



# S.T.A.B.L.E. Pre-transport Stabilization of the Sick Newborn

## **Course Description**

The components that the course addresses are: Sugar, Temperature, Airway, Blood Pressure, Lab Work, and Emotional Support. This mnemonic-based tool focus includes physical assessment, problem recognition and patient management.

## **Target Audience**

This course is designed for RNs, and RTs who work with neonates (sick or well) and other maternal/child healthcare providers. This course may be required as an orientation tool for the NICU.

### **PHSA 10239 STABLE Learner Course**

This course focuses on the physical assessment, problem recognition and care of sick neonates. Designed for the period following resuscitation of the newborn until care is transferred to the neonatal transport team or members of the neonatal ICU team.

#### **PHSA 10239 STABLE Renewal Course**

This four hour course renews your STABLE completion card. You need to have previously completed the full eight hour Learner course.

## **Preparing for the Course**

It is expected you will review the textbook before the course. There is also a required pre-test that must be completed and brought to the course. The textbook is available four to six weeks before the course.

#### Credit

Nursing contact hours awarded upon successful completion of the Provider or renewal course. Providence Alaska Learning Institute, Providence Health & Services Alaska is an approved provider of continuing education in nursing by the Montana Nurses Association, an accredited approver of the American Nurses Credentialing Center's Commission on Accreditation.

#### **Registration Fees**

There is no fees for Providence caregivers who work in the NICU as an RN or RT. The fee for eligible Providence caregivers or travelers from non-mandatory departments is \$225.00 for the Learner course and \$125.00 for the Renewal course.

Non-employee registrations must be approved by the Education Coordinator prior to registering. Please contact Mary Davis RN, BSOE at (907) 212-5531 or <a href="mary.davis@providence.org">mary.davis@providence.org</a>.