

LABORATORY DIRECTORY OF SERVICES



TESTING LOCATIONS & HOURS OF OPERATION

St. Joseph Hospital Laboratory	Inpatient Laboratory Services
2700 Dolbeer Street Eureka, CA 95521	Open 24 hours a day, 7 days a week, 365 days a year.
707-445-8121 / ext. 6050	All inpatient phlebotomy and laboratory testing. Outpatient phlebotomy limited to STAT testing. Transfusion service available at all times.
General Hospital Campus	Outpatient Laboratory Services
2200 Harrison Avenue	0700 – 1700 Monday – Friday
Eureka, CA 95501	Closed Weekends & Federal Holidays.
707-441-4420 / ext. 6030	Outpatient Phlebotomy, Rehab In-Patient, Phlebotomy, Outpatient Specimen Drop-off.
General Hospital Campus	Microbiology
2200 Harrison Avenue	0630 – 2300 Monday – Friday
Eureka, CA 95501	0630 – 1500 Saturday
	0700 – 1530 Sunday
707-441-4420 / ext. 6601	
Humboldt Central Laboratory	Anatomic Pathology Services
Humboldt Central Laboratory 2425 Harrison Avenue	Anatomic Pathology Services 0600 – 1700 Monday – Friday
-	
2425 Harrison Avenue	0600 – 1700 Monday – Friday
2425 Harrison Avenue Eureka, CA 95501 707-445-8121 / ext. 6625	0600 – 1700 Monday – Friday Closed Weekends & Federal Holidays. Cytology, Histology and Pathology. The building is not open to the public.
2425 Harrison Avenue Eureka, CA 95501 707-445-8121 / ext. 6625 Redwood Memorial Hospital Laboratory	0600 – 1700 Monday – Friday Closed Weekends & Federal Holidays. Cytology, Histology and Pathology. The building is not open to the public. Inpatient Laboratory Services
2425 Harrison Avenue Eureka, CA 95501 707-445-8121 / ext. 6625	0600 – 1700 Monday – Friday Closed Weekends & Federal Holidays. Cytology, Histology and Pathology. The building is not open to the public.
2425 Harrison Avenue Eureka, CA 95501 707-445-8121 / ext. 6625 Redwood Memorial Hospital Laboratory 3300 Renner Drive	0600 – 1700 Monday – Friday Closed Weekends & Federal Holidays. Cytology, Histology and Pathology. The building is not open to the public. Inpatient Laboratory Services Open 24 hours a day, 7 days a week, 365 days a
2425 Harrison Avenue Eureka, CA 95501 707-445-8121 / ext. 6625 Redwood Memorial Hospital Laboratory 3300 Renner Drive Fortuna, CA 95540 707-725-3361 / ext. 3100	0600 – 1700 Monday – Friday Closed Weekends & Federal Holidays. Cytology, Histology and Pathology. The building is not open to the public. Inpatient Laboratory Services Open 24 hours a day, 7 days a week, 365 days a year. All inpatient phlebotomy and laboratory testing. Outpatient phlebotomy limited to STAT testing. Transfusion service available at all times.
2425 Harrison Avenue Eureka, CA 95501 707-445-8121 / ext. 6625 Redwood Memorial Hospital Laboratory 3300 Renner Drive Fortuna, CA 95540 707-725-3361 / ext. 3100 Redwood Memorial Hospital Laboratory	Octpatient Laboratory Services Outpatient Delebotomy and laboratory testing. Transfusion service available at all times.
2425 Harrison Avenue Eureka, CA 95501 707-445-8121 / ext. 6625 Redwood Memorial Hospital Laboratory 3300 Renner Drive Fortuna, CA 95540 707-725-3361 / ext. 3100	0600 – 1700 Monday – Friday Closed Weekends & Federal Holidays. Cytology, Histology and Pathology. The building is not open to the public. Inpatient Laboratory Services Open 24 hours a day, 7 days a week, 365 days a year. All inpatient phlebotomy and laboratory testing. Outpatient phlebotomy limited to STAT testing. Transfusion service available at all times.
2425 Harrison Avenue Eureka, CA 95501 707-445-8121 / ext. 6625 Redwood Memorial Hospital Laboratory 3300 Renner Drive Fortuna, CA 95540 707-725-3361 / ext. 3100 Redwood Memorial Hospital Laboratory 3300 Renner Drive	0600 – 1700 Monday – Friday Closed Weekends & Federal Holidays. Cytology, Histology and Pathology. The building is not open to the public. Inpatient Laboratory Services Open 24 hours a day, 7 days a week, 365 days a year. All inpatient phlebotomy and laboratory testing. Outpatient phlebotomy limited to STAT testing. Transfusion service available at all times. Outpatient Laboratory Services 0700 – 1800 Monday – Friday 0800 – 1130 Saturday by Appointment only



APPOINTMENT INFORMATION

Scheduling an Appointment

Preferred appointments can be made if a completed order is submitted to Outpatient Laboratory Services. Completed Orders include:

- Patient name and date of birth
- Diagnosis
- MD signature
- Orderable tests (if tests need research or clarification, this should be clarified before the appointment).

Appointments without orders will be accepted. Please be aware of possible delays due to issues with the requisition such as a missing diagnosis, etc.

Appointment duration: 20 minutes.

Contact Information

Call St. Joseph Hospital Customer Service Hotline at 707-441-4420, Option 5. Hotline hours are Monday - Friday, 0800-1730.



GENERAL INFORMATION

Mission

The mission of Laboratory Services is to provide a wide variety of rapid, convenient and consistently accurate laboratory results to all of our customers all of the time.

Type and Ages Of Patients Served

All patient types (inpatient and outpatient) and ages are served (newborn, pediatric, adolescent, adult and geriatric).

Scope and Complexity of Patient Care Needed

Laboratory services are provided for patients of all levels of clinical complexity and categories.

Extent to Which Level of Care or Service Provided Meets Patients' Needs

SJHS-HC provides full services, comprehensive laboratory testing. Any testing not provided locally is sent to an accredited reference lab.

Methods Used To Assess and Meet Patients' Care Needs

The Laboratory has a comprehensive quality program which includes internal and external quality control and performance improvement activities. The Laboratory monitors all point of care QC and testing for compliance and accuracy in the Hospitals and Clinics. Laboratory requisitions are assessed for accuracy and appropriateness before testing. Transfusion Services are available all of the time.

3

Client Supplies and Requisitions

You can fax your supply order forms to 707-441-4447 or leave supply forms with the courier for needed supplies.



SPECIMEN COLLECTION AND HANDLING

Specimens for laboratory analysis must be collected and handled in a manner that will preserve the integrity of the specimen and suitability for assay. Specific requirements are listed with each test procedure in the DIRECTORY OF TESTS section of the manual.

Specimen volume requirements in this manual are expressed as whole blood volumes.

Most Commonly Used Specimen Collection Container

Blood Specimen Tubes (Vacutainer)

Color of Stopper	Code	Anticoagulant	
Yellow	(ACD)	ACD solution A	_
Blue	(BLUE)	Sodium Citrate	
Light Greent	(GRN LI)	Lithium Heparin	
Green	(GREEN)	Sodium Heparin	
Lavender	(LAV)	K2 EDTA	
Pink (Blood Bank)	(PINK)	K2 EDTA	
Tan	(TAN)	K2 EDTA	
Gold/Gel	(GLD)	none	
Red	(RED)	none	
Light Green	(PST)	Plasma Separator	
Red/Black	(SST)	Serum Separator	

Blood Cultures

Make sure you use appropriate colored Blood Culture bottles and technique when collecting specimens.

Other Specimen Containers

Make sure all specimens are submitted in a well-constructed tube or container with a secure lid to prevent leakage during transport.

Urine Containers

Random collection for Chemistry tests (Na, K, Ca etc) / drugs tests / preg tests: Use clean collection containers with tightly fitting cap.

Urine collection for UA and C&S off catheter line: Use urine kit with tube adaptor, Yellow and Gray tubes

Urine collection for UA C&S: Use kit with cup, straw, Yellow and Gray tubes

Timed collection: Use adequately sized collection container. Follow instructions for specific assay.

Instructions for Specimen Submission

All laboratory specimens should be delivered / tubed to the laboratory as soon as possible.

Urine specimens should be refrigerated immediately after collection.

Frozen specimens should be collected and transported to the laboratory on ice.

All specimens must be received in a biohazard bag whether hand carried or sent in pneumatic tube system.

If the specimen received is not suitable for analysis, laboratory personnel will contact the physician/nursing unit as soon as possible to explain the situation and to make appropriate arrangements.

All specimens must be packed / packaged appropriately if sending in pneumatic tube system.

Specimen Labeling Requirements

All specimens received by the laboratory must be labeled with the following information:

- Patient's name (last, first, middle initial)
- Patient's Medical Record number
- Date and time of collection
- Initials of person who collected the specimen
- Pap specimens should have the patient's first and last names labeled on the slide(s) and/or collection vial.

St. Joseph Health

LABORATORY INFORMATION MANUAL

If the specimen is one of several, identify each with a separate label designating its source or specimen type. If more than one container must be used (e.g., two jugs for 24-hour urine collection, label as 1 of 2 and 2 of 2 to ensure that they remain together. The person obtaining the specimen should do the specimen labeling.

Pathology and non-gyn cytology specimens should have specimen site specified on each container. The laboratory policy is to reject any specimen that is not properly labeled. Clients will be notified of any labeling errors and rejected specimens.

Other Specimen Requirements

Specimens must be accompanied by a written requisition specifying the tests or procedures to be performed **only if** computer-generated labels are not available.

All patients seen at the outpatient laboratory for testing must present a written requisition or written physician's order for laboratory testing.

Blood Collection Guidelines

Fasting is nothing to eat or drink except water for 12 hours. No coffee, tea, or any other beverage.

3 Hour Glucose Tolerance Test (GTT)

- Collect a fasting blood specimen.
- Test the fasting specimen for glucose. Call the provider if the glucose level is ≥ 126 mg/dL (≥ 113 mg/dL on W.B. Glucometer).
- Give 100 G glucose beverage.
- Collect blood specimens at 1 hour, 2 hours, and 3 hours.

Post Prandial (PP)

In this procedure the patient is instructed to eat a high carbohydrate meal, rest, and return for blood collection two hours after completion of the meal. Fasting is not part of this protocol. Collect a fasting specimen only if the provider has marked this on the requisition.

Most laboratory tests are performed on plasma, serum or anticoagulated whole blood. Please see our TEST MENU section for specific requirements.

- Do not collect blood samples during the administration of fluids or with the same syringe used to inject these fluids.
- To avoid altered chemical values due to prolonged stasis, apply tourniquet for no longer than one minute.
- Ensure that the appropriate tube is used for blood collection and invert all tubes several times immediately after being drawn.
- Because gross lipemia may interfere with some assays, it may be advisable to delay blood collection directly following heavy meals.
- Blood collection tubes with the anticoagulants or preservatives should be filled completely to ensure that proper additive concentrations are maintained.

Urine Collection Guidelines

The following outlines how urine samples should be collected for the most accurate test results.

Random Collections

For routine analysis and microscopic evaluation, have the patient void into a clean container. The specimen should be capped, labeled, and refrigerated until courier pickup. A clean-catch or midstream specimen is preferred.

Clean-Catch Collection

Instruct the patient to void and discard the first portion of urine stream. Instruct the patient to use a sterile container and, before voiding is complete, to collect the remaining portion of the urine ("midstream" portion) and submit this for analysis.

5

St. Joseph Health

LABORATORY INFORMATION MANUAL

24-Hour Urine Collection

Outpatient Laboratory Services provides 24-hour urine collection containers with various types of preservatives depending on the test requested. It is recommended that all timed urine collections (24 hours) be kept refrigerated during the collection period and brought to the laboratory as soon as possible after completion. Please refer to our urine preservation chart for specific information. Us the following procedure for the correct specimen collection and preparation:

- Warn the patient of the presence of potentially hazardous preservatives in the collection container.
- Instruct the patient to discard the first morning specimen and to record the time of voiding.
- The patient should collect all subsequent voided urine for the remainder of the day and night.
- On the second day, collect the first morning specimen at the same time as noted on day one. This void completes the 24-hour collection.

In the event an aliquot of this sample is submitted, please mix well before aliquoting and indicate the total volume of the 24-hour urine collection on the requisition and on the aliquot vial.

Sputum Collection Guidelines

For optimal sputum specimens:

- 1. First A.M. collection Moring specimens resulting from overnight accumulation of lung secretions give the best results.
- 2. Times 3 A series of three sputa collected on three consecutive mornings gives a wide enough sampling to ensure diagnostic accuracy.
- 3. Give careful instruction Careful verbal instruction given by the practitioner and reinforced by a copy of the instruction sheet will help provide an adequate specimen.
- 4. Sputum is not spit Sputum from the lungs is very thick mucus, not thin saliva (spit) from the mouth.
- 5. Clean out mouth before collection Patient should not eat, drink or chew anything before collecting specimen. Mouth should be rinsed with tap water before collection.
- 6. It is difficult for the patient to cough up thick sputum, have them take a deep breath and hold it a few seconds. Then cough deeply and bring up the material into the container.
- 7. Amount needed 2 or 20cc (tell the patient "at least a teaspoon full") is collected in a clean container. Return specimen to laboratory as soon as it is collected. Add Saccomanno fixative in a 50/50 mixture or refrigerate the specimen if a two-hour delay is expected.
- 8. Aerosol sputum induction Some patients are unable to provide an adequate deep cough specimen without the assistance of aerosol sputum induction. If thick sputum cannot be produced or the previous cytology reports show that the specimens are not adequate, then consideration should be given to use the sputum induction method. This service is available through the St. Joseph Cardiopulmonary Department.



SPECIMEN COLLECTION AND HANDLING ORDER OF DRAW

To prevent pre-analytical variables, all phlebotomy collections should follow the CLSI guidelines with regard to order of draw.

Order of Draw	Description	Tube
1	Blue	
2	Red	
3	Gold	
4	Green	
5	Lavender	
6	Other Tubes	



TRANSFUSION SERVICES BLOOD BANK

Transfusion services are offered 24 hours a day.

Service/Testing	STAT Turn-Around-time	Routine
Type and Screen	1 hour	4 hours
Cross-match Transfuse Immediately	1 hour	n/a
Cross-match Transfuse stable, symptomatic patient	n/a	6 hours
Blood Type	1 hour	4 hours
Direct Coombs	1 hour	4 hours
Fetal Screen	1 hour	n/a
Kleinhauer Betke	4 hours	n/a
Antibody Identification	Performed at Northern California Community Blood Bank (NCCBB), expected TAT 4 hours. TAT may be longer based on complexity of antibodies identified.	

Transfusion services provider testing and products to both inpatient and outpatient departments, including: Emergency Department, ICU, PCU, Med Surg 2, Med Surg 3, Child Birth Center, Surgical Services, Chemotherapy Infusion suite, Rehabilitation, and Ambulatory Infusion.



Leuko-Reduced Red Cells, Fresh Frozen Plasma and Cryoprecipitate are stored on site and available 24 hours per day. One unit of Platelet Pheresis are typically available on campus. Northern California Blood Bank staff are available 24/7 to provide or order additional products.

Red Cell Products			
Leuko-Reduced Red Cells (LRC)	Available 24/7		
Irradiated Leuko-reduced Red Cells	Available upon request		
CMV Negative – LRC	Available upon request		
Autologous Packed Cells	Coordinated by provider and NCCBB		
Platelet Products			
Platelet Pheresis	Typically 1 unit available depending upon local supply		
Psoralen treated Platelets	Available upon request		
Irradiated Platelet Pheresis	Available upon request		
HLA matched Platelets	Available upon request		
Plasma Products			
Thawed Plasma	Available 24/7		
COVID Convalescent Plasma	Available upon request		
Cryoprecipitate			
Cryoprecipitate	Available 24/7		
Pooled Cryoprecipitate	Available 24/7		



SPECIMEN COLLECTION PROCEDURES AND INFORMATION

I. SURGICAL PATHOLOGY

A pathologist in on call at all times. Please call extension x6625 (Monday to Friday, 9 AM to 6 PM) or the hospital operator (after hours and on weekends and holidays).

Contacting Pathologist / Report Availability

For pathology reports, case status update, or to speak with a pathologist: x6625

General Information

- Specimens must be ordered electronically through OE / POM or be accompanied by a completed pathology requisition slip. Specimens must be identified with the following information:
 - Patient name, medical record number, location (room number)
 - Date of collection
 - Specimen description (detailed and complete)
 - Ordering physician' name
 - Clinical history information and current symptoms.
- All tissue specimens collected on the nursing units should be delivered promptly to the Lab Specimen Processing area, first floor in the 1954 building.
- Pathology specimens in formalin collected in Endoscopy or Surgery should be delivered to the Pathologist's office
 adjacent to surgery and placed in the tissue specimen area near the pass through window. DO NOT leave a fresh
 specimen unattended without notifying Pathology personnel.
- Some specimens require special handling and/or coordination with outside laboratories. Please notify the Pathology Department at extension x6625 in advance or ASAP when special handling is required for a pathology specimen.
- Please refer all questions regarding the appropriate handling, collection or scheduling of any procedure or pathology specimen submission to extension x6625 of to the pathologist on call after hours.

Routine Tissue Specimen Processing

Place all specimens in 10% neutral buffered formalin and submit to Pathology.

Most routine biopsies and small specimens received before 4 PM are processed over-night with reports rendered the following working day. Larger specimens may require overnight fixation before processing.

Autopsy Service

Please call extension x6625 to inquire about an autopsy procedure.

Bone Marrow

Call the Pathology Department (6625) to give the Pathology administrative secretary notice of a scheduled bone marrow procedure, so that sufficient time is available to pack the bone marrow up for send out to the reference lab before 3:00pm weekdays. All bone marrows are performed in Oncology or in Diagnostic Imaging.

Electron Microscopy

Provide 24-hour notification to the Department of Pathology.

Submit FRESH, UNFIXED specimen on a saline soaked sponge (to prevent drying) IMMEDIATELY to the surgical pathology cutting area along with completed pathology requisition.

Pathologist on call is responsible for specific specimen selection.

Immunofluorescent Studies

Provide 24-hour notification to the Department of Pathology.

Submit FRESH, UNFIXED specimen on a saline soaked sponge (to prevent drying) IMMEDIATELY to the surgical pathology cutting area along with completed pathology requisition.

Pathologist on call is responsible for specific specimen selection.

Muscle Biopsy

Provide 24-hour notification to the Department of Pathology.



Submit FRESH, UNFIXED specimen on a saline soaked sponge (to prevent drying) IMMEDIATELY to the surgical pathology cutting area along with completed pathology requisition. Indicate the site of the biopsy and the tests to be performed on the muscle biopsy:

- Electron Microscopy
- Routine Microscopy.

Recommended size of the biopsy is $3.0 \times 1.0 \times 1.0 \text{ cm}$.

A copy of the history and physical examination should also be submitted.

Tissue Specimens for Microbiological Studies (culture)

Place a tissue for culture into a sterile screw cap container immediately UNDER STERILE CONDITIONS (in the operating room or examination room). DO NOT ADD ANY PRESERVATIVE OR FIXATIVE.

Submit with a completed laboratory requisition directly to the clinical laboratory processing area.

If histological examination is also to be done, submit separate specimen to pathology with proper requisition and formalin preservative or if only a single specimen is available, submit a separate pathology request (via OE or pathology requisition) and indicate on the microbiology order that the specimen must be forwarded to pathology after the requested cultures have been obtained.

St. Joseph Health

LABORATORY INFORMATION MANUAL

SPECIMEN COLLECTION PROCEDURES AND REQUIREMENTS II. CYTOLOGY

Hours of Operations

- Cytology hours are 9:00am to 5:00pm, Monday through Friday.
- A pathologist is on call at all times. Call extension x6625 (Monday to Friday, 9 AM to 6 PM) or the hospital operator (after hours and on weekends and holidays).

Contacting Cytology / Pathologist / Report Availability – Extension x6625

Reports for routine requests will be available in 1-2 working days.

If STAT service is required, please contact Cytology x6625 directly or contact pathologist on call.

General Information

- Specimens must be ordered electronically through OE or be accompanied by a completed requisition slip (with all required information).
- Specimens must be identified with the following information (specimen may not be processed if any information is missing):
 - Patient name, medical record number, location
 - Date of collection and specimen description
 - Ordering physician's name.
- Smears and slides <u>must</u> be individually identified by writing patient's name and date of birth on the frosted end of <u>each</u> slide with a pencil.
- Specimens should be delivered directly to the Lab Specimen Processing area, first floor in the 1954 building.

Specimen Collection Information

Bronchial Washings

Submit specimen in a sterile collection container without any fixatives or preservatives. If the specimen will not get to Cytology before 2:00pm on Fridays, fix with equal parts Cytolyt preservative. If only one container is submitted it should be sent to Microbiology first before processing for cytological exam.

Bronchial Brushings

DO NOT ALLOW THE BRUSH TO DRY!

Submit the brush in Cytolyt preservative.

Broncho-Alveolar Lavage (BAL)

Submit in a sterile collection container. If the specimen will not get to Cytology before 2:00pm on Fridays, fix with equal parts Cytolyt preservative. If only one container is submitted it will be sent to Microbiology first before processing for cytological exam.

CSF (cerebral spinal fluid)

CSF specimens are often shared with the clinical lab. Submit fresh to the clinical lab and they will add Saccomanno fixative if needed for cytologic preservation. This is the only fluid submitted to Cytology that is fixed with Saccomanno fixative instead of Cytolyt.

Cyst Fluid (breast, ovary, renal)

Submit fluid in a sterile collection container. Refrigerate if delay is anticipated. DO NOT add preservative or fixative. DO NOT make slides directly from the fluid.

Fine Needle Aspiration Biopsy (FNA)

During normal working hours call extension x6625 to schedule an FNA. All FNAs must be pre-scheduled and the Cytotechnologist will then be available to assist with specimen preparation after collection by a radiologist or surgeon.

12

Esophageal Brushings

Gastric washings are not acceptable for cytological exam.

DO NOT ALLOW THE BRUSH TO DRY!

Submit the brush in Cytolyt preservative.



Gynecological Specimens ('PAP" smears)

All specimens collected for Pap smear must be submitted in a ThinPrep PreservCyt vial.

Paracentesis, Peritoneal Fluid, Ascitic Fluid

Submit fluid in a sterile collection container to Cytology. Identify separate specimen locations.

Sputum

Submit in a sterile collection container with no preservative or fixative. A first morning specimen is preferable and yields best results.

Thoracentesis, Pleural Fluid

Submit fluid in a sterile collection container to Cytology. Identify separate specimen locations.

