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Owner: Tracy Hasty: Mgr Unit
Policy Area: Pre-Surgery Unit
References:
Applicability: WA - Kadlec Regional Medical Center

Pre-Operative Patient Teaching, 67.05.00

Document Type: Policy, Procedure

POLICY:

1. Patient will receive pre-operative and post-operative education with consideration of age specific needs and educational barriers.
2. Caregivers will be included in the discharge education process.

PROCEDURE:

Preoperative patient education prior to arrival on day of surgery will include, but not limited to:

1. Fasting guidelines
2. Medication instructions
3. Valuables and jewelry
4. General hygiene/antibacterial shower as applicable
5. Safe transportation home and availability of responsible caregiver

Pre-operative teaching on day of surgery will include by not limited to:

1. Purpose and importance of patient identification and time out process
2. Rationale for intravenous access
3. Type of sedation/anesthesia
4. Pain management
5. DVT prevention; TED application, compression devices, encouraging mobility/ambulation
6. Respiratory: Deep breathing, coughing, incentive spirometry, oxygen therapy.
7. Phase I (post-anesthesia care unit) procedures: Monitoring devices, oxygen therapy, approximate time
8. Phase II/III procedures: Monitoring devices, potential side effects from anesthesia, dressing/drains, oral/ intravenous fluids, pain management.

Attachments

No Attachments

Approval Signatures

| Approver | Date |
|--------------------------------------|---------|
| Kirk Harper: CNO | 02/2020 |
| Heather Shipman: Executive Assistant | 02/2020 |
| Tracy Hasty: Mgr Unit | 02/2020 |

Applicability

WA - Kadlec Regional Medical Center

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