



Upper GI (UGI) Examination

Patient _____ Appointment Date _____

Clinician Ordering _____

History/Reason for Exam _____

An Upper GI is a stomach X-ray made during and after drinking a barium preparation. It is important that you arrive to your scheduled appointment with an empty stomach. **DO NOT EAT OR DRINK AFTER MIDNIGHT.** The Radiologist or Radiologic Nurse Practitioner will fluoroscope as you drink the barium meal, and take X-ray pictures as the stomach fills. After this, the technologist will take additional images if necessary. The entire process, once begun, is 15-20 minutes long.

1. The evening before your examination, eat a light meal.
2. **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT.**
3. You may brush your teeth in the morning, but do not swallow the water. It is important that you come to the Imaging Center with an empty stomach.
4. Please register for this exam by calling (907) 212-3151, or toll-free (888) 458-3151, before your scheduled appointment time. If you are not able to pre-register, please arrive fifteen minutes early to do this in person at our Front Desk.

Upon completion of your exam, you may have your breakfast and fluids as usual. Also, please drink extra fluids for the next few days to help aid the passage of the barium.

Questions? Give us a call at (907) 212-3151, or toll-free at (888) 458-3151.

Providence Imaging Center (PIC) is an independent diagnostic testing facility with two locations: In Anchorage on the east side of the Providence Alaska Medical Center campus, and in Eagle River at 17101 Snowmobile Lane.