Viral inclusions - Tzank Prep

Make scrapings smears from the lesion and <u>immediately</u> immerse in 95% reagent I alcohol. Swabs are NOT acceptable for cytological exam.

Urinary Tract Specimens (voided urine, bladder washings, etc.)

Submit specimen in a sterile collection container without any preservative or fixative. Refrigerate if transportation to Cytology will be delayed more than 2 hours.



Important Provider Notifications

14



TO: All Medical Staff

FROM: Stanley T. Hino, MD, & Erik J. Burman, MD

Laboratory Medical Directors

DATE: March 20, 2018

RE: Biotin

In response to a November 2017 FDA Safety Communication regarding Biotin interference, St. Joseph Health Humboldt County laboratories want providers to be aware of the possible interference in the analysis of selected chemistry tests possibly causing inaccurate results.

Biotin (vitamin B7) is part of the vitamin B complex and it has been recommended for overall health of hair, skin and nails as well as fetal development. Biotin does not interfere when taken at levels found naturally in food and multivitamins (30 mcg/day). Biotin supplements, particularly in larger doses (100 mg/day) have become increasing popular and at these high levels can cause interfere.

Biotin interference can be unpredictable and has the potential to affect biotin-streptavidin based clinical laboratory assays. Depending on the assay format (sandwich vs. competitive) the interference may produce either a positive or negative bias. Clinical decisions based on incorrect laboratory test results may lead to patient harm due to inappropriate treatment or diagnosis.

The following assays performed at St Joseph Hospital and Redwood Memorial Hospital are susceptible to biotin interference and should be interpreted with caution if a patient is on high dose biotin therapy.

Sandwich Assays (Negative Bias)	Competitive Assays (Positive Bias)
BHCG	Digoxin
Cancer antigen 15-3	Estradiol
Cancer antigen 125	Folate
CEA	Free Thyroxine (Free T4)
CKMB	Vitamin B12
Ferritin	
NT - proBNP	
PSA	
Troponin I	
TSH	

References:

Kirkwood, Julie. "Meeting The Biotin Challenge." Clinical Laboratory News January/February 2018: 3-8. Print.

Wonderling, Ramani PhD. "A Closer Look At The Recent FDA Safety Communication About Biotin Interference." *Medical Laboratory Observer March* 2018: 44-45. Print.

"Biotin Interference In Certain Immunoassays." Siemens Healthcare Diagnostics Customer Bulletin December 2017: 1-5. Print.

https://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts/ucm586641.htm



Summary of Laboratory Testing Services

St. Joseph Health

LABORATORY INFORMATION MANUAL

11-Deoxycortisol

Test Code: 11DEOXz CPT:82634

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 30543

Turn-around-time: Performed Tuesday; Report available Friday.

Special Instructions: Early morning specimen preferred. 11DEOXz: 1(0.25)ml S-Rf

Age (Y) <u>Container</u> <u>Volume (mLs)</u>

0-100 Red (No Gel) Frozen 1

ALTERNATE CONTAINERS: Lavender, Royal blue, green top

COLLECTION NOTES:

REJECTION CRITERIA: glass tubes, gel

LAB NOTES: Separate serum after clotting Ship serum

refrigerated or frozen

SPECIMEN STABILITY: Room temp: 4 days; Refrig: 4 days; frozen:

28 days

17-Hydroxyprogesterone

Test Code: 170HPRz CPT:83498

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17180
Turn-around-time: No testing on Saturday; Reports available Mon, & Wed to Sat.

Special Instructions: No gel tubes. 170HPRz: 1(0.5)ml S-Rf

Age (Y) Container Volume (mLs)

0-100 Red (No Gel) 4

ALTERNATE CONTAINERS: Lavender, Royal Blue, Green

COLLECTION NOTES:

REJECTION CRITERIA: Gel tubes

LAB NOTES:

SPECIMEN STABILITY: Room temp:48 hrs; Refrig:7 days; Frozen: 2

yr

17-Hydroxyprogesterone, Neonat

Test Code: 170HPROz CPT:83498

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17654X
Turn-around-time: No testing on Saturday; Reports available Mon, & Wed to Sat

Special Instructions: REFLAB: 1(0.5)ml S-Rf

 Age (Y)
 Container
 Volume (mLs)

 0-100
 Red (No Gel)
 1

ALTERNATE CONTAINERS: Lavender, Royal Blue, Green

COLLECTION NOTES: No gel tubes REJECTION CRITERIA: SST tubes

LAB NOTES:

SPECIMEN STABILITY: Room temp:4 8 hrs; Refrig:7 days; Frozen 2

yr

5-Hydroxyindoleacetic Acid, 24h

Test Code: *5HIA24z* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 39625X

Turn-around-time: Setup: Tuesday, Thursday, Friday. Report in 3-7 days

St.JosephHealth

LABORATORY INFORMATION MANUAL

Diet instructions.Refrig during collect5HIA24z:10(5)ml24U-FZ Special Instructions:

> Age (Y) Container Volume (mLs) 0-100 24 Hour Urine Frozen 5

COLLECTION NOTES: Patient should avoid food high in indoles such as avocados, banana, tomato, plum, walnut, pineapple, and eggplant Patient should also avoid tobacco, tea and coffee three days prior to specimen collection

REJECTION CRITERIA: pH >30 and received unfrozen LAB NOTES: Add 6N HCL to maintain pH below 3 Record patients age and 24-hour urine volume on test request form and urine vial SPECIMEN STABILITY: Room temp: N/A; Refrig: N/A; Frozen 30 days CLINICAL SIGNIFICANCE: Values above 10 mg/24 hours occur in carcinoid syndrome Slight elevations also occur in nontropical sprue and after reserpine administration Drugs which can interfere with testing due to physiologic response: acetaminophen, alpha and beta blockers, atenolol, bromocriptine, broncholdilators, clonidine, digoxin, isoniazid, L-dopa, labetelol, methyldopa, monoamine oxidase inhibitors, nitroglycerin, sympathomimetic amines, phenobarbital, phenothiazines, phentolamine, reserpine, salicylates, tricyclic

5-Nucleotidase

antidepressants

Test Code: 5NUCz CPT:83915

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 671 Turn-around-time: Setup: Monday - Friday. Reports 1 day after setup.

5NUCz: 1(0.2)ml S-FZ Special Instructions:

> Age (Y) Container Volume (mLs) 0-100 Red (No Gel) Frozen

COLLECTION NOTES:

REJECTION CRITERIA: Specimen at room temperature

LAB NOTES: Centrifuge and transfer serum specimens to clean,

plastic screw-capped vial Freeze and ship frozen

SPECIMEN STABILITY: Room temp: unacceptable; Refrig 7 days;

Frozen: 14 davs

CLINICAL SIGNIFICANCE: Increased enzyme levels in sera are associated with certain forms of liver disease, such as intra or extra-hepatic obstruction and particularly in cases of

hepatic carcinoma

ABO/Rh Type

Test Code: TYPE CPT: Dept: Blood Bank Testing Prefix: BB Turn-around-time: **Results Pending**

> <u> Age (Y)</u> 0-100

ABO/Rh Type, OB

Test Code: OBTYPE CPT:



Dept: Blood Bank Testing Prefix: BB Turn-around-time: **Results Pending**

Age (Y) 0-100

Acetaminophen Level

Test Code: ACTMN CPT:80329

Dept: Chemistry

Prefix: C

Turn-around-time:

Age (Y) **Container** Volume (mLs)

1

0-100 Green Li Heparin PST

Acetylcholine Receptor Binding

Test Code: ARBAz CPT:83519

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 206 Turn-around-time: Setup Tuesday through Saturday; Report 1-2 days.

Special Instructions: ARBAz: 1(.5)ml S-Rf

> Age (Y) **Container** Volume (mLs) 1

0-100 Serum Separator Tube

COLLECTION NOTES:

REJECTION CRITERIA: Gross hemolysis, gross lipemia, microbially

contaminated LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days ; Refrig: 14 days;

Frozen: 30 days

Acetylcholine Receptor Bloc AB

Test Code: ACHRBZ

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34459 Turn-around-time: Setup Sunday, Tuesday, Thursday; Report 3-6 days.

Special Instructions: ACHRBz: 1(.5)ml S-Rf

> <u> Age (Y)</u> Container Volume (mLs) 0 - 100Serum Separator Tube

COLLECTION NOTES:

REJECTION CRITERIA: Gross hemolysis, gross lipemia, microbially

contaminated LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days ; Refrig: 14 days;

Frozen: 30 days

Acetylcholine Receptor Modu AB

CPT:83519 Test Code: ACHRMz

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 26474 Turn-around-time: Setup Sunday, Tuesday, Thursday; Report 4-7 days.

Special Instructions: ACHRMz: 1(.5)ml S-Rf

> Container Age (Y) Volume (mLs) 0-100 Serum Separator Tube 2



COLLECTION NOTES:

REJECTION CRITERIA: Gross hemolysis, gross lipemia, microbially

contaminated LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

Act Prot C-Res w Factor V rflx

Test Code: APCRz CPT:8530790

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 19704

Turn-around-time:

Special Instructions: APCRz:2mL WB EDTA and 1mL PLZ FRZ*

Age (Y) Container

0-100 Blue (Sodium Citrate) Frozen

19704

Activated Protein C-Resistance w/Factor V Leiden Mutation reflex

Plasma

32% Sodium Citrate (It blue-top)

2 mL

Room Temp: 1 Hour, Refrig: 4 Hours, Frozen: 6 Months

Ship frozen (Do not thaw)

Reject grossly hemolyzed specimens

Whole Blood

EDTA (lavender);EDTA (royal blue-top);ACD solution B(yellow-top)

2mL

Room Temp: 8 days, Refrig: 8 days, Frozen: 30 days

Platelet-poor plasma: Centrifuge light blue-top tube 15 minutes at approx 1500 x g within 60 minutes of collection Using a plastic pipette, remove plasma, taking care to avoid the WBC/platelet buffy layer and place into a plastic vial

Centrifuge a second time and transfer platelet-poor plasma into a new plastic vial Plasma must be free of platelets (<10,000/mcL)

Freeze immediately and ship on dry ice

Whole Blood: Preferred shipping temperature is frozen, but room

temp and refrigerated shipping is acceptable

Actin (Smooth Muscle) Ab IgG

Test Code: *ASMAz* CPT:83516

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 15043
Turn-around-time: Setup Tuesday through Saturday. Report available 2-5 days.

Special Instructions: ASMAz: .5(.25)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES:

REJECTION CRITERIA: Gross hemolysis, lipemia, microbially

contaminated LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days



Activated Clotting Time

Test Code: *ACT* CPT:85347 Dept: Coagulation Prefix: K

Turn-around-time:

Special Instructions: Cardiac pt = 2cc, Black top

<u>Age (Y)</u>

0-100 Special Black Top

Bedside collection by Clinical Laboratory Scientist ONLY.

Activated Partial Thromboplast

Test Code: *PTT* CPT:85730 Dept: Coagulation Prefix: K

Turn-around-time:

Special Instructions: Tube must be filled to mark.

Age (Y) Container Volume (mLs)
0-100 Blue NaCitrate 2.7 mL 2.7

COLLECTION NOTES: The correct ratio of blood to anticoagulant must be maintained Level of blood in blue container must be at

fill mark Transport to laboratory immediately

REJECTION CRITERIA: Hemolyzed, high hematocrit, clotted

or room temp > 4 hrs

SPECIMEN STABILITY: Room temp: 4 hrs

Activated Protein C-Resistance

Test Code: APCz CPT:85307

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 22

Turn-around-time: Setup Thursday. Reported Friday.

Special Instructions: Tube must be filled to mark. Spec process. APCz: 2(1)ml P-Fz

Age (Y)ContainerVolume (mLs)0-100Blue (Sodium Citrate) Frozen2.70000004768

37198

COLLECTION NOTES: The correct ratio of blood to anticoagulant MUST be maintained Level of blood in blue container MUST be at fill mark Transport to laboratory immediately If unable to deliver to lab within 4 hours then process per LAB NOTES REJECTION CRITERIA: Gross hemolysis, received room temperature LAB NOTES: For extended stability, centrifuge within one hour of collection Using a plastic pipette, remove plasma, taking care to avoid the WBC/platelet buffy layer and place into a plastic vial Centrifuge a second time and transfer platelet-poor plasma into a new plastic vial(s) Freeze immediately Transport frozen SPECIMEN STABILITY: Room temp: 1 hr; Refrig: 4 hrs; Frozen: 6 months

Acylcarnitine, Plasma

Test Code: ACPz CPT:82017

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 14531

Turn-around-time: Setup: Tues, Thurs, Sat. Report in 2-5 days.



Special Instructions: Avoid hemolysis during collection. ACPz: 1(0.2)ml P-Fz

Age (Y) Container Volume (mLs)
0-100 Green Frozen 4

COLLECTION NOTES:

REJECTION CRITERIA: specimen hemolyzed

LAB NOTES: Promptly centrifuge and aliquot to a transport tube

and freeze immediately

SPECIMEN STABILITY: Room temp: 1 hr; Refrig: 1 hr; Frozen:

30 days

ADAMTS13 Activity Reflex

Test Code: VWFPz CPT:85397

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 14532

Turn-around-time: Setup: Sun-Thurs; Report available: 2-4 days
Special Instructions: Tube must be filled to mark. VWFPz: 1(0.5)ml P-Fz

Age (Y) Container Volume (mLs)
0-100 Blue (Sodium Citrate) Frozen 2.70000004768

37198

COLLECTION NOTES: The correct ratio of blood to anticoagulant MUST be maintained Level of blood in blue container MUST be at fill mark Transport to laboratory immediately If unable to deliver to lab within 4 hours then process per LAB NOTES REJECTION CRITERIA: received room temperature LAB NOTES: For extended stability, centrifuge within one hour of collection Using a plastic pipette, remove plasma, taking care to avoid the WBC/platelet buffy layer and place into a plastic vial Centrifuge a second time and transfer platelet-poor plasma into a new plastic vial(s) Freeze immediately Transport frozen SPECIMEN STABILITY: Room temp: N/A; Refrig: N/A; Frozen: 21 days

CLINICAL SIGNIFICANCE: ADAMTS-13 is a zinc metalloprotease that cleaves ultra large vWF multimers Studies have shown that low levels of ADAMTS-13 activity are associated with thrombotic thrombocytopenic purpura (TTP), a life-threatening hematological condition characterized by a low platelet count, microvascular thrombi, red cell fragmentation, and renal complications Congenital TTP is a rare inherited disease caused by mutations within the ADAMTS-13 gene, which result in the production of non-functional protein The acquired form of TTP is an autoimmune-like disorder caused by the development of autoantibodies to ADAMTS-13 that inhibits enzyme activity

Adenosine Deaminase, CSF

Test Code: *ADEDFz* CPT:8431190

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 17698 Turn-around-time: Setup: Monday through Saturday. Report 1-2 days.

Special Instructions: ADEDFz: 0.5(0.1)ml CSF-Rf

Age (Y) Container Volume (mLs)
0-100 CSF Frozen 1



COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 1 day; Refrig: 3 days; Frozen:

6 months

CLINICAL SIGNIFICANCE: An elevated level of adenosine deaminase (AD) in human serum, plasma or select body fluids is used as a surrogate marker for inflammation or infectious disease In CSF, pleural effusions, and pericardial fluid in particular, elevated AD activity has been shown to be associated with tubercular lesions Additional disease states that may result in elevated AD activity include liver cirrhosis, liver fibrosis, certain malignancies (e g lymphoma), viral hepatitis, and autoimmune

diseases (e g SLE, rheumatoid arthritis)

Adrenal AB Screen w Reflex

Test Code: *ADABz* CPT:86255

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4645X Turn-around-time: Setup: Wednesday and Friday. Report in 2-7 days.

Special Instructions: ADABz: 2(0.5)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 48 hr ; Refrig: 14 days;

Frozen: 30 days

CLINICAL SIGNIFICANCE: Adrenal Antibody is detected in patients

with autoimmune adrenal disease, eg, Addisons disease

Adrenocorticotropic Hormone

Test Code: ACTHZ CPT:82024

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 211
Turn-around-time: Setup Tuesday through Saturday. Report available 1-2 days.
Special Instructions: Collect between 7am and 10am. ACTHz: 1.5(.5)ml P-FZ

Age (Y) Container Volume (mLs)
0-100 Lavender Frozen 1.5

COLLECTION NOTES: If specimen is not drawn between 7am and 10am,

reference ranges will not be appropriate

REJECTION CRITERIA: Received not frozen, gross hemolysis

LAB NOTES: Transport frozen

SPECIMEN STABILITY: Room temp: 16 hrs ; Refrig: 24 hrs;

Frozen: 28 days

Alanine Aminotransferase

Test Code: *ALT* CPT:84460 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 1



Albumin

Test Code: *ALB* CPT:82040 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Alcohol, Quantitative

Test Code: *ALC* CPT:80320 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 0.5

Aldolase

Test Code: *ALDOz* CPT:82085

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 227

Turn-around-time: Setup: Tuesday through Saturday. 1 - 2 days

Special Instructions: Hemolyzed specimens are not acceptable.ALDOz: 2(0.5)ml S-Rf

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

COLLECTION NOTES:

REJECTION CRITERIA: hemolyzed specimens

LAB NOTES:

SPECIMEN STABILITY: Room temp: 8 hrs; Refrig: 10 days; Frozen:

6 months

CLINICAL SIGNIFICANCE: Aids in the diagnosis of primary disease

of skeletal muscle myocardial infarction and viral hepatitis

Aldosterone

Test Code: *ALDSz* CPT:82088

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17181
Turn-around-time: Setup: Sun thru Fri. Report available not available Tue &Sun

Special Instructions: No Gel. See collection notes. ALDSz: 1(0.25)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 1

0-100 Red (No Gel) 1

COLLECTION NOTES: Draw upright samples at least hour after

patient sits up

REJECTION CRITERIA: gel container

LAB NOTES: Separate serum after clotting Do not submit glass

tubes

SPECIMEN STABILITY: Room temp: 4 days; Refrig: 7 days; Frozen:



28 days

CLINICAL SIGNIFICANCE: Approximately 1-2% of individuals with primary hypertension have primary hyperaldosteronism characterized by hypokalemia (low potassium) and low direct renin Because serum aldosterone concentrations vary due to dietary sodium intake and body position, some physicians prefer measurement of 24-hour urine concentration for aldosterone

Aldosterone PRA Ratio

Test Code: *ALDPz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16845 Turn-around-time: Setup: Sunday - Friday. Report not available 3-5 days.

Special Instructions: Do not refrigerate. ALDPz: 1.8(0.8)ml P-Fz

Age (Y) Container Volume (mLs)
0-100 Lavender Frozen 3

COLLECTION NOTES:

REJECTION CRITERIA: Specimen refrigerated Plasma in separation

tube

LAB NOTES: Refrigeration will cause cryoactivation to occur and

prorenin will convert to renin, causing falsely high renin

results Do not refrigerate sample

SPECIMEN STABILITY: Room temp: 24 hrs; Refrig: N/A; Frozen: 28

days

CLINICAL SIGNIFICANCE: The Aldosterone-renin ratio is used to

screen for primary aldosteronism

Aldosterone, Ur 24hr

Test Code: *ALDUz* CPT:82088

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 19552X

Turn-around-time: Setup: Sunday and Tuesday. Report available 3-9 days

Special Instructions: Ref during 24hr coll. Random Ur ok. ALDUz: 5(0.8)ml 24U-Rf

Age (Y) Container Volume (mLs)
0-100 24 Hour Urine Container 1

COLLECTION NOTES: Random urine or 24 hour urine Refrigerate

during collection

REJECTION CRITERIA: urine collected with HCL

LAB NOTES: add 10g Boric to 24 hour urine container before

aliquoting

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 28 days; Frozen: 21 days

CLINICAL SIGNIFICANCE: Determination of aldosterone is useful in the diagnosis and evaluation of primary aldosteronism, selective hypoaldosteronism, edematous states, and other conditions of

electrolyte imbalance

Alkaline Phosphatase

Test Code: *ALK* CPT:84075 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1



Alkaline Phosphatase, Bone

Test Code: *ALKPBNz* CPT:84075

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 29498 Turn-around-time: Setup: Monday, Wednesday, Friday; Report in 3-6 days.

Special Instructions: ALKPBNz: 1(0.3)ml S-Rt

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

COLLECTION NOTES:

REJECTION CRITERIA: grossly hemolyzed, grossly lipemic, grossly

icteric

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 7 days; Frozen:

60 days

CLINICAL SIGNIFICANCE: The Bone-Specific Alkaline Phosphatase (BSAP) assay provides a general index of bone formation and a specific index of total osteoblast activity BSAP and osteocalcin are the most effective markers of bone formation and are particularly useful for monitoring bone formation therapies and

antiresorptive therapies

Alkaline Phosphatase, Isoenz

Test Code: ALPIZ CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 231 Turn-around-time: Setup: Tuesday thru Saturday. Report in 3-5 days.

Special Instructions: Overnight fasting preferred. ALPIz: 2(1.0)ml S-Rt

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 3

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 21 days; Frozen: 21 days

CLINICAL SIGNFICANCE: When the Total Alkaline Phosphatase activity is increased, the Isoenzymes are useful in determining

the source of the increased activity

Allergen, A. fumigatus IgE

Test Code: *ALLAFUEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2703 Turn-around-time: Setup: Monday thru Saturday. Report avail 2-4 days.

Special Instructions: ALLAFUEz: 0.3(0.15)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days



Allergen, A. mellifera IgE

Test Code: *ALLHOBEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2731X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLHOBEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp:Room temp: 14 days; Refrig: 14

days; Frozen: 30 days

Allergen, A. Tenuis IgE

Test Code: *ALLALTEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2706 Turn-around-time: Setup: Monday thru Saturday. Report avail 2-4 days.

Special Instructions: ALLALTEz: 0.3(0.15)ml S-Rf

Age (Y) Container Volume (mLs)

1

0-100 Serum Separator Tube

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

Allergen, Acacia IgE

Test Code: ALLACAEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2519 Turn-around-time: Setup: Monday thru Saturday. Report avail 2-4 days.

Special Instructions: ALLACAEz: 0.3(0.15)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

Allergen, Alder IgE

Test Code: *ALLGALEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2502 Turn-around-time: Setup: Monday thru Saturday. Report available 1ü-3 days

Special Instructions: ALLGALEz: 0.3(0.2)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES:



REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Almond IgE

Test Code: ALLALMEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2820 Turn-around-time: Setup: Monday thru Saturday. Report avail 2-4 days.

Special Instructions: ALLALMEz: 0.3(0.15)ml S-Rf

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

Allergen, Almond IgG

Test Code: ALLALMGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38137 Turn-around-time: Setup: Sunday, Wednesday, Friday. Reports same day.

