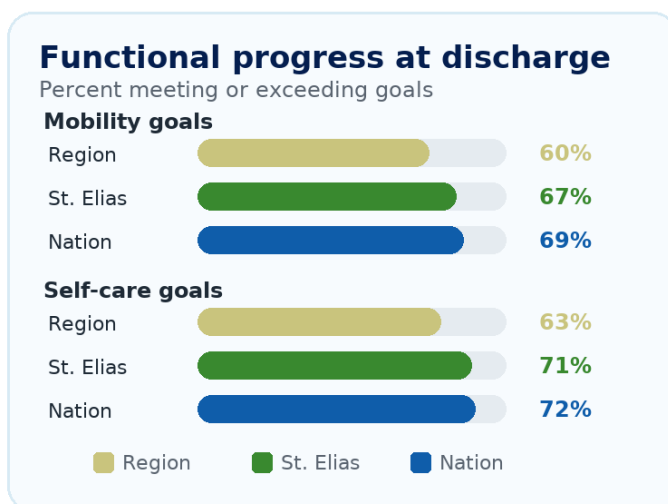
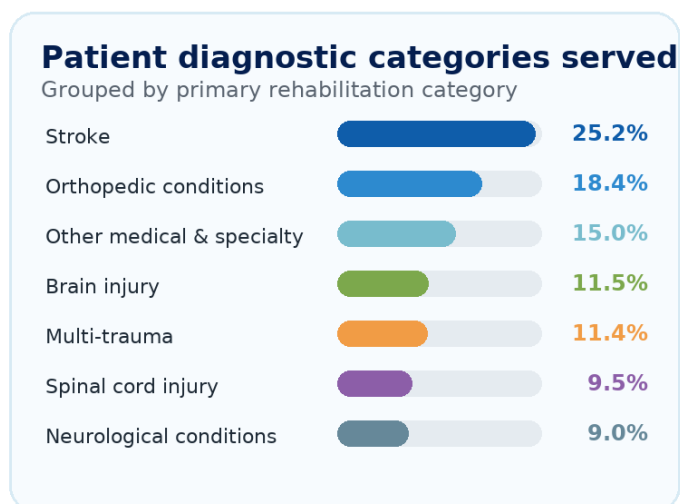
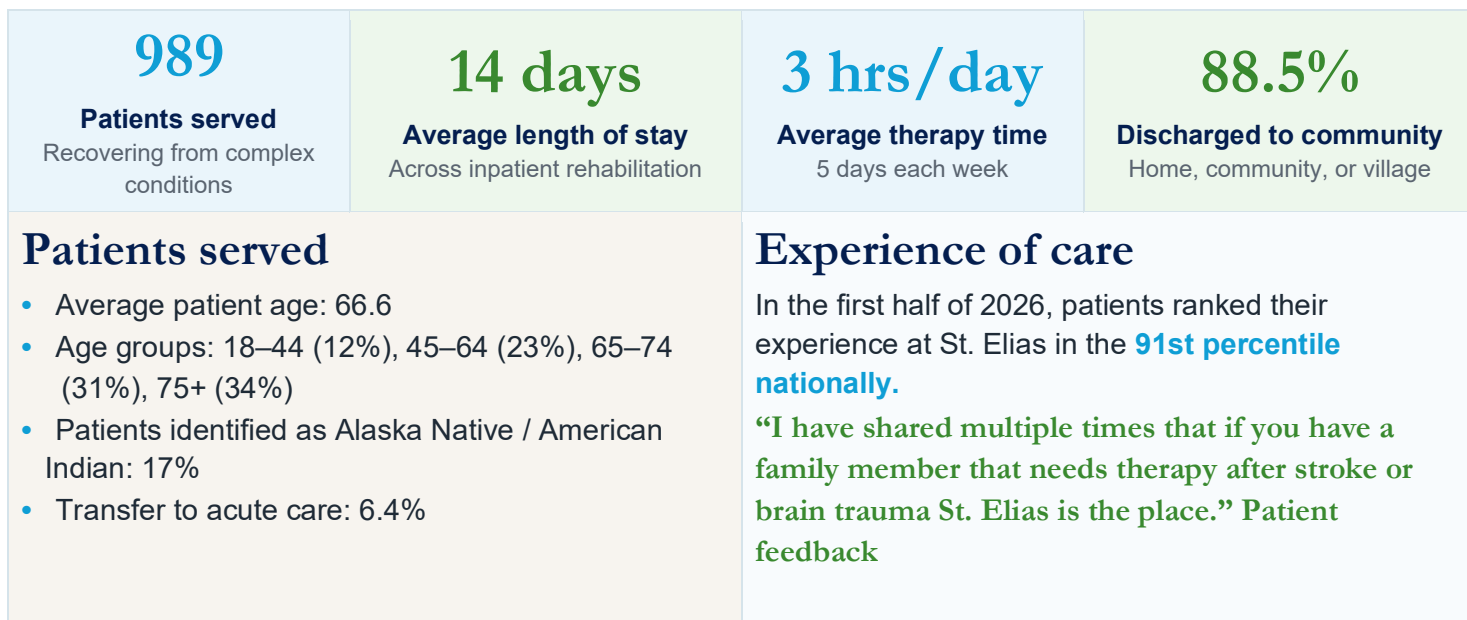


