numb an area about the size of a quarter. Several tissue samples will be obtained.

As the samples are taken, you will feel the radiologist moving the needle back and forth. During the procedure you will be informed about what is occurring. Some people experience pain to the jaw or the ear – this is normal. If you experience discomfort, the radiologist can administer more local anesthetic during the procedure.

**What happens after the procedure**

- Take a non-aspirin pain reliever like Tylenol, Advil, Motrin, etc., if you experience any discomfort.
- Check the biopsy area daily. If you notice excessive pain, bleeding, swelling, drainage, redness, or the area is warm to the touch please call us or your clinician's office.
- You should be able to drive or return to work following your biopsy.

**Note:** *You may notice some bruising of the biopsy area which should go away in about a week. You may also have a very small amount of bleeding. If bleeding occurs after you leave Providence Imaging Center, apply continuous direct pressure over the incision site for five minutes and replace the bandages.*

**Results and follow-up**

Your health care provider's office should contact you with the results of your biopsy about three working days after the procedure.