Special Instructions: ALLALMGz: 1(0.3)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days; Frozen: 30 days

Allergen, Apple IgE

Test Code: *ALLAPPEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2849X Turn-around-time: Setup: Monday thru Saturday. Report avail 2-4 days.

Special Instructions: ALLAPPEz: 0.3(0.15)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

Allergen, Apple IgG

Test Code: *ALLAPPGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38257
Turn-around-time: Setup: Monday through Saturday. Report available in 1 day

Special Instructions: ALLAPPGz: 1(0.3)ml S-Rf

Age (Y) Container Volume (mLs)



0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days; Frozen: 30 days

Allergen, Apricot IgE

Test Code: *ALLAPREz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2563 Turn-around-time: Setup: Monday thru Saturday. Report avail 2-4 days.

Special Instructions: ALLAPREz: 0.3(0.15)ml S-Rf

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

Allergen, Aureob pullulans IgE

Test Code: *ALLAPUEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 6634 Turn-around-time: Setup: Monday thru Saturday. Report avail 2-4 days.

Special Instructions: ALLAPUEz: 0.3(0.15)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

Allergen, Avocado IgE

Test Code: *ALLAVOEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8928 Turn-around-time: Setup: Monday thru Saturday. Report avail 2-4 days.

Special Instructions: ALLAVOEz: 0.3(0.15)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

Allergen, Avocado IgG

Test Code: *ALLAVOGz* CPT:86001



Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10639 Turn-around-time: Setup: Sunday, Wednesday, Friday. Reports same day.

Special Instructions: ALLAVOGz: 1(0.3)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days; Frozen: 30 days

Allergen, Banana IgE

Test Code: *ALLBANEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8926 Turn-around-time: Setup: Monday thru Saturday. Report avail 2-4 days.

Special Instructions: ALLBANEz: 0.3(0.15)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

Allergen, Banana IgG

Test Code: *ALLBANGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38248 Turn-around-time: Setup: Sunday, Wednesday, Friday. Reports same day.

Special Instructions: ALLBANGz: 1(0.3)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days; Frozen: 30 days

Allergen, Barley IgE

Test Code: *ALLBAREz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2806 Turn-around-time: Setup: Monday thru Saturday. Report avail 2-4 days.

Special Instructions: ALLBAREz: 0.3(0.15)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days



Allergen, Barley IgG

Test Code: *ALLBARGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38139 Turn-around-time: Setup: Sunday, Wednesday, Friday. Reports same day.

Special Instructions: ALLBARGz: 1(0.3)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days; Frozen: 30 days

Allergen, Beef IgG

Test Code: *ALLBEFGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38125 Turn-around-time: Setup: Monday thru Saturday. Report avail 2-4 days.

Special Instructions: ALLBEFGz: 1(0.3)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days; Frozen: 30 days

Allergen, Bermuda Grass IgE

Test Code: ALLBGRGZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2302 Turn-around-time: Setup: Monday thru Saturday. Report avail 2-4 days.

Special Instructions: ALLBGRGz: 0.3(0.15)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

Allergen, Beta Lactoglob IgG

Test Code: *ALLBLAGZ* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 11201 Turn-around-time: Setup: Sunday, Wednesday, Friday. Reports same day.

Special Instructions: ALLBLAGz: 1(0.3)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:



SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days; Frozen: 30 days

Allergen, Birch IgE

Test Code: *ALLBEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2503X Turn-around-time: Setup: Monday thru Saturday. Report avail 2-4 days.

Special Instructions: ALLBEz: 0.3(0.15)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

Allergen, Blue Mussel IgE

Test Code: *ALLBMUEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2837
Turn-around-time: Setup: Monday thru Saturday. Report available 1ü-3 days

Special Instructions: ALLBMUEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

Allergen, Blueberry IgE

Test Code: *ALLBLUEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2568
Turn-around-time: Setup: Monday thru Saturday. Report available 1ü-3 days

Special Instructions: ALLBLUEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Brazil Nut IgE

Test Code: ALLBRAEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2818X Turn-around-time: Setup: Monday thru Saturday. Report available 1ü]3 days

Special Instructions: ALLBRAEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

St.JosephHealth St. Joseph · Redwood Memorial

LABORATORY INFORMATION MANUAL

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Broccoli IgE

Test Code: ALLBROEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2631X Turn-around-time: Setup: Monday thru Saturday. Report available 1 -3 days

Special Instructions: ALLBROEz: 0.3(0.2)ml S -RF

> Volume (mLs) Age (Y) Container 1

0-100 Serum Separator Tube

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

Allergen, Broccoli IgG

Test Code: ALLBROGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38124 Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1 -3 days

ALLBROGz: 0.3(0.2)ml S-RF Special Instructions:

> Volume (mLs) <u> Age (Y)</u> Container 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

Allergen, Brome Grass IgE

Test Code: ALLBGZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2311

Turn-around-time:

Special Instructions: 0.3 mL S REF

> **Container** Volume (mLs) Age (Y) 0-100 Serum Separator Tube 0.5

2311

Brome Grass (G11) IgE

Serum

Red-top (no gel); SST (red-top/glass); SST (red-top/plastic)

Room Temp: 14 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Allergen, C. Albicans IgE

St.JosephHealth

LABORATORY INFORMATION MANUAL

Test Code: ALLCALEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2705
Turn-around-time: Setup: Monday thru Saturday. Report available 1ü]3 days

Special Instructions: ALLCALEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES:

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, C. herbarum IgE

Test Code: ALLCLHEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2702 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLCLHEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cabbage IgE

Test Code: *ALLCABEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2632
Turn-around-time: Setup: Monday thru Saturday. Report available 1ü-3 days

Special Instructions: ALLCABEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cabbage IgG

Test Code: *ALLCABGZ* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38118
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1 -3 days

Special Instructions: ALLCABGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Carrot IgE

Test Code: ALLCAREZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2831 Turn-around-time: Setup: Monday thru Saturday. Report available 1ü-3 days

Special Instructions: ALLCAREz: 0.3(0.2)ml Sü-RF

> Container Volume (mLs) <u> Age (Y)</u> 0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Carrot IgG

Test Code: ALLCARGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38122 Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1 -3 days

Special Instructions: ALLCARGz: 0.3(0.2)ml Sü-RF

> Age (Y) **Container** Volume (mLs) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Casein IgE

Test Code: ALLCASEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2853 Turn-around-time: Setup: Monday thru Saturday. Report available 1ü-3 days

ALLCASEz: 0.3(0.2)ml Sü-RF Special Instructions:

> Container Volume (mLs) Age (Y) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Casein/Cow Milk IgG

Test Code: ALLCOMGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38100 Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days Turn-around-time:

Special Instructions: ALLCOMGz: 0.3(0.2)ml Sü-RF

> Age (Y) Container Volume (mLs)



0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cashew Nut IgE

Test Code: ALLCASNZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2608
Turn-around-time: Setup: Monday thru Saturday. Report available 1ü]3 days

Special Instructions: ALLCASNz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

* ALLCASNZ *COLLECTION NOTES:

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cashew Nut IgG

Test Code: *ALLCASGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10323
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1]3 days

Special Instructions: ALLCASGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cat Dander IgE

Test Code: *ALLCATEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2601 Turn-around-time: Setup: Monday thru Saturday. Report available 1ü]3 days

Special Instructions: ALLCATEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cauliflower IgE

LABORATORY INFORMATION MANUAL

Test Code: *ALLCAUEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2635X Turn-around-time: Setup: Monday thru Saturday. Report available 1ü]3 days

Special Instructions: ALLCAUEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Celery IgE

Test Code: ALLCELEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2860
Turn-around-time: Setup: Monday thru Saturday. Report available 1ü]3 days

Special Instructions: ALLCELEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Celery IgG

Test Code: *ALLCELGZ* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38101 Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1 3 days

Special Instructions: ALLCELGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cheddar Cheese IgE

Test Code: *ALLCHEEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2858
Turn-around-time: Setup: Monday thru Saturday. Report available 1ü]3 days

Special Instructions: ALLCHEEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cheddar Cheese IgG

Test Code: ALLCHEGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38563
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1]3 days

Special Instructions: ALLCHEGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cheese Mold IgE

Test Code: *ALLCMOEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2859
Turn-around-time: Setup: Monday thru Saturday. Report available 1ü]3 days

Special Instructions: ALLCMOEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cherry IgE

Test Code: *ALLCHREz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2609
Turn-around-time: Setup: Monday thru Saturday. Report available 1ü]3 days

Special Instructions: ALLCHREz: 0.3(0.2)ml Sü]RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Chicken Feathers IgE

Test Code: *ALLCHFEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2651 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLCHFEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)



0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Chicken Meat IgE

Test Code: *ALLCHMEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2857 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLCHMEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Chickpea IgE

Test Code: *ALLCHKEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38958X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLCHKEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Chocolate/Cacao IgG

Test Code: *ALLCHOGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34549
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1 -3 days

Special Instructions: ALLCHOGz: 0.3(0.2)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Chocolate/Cocoa IgE

LABORATORY INFORMATION MANUAL

Test Code: *ALLCHOEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2875
Turn-around-time: Setup: Monday thru Saturday. Report available 1ü-3 days

Special Instructions: ALLCHOEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cinnamon IgE

Test Code: ALLCINEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2637 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLCINEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Clam IgE

Test Code: ALLCLAEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8929
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLCLAEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cockroach IgE

Test Code: *ALLCOGEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2736
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLCOGEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Coconut IgE

Test Code: ALLCOCEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2836
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLCOCEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Codfish IgE

Test Code: *ALLCODEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2803 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLCODEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Codfish IgG

Test Code: *ALLCODGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38110
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1 -3 days

Special Instructions: ALLCODGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Coffee IgE

Test Code: *ALLCOFEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2915 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLCOFEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)



0.5 0-100 Serum Separator Tube

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Coffee IgG

Test Code: ALLCOFGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38560 Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

ALLCOFGz: 0.3(0.2)ml Sü-RF Special Instructions:

> <u> Age (Y)</u> **Container** Volume (mLs) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Common Ragweed IgE

Test Code: ALLRAGEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2401 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

ALLRAGEz: 0.3(0.2)ml Sü-RF Special Instructions:

> Age (Y) Container Volume (mLs) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Corn/Maize IgE

Test Code: ALLCORNZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2808 Setup: Monday thru Saturday. Report available 1-3 days Turn-around-time:

ALLCORNz: 0.3(0.2)ml Sü-RF Special Instructions:

> Age (Y) Container Volume (mLs) 0-100 0.5 Serum Separator Tube

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cottonwood IgE

Revised: June 18, 2020 42

LABORATORY INFORMATION MANUAL

Test Code: ALLCOTEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2514
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLCOTEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube Ambient 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cow Dander IgE

Test Code: ALLCOz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2604
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLCOz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Crab IgE

Test Code: *ALLCRBEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2823
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLCRBEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube Ambient 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Crab IgG

Test Code: *ALLCRBGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38143
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLCRBGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Cucumber IgE

Test Code: ALLCUCGZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2639 Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLCUCGz: 0.3(0.2)ml Sü-RF

> Container Volume (mLs) <u> Age (Y)</u> 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, D. farinae Mites IgE

Test Code: ALLDEFEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2722 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLDEFEz: 0.3(0.2)ml Sü-RF

> Age (Y) **Container** Volume (mLs) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, D. pteronyssinus IgE

Test Code: ALLDEPEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2721 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

ALLDEPEz: 0.3(0.2)ml Sü-RF Special Instructions:

> Container Volume (mLs) Age (Y) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Dog Dander IgE

Test Code: ALLDOGEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2605 Setup: Monday thru Saturday. Report available 1-3 days Turn-around-time:

Special Instructions: ALLDOGEz: 0.3(0.2)ml Sü-RF

> Age (Y) Container Volume (mLs)

Revised: June 18, 2020 44



0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Duck Feathers IgE

Test Code: *ALLDUFEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2664
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLDUFEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Egg White IgE

Test Code: *ALLEGWEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2801 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLEGWEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Egg Whole IgE

Test Code: *ALLEYWEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2919
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLEYWEz: 0.3(0.2)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Egg Whole IgG



Test Code: *ALLEGWGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10326
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1-3 days

Special Instructions: ALLEGWGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Egg Yolk IgE

Test Code: ALLEGYEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2856
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLEGYEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Egg Yolk IgG

Test Code: *ALLEGYGZ* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34681
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLEGYGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES:

REJECTION CRITERIA: Plasma is no longer acceptable

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Elm IgE

Test Code: *ALLELMEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2508
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLELMEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, English Plantain IgE

Test Code: ALLPLTEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2409
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPLTEz: 0.3(0.2)ml Sü]RF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Epicoccum P. IgE

Test Code: *ALLEPUEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 6692X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLEPUEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, False Ragweed IgE

Test Code: *ALLFRWEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2404
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLFRWEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Fusarium monilifo Ig

Test Code: *ALLFPREz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 6696 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLFPREz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)



0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Garlic IgE

Test Code: *ALLGAREz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2847X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLGAREz: 0.3(0.2)ml Sü]RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Gluten IgE

Test Code: ALLGLUEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2854
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLGLUEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Gluten IgG

Test Code: ALLGLUGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 11084
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLGLUGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Goat Milk IgE

LABORATORY INFORMATION MANUAL

Test Code: ALLGOMEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2922X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLGOMEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Goose Feathers IgE

Test Code: ALLGOFEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2661X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLGOFEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Grape IgE

Test Code: ALLGRAEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2675 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLGRAEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Grapefruit IgE

Test Code: *ALLGRFEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2923 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLGRFEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Green Pepper IgE

Test Code: ALLGRPEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2931X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLGRPEz: 0.3(0.2)ml Sü-RF

> Container Volume (mLs) <u> Age (Y)</u>

0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, H. halodes IgE

Test Code: ALLHHZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 6711 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLHHz: 0.3(0.2)ml Sü-RF

> Age (Y) **Container** Volume (mLs) 0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, H. stier IgE

Test Code: ALLHDUz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2712 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLHDUz: 0.3(0.2)ml Sü-RF

> Container Volume (mLs) Age (Y) 0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Hazelnut IgE

Test Code: ALLHAZEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2817 Setup: Monday thru Saturday. Report available 1-3 days Turn-around-time:

ALLHAZEz: 0.3(0.2)ml Sü-RF Special Instructions:

> Age (Y) Container Volume (mLs)

Revised: June 18, 2020 50



0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Honey IgE

Test Code: *ALLHONEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8930 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLHONEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Horse Dander IgE

Test Code: *ALLHDHEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2603 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLHDHEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Johnson Grass IgE

Test Code: ALLJGREZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2310X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLJGREz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Kent Blue Grass IgE

LABORATORY INFORMATION MANUAL

Test Code: *ALLKBGEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2308
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLKBGEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Kiwi Fruit IgE

Test Code: ALLKIWEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2884X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLKIWEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Lamb IgE

Test Code: ALLLAMEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2888
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLLAMEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Lamb's Quarter IgE

Test Code: *ALLLAOEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2410 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLLAQEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Latex Hev brazil IgE

Test Code: ALLLATEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8927 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLLATEz: 0.3(0.2)ml Sü-RF

> Age (Y) Container Volume (mLs) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Lemon IgE

Test Code: ALLLEMEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2708 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLLEMEz: 0.3(0.2)ml Sü-RF

> Age (Y) **Container** Volume (mLs) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Lentils IgE

Test Code: ALLLENEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 74583N Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

ALLLENEz: 0.3(0.2)ml Sü-RF Special Instructions:

> Container Volume (mLs) Age (Y) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Lettuce IgE

Test Code: ALLLETEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2862 Setup: Monday thru Saturday. Report available 1-3 days Turn-around-time:

ALLLETEz: 0.3(0.2)ml Sü-RF Special Instructions:

> Age (Y) Container Volume (mLs)

Revised: June 18, 2020 53



0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Lettuce IgG

Test Code: *ALLLETGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10318
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLLETGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Lime IgE

Test Code: *ALLLIMEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2709
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLLIMEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Lobster IgE

Test Code: ALLLOBEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2855 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLLOBEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Lobster IgG

LABORATORY INFORMATION MANUAL

Test Code: ALLLOBGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38107
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLLOBGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Macademia Nut IgE

Test Code: ALLMACEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38475Z Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLMACEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Malt IgE

Test Code: ALLMALEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2863X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLMALEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Mango Fruit IgE

Test Code: *ALLMGOEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 23860 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLMGOEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Meadow Fescue IgE

Test Code: ALLMFEEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2304
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLMFEEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Melon IgE

Test Code: *ALLMELEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2887 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLMELEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Milk IgE

Test Code: *ALLMILEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2802 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLMILEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Mountain Cedar IgE

Test Code: *ALLMOCEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2506 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLMOCEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)



0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Mucor racemosus IgE

Test Code: *ALLMUREz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2704
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLMUREz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Mugwort IgE

Test Code: *ALLMUGEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2406 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLMUGEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Mushroom IgE

Test Code: *ALLMUSEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8931X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLMUSEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Oak White IgE

LABORATORY INFORMATION MANUAL

Test Code: ALLOAKEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37921X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLOAKEz: 0.3(0.2)ml Sü-RF

> Volume (mLs) <u> Age (Y)</u> <u>Container</u> 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Oat IgE

Test Code: ALLOATEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2807 Setup: Monday thru Saturday. Report available 1-3 days Turn-around-time:

ALLOATEz: 0.3(0.2)ml Sü-RF Special Instructions:

> **Container** Volume (mLs) <u> Age (Y)</u> 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Oat IgG

Test Code: ALLOATGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38131 Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days Turn-around-time:

ALLOATGz: 0.3(0.2)ml Sü-RF Special Instructions:

> Age (Y) Container Volume (mLs) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Olive IgE

Test Code: ALLOLBEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38482 Turn-around-time: Setup: Monday thru Saturday. Report available 1ü]3 days

ALLOLBEz: 0.3(0.2)ml Sü-RF Special Instructions:

> Age (Y) Container Volume (mLs) 1

0-100 Serum Separator Tube

COLLECTION NOTES: REJECTION CRITERIA:

Revised: June 18, 2020 58



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Olive Tree IgE

Test Code: ALLOLVEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2509
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLOLVEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Onion IgE

Test Code: *ALLONIEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2848
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLONIEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Onion IgG

Test Code: *ALLONIGZ* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38123
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLONIGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Orange IgE

Test Code: *ALLORAEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2833 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLORAEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)



0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Orange IgG

Test Code: *ALLORAGZ* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38247
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLORAGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Oyster IgE

Test Code: *ALLOYSEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8932 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLOYSEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Paper Wasp IgE

Test Code: *ALLPWVEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2734
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPWVEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Paprika IgE

LABORATORY INFORMATION MANUAL

Test Code: *ALLPAPEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3047
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPAPEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Pea IgG

Test Code: *ALLPEAGZ* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38127
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLPEAGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Peach IgE

Test Code: *ALLPCHEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8405 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPCHEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Peanut IgE

Test Code: *ALLPNTEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2813
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPNTEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Peanut IgG

Test Code: *ALLPNTGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34679
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLPNTGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Pear IgE

Test Code: *ALLPEREz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8884
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPEREz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Peas IgE

Test Code: *ALLPEAEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 62042N Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPEAEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Pecan Nut IgE

Test Code: *ALLPECEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2864X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPECEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)



0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Penicillium notat Ig

Test Code: *ALLPNCEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2701 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPNCEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Perennial Rye IgE

Test Code: *ALLRYGEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2305 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLRYGEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Phoma betae IgE

Test Code: *ALLPHBEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 6770 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPHBEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Pigeon Feathers IgE

LABORATORY INFORMATION MANUAL

Test Code: ALLPIGEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2616
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPIGEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Pineapple IgE

Test Code: *ALLPINEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3048X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPINEz: 0.3(0.2)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Pistachio IgE

Test Code: *ALLPISEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2726
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPISEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Plum IgE

Test Code: *ALLPLUEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2728
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPLUEz: 0.3(0.2)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Pork IgE

Test Code: ALLPOREZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2826 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPOREz: 0.3(0.2)ml Sü-RF

> Container Volume (mLs) <u> Age (Y)</u> 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Pork IgG

Test Code: ALLPORGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38116 Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days Turn-around-time:

Special Instructions: ALLPORGz: 0.3(0.2)ml Sü-RF

> Age (Y) **Container** Volume (mLs) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Potato IgE

Test Code: ALLPOTEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2835 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

ALLPOTEz: 0.3(0.2)ml Sü-RF Special Instructions:

> Container Volume (mLs) Age (Y) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Potato IgG

Test Code: ALLPOTGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38126 Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days Turn-around-time:

Special Instructions: ALLPOTGz: 0.3(0.2)ml Sü-RF

> Age (Y) Container Volume (mLs)

Revised: June 18, 2020 65



0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Pumpkin IgE

Test Code: ALLPUMZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3051 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPUMz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Red Kidney Bean IgE

Test Code: *ALLRKBEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3052X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLRKBEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Rice IgE

Test Code: ALLRICEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2809
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLRICEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Rice IgG

LABORATORY INFORMATION MANUAL

Test Code: *ALLRICGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38135 Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLRICGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Rough Pigweed IgE

Test Code: ALLPIWEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2414
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLPIWEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Russian Thistle IgE

Test Code: ALLRUTEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2411
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLRUTEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Rye Food IgE

Test Code: ALLRYZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2805 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLRYz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Rye IgG

Test Code: ALLRYGGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38130 Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLRYGGz: 0.3(0.2)ml Sü]RF

> Container Volume (mLs) <u> Age (Y)</u> Serum Separator Tube 0-100 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, S. botryosum IgE

Test Code: ALLSTHEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 6799 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLSTHEz: 0.3(0.2)ml Sü-RF

> Age (Y) **Container** Volume (mLs) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Salmon IgE

Test Code: ALLSALEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2841 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

ALLSALEz: 0.3(0.2)ml Sü-RF Special Instructions:

> Container Volume (mLs) Age (Y) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Salmon IgG

Test Code: ALLSALGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38144 Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days Turn-around-time:

Special Instructions: ALLSALGz: 0.3(0.2)ml Sü-RF

> Age (Y) Container Volume (mLs)

Revised: June 18, 2020 68



0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Scallop IgE

Test Code: *ALLSCAEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 273
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLSCAEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Sesame Seed IgE

Test Code: *ALLSESEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2810X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLSESEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Sesame Seed IgG

Test Code: *ALLSESGZ* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38136
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLSESGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Shrimp IgE

LABORATORY INFORMATION MANUAL

Test Code: ALLSHREZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2824
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLSHREz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Shrimp IgG

Test Code: *ALLSHRGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38108
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLSHRGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Soybean IgE

Test Code: *ALLSOYEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2814
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLSOYEz: 0.3(0.2)ml S -RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Soybean IgG

Test Code: *ALLSOYGZ* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34680 Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLSOYGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Spinach IgE

Test Code: ALLSPIEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3054X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLSPIEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Squid IgE

Test Code: *ALLSQEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2745X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLSQEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Strawberry IgE

Test Code: *ALLSTREz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2844X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLSTREz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Strawberry IgG

Test Code: *ALLSTRGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38561
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLSTRGz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)



0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Sweet Potato IgE

Test Code: *ALLSWPEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2555 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLSWPEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Sycamore IgE

Test Code: *ALLMAPEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2511 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLMAPEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Tea IgE

Test Code: ALLTEAEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 6805 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLTEAEz: 0.3(0.2)ml S -RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Timothy Grass IgE

St.JosephHealth

LABORATORY INFORMATION MANUAL

Test Code: *ALLTIMEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2306 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLTIMEz: 0.3(0.2)ml S -RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Tomato IgE

Test Code: *ALLTOMEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2825 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLTOMEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Tuna IgE

Test Code: ALLTUNEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2840 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLTUNEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Walnut IgE

Test Code: ALLWALEZ CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3489
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLWALEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Walnut Tree IgE

Test Code: ALLWATEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2510 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLWATEz: 0.3(0.2)ml Sü-RF

> Container Volume (mLs) <u> Age (Y)</u> 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Watermelon IgE

Test Code: ALLWAMEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 30755Z Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLWAMEz: 0.3(0.2)ml Sü-RF

> Age (Y) **Container** Volume (mLs) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Western Ragweed IgE

Test Code: ALLWRAEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2402X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

ALLWRAEz: 0.3(0.2)ml Sü-RF Special Instructions:

> Container Volume (mLs) Age (Y) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Wheat IgE

Test Code: ALLWHTEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2804X Setup: Monday thru Saturday. Report available 1-3 days Turn-around-time:

Special Instructions: ALLWHTEz: 0.3(0.2)ml S-RF

> Age (Y) Container Volume (mLs)



0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Wheat IgG

Test Code: *ALLWHTGz* CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 30337
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLWHTGz: 0.3(0.2)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Whey IgE

Test Code: *ALLWHYEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3248
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLWHYEz: 0.3(0.2)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Wh-Faced Hornet IgE

Test Code: *ALLWFHEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2732 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLWFHEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, White Bean IgE

St.JosephHealth

LABORATORY INFORMATION MANUAL

Test Code: *ALLWBNEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2815 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLWBNEz: 0.3(0.2)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Yeast IgE

Test Code: ALLYEAEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2845X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLYEAEz: 0.3(0.2)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Yeast IgG

Test Code: ALLYEAGZ CPT:86001

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 39545
Turn-around-time: Setup: Sunday, Wednesday, Friday. Report avail 1ü-3 days

Special Instructions: ALLYEAGz: 0.3(0.2)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA: LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Yellow Hornet IgE

Test Code: *ALLYHVEz* CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2735X Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLYHVEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:



LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergen, Yellow Jacket IgE

Test Code: ALL YJVEz CPT:86003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2733
Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days

Special Instructions: ALLYJVEz: 0.3(0.2)ml Sü-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY:Room temp: 14 days; Refrig: 14 days; Frozen:

30 days

Allergy, Childhood Panel

Test Code: ALLPCAZ CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10659X Turn-around-time: Setup: Monday thru Saturday. Report available 2-4 days.