Rehabilitation Outcomes at a Glance

August 2025 – July 2026 | Updated annually

Providence St. Elias Specialty Hospital shares outcomes data with patients and families to support informed rehabilitation choices. **These measures describe who we served, therapy intensity, discharge outcomes, patient experience, and functional progress compared with regional and national benchmarks.**



What this means for patients and families: St. Elias patients receive intensive rehabilitation from a specialized interdisciplinary team, with functional outcomes that exceed regional benchmarks for mobility and self-care.

Spinal Cord Injury (SCI) Rehabilitation Outcomes

August 2025 – July 2026 | Updated annually

Providence St. Elias Specialty Hospital shares program-specific outcomes with patients and families to support informed rehabilitation choices. **These measures focus on spinal cord injury rehabilitation patients, including who we served, therapy intensity, discharge outcomes, patient experience, and functional progress.**

107

SCI patients
Served in 12 months

20.6 days

Average length of stay
Across inpatient rehabilitation

3 hrs/day

Average therapy time
5-day rehabilitation week
+ average 5 to 7 hours of specialty
education per patient stay

83.2%

Discharged to community
Home or community setting

Experience of care

In the first half of 2026, patients ranked their experience at St. Elias in the **91st percentile nationally**. >90% of Spinal Cord Injured patients report being satisfied with their care.

Patient feedback

“Every person on every occasion was professional, caring, empathetic.”

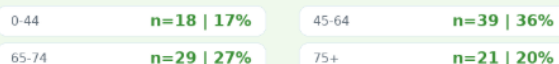
Spinal cord injury patients served

Patient characteristics, August 2025 - July 2026

Rehabilitation impairment category



Age distribution



Demographic snapshot



Functional progress at discharge

Percent of patients meeting or exceeding goals

Mobility goals



Self-care goals



■ Region (WA, OR, ID, AK) ■ Nation ■ Providence St. Elias

What this means for patients and families: St. Elias spinal cord injury patients receive intensive rehabilitation from a specialized interdisciplinary team, with functional progress that exceeds regional and national benchmarks for mobility and self-care.

Admissions: 907-212-7250

www.Providence.org/StElias



Spinal cord injury conditions treated

Patients served by impairment type, August 2025 - July 2026 (N=107)

107

Patients served

83 (77.6%)

Incomplete SCI

56 (52.3%)

Quadriplegia-related

9 (8.4%)

Major Multiple Trauma
+ SCI

Spinal Cord Injury Description

Bars show relative % of patients served by injury level

	Relative volume	n	%
Quadriplegia, Incomplete C1-4, Non-Traumatic		29	27.1%
Paraplegia, Incomplete, Non-Traumatic		28	26.2%
Quadriplegia, Incomplete C5-8, Non-Traumatic		11	10.3%
Brain + Spinal Cord Injury, Major Multiple Trauma		8	7.5%
Quadriplegia, Incomplete C1-4, Traumatic		8	7.5%
Other Non-Traumatic Spinal Cord Dysfunction		6	5.6%
Quadriplegia, Incomplete C5-8, Traumatic		4	3.7%
Paraplegia, Incomplete, Traumatic		3	2.8%
Paraplegia, Unspecified, Non-Traumatic		2	1.9%
Other Traumatic Spinal Cord Dysfunction		2	1.9%
Spinal Cord + Multiple Fractures / Amputation, Major Multiple Trauma		1	0.9%
Quadriplegia, Unspecified, Non-Traumatic		1	0.9%
Quadriplegia, Complete C1-4, Non-Traumatic		1	0.9%
Paraplegia, Complete, Traumatic		1	0.9%
Quadriplegia, Unspecified, Traumatic		1	0.9%
Quadriplegia, Complete C5-8, Traumatic		1	0.9%

What this means for patients and families

- Extensive experience with complex SCI**

The program served 107 individuals with spinal cord dysfunction, including both traumatic and non-traumatic injuries.

