# Medical Office Building 1100 Goethals Drive, Richland KADLEGOETHAN DIRECTIONS

From I-182

Take George Washington Way (Exit 5B)

Turn left on Swift Boulevard

Turn right on **Goethals Drive** (third right)

**1100 Goethals Drive** is one block on the right





### **First Floor**

Infectious Disease (509) 942-2360

Neuroscience Center (509) 942-3080

### Second Floor

Ear, Nose and Throat (509) 942-3288

Endocrinology (509) 942-3288

Foot and Ankle (509) 942-3288

General and Colorectal Surg (509) 942-3288

Nephrology (509) 942-3288

Urology (509) 942-32880

Tri-Cities Laboratory (509) 946-4887

### Third Floor

Inland Cardiology (509) 942-3272

Cardiothoracic Surgery (509) 942-3095

Interventional Radiology (509) 942-3095

Pulmonology (509) 942-3095

Vascular Surgery (509) 942-3095



### **MISSED APPOINTMENT POLICY:**

In an effort to better serve our patients, we ask that you give us a minimum of 24 hours notice if you are unable to keep your appointment. We will be happy to reschedule your appointment for a time that is more convenient for you. This time has been reserved for you and your health care is important to us.

If you do not cancel your appointment with at least 24 hour advanced notice or you fail to keep your appointment, you will receive a charge of \$100.00

In excess of two missed appointments could result in being discharged from our practice.

### **REFERRAL REQUEST:**

If you need a referral to a specialist or have requested a referral please allow us 7-10 business days to process your request.

### **LATE POLICY:**

If you are 15 or more minutes late for your appointment, the receptionist will do the following:

- Check with the provider or staff and see if you can be seen without delaying other scheduled appointments.
- Reschedule for another day.
- Reschedule at the end of the morning or afternoon.

### **CELL PHONES AND PAGERS:**

To ensure that you have uninterrupted, quality time with your health care provider during your examination, we ask that you turn off your cell phone or your pager when you enter the examination room.

### **CO-PAYMENT POLICY:**

If your insurance requires a co-payment at the time of service, you will be expected to pay this before your visit. We accept credit and debit cards. If you are not able to make your co-payment, your appointment will need to be rescheduled.

Thank you.

Your answers to this form will help your health care provider better understand your medical concerns and conditions. If you are uncomfortable with any question, do not answer it. If you cannot remember specific details, please provide your best guess. Thank you!! Name: Date of Birth: \_\_\_\_Height: Weight: \_\_\_\_\_ **REASON FOR VISIT:** REFERRING PHYSICIAN: PRIMARY CARE/FAMILY PHYSICIAN: **Drug Allergies:** please list reaction NKDA (No known drug allergies) Type/Drug: Reaction: Type/Drug: \_\_\_\_\_ Reaction: \_\_\_\_\_\_ Reaction: \_\_\_\_\_ Type/Drug: \_\_\_\_\_ Reaction: \_\_\_\_\_ Type/Drug: \_\_\_\_\_\_ Reaction: \_\_\_\_\_ Type/Drug: \_\_\_\_\_ Reaction: \_\_\_\_ Type/Drug: \_\_\_\_\_ Reaction: \_\_\_\_\_ **Present Medications**: (Please include any aspirin, over the counter vitamins, herbs and other supplements) □ Not taking any medication at this time Medication / Drug Name Dose (mg) Frequency (times per day) Depression □ Diabetes Type I ☐ Kidney Failure ☐ Heart Attack □ Diabetes Type II □ Stomach Ulcers

Past Medical History: (Indicate whether you have had the following, with dates if possible) Anemia □ Acid Reflux (GERD) ☐ High Blood Pressure □ Arthritis ☐ Asthma ☐ High Cholesterol □ AIDS/HIV □ Irregular Heart Beat □ Stroke ☐ Multiple Sclerosis ☐ Hepatitis A/B/C ☐ Heart Disease Osteoporosis □ Parkinson's Pneumonia □ Pulmonary Embolus /DVT Tuberculosis □ Emphysema/COPD □ Seizure Disorder □ Other:\_\_\_\_ PMR 6.14