Special Instructions: ALLPCAz: 5(2)ml S-RT

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 7

Childhood Allergy (Food and Environmental) Profile

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

CLINICAL SIGNIFICANCE: IgE Allergens tested:

Food: Codfish, Cows Milk, Egg White, Peanut, Shrimp, Soybean,

Walnut & Wheat

Mold: Alternaria alternate, Cladosporium herbarum,

Dermatophagoides farina & Dermatophagoides pteronyssinus, Other: Cat Dander, Dog Dander, Cockroach & Mouse Urine Proteins

Allergy, Food Profile

Test Code: *ALLPFz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10715X Turn-around-time: Setup: Monday thru Saturday. Report available 2-4 days.

Special Instructions: ALLPFz: 2.5(1.5)ml S-RT

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

CLINICAL SIGNIFICANCE: IgE allergens tested:



Egg White, Milk, Codfish, Wheat, Hazelnut, Sesame Seed, Peanut, Soybean, Shrimp, Cashew, Walnut, Scallop, Almond, Salmon, Tuna

Allergy, Respiratory Prof XIV

Test Code: *ALLP14z* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10668X Turn-around-time: Setup: Monday thru Saturday. Report available 2-4 days.

Special Instructions: ALLP14z: 4(2.5)ml S-RT

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

Respiratory Allergy Profile Region XIV

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

CLINICAL SIGNIFICANCE: Region: Calif central valley Alder, Alternaria alternata, Aspergillus fumigatus, Bermuda grass, Birch, Cat dander, Cladosporium herbarum, Cockroach,

Common ragweed (short), Dermatophagoides farina, Dermatophagoides

pteronyssinus, Dog dander, Elm, Mountain cedar, Mouse Urine Proteins, Mugwort, Oak, Olive, Penicillium notatum, Rough pigweed, Russian thistle, Sycamore, Timothy grass, White

mulberry

Allergy, Respiratory Prof XVII

Test Code: *ALLP17z* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10658X Turn-around-time: Setup: Monday thru Saturday. Report available 2-4 days.

Special Instructions: ALLP17z: 5(2.5)ml S-RT

Age (Y)ContainerVolume (mLs)0-100Serum Separator Tube3.5

Respiratory Allergy Profile Region XVII

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days;

Frozen: 30 days

CLINICAL SIGNIFICANCE: Region: Northwestern Calif, Western

Oregon and Washington

Includes Total IgE in addition to IgE antibody testing for: Alder, Alternaria alternata (a mold), Aspergillus fumigatus,

Birch, Cat dander, Cladosporium herbarum, Cockroach, Common

ragweed (short), Cottonwood, Dermatophagoides farina,

Dermatophagoides pteronyssinus, Dog dander, Elm, Maple (box

elder), Mountain cedar, Mouse Urine Proteins, Nettle, Oak,

Penicillium notatum, Rough pigweed, Sheep sorrel, Timothy grass,

Walnut tree, White ash

Alpha 2 Antiplasmin

Test Code: *A2APz* CPT:8541090

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4953

St.JosephHealth

LABORATORY INFORMATION MANUAL

Turn-around-time:

Special Instructions: A2APz: 1 ml PLZ (FRZ)

> <u>Age (Y)</u> Container 0-100 Blue Sodium Citrate

4953

Alpha 2-Antiplasmin

32% Sodium Citrate (It blue-top)

STABILITY: Room Temp: 8 hours; Refrig: 24 hours; Frozen: 14 days

No alternative specimen type available

Alpha Fetopro, Am Fl Ach/HbF

Test Code: AFAFz CPT:82106

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 232Z

Turn-around-time: Setup: 3 days week; Report 2-4 days

Special Instructions: Avo contaminating amniotic fld w/ bld.AFAFz:3(1.5)ml Amfl-Rf

> Container Volume (mLs) Age (Y) 0-100 Amniotic Fluid 10

Alpha-Fetoprotein, Amniotic Fluid with Reflex to AchE and Fetal

Hqb

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES: Gestational age (13-24 weeks) must be provided for

interpretation of results Indicate gestational age, collection date, clinical indications and the AFP and MoM results, if

available, on the test request form

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 21 days;

Frozen: 1 yr

CLINICAL SIGNIFICANCE:

Test components: Alpha-Fetoprotein, Amniotic Fluid with Reflex to

Acetylcholinesterase, Fetal Hemoglobin

Alpha Fetoprotein Tumor Marker

Test Code: AFPTMZ CPT:82105

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 237 Turn-around-time: Setup: Tuesday through Saturday. Report in 1-2 days.

Special Instructions: AFPTMz: 1(0.5)ml S-Rf

> <u>Age (Y)</u> **Container** Volume (mLs) 0-100 Serum Separator Tube 2

COLLECTION NOTES:

REJECTION CRITERIA: Grossly lipemic

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 7 days; Frozen:

CLINICAL SIGNIFICANCE: Elevation of serum AFP above values found in healthy individuals occurs in several malignant diseases, most

notably nonseminomatous testicular cancer and primary

hepatocellular carcinoma AFP is not recommended as a screening

procedure to detect cancer in the general population



Alpha Subunit

Test Code: *ALSUBz* CPT:83519

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8658 Turn-around-time: Setup: Tuesday and Friday. Report in 3-5 days.

Special Instructions: Avoid hemolysis. ALSUBz: 1(0.5)ml S-Rf

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

COLLECTION NOTES:

REJECTION CRITERIA: gross hemolysis, grossly icteric, plasma

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 10 days;

Frozen: 28 days

CLINICAL SIGNIFICANCE: This assay is useful in the diagnosis and

management of various pituitary, placental, pancreatic and hCG-producing tumors The assay can also be useful for investigations where alpha subunit is increased under various physiological stimuli, eg, GnRH stimulation and TRH stimulation

tests

Alternative Name(s):

Glycoprotein Alpha Subunit, Alpha Subunit of the Gonadotropin, Pituitary Glycoprotein Hormone Alpha

Subunit, Gonadotropin Alpha Subunit, Alpha Subunit of Pituitary

Alpha-1 Antitrypsin

Test Code: A1ATz CPT:82103

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 235
Turn-around-time: Setup: Tuesday, Thursday, Saturday. Report in 2-4 days.

Overnight fasting is preferred. A1ATz: 1(0.5)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES: Allow to clot for 20 to 30 minutes Centrifuge

for 10 minutes at 850g

SPECIMEN STABILITY: Room temp: 72 hours; Refrig: 7 days;

Frozen: 90 days

CLINICAL SIGNIFICANCE: Alpha-1-Antitrypsin level may be increased in normal pregnancy and in several diseases including chronic pulmonary disease, hereditary angioedema; renal, cirrhosis, respiratory distress syndrome of the

newborn, nephrosis, malnutrition and cachexia

Alpha-1 Antitrypsin, Mutation

Test Code: *A1ATMz* CPT:81332

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 15340X Turn-around-time: Setup: Monday, Wednesday, Friday. Report in 5-8 days.

Special Instructions: A1ATMz: 5(2.0)ml WB-RT

Age (Y) Container Volume (mLs)

0-100 Lavender Ambient 6

St.JosephHealth

LABORATORY INFORMATION MANUAL

COLLECTION NOTES:

REJECTION CRITERIA: Received frozen

LAB NOTES:

SPECIMEN STABILITY: Room temp: 8 days; Refrig: 8 days

Frozen: Unacceptable

CLINICAL SIGNIFICANCE: Individuals who carry two copies (homozygous) for the Z allele are at a higher risk to develop

liver disease and emphysema

Alpha-1 Antitrypsin, Qnt&Phen

Test Code: AAPz CPT:

Dept: Reference Prefix: Z Ouest Diagnostics Nichols Inst 39521X Setup:Quant Tue, Thur, Sat. Report 2-4 days. Pheno: Mon, Wed, Fri. Turn-around-time:

Overnight fasting is preferred. A1ATPHz: 2(0.6)ml S-Rf Special Instructions:

> Volume (mLs) Age (Y) Container

0-100 Serum Separator Tube 2

COLLECTION NOTES:

REJECTION CRITERIA: Specimen at room temperature

LAB NOTES:

SPECIMEN STABILITY: Room temp: N/A; Refrig: 7 days; Frozen: 30

davs

CLINICAL SIGNIFICANCE: Decreased or absent serum levels of alpha

1-antitrypsin, a protease inhibitor (Pi), may be found in some patients with early-onset emphysema and childhood cirrhosis Genetic typing of Pi shows that normal individuals have 2 M genes, Pi type MM, and normal alpha-1-antitrypsin levels Individuals who have the phenotype ZZ, or SS, or SZ, have no, or very low, levels of alpha-1-AT MS and MZ heterozygotes have indeterminate levels of alpha-1-AT It is uncertain whether these

individuals have abnormalities of lung function

ALPHA-FETOPROTEIN MATERNAL

Test Code: AFPMz CPT:8210590 Dept: Reference Non Interfaced Blood Prefix: ZB

Turn-around-time:

Special Instructions: 4 mL SST *

> Container <u>Age (Y)</u> 0-100 Serum Separator Tube

ALPHA FETOPROTEIN (AFP) MATERNAL:

PROCESSING:

SPIN SPECIAL 4ML-SST TUBE AND SEND UNOPENED TO STATE

REQUIRES SPECIAL FORM SUPPLIED BY MD OFFICE

MNE:AFPMz

Billing: Hospital sends insurance information with specimen to NSURL / NQURL Information is entered in their system They provide a report of testing performed with billing information to

the state CA State bills patient directly

Alprazolam (Xanax)

Test Code: ALPRAz CPT:80154

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4741X

St. Joseph Health

LABORATORY INFORMATION MANUAL

Turn-around-time:

Special Instructions: 2 mL S PROT LIGHT AMB *

Age (Y) Container

0-100 Blue Dark Prot-Light

4741X

Alprazolam (21592)

Serum

No additive (dark blue-top); Red-top (no gel); EDTA

(lavender-top); Sodium heparin (green-top)

2 mL

Room Temp: 72 Hours , Refrig: Not Established , Frozen: Not

Established

Ship room temperature

Wrap tube in aluminum foil to protect from light

Aluminum

Test Code: *ALUMz* CPT:82108

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 2958

Turn-around-time: Setup: Monday, Wednesday, Saturday. Report available 1-4 day

Special Instructions: See Collection Notes. ALUMz: 2(0.7)mL S-Rt

Age (Y) Container Volume (mLs)
0-100 Royal Blue TM Serum 2

COLLECTION NOTES: Draw one royal blue top (no additive or EDTA) tube of blood and discard Draw second royal blue top tube Allow

to clot in an upright position REJECTION CRITERIA:

LAB NOTES: Centrifuge and pour (do not pipette) the serum or

plasma into an acid washed or metal-free vial

SPECIMEN STABILITY: Room temp: 4 days; Refrig: 14 days; Frozen: 30 days

CLINICAL SIGNIFICANCE: Individuals undergoing hemodialysis are at

risk for aluminum toxicity Prolonged accumulation may cause anemia, encephalopathy, and vitamin D-resistant osteomalacia Also, workers exposed to high levels or to long-term low levels

of aluminum dust are at increased risk of toxicity

Specimen Requirements: 2 mL (07 mL minimum) serum collected in a

no additive (royal blue-top) trace element tube

Amino Acid Analysis, Plasma

Test Code: AMNZ CPT:82139

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 767X
Turn-around-time: Setup: Monday thru Saturday. Report available 5-6 days.
Special Instructions: Collect at least 4 hrs after meal. AMNz: 2(0.25)mL P-Fz

Age (Y) Container Volume (mLs)
0-100 Green Frozen 4

COLLECTION NOTES: Collect plasma specimens after an overnight

fast (or a least 4 hours after a meal) Non-fasting samples are

acceptable for pediatric patients

REJECTION CRITERIA: Specimen at room temperature or hemolysis LAB NOTES: Plasma should be separated from cells as soon as



possible after collection Freeze plasma Patient age is

required for correct reference range

SPECIMEN STABILITY: Room temp: N/A; Refrig: 7 days; Frozen: 30

days

CLINICAL SIGNIFICANCE: Amino acids serve many functions including as building blocks for proteins, neurotransmitters, precursors to hormones, and enzyme co-factors More than 70 disorders of amino acid metabolism have been described The clinical manifestations

of these disorders are diverse

Amino Acid Analysis, Ur by LCMS

Test Code: *AMUz* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 36183X

Turn-around-time: Setup: Mon, Wed and Fri. Report available 6-9 days

Special Instructions: AMUz: 2(0.5)mL UR-Fz

Age (Y) Container Volume (mLs)
0-100 Urine Frozen 1

COLLECTION NOTES: No preservative

REJECTION CRITERIA: Specimen at room temperature Preservative

used Urine with pH less than 20 will be rejected

LAB NOTES: Patient age and sex is required for correct reference range and interpretation SPECIMEN STABILITY: Room temp: N/A;

Refrig: 7 days; Frozen: 30 days

CLINICAL SIGNIFICANCE: Amino acid analysis is necessary for the

diagnosis of a variety of inborn errors of metabolism These include, but are not limited to, phenylketonuria, tyrosinemia, citrullinemia, non-ketotic hyperglycinemia, maple syrup urine disease, and homocystinuria The assay is also key for the continued monitoring of treatment plans for these disorders and

useful for assessing nutritional status of patients Our

methodology is highly accurate at very low levels as well as at

elevated levels

Amiodarone

Test Code: *AMIOz* CPT:82492

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36721
Turn-around-time: Setup: Tuesday, Thursday, Saturday. Report available 2 days.

Special Instructions: No gel tubes. AMIOz: 3(1)ml S-Rf

Age (Y) Container Volume (mLs)

0-100 Red (No Gel) 3

ALTERNATE CONTAINERS: Plasma, green or lavender

COLLECTION NOTES: REJECTION CRITERIA: Gel

LAB NOTES: Centrifuge and Immediately separate serum from cells SPECIMEN STABILITY: Room temp: 2 days; Refrig: 4 days; Frozen:

30 davs

CLINICAL SIGNIFICANCE: Amiodarone is an antiarrythmic drug Therapeutic drug monitoring is useful to monitor compliance and

avoid toxicity

Amitriptyline

Test Code: *AMITz* CPT:80152



Prefix: Z Quest Diagnostics Nichols Inst 423 Dept: Reference Setup: Tuesday thru Saturday. Report available 2-4 days. Turn-around-time: No gel tubes. See Collection Notes. AMITz: 3(1.5)ml S-Rt Special Instructions:

> Container Volume (mLs) Age (Y) 0-100 Red (No Gel)

ALTERNATE CONTAINERS: Plasma, green or lavender

COLLECTION NOTES: Collect at steady-state trough concentrations

Specimen should be collected 12 hours after dose

REJECTION CRITERIA: Gel, specimen frozen, gross hemolysis

LAB NOTES:

SPECIMEN STABILITY: Room temp: 5 days; Refrig: 7 days; Frozen:

CLINICAL SIGNIFICANCE: The tricyclics are used to treat

depression Nortriptyline is an active metabolite of

Amitriptyline Therapeutic drug levels are monitored to assist the physician assessing therapeutic response and to avoid

toxicity

Ammonia

Test Code: AMMON CPT:82140

Dept: Chemistry Prefix: C

Turn-around-time:

Special Instructions: PLACE TUBES ON ICE. SEE COLLECTION NOTES.

> Container Volume (mLs) Age (Y) 0-100 Green Li Heparin on ICE 0.5

COLLECTION NOTES: Do NOT use tourniquet if possible as it may

elevate ammonia levels

Place ice inside a biohazard bag and seal the bag Place specimen in outside pocket of the bag Place this bag in another biohazard bag and seal outer bag DO NOT: place specimen directly on ice or

inside gloves Deliver to Lab immediately REJECTION CRITERIA: Specimen not on ice

LAB NOTES: Analyze within 30 minutes after centrifugation, and

tubes must be tightly stoppered at all times

Amylase

Test Code: AMY CPT:82150

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs) 0-100 Green Li Heparin PST 0.5

Amylase, 24hr Ur Quant

Test Code: AMYU24 CPT:82150 Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Special Instructions: AMYU24 - Keep refrigerated during collection

> Age (Y) Container



0-100 24 Hour Urine Container

CPT: 82150

Amylase, Isoenzymes

Test Code: *AMISz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 845 Turn-around-time: Setup: Tuesday thru Saturday. Report available 2-4 days.

Special Instructions: AMISz: 1(0.5)ml S-Rt

Age (Y) <u>Container</u> <u>Volume (mLs)</u>

0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 30 days; Frozen:

30 days

CLINICAL SIGNIFICANCE: Amylase is produced primarily in the pancreas and salivary glands Isoenzymes may be used to determine

the source of an elevated amylase concentration

Amylase, Ur

Test Code: *AMYLU* CPT:82150 Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Urine Sterile Cup 0.5

Anaplasma phagocytophilum PCR

Test Code: *APPCRz* CPT:8779890

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17320 Turn-around-time: Setup: Monday thru Saturday. Report available 1-3 days.

Special Instructions: APPCRz: 0.7(0.3) ml WB-RF

Age (Y) Container Volume (mLs)
0-100 Lavender 4.5

ALTERNATE SPECIMENS: Tick in a sterile tube

COLLECTION NOTES:

REJECTION CRITERIA: frozen

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 48 Hours; Refrig: 7 Days;

Frozen: not applicable

CLINICAL SIGNIFICANCE: Human granulocytic ehrlichiosis (HGE) DNA PCR is a highly sensitive and specific method to detect the agent

responsible for HGE, ehrlichia equi and ehrlichia

phagocytophilia This assay does not recognize sequences for the human ehrlichial pathogen ehrlichia chaffeensis The diagnosis of HGE infection should be considered in conjunction with clinical

presentation and additional established clinical tests

A negative PCR result indicates the absence of HGE at detectable levels in the sample tested and does not exclude the diagnosis of



disease

ANCA Screen

Test Code: ANCAz CPT:86021

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 70171X Turn-around-time: Setup: Monday thru Saturday. Report available 3-5 days.

Special Instructions: ANCAz: 1(0.5) mL S-REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 7 Days ; Refrig: 14 Days ; Frozen:

30 Days

INCLUDES: If ANCA Screen is positive, C-ANCA Titer and/or P-ANCA

Titer, and/or atypical P-ANCA Titer will be performed at an additional charge (CPT code(s): 86021 for each titer performed) CLINICAL SIGNIFICANCE: Testing for anti-neutrophil cytoplasmic antibodies (P-ANCA and/or C-ANCA and/or atypical P-ANCA) has been

found to be useful in establishing the diagnosis of suspected vascular diseases, inflammatory bowel disease, as well as other

autoimmune diseases

ANCA Screen, MPO/PR3 wRFLX

Test Code: *PANCAz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 70159X Turn-around-time: Setup: Monday thru Saturday. Report available 3-5 days.

