



Volunteering with Providence Hospice

Volunteers are essential to the special care Providence Hospice provides. Whether a volunteer is helping families, visiting patients, consoling the bereaved or helping at the office, each contributes greatly to the quality of life for the people we serve.

If you enjoy:

- Listening
- Sharing a story
- Sharing a laugh
- Playing games or cards
- Sitting quietly at a bedside
- Helping with household tasks
- Serving a meal
- Providing office support
- Spending time with wonderful people
- Community education
- Being a part of a dynamic team

then you would enjoy being a hospice volunteer!

Qualities

Providence Hospice volunteers are compassionate men and women who want to make a difference in the lives of people who are approaching the end of life. Important qualities for hospice volunteers include:

- Emotional stability
- Dependability
- Patience
- Good listening skills
- Adequate resolution of past losses

It is recommended that a person wait at least one year following the death of a loved one before volunteering with hospice.

Volunteer commitment

- Contribute 2-4 hours per week
- Commit to a minimum of six months of volunteer service

Volunteer training

In Anchorage, Providence Hospice offers Hospice Volunteer Training, an eighteen hour course, twice a year, fall and spring.

Topics include:

- Introduction to hospice
- Diseases that patients face
- Effective communication
- Pain and symptom management
- Spiritual care giving
- Understanding loss
- Family dynamics

For more information regarding volunteering with Providence Hospice, please call the volunteer coordinator at (907) 212-4423.