<b>Surgical Histo</b>	ory: List all prior operation	ns with dates			
DATE	TYPE OF SURG	ERY	HOSPITAL / C	CITY	
Mother:	ry:	edAge			
Father:	☐ Alive ☐ Decease th/Medical problems:	edAge	ow or at Death)		
	·				
Please indicated following con	e family members (pai ditions:	rent, sibling, mate	al or paternal grai	ndparent, aunt or unc	le) with any of the
_			Diabetes		
	ase				
	Pressure			olems	
	Hyperthermia				
				Anesthesia	
Social Histor	-				
Occi	upation:	□ Full-time	□ Part-time Employer:		
□ Retired	Previous occupation	n:			
☐ Disabled	Previous occupation	n:			
Years of edi	ucation/highest degree: us:_	□ Partner/Marri	□ Divorced	□ Widowed □ Ot	 her:
Spouse/Par	tner's name:				
Is the	children/ages:ere a possibility you ma	y be pregnant?	es No If y	es, how many weeks?	
Tobacco Use		0 11 0	<b>- 0</b>	0 1 5 1 /5	
	□ Never □ Fo			Smoker: Packs/Day	# of years
Other Tobac	cco: Dipe Dig	gar 🗆 Snuff	□ Chew		
Are you inte	rested in quitting?	⊔ Yes	□ NO		
			oo # drink	o/wook	
	k alcohol? □ No			5/Week	
iype. ⊔ E	seer □ Wine □ Hand of the second of the sec	aru Liquui L	U D ZOO		
Drug Use:	ioi use a concentiol yo		U 162		
_	any recreational drugs	?	No □ Yes		
	er used needles to inje				
	sed in last year:			leth, Speed) □ Cod	aine 🗆 Heroin
□ Other Str	eet Drugs:				

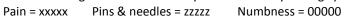
PMR 6.14

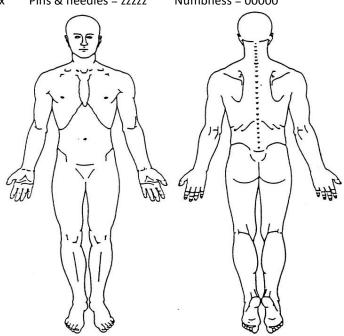
## Please Check all that apply

CONSTITUTION	EYES	GENITOURINARY	NEUROLOGICAL
<ul><li>Activity Change</li></ul>	□ Eye Pain	<ul> <li>Difficulty Urinating</li> </ul>	□ Dizziness
<ul><li>Appetite Change</li></ul>	<ul><li>Eye Redness</li></ul>	□ Dysuria	□ Facial Asymmetry
□ Chills	<ul><li>Photophobia</li></ul>	□ Frequency	☐ Headaches
	<ul><li>Visual Disturbance</li></ul>		□ Light-headedness
□ Fatigue		MUSCULOSKELETAL	□ Numbness
□ Fever		☐ Arthralgia's (Joint Pain)	□ Seizures
<ul><li>Unexpected Weight</li></ul>	RESPIRATORY	□ Back Pain	□ Speech Difficulty
Change	□ Cough	☐ Gait Problem	□ Syncope (Fainting)
	<ul><li>Shortness of Breath</li></ul>	□ Joint Swelling	□ Tremors
HENT		☐ Myalgia's (Muscle Pain)	□ Weakness
□ Neck Pain	CARDIOVASCULAR		
☐ Hearing Loss	☐ Chest Pain		HEMATOLOGIC
☐ Tinnitus	<ul><li>Leg Swelling</li></ul>	SKIN	□ Bruises/Bleeds Easily
<ul><li>Sinus Pressure</li></ul>	□ Palpitations	□ Rash	
<ul><li>Dental Problems</li></ul>			PSYCHIATRIC
□ Drooling	GI		☐ Agitation
☐ Mouth Sores	<ul><li>Abdominal Pain</li></ul>		□ Confusion / Memory Loss
□ Trouble Swallowing	<ul><li>Constipation</li></ul>		□ Decreased Concentration
□ Voice Change	□ Diarrhea		□ Dysphonic (Changing)
_	□ Nausea		Mood / Depression
	□ Vomiting		☐ Hallucinations
	<del>-</del>		□ Nervous/Anxious
			☐ Sleen Disturbance

Spine Intake Form											
Name:	A	ge: _									
Are you: □ Right-handed □ Left-handed □ Ambidextrous											
What would you like us to accomp	olish	toda	y?_								
WORK STATUS:											
<b>Employment</b> : □ Full-time □ Part	t-tim	e									
Job:			□ Но	omer	nake	er 🗆	Sho	rt-te	rm le	eave	□Retired □ Disability
Is this a work compensation case?	' <sub>□</sub>	Yes		No							
Any <b>legal action</b> pending regarding	g this	issu	e?	□Y	es	□ No	)				
HISTORY:											
What is your primary problem?	□ Pai	n	□ W	eakn	ess	□ <b>N</b>	Numl	bnes	S I	⊐ Oth	ner:
When did this problem start?											
When did you first see a doctor fo	r this	pro	blen	າ?							-
CUIDDENIT SVAADTONAS.											
CURRENT SYMPTOMS:						_					
Rate your pain: 0 = no pain 10 = worst pain you can imagine											
Level of pain right now:	0	1	2	3	4	5	6	7	8	9	10
Level of pain at its <b>best</b> :	0	1	2	3	4	5	6	7	8	9	10
Level of pain at its worst:	0	1	2	3	4	5	6	7	8	9	10

Please use diagram to mark where you are currently having symptoms:





