



Dear Family, Friends, and Household Members of Isolated Patient:

While your loved one is being cared for in the hospital and examined for what may be a contagious disease, the Missoula City-County Health Department offers the following information about how the situation may affect you. The health department is required by law to make sure you have the information you need to watch yourselves for symptoms of disease and to protect others from spread of disease. We request that you take the following steps to assist in meeting these goals:

- 1) Before you leave the hospital, please write down on the attached form your name and contact information and that of family, housemates, and friends who accompanied you with your loved to the hospital today. Please leave the completed form with hospital staff.**

The information on this form will remain confidential and will be provided only to our infectious disease nurse who will contact you (and others on the list) for a private conversation about your risks and protective actions you will be asked to take.

- 2) From the time you leave the hospital until our infectious disease nurse contacts you, please take the following steps to help assure that you are not developing or spreading a contagious disease.**
 - a. Take your temperature twice a day (once in the morning and once in the evening).
 - i. If the temperature reading is higher than 100.4 degrees Fahrenheit or 38 degrees Celsius, or you begin to feel ill, ***stay at home, and;***
 - ii. Contact a health care provider right away. Do not go into a clinic or emergency before making a call to them first, and;
 - iii. Contact the Missoula City-County Health Department at 258-3896 or ask your health care provider to do so. (If it is after business hours, call Missoula County 9-1-1 and ask for the on-call infectious disease nurse to be contacted.)

- 3.) Please review the accompanying “Fact Sheet” about Ebola viral disease.**

It is the top priority of our infectious disease nurse to talk with you as soon as possible about your recent contact with your hospitalized loved one. Once your risks are understood by you and our nurse, and certainly when we all learn of the condition of your hospitalized loved one, these instructions may change.

Thank you for helping us help you and others while we await and hope for good news about your loved one.

**For Questions or Concerns, please contact:
Infectious Disease Office
258-3896**