

Packing list for a NICU stay

For You

- ◆ Comfortable clothing. There is a place to do laundry
- ◆ Toiletries (shampoo, deodorants, dental kit, etc.)
- ◆ Feminine products
- ◆ Your prescribed pain medication
- ◆ Electronics and chargers
- ◆ Shoes and slippers
- ◆ Drivers license or state ID or passport for travel
- ◆ Credit card and cash for possible purchases

For Baby

- ◆ Car seat
- ◆ Going home outfit
- ◆ 2 receiving blankets