Special Instructions: PANCAz: 2(0.8) ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 7 Days; Refrig: 14 Days;

Frozen: 30 days

INCLUDES: ANCA Screen with Reflex to ANCA Titer, Myeloperoxidase

Ab (MPO), Proteinase-3 Antibody

If ANCA Screen is positive, C-ANCA Titer and/or P-ANCA Titer and/or atypical P-ANCA Titer will be performed at an additional

charge (CPT code(s): 86021 for each titer performed)

CLINICAL SIGNIFICANCE: Testing for anti-neutrophil cytoplasmic antibodies (P-ANCA and/or C-ANCA) has been found to be useful in

establishing the diagnosis of suspected vascular diseases,

inflammatory bowel disease, as well as other autoimmune diseases

Androstenedione

Test Code: *ANDRz* CPT:82157

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17182

Turn-around-time:

Special Instructions: NO GEL TUBES. ANDRz:1(0.25)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 4



SPECIMEN STABILITY: Room temp: 14 days; Refrig: 29 days; Frozen:

2 years

Androstenedione

Test Code: ANDRZ CPT:82157

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17182

Turn-around-time:

Special Instructions: NO GEL TUBES. ANDRz:1(0.25)ml S-Rf

Age (Y) <u>Container</u> <u>Volume (mLs)</u>

0-100 Red (No Gel) 4

ALTERNATE CONTAINERS: Lavender, Royal blue and green tubes

REJECTION CRITERIA: Gel in specimen container

LAB NOTES:

Angiotensin Converting Enz, CSF

Test Code: ACECSZ CPT:82164

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 34692 Turn-around-time: Setup: Tuesday thru Saturday. Report available 1-2 days.

Special Instructions: ACECSz: 1(0.2)ml CSF-Fz

Age (Y) Container Volume (mLs)
0-100 Sterile Vial/Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 4 days; Refrig: 7 days; Frozen:

60 days

CLINICAL SIGNIFICANCE: This test is useful in diagnosing patients

with sarcoidosis involving the central nervous system and

meninges

Angiotensin Converting Enzyme

Test Code: *ACEz* CPT:82164

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 683
Turn-around-time: Setup: Tuesday thru Saturday. Report available 1-2 days.

Special Instructions: ACEz: 1(0.2)ml S-Rf

Age (Y)ContainerVolume (mLs)0-100Serum Separator Tube0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES: Centrifuge refrigerated within 1 hour of collection

Separate serum from clot

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 7 days; Frozen:

60 days

CLINICAL SIGNIFICANCE: This test is useful in evaluating patients presenting with sarcoidosis, Gauchers disease and lymphoangiomyomatosis in that the enzyme is increased in these clinical settings

_



Antibody Identification ABID

Test Code: *ABID* CPT:86870 Dept: Blood Bank Testing Prefix: BB

Turn-around-time:

Age (Y) 0-100

Antibody Screen

Test Code: *ABS* CPT:86850
Dept: Blood Bank Testing Prefix: BB
Turn-around-time: Result Pending

Age (Y) 0-100

Antidepressant Panel, Urine

Test Code: *ANTIDEz* CPT:8010190

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 30708

Turn-around-time: Setup: Monday thru Saturday. Report available 2-3 days.

Special Instructions: ANTIDEz: 5(1.0) ml U-RT

Age (Y) Container Volume (mLs)
0-100 Sterile Cup (MIC) 1

COLLECTION NOTES: No preservative

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 5 Days; Refrig: 7 Days;

Frozen: 30 days

INCLUDES: Amitryptyline, Nortriptyline, Imipramine, Desipramine,

Doxepin, Clomipramine and Fluoxetine

Antifungal Itraconazole Level

Test Code: *ITRAz* CPT:82492

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 94092 Turn-around-time: Setup: Monday, Wednesday, Friday. Report available 1-3 days.

Special Instructions: No gel tubes. ITRAz: 2(1)ml S-Rf

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 2

COLLECTION NOTES: REJECTION CRITERIA: Gel

LAB NOTES:

SPECIMEN STABILITY: Room temp: 3 days; Refrig: 14 days; Frozen:

30 davs

CLINICAL SIGNIFICANCE: The antifungal drug itraconazole is active in the treatment of aspergillosis, blastomycosis, histoplasmosis, sporotrichosis, and onychomycosis It is a protein-bound drug and thus has negligible CSF penetration It may also be utilized in the treatment of systemic candidiasis and cryptococcosis, especially when other drugs are contraindicated



or ineffective The chronic nature of fungal infections demands constant monitoring of itraconazole levels within a patient to ensure that adequate therapeutic levels of the drug are administered, absorbed and subsequently excreted

Antiphospholipid Ab Panel

Test Code: APHz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 14890X Turn-around-time: Setup: Varies. See Clinical Significance in user notes.

Special Instructions: ASEz: 5(3)ml S-RF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 7

COLLECTION NOTES:

REJECTION CRITERIA: Hemolyzed, gross lipemia

LAB NOTES: For extended stability , centrifuge within one hour

of collection

SPECIMEN STABILITY: Room Temp: 4 days; Refrig, 7 days, Frozen:

28 days

CLINICAL SIGNIFICANCE: Beta-2-Glycoprotein 1, apolipoprotein H, is a cofactor in antiphospholipid antibody binding and is the critical antigen in the antiphospholipid antibody syndrome Beta-2-Glycoprotein 1 Antibody is more specific than Cardiolipin Antibody that may express reactivity in patients with syphilis

and other infectious diseases

Phosphatidylserine antibody is used to assist in the diagnosis, management, and possible prevention of thrombotic complications as part of the Phospholipid Syndrome The Antibody Panel provides a more specific measurement of antibodies useful in the

confirmation of Antiphospholipid Syndrome Set up: Sun-Fri; Report available: 2-3 days

Cardiolipin antibodies (CA) are seen in a subgroup of patients with autoimmune disorders, particularly systemic lupus erythematosus (SLE), who are at risk for vascular thrombosis, thrombocytopenia, cerebral infarct and/or recurrent spontaneous abortion Elevations of CA associated with increased risk have also been seen in idiopathic thrombocytopenic purpura, rheumatoid

and psoriatic arthritis, and primary Sj grens syndrome

Apolipoprotein A1

Test Code: *ALOPAz* CPT:82172

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 5223

Turn-around-time: Setup: Tuesday and Friday. Report available 3-7 days.

Special Instructions: ALOPAz: 1(0.5)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1.5

COLLECTION NOTES:

REJECTION CRITERIA: Grossly lipemic

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 7 days; Refrig: 10 days;

Frozen: 90 days

CLINICAL SIGNIFICANCE: Apolipoprotein A1 is the primary protein associated with HDL cholesterol Like HDL cholesterol, increased concentrations are associated with reduced risk of cardiovascular



disease

Apolipoprotein A1 & B

Test Code: *APOA1Bz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 7018
Turn-around-time: Setup: Monday through Saturday. Report available 1-2 days.

Special Instructions: APOA1Bz: 1(0.5)ml S-RT

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES:

REJECTION CRITERIA: Grossly lipemic

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 10 days; Frozen:

90 days

CLINICAL SIGNIFICANCE: Apolipoprotein A1 is the primary protein associated with HDL cholesterol Like HDL cholesterol, increased concentrations are associated with reduced risk of cardiovascular disease Apolipoprotein B-100 is the primary protein associated with LDL cholesterol and other lipid particles Like LDL cholesterol, increased concentrations are associated with increased risk of cardiovascular disease The ratio of these two apolipoproteins correlates with risk of cardiovascular disease

Apolipoprotein B

Test Code: *APOLBz* CPT:82172

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 5224
Turn-around-time: Setup: Monday through Saturday. Report available 1-2 days.

Special Instructions: APOLBz:1(0.5)S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES:

REJECTION CRITERIA: grossly lipemic

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 7 days; Refrig: 10 Days;

Frozen: 90 days

CLINICAL SIGNIFICANCE: Apolipoprotein B (APO B) has been reported to be a powerful indicator of CAD In some patients with CAD, APO B is elevated even in the presence of normal LDL cholesterol

Arginine Vasopressin

Test Code: ARGZ CPT:84588

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 252X Turn-around-time: Setup:Tuesday,Thursday,Saturday.Report available 5-6 days.

Special Instructions: Prechill tube. Keep on ice. ARGz: 4(2.5)ml S-FZ

Age (Y) Container Volume (mLs)
0-100 Lavender Ice 1.5

COLLECTION NOTES: Draw blood in a pre-chilled lavender-top

tube and keep tube chilled

REJECTION CRITERIA: received not frozen LAB NOTES: Centrifuge and freeze immediately



SPECIMEN STABILITY: Room Temp: 1 Hour; Refrig: 6 Hours;

Frozen: 6 months;

CLINICAL SIGNIFICANCE: Antidiuretic Hormone (also called ADH or Vasopressin) regulates water reabsorption in the kidney, reducing diuresis and increasing blood volume and pressure The syndrome of inappropriate release of ADH (SIADH) occurs with neoplasia, pulmonary disorders (eg, pneumonia and tuberculosis), CNS disorders, and with specific drugs

Alternative Name(s)

ADH, Vasopressin, AVP, Antidiuretic Hormone

Arsenic, Bld

Test Code: ARSBz CPT:82175

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 269

Turn-around-time:

Special Instructions: 4 mL WB REF *

> Container Volume (mLs) Age (Y) 0-100 Royal EDTA 2

269

Arsenic, Blood Whole blood

EDTA (royal blue-top); Sodium heparin (royal blue-top)

Room Temp: 10 Days , Refrig: 10 Days , Frozen: Unacceptable

Ship room temperature

Avoid worksite collection Tests performed on a specimen submitted in a non-trace element tube or non acid washed/non metal free container may not accurately reflect the patients level If a non-trace element tube/container is received, it will be accepted for testing However, elevated results shall be reported with a message that a re-submission with a trace element tube/container is recommended Carefully clean skin prior to venipuncture Avoid seafood consumption for 48 hours prior to

sample collection

Aspartate Amino Transferase

Test Code: AST CPT:84450 Dept: Chemistry Prefix: C

Turn-around-time:

Container Volume (mLs) Age (Y)

0-100 Green Li Heparin PST 1

Aspergillus Antibodies, Serum

Test Code: ASPAz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 20341X

Turn-around-time: Setup: Tues thru Sat. Report available 3-6 days.

ASPAz: 1(0.1)ml S-RF Special Instructions:

> Volume (mLs) <u>Age (Y)</u> **Container** 0-100 Serum Separator Tube Ambient 3.5

COLLECTION NOTES:



REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 7 Days ; Refrig: 14 Days ;

Frozen: 30 days

CLINICAL SIGNIFICANCE: Aspergillus is a group of molds Aspergillosis ranges in severity and includes allergy-type illness, allergic bronchopulmonary aspergillosis, aspergillous sinusitis, aspergilloma, and invasive aspergillosis Infection is more common in patients who are immunocompromised Earlier

diagnosis contributes to effective medical treatment

Aspergillus Antigen, Serum

Test Code: AAGZ CPT:87305

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 14950 Turn-around-time: Setup: Tuesday and Friday. Report available 1-4 days.

Special Instructions: AAGz:2(1.0)ml S-RF

> Age (Y) Container Volume (mLs) 0-100 Serum Separator Tube

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room Temp: Unacceptable; Refrig: 5 days;

Frozen: 5 months at -70

CLINICAL SIGNIFICANCE: The Aspergillus EIA is used for the detection of galactomannan antigen in serum The Aspergillus EIA is an aid in the early diagnosis of invasive aspergillosis This assay is to be used and test results interpreted in conjunction with other conventional diagnostic procedures such as microbiological culture, histologic examination of biopsy samples

and other signs and symptoms for detection of Aspergillus

infection

B. pertussis IgG Ab

Test Code: BPGABZ CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17826

Turn-around-time:

Special Instructions: Serum Separator Tube 1 mL R(REF)

> Age (Y) Container Volume (mLs) 0-100 2

Serum Separator Tube

17826X

Bordetella pertussis IgG Antibodies, MAID (42250)

Serum

Red-top (no gel); SST (red-top/plastic)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature

B. pertussis IgG, IgA Abs

Test Code: BTGAz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17825

Turn-around-time: Setup: Mon to Fri. Reports in 1-4 days.

BTGAz: 1(0.5)ml S-RF Special Instructions:



Volume (mLs) <u> Age (Y)</u> Container

0-100 Serum Separator Tube 2

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 7 Days ; Refrig: 14 Days

Frozen: 30 days

CLINICAL SIGNIFICANCE: Antibody levels above the reference range

are highly suggestive of recent infection or vaccination

B. pertussis/parapertus PCR

Test Code: BPERz CPT:

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 11365X

Turn-around-time: Setup: Daily reports in 2-3 days.

See Collection Notes. BPERz: NP Swab-RF Special Instructions:

> Age (Y) Container Volume (mLs) 0-100 Nasopharyngeal Swab (MIC) 1

COLLECTION NOTES: NP Swab in Amies collection tube NP Aspirate

in sterile tube also accepted

REJECTION CRITERIA: Specimen in gel Amies

LAB NOTES:

SPECIMEN STABILITY: Room temp: N/A Refrig: 7 days;

Frozen: 30 days

CLINICAL SIGNIFICANCE: Bordetella pertussis is the cause of whooping cough that may occur in unimmunized individuals B parapertussis is a related organism that causes a similar but milder disease Laboratory diagnosis may require both culture and

serological confirmation although culture is difficult

B. pertussis/parapertus Smear

Test Code: BPERSz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34966

Turn-around-time:

Slide; T(AMB) * Special Instructions:

> Age (Y) Container Volume (mLs)

0-100 Slide 1

34966

Bordetella pertussis/parapertussis Smear, DFA Nasopharyngeal slide; Nasopharyngeal swab

Glass Slide; eSwab Transport System;

Nasopharyngeal swab Glass Slide Room Temp: 7 Days , Refrig: 7

Days , Frozen: Unacceptable ;

eSwab Transport System: Room Temp: 48 Hours , Refrig: 48 Hours ,

Frozen: Unacceptable

Ship room temperature; Ship room temperature

Preferred specimen is nasopharyngeal swab collected in ESwab

Mini-tip transport system (blue-cap) Mini-tip swabs with

flexible shafts must be used to obtain nasopharyngeal specimens Alternatively, two (2) air-dried slides with one or two smears on each, prepared from a nasopharyngeal swab or aspirate, packaged



in slide carrier is acceptable Single slides will only be stained for B pertussis Amies or Stuart transport without charcoal can also be used Note that Amies or Stuart are not acceptable for culture Transport temperature refrigerated (Cold-Pak) is preferred

B2 Microglobulin, Serum

Test Code: B2Mz CPT:82232

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 852
Turn-around-time: Setup: Monday thru Thursday. Report available 3-7 days.

Overnight fasting preferred. B2Mz: 1(0.5) ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION INSTRUCTIONS:

REJECTION CRITERIA: Hemolysis, lipemia

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 5 Days; Refrig: 7 Days;

Frozen: 30 Days

CLINICAL SIGNIFICANCE: Beta-2-microglobulin normally passes through the glomerulus into the proximal tubule where much of it is reabsorbed Serum levels are therefore an index of glomerular function When impaired, serum levels rise in inverse ratio to

glomerular filtration rate Increased amounts of

beta-2-microglobulin are excreted in several renal disorders, eg, Balkan nephropathy, heavy metal poisoning and renal tubular

disease due to therapeutic agents Serial levels of

beta-2-microglobulin in serum and urine are used to evaluate

transplant viability and anticipate rejection Following a

successful graft, serum levels decline toward normal Increasing serum levels provide an early sign of rejection Elevated levels are also noted in lymphproliferative disorders, neoplasms

(malignant and benign), inflammatory disease, and autoimmune diseases such as systemic lupus erythematosus (SLE) and Sj grens

disease

Bartonella Ab, IgG,M

Test Code: *BARz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34251X

Turn-around-time: Setup: 3 days a week. Report available 1-2 days.

Special Instructions: BARz: 1(0.2)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 2

COLLECTION INSTRUCTIONS:

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 4 Days; Refrig: 5 Days;

Frozen: 30 Days

CLINICAL SIGNIFICANCE: Includes

Bartonella henselae IgG, IgM; Bartonella quintana IgG, IgM If B henselae (IgG) screen is positive, the B henselae (IgG) titer will be performed at an additional charge (CPT code(s):

86611)



If B quintana (IgG) screen is positive, the B quintana (IgG) titer will be performed at an additional charge (CPT code(s): 86611)

If B henselae (IgM) screen is positive, the B henselae (IgM) titer will be performed at an additional charge (CPT code(s): 86611)

If B quintana (IgM) screen is positive, the B quintana (IgM) titer will be performed at an additional charge (CPT code(s): 86611)

BBK Antibody (Immune) Titer

Test Code: *TITER* CPT:86886

Dept: Blood Bank Ref/Misc Testing Prefix: BZ

Turn-around-time: Results Pending

Age (Y) 0-100

BCR-ABL1 Kinase Domain Mutat

Test Code: BCRKz CPT:8140390

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16876

Turn-around-time:

Special Instructions: BCRKz: Lavender Top 6 mL R(REF)*

Age (Y) Container
0-100 Lavender

16876

BCR-ABL1 Kinase Domain Mutation, 35-Nucleotide Insertion

Whole blood (See Collection Instructions)

Bone Marrow - See Collection Instructions

6 mL

Room Temp: 72 Hours , Refrig: 72 Hours , Frozen: Unacceptable

Ship Refrigerated

Preferred sample type is whole blood Bone marrow is acceptable INSTRUCTION: Collect 6 mL of whole blood or 3 mL bone marrow in lavender-top (EDTA) tube Whole blood or bone marrow is shipped refrigerated Do not freeze whole blood or bone marrow After collection of the sample, draw date and time, as well as sample type, must be written on the tube and included as requested information Ship sample immediately due to short stability of 72 hours If the stability of the sample cannot be determined, delay in result or cancellation of test may occur

Beta HCG, Quantitative

Test Code: *HCGQ* CPT:84702

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.



Beta HCG, Quantitative

Test Code: *HCGONT* CPT:84702

Dept: Chemistry

Prefix: C

Turn-around-time:

Age (Y) Container

0-100 Green Li Heparin PST

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

Beta-2 Glyco Abs IgG, IgA, IgM

Test Code: **B2Gz** CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 30340X

Turn-around-time:

Special Instructions: 3 mL PL REF *

 Age (Y)
 Container
 Volume (mLs)

 0-100
 Blue Sodium Citrate
 2.70000004768

37198

30340X

Beta2-Glycoprotein I Antibodies (IgG, IgA, IgM)

Plasma

32% Sodium Citrate (It blue-top); Red-top (no gel); SST

(red-top/glass); SST (red-top/plastic)

3 mL

Room Temp: 5 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature

Centrifuge light blue-top tube 15 minutes at approx 1500 g within 60 minutes of collection Using a plastic pipette, remove plasma, taking care to avoid the WBC/platelet buffy layer and place into a plastic vial Centrifuge a second time and transfer platelet-poor plasma into a new plastic vial Plasma must be free of platelets (<10,000/mcl) Centrifuge red top tube 15 minutes at approx 1500 g within 24 hours of collection

Beta-2 Transferrin

Test Code: *B2TFz* CPT:86335

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 10640

Turn-around-time: Setup: Monday thru Friday; Reports next day.

Special Instructions: B2TFz: 0.5(0.2) ml FL-RT

 Age (Y)
 Container
 Volume (mLs)

 0-100
 Sterile Cup (MIC)
 0.29999999999

 999999
 9999999

COLLECTION INSTRUCTIONS: Submit 05 ml body fluid (nasal,

otic,etc) in a sterile, leak-proof container REJECTION CRITERIA: CSF specimens

LAB NOTES:

SPECIMEN STABILITY: Room temp: 30 days; Refrig: 30 days;

Frozen: 30 days

CLINICAL SIGNIFICANCE: The presence of Beta-2 Transferrin in nasal or ear fluid, or in wound drainage following head trauma, surgery or from tumors or congenital malformation, clearly indicates CSF leaking into these passages or fluids creating a

St. Joseph Health

LABORATORY INFORMATION MANUAL

pathway for life-threatening central nervous system infection

Beta-Hydroxybutyric Acid

Test Code: *BOHB* CPT: Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 2

Bile Acids, Total

Test Code: *BILETz* CPT:82239

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 14801

Turn-around-time:

Special Instructions: 0.5 mL S REF *

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

14801

Bile Acids, Total (780)

Serum

SST (red-top/glass); SST (red-top/plastic)

05 mL

Room Temp: Unacceptable , Refrig: 7 Days , Frozen: Indefinite

Ship refrigerated

Centrifuge within 1 hour Fasting for at least 8 hours is

<u>requirea</u>

Bile Acids, Total & Fract

Test Code: *BILEz* CPT:83789

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4668X

Turn-around-time: Setup: Sun thru Friday. Reports in 3-5 days

Special Instructions: Overnight fasting preferred. BILEz: 1(0.2)ml S-RF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

COLLECTION INSTRUCTIONS:

REJECTION CRITERIA:

LAB NOTES: centrifuge sample and pour off serum into a

transport tube

SPECIMEN STABILITY: Room Temp: 14 days ; Refrig: 21 days

Frozen: 30 days

CLINICAL SIGNIFICANCE: Bile acids are formed in the liver, from cholesterol, stored and concentrated in the gallbladder, and excreted into the intestines in response to food Elevated concentrations often suggest impaired hepatic clearance due to liver disease Patients with intestinal malabsorption and metabolic disorders such as Gilberts disease do not exhibit

elevated bile acids concentrations

Bilirubin Neonatal Panel

St.JosephHealth

LABORATORY INFORMATION MANUAL

Test Code: BILNP Dept: Chemistry

CPT: Prefix: C

Turn-around-time:

Age (Y) Container 0-100 Green Li Heparin PST

Bilirubin Total

Test Code: TBIL CPT:82247

Dept: Chemistry

Prefix: C

Turn-around-time:

Volume (mLs) <u>Age (Y)</u> **Container** 1

0-100 Green Li Heparin PST

Bilirubin Total & Direct

Test Code: BILTD CPT: Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container

0-100 Green Li Heparin PST

Bilirubin, Direct

CPT:82248 Test Code: **DBILI**

Dept: Chemistry Prefix: C

Turn-around-time:

Container <u> Age (Y)</u> Volume (mLs)

Green Li Heparin PST 0-100 1

BK Vir DNA Qual RT PCR, PI

Test Code: BKVQLz CPT:87798

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 11351

Turn-around-time:

Special Instructions: 0.7 mL; 0.7 mL; 0.7 mL PL or S or WB REF

> Age (Y) Volume (mLs) **Container**

0-100 3 Lavender

11351

BK Virus DNA, Qualitative Real-Time PCR, Plasma (48900)

Plasma; Serum; Whole blood

EDTA (lavender-top); ACD solution A (yellow-top); ACD solution B (yellow-top); Red-top (no gel); EDTA (lavender-top); ACD solution

A (yellow-top); ACD solution B (yellow-top)

07 mL; 07 mL; 07 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days ; Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days ; Room Temp: 48

Hours , Refrig: 8 Days , Frozen: Do Not Freeze



Ship refrigerated; Ship refrigerated; Ship refrigerated

BK Vir DNA Qual RT PCR, Ur

Test Code: *BKVURz* CPT:87798

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 16553X

Turn-around-time:

Special Instructions: 0.7 mL R UR REF

Age (Y) Container Volume (mLs)

1

0-100 Urine Sterile Cup

16553X

BK Virus DNA, Qualitative Real-Time PCR, Urine (48901)

Random urine

Sterile leak-proof container

07 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship frozen

BK Vir DNA RT-PCR

Test Code: *BKVz* CPT:87799

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 11274

Turn-around-time:

Special Instructions: Lavender PL WB 0.7 mL; 0.7 mL; 0.7 mL R(REF)

Age (Y) Container Volume (mLs)
0-100 Lavender 6

11274

BK Virus DNA, Quantitative Real-Time PCR, Plasma (47900)

Plasma; Serum; Whole blood - Ship refrigerated

EDTA (lavender-top); ACD solution A (yellow-top); ACD solution B (yellow-top); SST (red-top/plastic); SST (red-top/glass); EDTA (lavender-top); ACD solution A (yellow-top); ACD solution B

(yellow-top)

07 mL; 07 mL; 07 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days

Blastomyces Antibody

Test Code: *BTABSz* CPT:86612

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 933X

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

933X

Blastomyces Antibody, Complement Fixation, Serum (40180)

Serum

Red-top (no gel); SST (red-top/plastic)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature

Bld Ur Nitrgn Dialysis T-Group

St.JosephHealth

LABORATORY INFORMATION MANUAL

Test Code: BUNDT

Dept: Chemistry

CPT:84520

Prefix: C

Turn-around-time:

Age (Y) Container Green Li Heparin PST 0-100

Blood Culture

Test Code: BC CPT: Prefix: BC Dept: Blood Cultures

Turn-around-time:

Special Instructions: See Collection Notes

> Age (Y) 0-100

Bone Marrow Culture

Test Code: BMC CPT: Dept: Blood Cultures Prefix: BC

Turn-around-time:

<u>Age (Y)</u> 0-100

Brucella Antibodies, IgG,M

Test Code: BRUSz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 91068

Turn-around-time:

Special Instructions: 1 mL S REF

> Container Volume (mLs) Age (Y)

0-100 Serum Separator Tube 2

91068

Brucella Antibodies (IgG, IgM), EIA with Reflex to Agglutination

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

PBNP-Type Natriuretic Peptide

Test Code: PBNP CPT:83880

Dept: Chemistry Prefix: C

Turn-around-time:

Volume (mLs) <u>Age (Y)</u> Container

0-100 Lavender 3

Specimen Stability: Room temp: Varies by ministry

Northern California: from 4 to 7 hours



LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

C1 Esterase Inhibitor, Prot

Test Code: C1ESz CPT:86160

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 298

Turn-around-time: Setup: Mon to Sat. Reports next day.