- Strong experience with cervical injuries**

Quadriplegia-related injuries represented 56 patients (52.3%). This includes high cervical C1-C4 and lower cervical C5-C8 impairments.

- Broad clinical expertise**

The data reflect care for incomplete injuries, complete injuries, paraplegia, quadriplegia, and major multiple trauma associated with spinal cord injury.

Brain Injury Rehabilitation Outcomes

August 2025 – July 2026 | Updated annually

Providence St. Elias Specialty Hospital shares program-specific outcomes with patients and families to support informed rehabilitation choices. **These measures focus on brain injury rehabilitation patients, including who we served, therapy intensity, discharge outcomes, patient experience, and functional progress.**

164

Brain injury patients
Served in 12 months

13.8 days

Average length of stay
Across inpatient rehabilitation

3 hrs / day

Average therapy time
5 days each week

87.2%

Discharged to community
Home or community setting

Experience of care

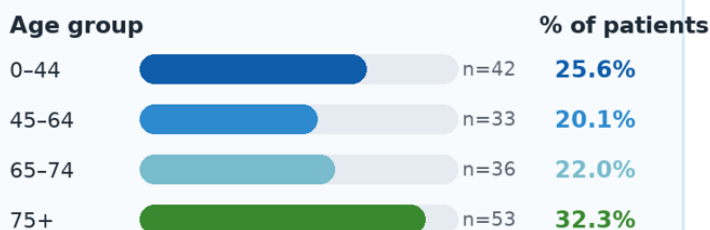
In the first half of 2026, patients ranked their experience at St. Elias in the **91st percentile nationally**.

Patient feedback

“If you have a family member who needs therapy after stroke or brain trauma, St. Elias is the place.”

Brain injury patients served

Patient characteristics, August 2025 – July 2026



Demographic snapshot

Average age	61.1	Alaska Native	16.5%
Transfer to acute care	6.7%	Discharge to community	87.2%

Functional progress at discharge

Percent meeting or exceeding goals

Mobility goals



Self-care goals



Region Nation St. Elias

What this means for patients and families: St. Elias brain injury patients receive intensive rehabilitation from a specialized interdisciplinary team, with functional progress that exceeds regional and national benchmarks for mobility and self-care.

Providence St. Elias Specialty Hospital shares program-specific outcomes with patients and families to support informed rehabilitation choices. **These measures focus on stroke rehabilitation patients, including who we served, therapy intensity, discharge outcomes, patient experience, and functional progress.**

249

Stroke patients
Served in 12 months

16.2 days

Average length of stay
Across inpatient rehabilitation

3 hrs/day

Average therapy time
5-day rehabilitation week

89.2%

Discharged to community
Home or community setting

Experience of care

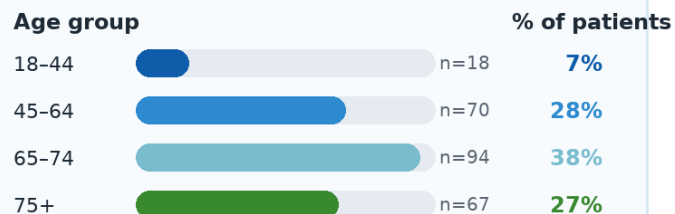
In the first half of 2026, patients ranked their experience at St. Elias in the **91st percentile nationally**.

Patient feedback

“If you have a family member who needs therapy after stroke or brain trauma, St. Elias is the place.”

Stroke patients served

Patient characteristics, August 2025 – July 2026



Demographic snapshot

Average age	66.6	Alaska Native	19.7%
Transfer to acute care	4.4%	Discharge to community	89.2%

Functional progress at discharge

Percent meeting or exceeding goals

Mobility goals



Self-care goals



Region Nation St. Elias

What this means for patients and families: St. Elias stroke patients receive intensive rehabilitation from a specialized interdisciplinary team, with outcomes that exceed Pacific Northwest benchmarks for mobility and self-care, and national benchmarks for mobility.