Frequency of problem	m: 🗆 C	onstar	ıt 🗆 In	termit	tent					
<b>Describe</b> the pain: □ throbbing □ dull □ stiffness □ sharp □ burning										
<b>Do you have pain</b> when you: □ lie flat □ sit □ go from sit to stand □ stand □ walk										
What percent of your pain is in <b>your spine</b> ? $\square$ 0% $\square$ 25% $\square$ 50% $\square$ 75% $\square$ 100%										
What percent of your pain is in <b>your arm/leg</b> ? □ 0% □ 25% □ 50% □ 75% □ 100%										
What, particularly, makes your pain/problem worse?										
What, particularly, m	nakes yo	ur pair	ı/probl	em <b>be</b>	tter? _					
Overall, is your probl	lem: 🗆 G	etting	better	□ Ge	tting w	orse [	□ Stayi	ng abo	out the same	
Any <b>prior injury</b> to th	nis area?	⊓ No	□ Yes	; desci	ribe:					
Has the problem <b>affe</b>	ected yo	ur: 🗆 :	Sleep	□ Wo	rk □ Re	ecreatio	on			
At it's current level, i	s it tolei	rable?	□ Yes	□ No						
REVIEW OF SYSTEMS  Do you have any num		or ting	ling?	□ Yes	□ No					
Do you have arm or l	leg weal	kness?	□ Yes	s □ No	ס					
Any trouble controlli	ng your	bowel	s or bla	adder?	P □ Yes	s □ No				
Do you have increase	ed pain v	with <b>cc</b>	ough, si	neeze,	or stra	in? 🗆	Yes 🗆	No		
Have you had recent	uninter	ntional	weigh	t loss?	o □ Yes	□ No				
Have you had recent	fevers/	night s	weats	/chills	? 🗆 Ye	s 🗆 No	1			
Have you ever had <b>ca</b>	ancer?	□ Yes	□ No							
Are you taking any <b>vi</b>	itamins	or her	<b>bal</b> me	dicatio	ns? 🗆 '	Yes □	No			
Do you have any of t  □ Pacemaker □ Me					od thini	ner (Co	umadii	n or Pla	avix) □ Allergy to local anesthetics □ None of these	
How tense or anxiou	s have y	ou felt	in the	past w	veek?					
0 Absolutely calm and relax		2	3	4	5	6	7	8	9 10 As tense and anxious as I've ever felt	
How much have you	been bo	there	d by fee	eling d	epresse	ed in th	e past	week?		
0 Not at all	1	2	3	4	5	6	7	8	9 10 Extremely	
In your estimation, w	hat are	the ch	ances t	that yo	ou will b	e work	ing in (	6 mont	ths?	
0 No chance	1	2	3	4	5	6	7	8	9 10 Very large chance	
If you take into consi how satisfied are you				outine	s, mana	agemen	t, salaı	ry, proi	omotion possibilities, and workmates,	
0 Not at all	1	2	3	4	5	6	7	8	9 10 Completely satisfied	
Any increase in pain	is an ind	ication	ı that I	should	d stop w	vhat I a	m doin	g until	il the pain decreases:	
0 Completely d		2	3	4	5	6	7	8	9 10 Completely agree	

# **Testing and treatments:**

What tests have been done for this problem?									
□ X-ray	□ CT scan	□ MRI	☐ Bone scan	□ Myelogram	□ EMG	☐ Neurology consultation			
Circle any treatments you have tried; or □ I haven't done anything for this pain									

	What was result	Still usig it?
	(effective?)	
Medication		
Topicals: patches, creams		
Analgesics: Acetaminophen, Tyenol		
Anti-inflammatories: Ibuprofen, Advil, Aleve, Naproxen,		
Diclofenac, Voltaren, Celebrex, Mobic, Feldene, Lodine, Daypro		
Prednisone, Medrol dose pack, Decadron		
Muscle relaxers: Flexeril, Soma, Skelaxin		
Anticonvulsants: Neurontin, Lyrica, Tegretol		
Antidepressants: Amitriptyline (Elavil), Nortriptyline (Pamelor),		
Duloxetine (Cymbalta), Desyrel (Trazodone), Prozac, Paxil, Zoloft,		
Wellbutrin, Lexapro, Celexa, Effexor		
Tramadol, Ultram, Ultracet		
<i>Opiods</i> : Codeine, Darvocet, Hydrocodone, Vicodin, Morphine,		
MS Contin, Lortab, Tylox, Percocet, Oxycodone, Oxycontin,		
Dilaudid, Duragesic patch. Methadone, Opana, Suboxone, Fentora		
Physical therapy		
Stretching and strengthening		
Heat or ice		
Ultrasound		
TENS, electrical stimulation		
Massage		
Traction		
Aerobic exercise		
Brace		
Cane, walker or crutches		
Manipulation or Chiropractor		
Acupuncture		
Relaxation or stress management techniques		
Injection(s) (What was injected?)		
Spinal cord stimulator or medicine via a spinal pump		
Surgery		