Special Instructions: C1ESz: 1(0.5)ml S-RF

Age (Y) <u>Container</u> <u>Volume (mLs)</u>

0-100 Serum Separator Tube 2

COLLECTION NOTES:

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 8 days

Frozen: 1 year

CLINICAL SIGNIFICANCE: The C1 esterase inhibitor protein is a

normal constituent of serum which functions as a serine proteinase inhibitor of the serpin family The C1 esterase

inhibitor inhibits the complement proteases C1r and C1s, as well

as the proteases kallikrein, factor XIa, XIIa and plasmin of the

blood clotting system The concentration of C1 esterase inhibitor

protein is reduced to 10-30% of normal in patients with

angioedema secondary to C1 esterase inhibitor deficiency (85% of patients with Hereditary Angioedema (HAE)); In 15% of patients with HAE, the concentrations of the inhibitor protein is normal

but function is markedly reduced

C1 Inhibitor Functional

Test Code: C1IFz CPT:86161

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 297 Turn-around-time: Setup: Mon to Sat in PM. Reports the same day.

Special Instructions: No gel. C1IFz: 1(0.2)ml S-FZ

Age (Y) Container Volume (mLs)

0-100 Red (No Gel) 1

COLLECTION NOTES: No gel

REJECTION CRITERIA: Gel in container or glass container used

Specimen not frozen Lipemia

LAB NOTES: Freeze serum within one hour of specimen collection

Do not

submit the sample in a glass tube

SPECIMEN STABILITY: Room temp: N/A; Refrig: N/A

Frozen: 30 days

CLINICAL SIGNIFICANCE: C1 esterase is decreased in angioedema The inherited form is usually diagnosed in the first two decades

of life The acquired form affects primarily adults with

autoimmune or lymphoproliferative disorders Approximately 15% of patients with hereditary angioedema have a normal concentration

of the protein but it is dysfunctional

CA 125 Antigen

Test Code: *CA125* CPT:86304

St. Joseph Health

LABORATORY INFORMATION MANUAL

Dept: Chemistry

Prefix: C

Turn-around-time:

Age (Y) Container

0-100 Green Li Heparin PST

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

CA 125 w HAMA treatment

Test Code: *CA125Hz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17717

Turn-around-time:

Special Instructions: SST 1 mL R(REF)

Age (Y) <u>Container</u>

0-100 Serum Separator Tube

17717

CA 125 with HAMA treatment

Serum

Red-top (no-gel) preferred; SST (red-top)

Stability Room temp: 10 days; Refrig: 12 days; Frozen:28 days

CA 15-3

Test Code: *CA153z* CPT:86300

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 5819

Turn-around-time: Setup: Tues thru Sat. Reports in 3 days.

Special Instructions: CA153z: 1(0.5) ml S-RF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 7 days

Frozen: 28 days

CLINICAL SIGNIFICANCE: CA 15-3 may be useful for monitoring patients with metastatic breast cancer and certain ovarian cancers The CA 15-3 values from sequential samples have a high

correlation with the clinical course in most patients with

metastatic breast cancer

CA 15-3 Antigen

Test Code: *CA153* CPT:86300

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container

0-100 Green Li Heparin PST

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.



CA 19-9

Test Code: *CA19z* CPT:86301

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4698

Turn-around-time: Tues thru Sat. Reports 1-2 days.

Special Instructions: CA19z: 1(0.5) ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION INSTRUCTIONS:

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 7 days;

Frozen: 28 days

CLINICAL SIGNIFICANCE: A large percentage of patients with gastrointestinal tumors (such as pancreatic, liver, gastric,

colorectal tumors) and some other malignancies have been shown to have elevated serum CA 19-9 levels Serum CA 19-9 levels may be useful for monitoring disease activity or predicting relapse

following treatment CA 19-9 should not be used as a screening

test

CA 27.29

Test Code: *CA27z* CPT:86300

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 29493

Turn-around-time: Setup: Tues through Sat. Reports in 1-2 days.

Special Instructions: CA27z: 1(0.5)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES:

REJECTION CRITERIA: Gross hemolysis

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 7 days

Frozen: 28 days

CLINICAL SIGNIFICANCE: CA 2729 may be useful for monitoring

patients for metastatic breast cancer

Cadmium, Blood

Test Code: *CADBz* CPT:82300

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 299

Turn-around-time: Setup: Mon, Wed, Fri. Reports in 1 day.

Special Instructions: CADBz: 4(2)ml WB-RF

Age (Y) Container Volume (mLs)
0-100 Royal EDTA 2

COLLECTION INSTRUCTIONS: Phlebotomist should wear powder-less

gloves

Test susceptible to environmental contamination

REJECTION CRITERIA: Clotted specimen

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 14 days; Refrig 14 days



Frozen: 14 days

CLINICAL SIGNIFICANCE: Cadmium is a naturally occurring element that is mined and used in industrial production because of its durability Excessive cadmium exposure can damage lungs, kidneys,

and the digestive tract

Cadmium, Ur

Test Code: CADRUZ CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 672X

Turn-around-time:

7 mL R UR REF * Special Instructions:

> Age (Y) Container Volume (mLs)

0-100 Acid Washed Container 3

672X

Cadmium, Random Urine

Random urine

Acid washed container; Metal free container

7 mL

Room Temp: 5 Days , Refrig: 7 Days , Frozen: 14 Days

Ship room temperature

Avoid worksite collection Collect urine in an acid washed or metal free plastic container Tests performed on a specimen submitted in a non-trace element tube or non acid washed/non metal free container may not accurately reflect the patients level If a non-trace element tube/container is received, it will

be accepted for testing However, elevated results shall be

reported with a message that a re-submission with a trace element

tube/container is recommended

Calcitonin

Test Code: CALCIZ CPT:82308

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 30742

Turn-around-time: Setup: Mon, Wed, Fri. Reports in 3-6 days.

Special Instructions: Overnight fasting preferred. CALCIz: 1 (0.5)ml S-FZ

> Container Volume (mLs) Age (Y) 0 - 100Serum Separator Tube 0.5

COLLECTION NOTES:

REJECTION CRITERIA: Gross hemolysis

LAB NOTES: Spin to separate serum and transfer to plastic screw-cap vial Freeze immediately and submit to laboratory

frozen

SPECIMEN STABILITY: Room Temp: unacceptable; Refrig: 24 hrs

Frozen: 28 days

CLINICAL SIGNIFICANCE: Calcitonin concentration is increased in

patients with medullary thyroid carcinoma Calcitonin concentrations may be used to monitor disease

Calcium

Test Code: CA CPT:82310 Dept: Chemistry Prefix: C

Turn-around-time:



Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Calprotectin, Stool

Test Code: *CALSTz* CPT:83993

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 16796

Turn-around-time: Setup: Sun thru Thurs; Reports in 3-6 days.

Special Instructions: No fixative or preservative. CALSTz: 1(0.3)gm STL-FZ

Age (Y) Container Volume (mLs)

0-100 Stool Frozen 1

COLLECTION NOTES: Do not add fixative or preservative

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 11 Days, Refrig: 11 Days

Frozen: 1 year

CLINICAL SIGNIFICANCE: Diagnose inflammatory bowel disease (IBD),

including Crohns disease and ulcerative colitis Differentiate IBD from irritable bowel syndrome (IBS) NSAIDs may cause

elevated results

Candida albicans Abs (IgG/A/M)

Test Code: *CALBz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 30440X

Turn-around-time: Setup: Tues thru Sat; Reports in 1-3 days.

Special Instructions: CALBz: 1(0.2) mL S-RT

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 7 Days, Refrig: 14 Days

Frozen: 30 Days

CLINICAL SIGNIFICANCE: Candidiasis is a fungal infection that may cause localized or systemic disease The severity of infection is broad extending to life threatening Acute and convalescent

titers should be compared

Carbamazepine (Tegretol) Level

Test Code: CARBAM CPT:80156

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 0.5

Carbon Dioxide Level

Test Code: *CO2* CPT:82374



0.5

Dept: Chemistry

Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs) 0-100 Green Li Heparin PST

Carcinoembryonic Ag

Test Code: CEA CPT:82378

Dept: Chemistry Special Prefix: CS

Turn-around-time:

Volume (mLs) Age (Y) **Container** 0-100 Serum Separator Tube 0.5

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

Carcinoembryonic Ag, Pleural

Test Code: CEAPLF1z CPT:82378

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 17584

Turn-around-time:

3 mL PLEURAL FLD REF Special Instructions:

> Volume (mLs) <u> Age (Y)</u> Container 0-100 **Body Fluid** 1

17584

CEA, Pleural Fluid Pleural fluid

Sterile transport tube

3 mL

Room Temp: 7 Days , Refrig: 28 Days , Frozen: 28 Days

Ship frozen (Okay to thaw)

Cardio IQ(TM) ApoE Genotype

Test Code: APOEGz CPT:81401

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 90649

Turn-around-time:

4 mL WB FRZ * Special Instructions:

> Age (Y) Container Volume (mLs) 0-100 Lavender Frozen 3

90649

Cardio IQ(TM) ApoE Genotype

Whole blood

EDTA (lavender-top); Celera DNA Collection kit; See collection

instructions

4 mL

Room Temp: 8 Days , Refrig: 8 Days , Frozen: 30 Days

Ship frozen

Cardio IQ(TM) related tests must be transported frozen Multiple (up to 8) cardiovascular-related genetic tests can be performed on a single specimen A second lavender-top (EDTA) tube is



required if non-genetic tests are stimultaneously ordered that require a lavender-top (EDTA) tube For whole blood samples, follow normal phlebotomy procedures Buccal Swab collection must use either: DNA Collection Kit (Buccal Swab) Celera Diagnostics, Alameda, CA Catalog #5002737 Buccal Swab Collection Kit DNA Genotek, Ottawa, ON Catalog #OC-100 For Buccal Swabs, follow manufacturers collection instructions

Cardiolipin Ab (IgG,IgM)

Test Code: *CARDLz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36333

Turn-around-time:

Special Instructions: CARDLz: Light Blue Top Plasma R(REF)

Age (Y) Container

0-100 Blue Sodium Citrate

36333

Cardiolipin Ab IgG, IgM

32% Sodium Citrate plasma (It blue-top)

STABILITY: Room Temp: 4 days; Refrig: 7 days; Frozen: 30 days

No alternative specimen type available

Carnitine

Test Code: *CARNz* CPT:82379

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 70107X

Turn-around-time: Setup: Mon, Wed, Fri-Sat; Reports in 4-6 days.

Special Instructions: CARNz: 1(0.4) mL S-FZ

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube Frozen 2

ALTERNATE CONTAINER: Sodium Heparain (green top)

COLLECTION NOTES:

REJECTION CRITERIA: Specimen room temperature

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 5 Hrs, Refrig: 5 Days,

Frozen: 30 Days

CLINICAL SIGNIFICANCE: Serum carnitine analysis is useful in the diagnosis and monitoring of patients with carnitine deficiency (either primary or secondary) Primary carnitine deficiency is an autosomal recessively inherited genetic condition that affects carnitine uptake by cells and tissues through a defect in the plasma membrane carnitine transporter Secondary carnitine deficiency can be seen in some disease states or in patients on carnitine-poor diets, but is also seen in a number of metabolic disorders In these disorders, carnitine complexes with the accumulated substrate of the blocked metabolic step, and the resulting acylcarnitine ester is excreted in the urine, leading to a depletion of carnitine in the patient

Includes: Carnitine, Total; Carnitine, Free; Carnitine, Esters;

Esterified/Free Ratio

Carotene

Test Code: CAROTZ CPT:82380

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 311



Setup: Mon thru Sat; Reports in 2-3 days. Turn-around-time: Protect from light. CAROTz: 2(0.7) mL S-RF Special Instructions:

> Age (Y) Container Volume (mLs)

0-100 Red Prot-Light 3

COLLECTION NOTES: Overnight fasting is preferred

REJECTION CRITERIA: Received room temp; not protected from light LAB NOTES: Separate serum from cells ASAP Send serum in an amber tube or wrap tube in aluminum foil to protect from light SPECIMEN STABILITY: Room Temp: 3 days, Refrig: 7 Days,

Frozen: 30 Days

CLINICAL SIGNIFICANCE: Beta Carotene, a fat soluble nutrient, is a precursor to vitamin A Deficiencies may lead to vitamin A deficiency Excessive vitamin A intake may lead to headaches, loss of appetite, nausea and diarrhea, skin changes, and

potential birth defects

Catecholamines, Fractionated

Test Code: CATPz CPT:82384

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 314X

Monday thru Friday; Reports in 3-6 days. Turn-around-time:

Special Instructions: Collect on ice. Overnight fasting. CATPz: 4(2.5) mL P-FZ

> Volume (mLs) Age (Y) **Container** 0-100 Green Li Heparin on ICE 4

COLLECTION NOTES: Patient should avoid alcohol, coffee,

tea, tobacco and strenuous exercise prior to collection Patients should be relaxed in either a

supine or upright position before blood is drawn States of anxiety and stress can cause fluctuations in the catecholamine levels Draw specimen in a pre-chilled green-top vacutainer

REJECTION CRITERIA: Not frozen

LAB NOTES: Plasma should be separated in a refrigerated centrifuge within 30 minutes of collection and then frozen SPECIMEN STABILITY: Room Temp: 6 Hrs, Refrig: 6 Hrs

Frozen: 30 Davs

CLINICAL SIGNIFICANCE: The three catecholamines (norepinephrine, epinephrine, and dopamine) are the principal secretory products of neural tissue Clinically, the measurement of circulating catecholamines is valuable in the diagnosis of catecholamine secreting tumors associated chiefly with hypertension

(pheochromocytomas, neuroblastomas, and gangliomas) and with the

evaluation of orthostatic hypotension

Limitations: Recent surgery, traumatic injury, upright posture, cold, anxiety, pain, clonidine withdrawal, and concurrent acute

or chronic illness may produce elevated results

Catecholamines, Ur

Test Code: CATRZ CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 5244

Turn-around-time: Mon thru Friday; Reports in 3-5 days.

Special Instructions: CATRz: 10(5) mL U-FZ

> Volume (mLs) Age (Y) Container 0-100 Urine Sterile Cup 1



COLLECTION NOTES: It is preferable for the patient to be off medications for three days prior to collection However, common antihypertensives (diuretics, ACE inhibitors, calcium channel blockers, alpha and beta blockers) cause minimal or no interference Patient should avoid alcohol, coffee, tea, tobacco and strenuous exercise prior to collection

REJECTION CRITERIA: pH> 30 and received unfrozen

LAB NOTES: After urine collection, add 6N HCl to maintain a pH

below 3

SPECIMEN STABILITY: Room temp: N/A; Refrig: N/A

Frozen: 28 days

CLINICAL SIGNIFICANCE: The three catecholamines (Norepinephrine, epinephrine, and dopamine) are the principal secretory products of neural tissue Clinically, the measurement of circulating catecholamines is valuable in the diagnosis of catecholamine secreting tumors associated chiefly with hypertension (pheochromocytomas, neuroblastomas, and gangliomas) and with the evaluation of orthostatic hypotension

Limitations

Recent surgery, traumatic injury, upright posture, cold, anxiety, pain, clonidine withdrawal, and concurrent acute or chronic illness may produce elevated results

Catecholamines, Ur 24hr

Test Code: CATUZ CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 39627X

Setup: Mon - Fri; Reports in 3-5 days Turn-around-time:

Special Instructions: Diet instructions. Refrig during collection. CATUz: 10(5) mL

> Container Volume (mLs) Age (Y) 5 0-100 24 Hour Urine W/HCL

SPECIMEN STABILITY: Room temp: N/A; Refrig: N/A

Frozen: 28 days

CLINICAL SIGNIFICANCE: The three catecholamines (Norepinephrine, epinephrine, and dopamine) are the principal secretory products of neural tissue Clinically, the measurement of circulating catecholamines is valuable in the diagnosis of catecholamine secreting tumors associated chiefly with hypertension (pheochromocytomas, neuroblastomas, and gangliomas) and with the evaluation of orthostatic hypotension

Limitations

Recent surgery, traumatic injury, upright posture, cold, anxiety, pain, clonidine withdrawal, and concurrent acute or chronic

illness may produce elevated results

Catecholamines, Ur 24hr

Test Code: CATUZ CPT:

Prefix: ZS Dept: Reference Special Quest Diagnostics Nichols Inst 39627X

Turn-around-time: Setup: Mon - Fri; Reports in 3-5 days

Special Instructions: Diet instructions. Refrig during collection. CATUz: 10(5) mL

> Container Volume (mLs) Age (Y) 0 - 10024 Hour Urine W/HCL 5



COLLECTION NOTES: It is preferable for the patient to be off medications for three days prior to collection However, common antihypertensives (diuretics, ACE inhibitors, calcium channel blockers, alpha and beta blockers) cause minimal or no interference Patient should avoid alcohol, coffee, tea, tobacco and strenuous exercise prior to collection REJECTION CRITERIA: pH > 30 and received unfrozen LAB NOTES: After urine collection, add 6N HCl to maintain a pH below 3

CBC w/ Differential

Test Code: *CBC* CPT:85025 Dept: Hematology Prefix: H

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Lavender 1.5

Celiac Disease II w/RFX Endomy

Test Code: *CELD2RXz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 9578

Turn-around-time:

Special Instructions: 6.0 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

9578

Celiac Disease Panel 2 with Reflex to Endomysial Antibody Titer

Serum

Red-top (no gel); SST (red-top)

60 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 21 Days

Ship refrigerated

Rejection Criteria: Grossly lipemic

Cell Count & Diff, Body Fl

Test Code: *CDFLD* CPT:89051
Dept: Hematology Fluids Prefix: HF

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Lavender 2

Cell Count & Diff, CSF

Test Code: *CDCSF* CPT:89051
Dept: Hematology Fluids Prefix: HF

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 CSF Tube (MIC) 2



Cell Count & Diff, Pericardial

Test Code: CDPCF CPT:89051 Prefix: HF Dept: Hematology Fluids

Turn-around-time:

Age (Y) Container Volume (mLs) 2

0-100 Lavender

Cell Count & Diff, Peritoneal

Test Code: CDPTF CPT:89051 Dept: Hematology Fluids Prefix: HF

Turn-around-time:

Volume (mLs) Age (Y) Container

0-100 Lavender 2

Cell Count & Diff, Pleural

CPT:89051 Test Code: CDPLF Dept: Hematology Fluids Prefix: HF

Turn-around-time:

Volume (mLs) Age (Y) Container

0-100 Lavender

Cell Count & Diff, Synovial

Test Code: CDSYF CPT:89051 Dept: Hematology Fluids Prefix: HF

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Lavender 2

Centromere B Antibody

Test Code: CENABZ CPT:86038

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16088

Turn-around-time: Setup: Mon - Sat; 1-2 days Special Instructions: CENABz: 1(0.5) mL S-RF

> Age (Y) Container Volume (mLs) 0-100 Serum Separator Tube 0.5

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 4 days; Refrig: 7 days

Frozen: 30 davs

CLINICAL SIGNIFICANCE: Centromere B Antibody is diagnostic for



the form of scleroderma known as CREST (calcinosis, Raynauds phenomenon, esophageal immotility, sclerodactyly, and telangiectasia)

Ceruloplasmin

Test Code: CERUZ CPT:82390

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 326

Turn-around-time: Tue - Sat; Reports in 1-3 days.

