## NEW PATIENT HISTORY QUESTIONAIRE

ATTENTION PARENTS: Please complete the questionnaire to the best of your ability. It will be extremely helpful in the initial evaluation of your child. BRING IT WITH YOU to the scheduled appointment in our clinic. If you do not know the answers, please write DON'T KNOW in the appropriate blanks. Thank you for completing this form.

Today's date $\qquad$
Child's full name: $\qquad$ DOB: $\qquad$ mm/dd/year
Child's preferred first name or nickname: $\qquad$
$\qquad$ Child's full home address: $\qquad$
Child's Race (please circle): American Indian or AK Native / Asian, Black or African American / Native Hawaiian or Other Pacific Islander / other / White or Caucasian / Unknown or Refused to answer?

Childs Ethnicity (please circle): Hispanic or Latino / Not Hispanic or Latino / unknown / refused to answer?
Legal Guardian name? $\qquad$ Relation (please circle) Mother / Father / Other
Best Contact phone number: ( $\square$
$\square$ Legal Guardian name? $\qquad$ Relation (please circle) Mother / Father / Other
Best Contact phone number: $\qquad$
$\qquad$ (different from above)

Name of primary care physician: $\qquad$
Name of School: $\qquad$ Grade: $\qquad$
Name of person filing out form today: Relation: $\qquad$

Briefly describe in your own words, the reason for coming to see the Endocrinologist

Briefly describe in your own words, what you would like to get out of the appointment today

## YOUR CHILDS PAST MEDICAL HISTORY

Has your child ever had any serious medical problems? YES / NO (If yes please explain)

Has your child ever been hospitalized for illness or evaluation of a medical problem? YES / NO (If yes please give reason and age at time of admission) $\qquad$

Has your child ever had any surgery? YES / NO (If yes please give reason and age at time of surgery)

Has your child ever broken any bones? YES / NO (if yes please explain)

Has your child had all the immunizations for their age? YES / NO
What medications is your child currently taking? Please include prescriptions, herbals, essential oils, and any over the counter medications and/ or vitamins. Please provide current dose for each.

What medications has your child taken in the past?

Does your child have any medication, environmental or food allergies? YES / NO (if yes please list below)

Please provide the approximate age when your child began showing the following signs of puberty:

|  | Age |  | Age |  | Age |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Pimples |  | Voice Change |  | Underarm Hair |  |
| Pubic Hair |  | Body Odor |  | Shaving Face |  |
| Breasts |  | Vaginal Bleeding |  |  |  |

Are there any products in the home that may contain hormones (birth control pills, testosterone, estrogen, ETC.) YES / NO (if yes please list) $\qquad$

## FAMILY HISTORY

## Childs Family Members:

| AGE(S) | HEIGHT | WEIGHT | MEDICAL PROBLEMS | $\begin{array}{l}\text { PUBERTY / } \\ \text { AGE OF 1 }\end{array}$ |
| :--- | :--- | :--- | :--- | :--- |
| PT |  |  |  |  |$]$

Age of mother at delivery: $\qquad$ Weeks pregnant at delivery? : $\qquad$
Was your delivery: Vaginal $\qquad$ C-Section $\qquad$
Any miscarriages or elective abortions? YES / NO
Any alcohol, tobacco, or street drugs used during pregnancy? YES / NO (if yes please list below)
List ANY medications taken during pregnancy (include over the counter, herbals and vitamins):
Medical problems occurring with pregnancy? YES / NO (if yes please describe)
Medical problems occurring with delivery? YES / NO (if yes please describe)

| Birth Weight: | Birth Length: |
| :--- | :--- |
| Did you breast feed? YES / NO | If yes, how long? |

Any other information about the pregnancy, delivery, and newborn period you feel we should be aware of?

## YOUR CHILDS EARLY DEVELOPMENT

Were you concerned about when your child began to smile, rollover, sit alone, crawl, cruise or walk? YES / NO (if yes please explain)

Do you have concerns about your child's vision, hearing or speech? YES / NO (if yes please explain)
$\qquad$

Has your child lost any developmental skills that they once had? YES / NO (if yes please explain)

How does your child perform in school?

## FAMILY HISTORY (CONTINUED)

Do any of these medical conditions run in the child's immediate family?
Please use the following to list relations
$M=$ Mothers Side
$M=M o t h e r$
$M G M=$ child's grandmother
$M G F=$ child's grandfather
$M A=$ child's Aunt
$M U=$ child's Uncle
$B=$ child's Brother
$S=$ child's Sister
$P=$ Fathers Side
$P=$ Father
PGM= child's grandmother
PGF= child's grandfather
PA= child's Aunt
PU= child's Uncle

|  | NO | YES | If yes, list who is affected |
| :--- | :--- | :--- | :--- |
| Diabetes |  |  |  |
| Thyroid Disorders |  |  |  |
| High blood Pressure |  |  |  |
| Celiac |  |  |  |
| Autoimmune Disorder |  |  |  |
| High Cholesterol |  |  |  |
| Obesity |  |  |  |

## SOCIAL HISTORY

Who lives in the household your child? $\qquad$

Who is your child's primary support person? $\qquad$
What activities or sports does your child participate in?

Number of regular soda-pops (not diet) does your child drink each day? $\qquad$
Number of times a week meals are eaten outside the home? $\qquad$
Number of fried foods eaten weekly?
Average hours of screen time watched each day? Does your child drink milk? How many glasses a day of 1\%___ $2 \%$ __ Whole Milk $\qquad$
Any thicker, darker skin in the crease of neck? YES / NO