Special Instructions: Overnight fasting preferred. CERUz: 1(0.5) mL S-RF

> <u>Age (Y)</u> <u>Container</u> Volume (mLs) 2

0-100 Serum Separator Tube

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 7 days; Refrig: 60 days

Frozen: 90 davs

CLINICAL SIGNIFICANCE: Decreased levels of ceruloplasmin are found in Wilsons Disease, fulminant liver failure, intestinal malabsorption, renal failure resulting in proteinuria, chronic active hepatitis and malnutrition Elevated levels are found in primary biliary cirrhosis, pregnancy (first trimester), oral contraceptive use and in acute inflammatory conditions since

ceruloplasmin is an acute phase reactant

Alternative Name(s): Ferroxidase, Copper Oxidase, Copper Binding

Globulin

Chlamydia Panel IgM

Test Code: CHP2z CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37126X

Turn-around-time:

1 mL S REF Special Instructions:

> Container Volume (mLs) Age (Y)

0-100 2 Serum Separator Tube

Chlamydia Pneumoniae IgG,A,M

Test Code: CPNGAMz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37111X

Turn-around-time:

1 mL S REF Special Instructions:

> Volume (mLs) <u>Age (Y)</u> Container

0-100 Serum Separator Tube 1

Chlamydia Psittaci IgG,A,M

Test Code: CPSGAMZ

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37346X

Turn-around-time:

1 mL S REF Special Instructions:

> <u>Age (Y)</u> Container Volume (mLs)



1

0-100 Serum Separator Tube

Chlamydia Trach GC RNA, Swab

Test Code: CTGCz

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 11363

Setup: Mon-Sat; Reports in 2 days Turn-around-time:

Special Instructions: CTGCz: Swab in APTIMA-RF

> Age (Y) Container 0-100 Sterile Swab (MIC)

ACCEPTABLE SPECIMENS:

Endocervical Swab Urethral Swab Vaginal Swab

REJECTION CRITERIA: Non Aptima transport tubes Two swabs in

container Broken transport container

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 60 Days , Refrig: 60 Days; Frozen

1 year

CLINICAL SIGNIFICANCE: C trachomatis infections are the leading cause of sexually transmitted diseases in the United States C trachomatis is known to cause cervicitis, pelvic inflammatory disease (PID), epididymitis and proctitis It is also the most frequent cause of non-gonococcal urethritis in men Among women, the consequences of Chlamydial infections are severe if left untreated Approximately half of Chlamydial infections are

asymptomatic

Neisseria gonorrhoeae (gonococci) is the causative agent of gonorrhea In men, this disease generally results in anterior urethritis accompanied by purulent exudate In women, the disease is most often found in the cervix, but the vagina and uterus may also be infected

Chlamydia Trach GC RNA, Urine

Test Code: CTGCUz CPT:

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 11363

Turn-around-time: Setup: Mon-Sat; Reports in 2 days

Special Instructions: CTGCUz: 2ml Ur in APTIMA-RF. Send to lab < 12 hrs

> Container Volume (mLs) Age (Y) 0-100 Aptima Combo 2 Assay Kit 2

COLLECTION NOTES: Patient should not have urinated within one

hour prior to

collection Female patients should not cleanse the labial area prior to providing the specimen Direct patient to provide a first-catch urine (maximum 30 mL of the initial urine stream) into a urine collection cup free of any preservatives REJECTION CRITERIA: Non Aptima transport tubes LAB NOTES: Add 2 mL of urine specimen into the APTIMA (yellow label) specimen transport tube within 24 hours of collection

St.JosephHealth

LABORATORY INFORMATION MANUAL

SPECIMEN STABILITY: Room Temp: 30 Days , Refrig: 30 Days

Frozen: 1 Year

CLINICAL SIGNIFICANCE: C trachomatis infections are the leading cause of sexually transmitted diseases in the United States C trachomatis is known to cause cervicitis, pelvic inflammatory disease (PID), epididymitis and proctitis It is also the most frequent cause of non-gonococcal urethritis in men Among women, the consequences of Chlamydial infections are severe if left untreated Approximately half of Chlamydial infections are asymptomatic

Neisseria gonorrhoeae (gonococci) is the causative agent of gonorrhea In men, this disease generally results in anterior urethritis accompanied by purulent exudate In women, the disease is most often found in the cervix, but the vagina and uterus may also be infected

Chlamydia Trachomatic IgG,A,M

Test Code: CTGAMZ CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36581X

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

Chloride

Test Code: CL CPT:82435
Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 0.5

Cholesterol Level

Test Code: CHOL CPT:82465

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 0.5

Cholesterol, HDL

Test Code: *HDL* CPT:83718
Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 0.5

Cholesterol, LDL Direct

Test Code: *LDLD* CPT:83721

St.JosephHealth

LABORATORY INFORMATION MANUAL

Dept: Chemistry

Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs) 0-100 Green Li Heparin PST 0.5

Cholinesterase Plasma

Test Code: CHOLPLz CPT:82480

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 90368

Turn-around-time:

Special Instructions: 1 mL PL REF *

> Age (Y) Container Volume (mLs)

0-100 Lavender 3

11-26-13 EBM: Draw a lavender-top (EDTA) tube of whole blood Spin tube to separate plasma Pour plasma into plastic aliquot tube and refrigerate until shipping Ship plasma sample refrigerated Do not send packed cells Do not send one tube of whole blood

Cholinesterase Plasma and RBC

Test Code: CHOLPLRZ CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 90372

Turn-around-time:

5 mL WB REF & 1 mL PL REF * Special Instructions:

> Age (Y) Container Volume (mLs) 0-100 Lavender 6

11-26-13 EBM: Draw two lavender-top (EDTA) tubes of whole blood Spin one tube to separate plasma Pour plasma into plastic aliquot tube (Label this vial as Plasma) Send one 5 mL refrigerated uncentrifuged whole blood (4 mL minimum) and 1 mL refrigerated plasma (05 mL minimum) Do not send packed cells Do not send only one tube of whole blood Plasma cholinesterase results, as well as the calculated RBC cholinesterase results, are not accurate if plasma sample is not separated from the RBCs in a timely mannerHemolyzed plasma samples are not acceptable Hemolysis can lead to apparent increases in plasma cholinesterase activity, and could mask an enzyme deficiency

Chromatin (Nucleosomal) Ab

Test Code: CHRABZ CPT:86235

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34088

Turn-around-time:

Special Instructions: 1 mL S REF

> Container Volume (mLs) <u>Age (Y)</u>

0-100 Serum Separator Tube 1

Chromium, Bld

Test Code: CHRMWBz CPT:82495

St.JosephHealth

LABORATORY INFORMATION MANUAL

Dept: Reference

Prefix: Z Quest Diagnostics Nichols Inst 6085

Turn-around-time:

Special Instructions: 4 mL WB REF *

Age (Y) Container Volume (mLs)

0-100 Royal EDTA 1

11-26-13 EBM: To avoid contamination, use powderless gloves Draw one royal blue top tube of blood and discard Draw second royal blue top tube Patient should refrain from taking mineral supplements and multi-vitamin three days prior to specimen collection

Chromium, Plasma

Test Code: *CRz* CPT:82495

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3484X

Turn-around-time:

Special Instructions: 2 mL PL REF *

Age (Y) Container Volume (mLs)

0-100 Royal EDTA 3

Chromium, Ur

Test Code: *CHRMUz* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 11278X

Turn-around-time:

Special Instructions: 2 mL R UR REF *

Age (Y) Container Volume (mLs)

0-100 Acid Washed Container 1

Chromogranin A, ECL

Test Code: *CHRAz* CPT:86316

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16379

Turn-around-time: Setup: Sun thru Fri; Reports in 1-5 days.

Special Instructions: CHRAz: 0.8(0.3) S-RF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

COLLECTION NOTES:

REJECTION CRITERIA: Grossly hemolyzed, lipemic, and icteric

specimens LAB NOTES:

SPECIMEN STABILITY: Room Temp: 7 days; Refrig: 7 days

Frozen: 35 days

CLINICAL SIGNIFICANCE: Chromogranin A (CgA) is the major protein within the catecholamine storage vesicles of the adrenal medulla CgA has been shown to be co-released with polypeptide hormones from the following endocrine tissues: pancreatic islet cells,

from the following endocrine tissues: pancreatic islet cells enteroendocrine cells, parathyroid chief cells, thyroid parafollicular C cells, and anterior pituitary cells CqA

concentrations may be elevated in patients with various endocrine



neoplasms, eg , anterior pituitary adenoma, parathyroid adenoma, medullary thyroid carcinoma, carcinoid tumor, and pancreatic islet cell tumor

Citric Acid, Ur 24hr

Test Code: CITR24z CPT:82507

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 11315X

Turn-around-time:

Special Instructions: 10 mL 24UR REF *

> <u> Age (Y)</u> Container Volume (mLs)

0-100 24 Hour Urine Container 2

Clonazepam

Test Code: CLONz CPT:80154

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 340

Turn-around-time:

2 mL S ASAP FRZ * Special Instructions:

> <u>Age (Y)</u> Container Volume (mLs)

0-100 Red (No Gel) Frozen 3

Clozapine

Test Code: CLOZz CPT:83789

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 1769

Turn-around-time:

2 mL S REF * Special Instructions:

> <u>Age (Y)</u> **Container** Volume (mLs)

0-100 Red (No Gel) 3

Cobalt, Blood

Test Code: COBz CPT:83018

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 35417

Turn-around-time:

4 mL WB REF * Special Instructions:

> Container Volume (mLs) Age (Y)

0-100 Royal EDTA 3

Coccidioides Abs to TP Ag

Test Code: COCATPZ CPT:86635

Dept: Reference Quest Diagnostics Nichols Inst 90799 Prefix: Z Setup: Monday thru Friday. Report avail 2-5 days. Turn-around-time:

Special Instructions: COCATPz: 0.1(0.025)ml S-Rf

> Age (Y) **Container** Volume (mLs) 2

0-100 Serum Separator Tube



COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days; Frozen: 30 days

CLINICAL SIGNIFICANCE: TP antibodies represent IgM antibodies to

Coccidioides Their detection indicates recent, active infection

Coccidioides Abs to TP&F Ag

Test Code: COCATPFz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 19963 Turn-around-time: Setup: Tuesday thru Saturday. Report avail 3-6 days.

Special Instructions: COCATPFz: 0.5(0.1)ml S-Rf

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days; Frozen: 30 days

CLINICAL SIGNIFICANCE: Antibodies to Coccidioides TP antigen usually appear during the first week of infection, and remain detectable for approximately 5 months; their detection indicates recent, active infection Antibodies to Coccidioides F antigen appear within a month of infection, and remain detectable for up

to a year thereafter

Coccidioides Antibody (by CF)

Test Code: COCACFS1z CPT:86635

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 906 Turn-around-time: Setup: Tues thru Saturday; Reports in 2-5 days.

Special Instructions: COCACFS1z: 1(0.2)mL S-RF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 7 Days , Refrig: 14 Days

Frozen: 30 days

CLINICAL SIGNIFICANCE: Infection by Coccidiodes immitis can produce a spectrum of disease, with most patients being

asymptomatic and some developing disseminated disease, including

pneumonia and meningitis

Coccidioides Antibody (by ID)

Test Code: COCAZ CPT:86635

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 908X

Turn-around-time: Setup: Mon thru Sat; Reports 1-4 days.

Special Instructions: COCAz: 1(0.1)mL S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES:

St.JosephHealth

LABORATORY INFORMATION MANUAL

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days

Frozen: 30 days

CLINICAL SIGNIFICANCE: Antibodies against the Coccidiodes immitis

F antigen, usually positive within 4 weeks of infection, indicate active or recent (up to one year) infection The TP antigen is usually positive within 1 week of infection and

reverts to non-detectable within a few months

Coenzyme Q10

Test Code: CQ10z CPT:82491

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 19826

Turn-around-time: Setup: Tues, Thurs, Sat; Reports in 2-4 days. Special Instructions: Protect from light. CQ10z: 1(0.5) mL S-FZ

Age (Y) Container Volume (mLs)

0-100 SST Frozen-Prot Light 2

COLLECTION NOTES: Patient should be fasting 8-12 hours Patient

may have water

It is not necessary to discontinue nutritional supplements before

this test

REJECTION CRITERIA: Thawed, not protected from light LAB NOTES: Send serum in an amber vial or wrap vial in foil

SPECIMEN STABILITY: Room temp: N/A; Refrig: N/A

Frozen: 7 days

CLINICAL SIGNIFICANCE: Coenzyme Q10 (CoQ10) is a fat soluble

cofacter that is essential for energy producing metabolic pathways and for the proper functioning of the mitochondrial oxidative system With insufficient CoQ10, the electron transfer activity of the mitochondria decreases, resulting in a net failure to produce the energy necessary to run the cell Tissues with high energy demand have even greater demands for CoQ10 For

example, heart muscle, which continually exerts a pumping action for an entire lifetime, has an immense need for the cofactor Studies demonstrate the effectiveness of supplemental coenzyme Q10 in cardiomyopathy, myocardial dysfunction, and congestive heart failure CoQ10 is also a powerful antioxidant like vitamins

neart failure CoQ10 is also a powerful antioxidant like vitamins E and C, and thus serves the role of neutralizing excess free

radicals It is now well established that the control of

excessive free radical activity is key in preventing/delaying the progression of degenerative diseases

progression or degenerative disease.

Cold Agglutinin Screen

Test Code: COLDSCRN CPT:86157

Dept: Immunology Prefix: IM

Turn-around-time:

Special Instructions: COLDSCRN:MUST BE DRAWN IN WARM TUBES. CLOT @ 37 C

Age (Y) Container
0-100 Red (No Gel)

COLDSCRN must be drawn in warm tubes and allowed to clot at 37C

Cold Hemagglutinins



Red Ambient

3.5

Test Code: CAGGZ CPT:86157

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 349

Turn-around-time: Setup: Mon, Wed, Fri; Reports in 2-5 days. Special Instructions: Keep warm. CAGGz: 3(0.5) mL S-RT

Volume (mLs) <u>Age (Y)</u> Container 0-100

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES: Serum submitted must have been separated from whole

blood which

has been allowed to clot at 37C before separation

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 28 days

Frozen: unacceptable

CLINICAL SIGNIFICANCE: This test can be useful for the detection of cold agglutinins in association with cold agglutinin syndrome

Complement C1q

Test Code: C1Qz CPT:86160

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 981X

Turn-around-time: Setup: Mon and Wed; Reports in 4 days.

No gel. C1Qz: 1(0.1) mL S-RF Special Instructions:

> Age (Y) Container Volume (mLs) 0-100 Red (No Gel) 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES: Separate serum within one hour of draw time and

refrigerate

SPECIMEN STABILITY: Room temp: 4 days; Refrig: 10 days

Frozen: 29 days

CLINICAL SIGNIFICANCE: The complement system is critical to the inflammatory response C1q concentrations may be decreased in patients with acquired angioedema, immune complex induced vasculitis, and concurrent low concentrations of C1 inhibitor,

carcinoma, or lymphoma

Complement C2

Test Code: C2Cz CPT:86160

Dept: Reference Quest Diagnostics Nichols Inst 433X

Turn-around-time: Setup: Mon and Wed; Reports in 4-9 days.

C2Cz: 1(0.1)mL S-RF Special Instructions:

> Age (Y) **Container** Volume (mLs) 0-100 2 Serum Separator Tube

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES: Separate serum within one hour of draw time and

refrigerate Can

be drawn in gel barrier tube but needs to separated within one

hour from time drawn

SPECIMEN STABILITY: Room temp: 28 days; Refrig: 28 days

Frozen: 28 days



CLINICAL SIGNIFICANCE: The complement system is critical to inflammatory responses C2 is a component of the classical pathway Decreased concentrations are observed in patients with immune complex diseases such as systemic lupus erythematosus (SLE) and immune complex-induced vasculitis

Complement, CH50 Total

Test Code: CH50z CPT:86162

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 618 Turn-around-time: Setup: No testing Tue & Sat. Reports in 3-5 days.

Special Instructions: CH50Z: 1 (0.2)mL S-FZ

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube Frozen 3.5

COLLECTION NOTES:

REJECTION CRITERIA: Hemolysis Glass tubes Thawed

LAB NOTES: Separate serum and freeze within 1 hour of collection SPECIMEN STABILITY: Room Temp: unacceptable; Refrig: unacceptable

Frozen: 28 days

CLINICAL SIGNIFICANCE: CH50 is a screening test for total complement activity Levels of complement may be depressed in genetic deficiency, liver disease, chronic glomerulonephritis, rheumatoid arthritis, hemolytic anemias, graft rejection, systemic lupus erythematosis, acute glomerulonephritis, subacute bacterial endocarditis and cryoglobulinemia Elevated complement may be found in acute inflammatory conditions, leukemia, Hodgkins Disease, sarcoma, and Behcets Disease

Confirmation ABO/Rh Type

Test Code: TYPEC CPT:
Dept: Blood Bank Testing Prefix: BB
Turn-around-time: Results Pending

Age (Y) 0-100

Copper

Test Code: *CUz* CPT:82525

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 363

Turn-around-time: Setup: Sun, Wed, Fri. Reports in 1-4 days.

Special Instructions: CUz: 2(0.7) ml P-RF

Age (Y) Container Volume (mLs)
0-100 Royal Blue TM Serum 1

COLLECTION NOTES:

REJECTION CRITERIA: Hemolysis; whole blood;

Samples submitted in non-trace metal container; samples submitted

in non acid

washed containers

LAB NOTES: Separate serum or plasma within 2 hours then transfer

to a metal

free or acid washed container



SPECIMEN STABILITY: Room Temp: 5 days; Refrig: 10 days

Frozen: 30 days

CLINICAL SIGNIFICANCE: Copper is an essential element that is a cofactor of many enzymes Copper metabolism is disturbed in Wilsons disease, Menkes disease, primary biliary cirrhosis, and Indian childhood cirrhosis Copper concentrations increase in acute phase reactions and during the third trimester of pregnancy Copper concentrations are decreased with nephrosis, malabsorption, and malnutrition Copper concentrations are also useful to monitor patients, especially preterm newborns, on nutritional supplementation Results of copper are often interpreted together with ceruloplasmin

Copper, Ur 24hr

Test Code: *CUUz* CPT:82525

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 365

Turn-around-time:

Special Instructions: 7 mL 24UR REF *

Age (Y) Container Volume (mLs)

0-100 24H Ur Nitric Acid-Wash 3

Cord ABO/Rh Type

Test Code: CTYPE CPT:
Dept: Blood Bank Testing Prefix: BB
Turn-around-time: Result Pending

Age (Y) 0-100

Cord Blood Screen

Test Code: CORD CPT:
Dept: Blood Bank Testing Prefix: BB
Turn-around-time: Result Pending

Age (Y) 0-100

Cord Direct Coombs

Test Code: *CDAT* CPT:86880

Dept: Blood Bank Testing Prefix: BB

Turn-around-time: Result Pending

Age (Y) 0-100

Cortisol Free, Ur 24hr

Test Code: *CORFUz* CPT:82530

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 11280X

Turn-around-time: Setup: Mon thru Friday. Reports in 2-6 days.

Special Instructions: 2 mL UR REF



Volume (mLs) <u>Age (Y)</u> Container 1

0-100 24 Hour Urine Container

COLLECTION NOTES: Preservatives acceptable

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 2 days; Refrig: 7 days

Frozen: 5 months

CLINICAL SIGNIFICANCE: Urinary Free Cortisol is useful in the detection of patients with Cushings syndrome for whom Free

Cortisol concentrations are elevated

Cortisol Random

Test Code: CORT CPT:82533 Dept: Chemistry Special Prefix: CS

Turn-around-time:

Container Age (Y) 0-100 Green Li Heparin PST

Coxsackie A Antibodies, Serum

Test Code: CAABSZ CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37477

Turn-around-time:

2 mL S AMB Special Instructions:

> Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube Ambient 3.5

37477

Coxsackie A Antibodies, Serum (40330)

Red-top (no gel); SST (red-top/glass); SST (red-top/plastic)

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Coxsackie B (1-6) Antibodies

Test Code: CBVABZ CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 7656

Turn-around-time:

Special Instructions: 1 mL S AMB

> Container <u>Age (Y)</u> Volume (mLs)

0-100 Serum Separator Tube Ambient 2

7656

Coxsackie B (1-6) Antibodies, Serum (40335)

Serum

SST (red-top/plastic); SST (red-top/glass); Red-top (no gel)

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)



C-Peptide

Test Code: CPEPz CPT:84681

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 372

Turn-around-time: Tues, Thurs, Sat. Reports in 3-6 days.

Special Instructions: CPEPz: 1(0.5) mL S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

COLLECTION INSTRUCTIONS:

REJECTION CRITERIA: plasma or gross hemolysis

LAB NOTES:

SPECIMEN STABILITY: Room temp: 4 days; Refrig: 7 days

Frozen: 7 days

CLINICAL SIGNIFICANCE: C-Peptide is useful in the evaluation of pancreatic beta cell function (eg, helping distinguish type 1 from type 2 diabetes mellitus, or monitoring patients who have received islet cell or pancreatic transplants) and for determining the source of insulin in patients with

hyperinsulinemic hypoglycemia (eg, distinguishing insulin-secreting tumors from exogenous insulin administration) It is also sometimes measured as an additional means (more resistant to hemolysis than is insulin itself) for evaluating

glucose tolerance tests

C-Reactive Protein, High Sens

Test Code: *CRPHS* CPT:86141 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Creatine Kinase w/MB

Test Code: *CKMB* CPT: Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

Creatinine Clear Ur 12h

Test Code: *CRCL12* CPT:82575
Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container

0-100 12 Hour Urine Container

CPT: 82575



QUEST#7943

Creatinine Clear Ur 24h

Test Code: *CRCL* CPT:82575
Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 24 Hour Urine Container 1

Creatinine with GFR

Test Code: *CREAT* CPT:82565

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Creatinine, Ur

Test Code: *CREAU* CPT:82570 Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Urine Sterile Cup 0.5

Creatinine, Ur 24hr

Test Code: *CREAT24* CPT:82570 Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 24 Hour Urine Container 1

Crossmatch

Test Code: XM CPT:

Dept: Blood Bank Testing Prefix: BB Turn-around-time: Result Pending

<u>Age (Y)</u> 0-100

Cryofibrinogen

Test Code: *CRYFIz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34317X

Turn-around-time:

Special Instructions: Red Ambient 5 mL and EDTA Plasma 3 mL T(AMB) *



Volume (mLs) <u>Age (Y)</u> Container 0-100 Lavender Ambient 5

5 mL fasting serum, AND 3 mL EDTA plasma

Stability:

Room temp 5 days, Refrig Unacceptable, Frozen: Unacceptable

INSTRUCTION: Do not refrigerate or freeze

Serum collection: Allow specimen to clot at 37 degree C immediately after being drawn then separate serum from clot Plasma collection: Collect plasma in EDTA tube at 37 degree C separate plasma, ship serumand plasma at room temperature

Cryoglobulin (% Cryocrit)

Test Code: CRYOLZ CPT:82595

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36562

Turn-around-time: Setup: Sun thru Fri. Reports 5-7 days.

Special Instructions: COLLECT/LAB ALERTS . CRYQLz: 3(2.0) ml S-RT

> Age (Y) Container Volume (mLs) 0-100 Red Ambient 5

COLLECTION NOTES: No gel Keep warm and bring to lab

immediately

REJECTION CRITERIA: Gross hemolysis; lipemia; icteric; Gel tube LAB NOTES: Allow serum sample to clot for 1 hour in a 37 C water

bath, incubator, or heat block

Prewarm centrifuge by running it for 10 minutes at 2000 rpm After clotting, centrifuge the specimen for 10 minutes at 3000

rpm using prewarmed centrifuge

SPECIMEN STABILITY: Room temp: 3 days; Refrig: unacceptable;

Frozen: unacceptable

CLINICAL SIGNIFICANCE: The Cryocrit is primarily intended for following a patient with previously defined and quantitated Cryoglobulins The Cryocrit may consist of Cryoglobulins, fibrin

or mixtures of Cryoglobulins and fibrin

Cryoglobulin Screen w Reflex

Test Code: CRYSRFz CPT:82595

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37358

Turn-around-time: Sun thru Fri. Reports 5-7 days.

Special Instructions: COLLECT/LAB ALERTS . CRYSRFz: 10(3.5) ml S-RT

> Container Volume (mLs) Age (Y) 0 - 100**RED WARM** 8

COLLECTION NOTES: No gel Keep warm and bring to lab

immediately

REJECTION CRITERIA:

LAB NOTES: Allow serum sample to clot for 1 hour in a 37 C water

bath, incubator, or heat block

Prewarm centrifuge by running it for 10 minutes at 2000 rpm After clotting, centrifuge the specimen for 10 minutes at 3000

rpm using prewarmed centrifuge



SPECIMEN STABILITY: Room temp: 3 days; Refrig: unacceptable;

Frozen: unacceptable

CLINICAL SIGNIFICANCE: Cryoglobulins are proteins that precipitate from serum at temperatures below 37 C Most precipitate when serum is cooled at 4 C, but some gel even at room temperature The gel or precipitate must redissolve at 37 C

to be classified as a cryoglobulin

Cryptococcus Ag RefTiter Serum

Test Code: CAGRTITRZ CPT:8640390

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 11196

Turn-around-time:

Special Instructions: SER REF 1 mL R(REF) *

Age (Y) Container
0-100 Red (No Gel)

11196

Cryptococcal Antigen, Latex Screen with Reflex to Titer

SERUM

Sterile Plastic screw-Cap Container

1 mL Room Temp: Unacceptable , Refrig: 7 Days , Frozen: 60 Days

Ship refrigerated

Centrifuge serum specimens within 1 hour of collection Transfer

serum to clean, plastic, screw-capped vial(s) Refrigerate samples and transport on refrigerant coolant or

freeze samples

and transport on dry ice to the laboratory

Cryptosporidium Ag

Test Code: *CRYAG* CPT:87328

Dept: LAB Module Microbiology Tests Prefix: LM

Turn-around-time:

Age (Y) Container

0-100 Stool Trans Container (MIC)

Cryptosporidium Ag, Stool DFA

Test Code: *CAGSTz* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 37213

Turn-around-time: Setup: Daily; Report available 1-3 days.

Special Instructions: See Collection notes. CAGSTz: 10(5)g or 10(5) mL ST-RT

Age (Y) Container Volume (mLs)

0-100 TOTAL FIX 5

COLLECTION NOTES: The specimen must be submitted in Total-Fix

vial Specimen must

not be contaminated with urine The patient must not use barium

products,

antacids, antidiarrheal medications, or laxatives containing oil

prior to collection of a

specimen for parasitological exam

REJECTION CRITERIA: Specimen refrigerated or frozen; unpreserved

LAB NOTES: Add stool to the 10% formalin or Total-Fix vial to

St.JosephHealth

LABORATORY INFORMATION MANUAL

bring the liquid level

to the fill to here line on the vial Mix the contents

thoroughly until homogenous

SPECIMEN STABILITY: Room temp: 6 months; Refrig: N/A

Frozen: N/A

CLINICAL SIGNIFICANCE: Cryptosporidium parvum is an intracellular parasite that causes severe and chronic diarrhea in patients who

are immunocompromised

Crystals, Fl

Test Code: *CRYSTFLD* CPT:89060
Dept: Hematology Fluids Prefix: HF

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Lavender or Green LI HEP PST 3 mL 2

C-Telopeptide Collagen Type

Test Code: CTXz CPT:82523

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17406

Turn-around-time: Setup: Mon-Fri. Reports in 2-4 days.

Special Instructions: CTXz: 1(0.5) ml S-FZ

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube Frozen 0.5

COLLECTION NOTES: Collect blood in a red-top tub (no gel) A minimum of 12 hours fasting is required Fasting morning

collection 8-10 am

REJECTION CRITERIA: Moderate to gross hemolysis; grossly lipemic;

grossly icteric

LAB NOTES: Allow blood to clot (10-15 minutes) at room temperature Centrifuge and separate the serum from the cells

Freeze as soon as possible

SPECIMEN STABILITY: Room Temp: 16 hrs; Refrig: 72 hrs;

Frozen: 90 days

CLINICAL SIGNIFICANCE: Diurnal variations cause elevated levels

at night

Culture, BBK Transfusion Rxn

Test Code: *BBKTXC* CPT: Dept: Blood Bank Transfusion Prefix: BK

Turn-around-time:

Age (Y) 0-100

Culture, Body Fluid w/GS

Test Code: *BFCGS* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100



Culture, Catheter Tip

Test Code: *CTIPC* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

Culture, Chlamydia

Test Code: CHCULTZ CPT:

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 690

Turn-around-time: Setup: Monday thru Saturday; Reports in 3-4 days. Special Instructions: See collection notes. CHCULTz: 3(1) mL VTM -70FZ

Age (Y) Container Volume (mLs)

0-100 Special Container 1

ACCEPTABLE SPECIMENS:

Endocervical swab Nasal/nasopharyngeal swab

Urethral swab Rectal mucosa swab (without feces)

Conjunctival swab Fresh (unfixed) tissue

Throat swab Pelvic washing

COLLECTION NOTES: To maintain optimum viability, place swab or

fluid into VTM

(equal volumes of fluid and VTM) or equivalent and transport the specimen to the laboratory as soon as possible Best recovery is obtained when the specimens are refrigerated at 2-8 degrees C or kept on wet ice following collection and while in transit If there will be a long delay before processing, specimens in VTM or equivalent should be frozen at -70 degrees C or colder and

transported on dry ice Raw (unpreserved) samples should only be refrigerated and not frozen

REJECTION CRITERIA: Storage or transport at room temperature

or -20 degrees C is unacceptable LAB NOTES:

SPECIMEN STABILITY: Room temp: N/A; Refrig: 48 hrs

Frozen: -70 degrees C only

CLINICAL SIGNIFICANCE: C trachomatis is associated with

infections of the mucous membranes of the urogenital system, the

upper respiratory tract and the eye It may be sexually

transmitted; Resulting diseases include urethritis, cervicitis,

salpingitis, epididymitis, proctitis and lymphogranuloma

venereum Co-infection with C trachomatis and N gonorrhoeae can

occur Infections of the upper respiratory tract and eye usually

occur in newborns exposed at parturition In adults, eye

infection may be transmitted by hand after contact with

secretions Isolation by tissue culture is recommended when

testing individuals under the age of 13 years

Culture, CSF w/GS

Test Code: *CSFCGS* CPT:

St.JosephHealth

LABORATORY INFORMATION MANUAL

Dept: Routine Microbiology

Turn-around-time:

Prefix: M

<u>Age (Y)</u> 0-100

Culture, Cytomegalovirus

Test Code: CMVCz CPT:

Prefix: ZM Dept: Reference Microbiology Quest Diagnostics Nichols Inst 2627

Monday thru Saturday; Reports in 4-23 days. Turn-around-time: Special Instructions: See collection notes. CMVCz: 3(1) mL VTM-RF

> **Container** Volume (mLs) Age (Y) 0-100 Sterile Vial/Tube 1

ACCEPTABLE SPECIMENS:

3 mL urine nasopharyngeal lavage/wash

CSF throat lavage/wash

bronchial lavage/wash sterile body fluids

tracheal aspirate saliva in V-C-M

tissue biopsy

COLLECTION NOTES: To maintain optimum viability, place swab or

fluid into VTM

(equal volumes of fluid and VTM) or equivalent and transport the specimen to the laboratory as soon as possible Best recovery is obtained when the specimens are refrigerated at 2-8 degrees C or kept on wet ice following collection and while in transit If there will be a long delay before processing, specimens in VTM or equivalent should be frozen at -70 degrees C or colder and transported on dry ice Raw (unpreserved) samples should only be refrigerated and not frozen

REJECTION CRITERIA: Storage or transport at -20 degrees C or room

temperature is not acceptable

LAB NOTES:

SPECIMEN STABILITY: Room temp: N/A; Refrig: 4 days

Frozen: 30 days at -70C Unacceptable -20C

CLINICAL SIGNIFICANCE: Cytomegalovirus (CMV) is ubiquitous, infecting 60-80% of individuals by adulthood in the US In certain populations, antibodies to CMV are detected in 100% of sera tested Most infections are asymptomatic, and only about 1% of those infected actually experience clinical manifestations of CMV disease

CMV belongs to the herpes virus group including Herpes Simplex, Varicella-Zoster, and Epstein-Barr Virus Characteristic of this group is the ability to establish latent infections with sporadic episodes of reactivation of disease or viral shedding CMV has been identified as the etiologic agent in a variety of conditions including congenital abnormalities, mononucleosis-like syndromes, pneumonitis in infants, and interstitial pneumonias in immunocompromised populations such as renal transplant recipients, individuals with AIDS, and in patients with malignancies

Culture, Device

Test Code: DEVC CPT:

St. Joseph Health

LABORATORY INFORMATION MANUAL

Dept: Routine Microbiology

Turn-around-time:

Prefix: M

Age (Y) 0-100

Culture, Ear

Test Code: *EARC* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) Container
0-100 Lavender

Culture, Ear

Test Code: *EARC* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) Container
0-100 Lavender

Culture, Environmental

Test Code: *ENVC* CPT: Dept: Environmental Testing Prefix: EV

Turn-around-time:

Age (Y) 0-100

Culture, Eye

Test Code: *EYEC* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

Culture, GC

Test Code: *GCGS* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

Culture, Genital



Test Code: *GENC* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

Culture, Herpes Simplex

Test Code: *HSVCz* CPT:87255

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 2692

Turn-around-time:

Special Instructions: 3 mL FRSH UNFIXED TIS or OTH ASAP REF *

Age (Y) Container Volume (mLs)
0-100 Universal Transport Media 1

2692

Herpes Simplex Virus Culture

Fresh (unfixed) tissue or Nasal/nasopharyngeal swab or

Endocervical swab or Eye swab or Lesion (vesicle) aspirate swab

or Urethral swab or Vaginal swab or Throat swab

V-C-M medium (green-cap) tube or equivalent (UTM); Sterile screw

cap container

3 mL

Room Temp: Unacceptable , Refrig: 4 Days , Frozen: Unacceptable

Ship refrigerated

Note: PCR is preferred test for CSF To maintain optimum viability, place swab or fluid into VCM (equal volumes of fluid and VCM) or equivalent and transport the specimen to the laboratory as soon as possible Best recovery is obtained when the specimens are refrigerated at 2-8 degrees C or kept on wet ice following collection and while in transit If there will be a long delay before processing, specimens in VCM or equivalent should be frozen at -70 degrees C or colder and transport on dry ice Storage or transport at -20 degrees C is not acceptable Raw (unpreserved) samples should only be refrigerated and not frozen

Culture, Herpes Simplex /Typ

Test Code: *HSVCULz* CPT:87255

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 2649

Turn-around-time: Monday thru Saturday; Reports in 3-4 days.

Special Instructions: See collection notes. HSVCULz: 3(1) mL VTM-RF

Age (Y) Container Volume (mLs)
0-100 Universal Transport Media 1

ACCEPTABLE SPECIMENS:

Endocervical swab Nasal/nasopharyngeal swab Urethral swab Lesion (vesicle) aspirate swab

Eye swab Fresh (unfixed) tissue Vaginal swab Throat swab

COLLECTION NOTES: To maintain optimum viability, place swab or

fluid into VTM

(equal volumes of fluid and VTM) or equivalent and transport the



specimen to the laboratory as soon as possible Best recovery is obtained when the specimens are refrigerated at 2-8 degrees C or kept on wet ice following collection and while in transit If there will be a long delay before processing, specimens in VTM or equivalent should be frozen at -70 degrees C or colder and transported on dry ice Raw (unpreserved) samples should only be refrigerated and not frozen

REJECTION CRITERIA: Storage or transport at -20 degrees C is not acceptable The following specimens are not acceptable: CSF, Sputum, Raw (unpreserved) stool, Dry swabs, Molecular transport systems, Bacterial transport systems, Tissue or biopsies in formalin or other fixatives, Calcium alginate swabs, Wooden shaft swabs, Non gel-based bacterial transports LAB NOTES:

SPECIMEN STABILITY: Room temp: N/A; Refrig: 4 days;

Frozen: 30 days at -70C -20C unacceptable

CLINICAL SIGNIFICANCE: A clinical diagnosis of HSV infection is based on identifying characteristic multiple vescicles on an erythematous base HSV culture is useful in verifying HSV is present within the vesicles Rapid culture allows for the initiation of therapy that may diminish the severity of symptoms and shorten the length of symptoms

Culture, M.hominis/Ureaplasma

Test Code: *MHUCULz* CPT:87109

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 871

Turn-around-time: Setup: Daily; Reports in 7-8 days

Special Instructions: See acceptable specimens. MHUCULz: 1 mL or 1 swab VTM -70FZ

Age (Y) Container Volume (mLs)
0-100 Universal Transport Media 1

ACCEPTABLE SPECIMENS:

Urine: Client should centrifuge urine at 3000 rpm for 15 minutes Suspend sediment in VTM or equivalent transport media If the specimen is not centrifuged, submit a 1:1 volume of urine in VTM or equivalent transport media

Submit a 1:1 volume of sterile body fluids, tissue, respiratory (sputum, bronchial washing, tracheobronchial secretions, bronchial alveolar lavage) in VTM or equivalent transport media Respiratory samples are only acceptable from children under 1 year old

COLLECTION NOTES:

REJECTION CRITERIA: Do not use M4RT; Specimens collected on wooden shafted swabs, or cotton swabs, Specimen received in expired transport medium, Tissue specimen in formalin, Urine containing any preservatives, Raw specimens LAB NOTES:

SPECIMEN STABILITY: Room temp: N/A; Refrig: 48 hrs

Frozen: 30 days at -70C -20C unacceptable

CLINICAL SIGNIFICANCE: Ureaplasma urealyticum and Mycoplasma hominis are primarily associated with genital tract colonization and disease in adults and respiratory tract colonization and disease in newborns Though controversial, these organisms have been associated with endometritis, chorioamnionitis, premature rupture of membranes, stillbirth, premature birth, low birth weight, post-partum infections, and infertility Of particular



concern is the causal relationship between central nervous system infections in the premature newborn and U urealyticum

Culture, MRSA

Test Code: *MRSAC* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

Culture, Mycoplasma pneumoniae

Test Code: MYPCULz CPT:87109

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 34270

Turn-around-time: Setup: Daily; Reports in 28-30 days.

Special Instructions: MYPCULz: Special -70FZ

Age (Y) Container Volume (mLs)

0-100 Viral Transport Media (MIC) 1

PREFERRED SPECIMEN:

Throat swab collected in V-C-M medium (green-cap) tube or

equivalent (UTM) container ALTERNATE SPECIMENS:

Lung tissue, pleural fluid, pericardial fluid, nasopharyngeal

aspirate or swab, bronchial lavage/wash collected in V-C-M medium

(green-cap) tube or equivalent (UTM) container

COLLECTION NOTES:Do not use M4RT REJECTION CRITERIA: M4RT and sputum

LAB NOTES:

SPECIMEN STABILITY: Room temp: N/A; Refrig: 48 hrs

Frozen: 30 days at -70C -20C unacceptable

CLINICAL SIGNIFICANCE: Mycoplasma pneumoniae is one of the

principal etiologic agents responsible for primary atypical

pneumonia (often called walking pneumonia) as well as more mild forms of upper respiratory illness Primary atypical pneumonia may be a severely debilitating disease and may infect otherwise

healthy individuals

Culture, Respiratory

Test Code: *RESPC* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

Culture, Sputum w/GS

Test Code: *SPUTCGS* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

St. Joseph Health St. Joseph · Redwood Memorial

LABORATORY INFORMATION MANUAL

Culture, Stool

Test Code: *STOOLC* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

Culture, Stool Screen VRE

Test Code: VRESTLz CPT:8708190

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 37129

Turn-around-time:

Special Instructions: Sterile Cup 10 mL A(AMB) *

Age (Y) Container Volume (mLs)
0-100 Sterile Cup (MIC) 5

37129

Bacterial Culture, Screen for VRE (Stool) (51231)

Stool

Cary-Blair container 1 gram minimum

Room Temp: 72 Hours, Refrig: Unacceptable, Frozen: Unacceptable

Ship room temp

Instruction: Collect in clean, dry container and then transfer a minimum of 1 gram or 1 mL into a Cary-Blair stool culture

transport medium

Reject criteria: Ova and Parasite Para-Pak(R) transport system; containing formalin and PVA; frozen or unpreserved stool; expired

transport device

Culture, Strep Group B

Test Code: *STGBC* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) Container
0-100 Lavender

Culture, Strep Group B

Test Code: *STGBC* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) Container
0-100 Lavender

Culture, Strep Throat



Test Code: *STC* CPT:

Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

Culture, Throat

Test Code: THRC CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

<u>Age (Y)</u> 0-100

Culture, Urine

Test Code: URC CPT:

Dept: Routine Microbiology Prefix: M

Turn-around-time:

<u>Age (Y)</u> 0-100

Culture, Viral Body Fluids

Test Code: VIRCz CPT:87252

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 689

Turn-around-time:

3 mL BRNC ASP/WSH or TRACH ASP or OTH ASAP REF * Special Instructions:

> Container Volume (mLs) Age (Y) 0-100 Viral Transport Media (MIC) 1

689

Culture, Viral, Body Fluids, Tissues

Bronchial aspirates/washes or Tracheal aspirates/washes or Newborn Urine or Fluid or Tissue biopsy or Lung biopsy or Conjunctival swab

V-C-M medium (green-cap) tube or equivalent (UTM); Sterile screw cap container; V-C-M medium (green-cap) tube or equivalent (UTM); Lithium heparin (green-top); Sodium heparin (green-top)

3 mL

Room Temp: Unacceptable , Refrig: 4 Days , Frozen: Unacceptable

Ship frozen

Note: PCR is preferred test for CSF To maintain optimum viability, place swab or fluid into VCM (equal volumes of fluid and VCM) or equivalent and transport the specimen to the laboratory as soon as possible Best recovery is obtained when the specimens are refrigerated at 2-8 degrees C or kept on wet ice following collection and while in transit If there will be a long delay before processing, specimens in VCM or equivalent should be frozen at -70 degrees C or colder and transport on dry



ice Storage or transport at -20 degrees C is not acceptable Raw (unpreserved) samples should only be refrigerated and not frozen Set up: Mon-Sat; Report available: 2-24 days

Culture, VRE

CPT: Test Code: VREC Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

Culture, Wound w/GS

Test Code: WNDCGS CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

Cyanide, Bld

Test Code: CYABz CPT:82600

Dept: Reference Quest Diagnostics Nichols Inst 400 Prefix: Z

Turn-around-time:

Special Instructions: 10 mL WB REF

> Container Volume (mLs) Age (Y)

0-100 Green (Sodium Heparin) 4

Cyclic Citrulline Peptide IgG

Test Code: CCBGz CPT:86200

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 11173

Turn-around-time: Mon, Wed, Fri; Reports in 2 days.

Special Instructions: CCBGz: 1(0.5)mL S-RF

> Volume (mLs) Age (Y) **Container**

0-100 Serum Separator Tube 2

COLLECTION NOTES:

REJECTION CRITERIA: Gross hemolysis; grossly lipemic; plasma

LAB NOTES:

SPECIMEN STABILITY: Room temp: 4 days; Refrig: 7 days

Frozen: 30 days

CLINICAL SIGNIFICANCE: A synthetic circular peptide containing citrulline called CCP IgG (cyclic citrullinated peptide) has been found to be better at discriminating Rheumatoid Arthritis patients from other patients than either the perinuclear autoantibody test or the test for rheumatoid factor Approximately 70% of patients with Rheumatoid Arthritis are

positive for Anti-CCP IgG, while only about 2% of random blood

donors and disease controls subjects are positive



Cyclosporine, Monoclonal

Cystatin C

Test Code: CCSz CPT:82610

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10570X

Turn-around-time: Setup: Friday; Reports in 5 days.

Special Instructions: Overnight fasting is preferred. CCSz: 1(?)mL S-RF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

COLLECTION NOTES: Obtain serum or plasma to send to lab Collect blood in a red-top, serum separator tube, or green-top heparin tube Allow blood to clot for 15 minutes Centrifuge at 2500 rpm

for 10 minutes

REJECTION CRITERIA:

LAB NOTES: Allow to clot for 15 minutes and centrifuge at 2500

for 10 minutes

SPECIMEN STABILITY: Room temp: 1 days; Refrig: 7 days

Frozen: 90 days

CLINICAL SIGNIFICANCE: Cystatin C is a highly sensitive and specific marker of glomerular filtration rate (renal function)

Cystatin C is independent of muscle mass, age, and body mass

index Cystatin C is also used to assess renal allograft

function

Cystine, Ur 24hr

Test Code: *CYTUz* CPT:82131

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 10947X

Turn-around-time:

Special Instructions: 1.8 mL 24UR ASAP FRZ *

Age (Y)ContainerVolume (mLs)0-10024 Hour Urine Frozen0.69999999999

999996

Cytogenetics Chromosome Anal

Test Code: CYTO CPT:

Dept: PTH Prefix: P

Turn-around-time:

Age (Y) Container
0-100 PTH

Cytomegalovirus DNA, Quant

Test Code: *CMVDNAz* CPT:87497

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 10600

Turn-around-time: Setup: Daily; Reports in 1 day.

Special Instructions: 1(0.5) mL WB-RF

Age (Y) Container Volume (mLs)
0-100 Lavender 1.5



ALTERNATE SPECIMENS: EDTA plasma, serum, CSF, Amniotic Fluid,

Bronchial lavage, urine, eye fluid

COLLECTION NOTES REJECTION CRITERIA:

LAB NOTES: If sending plasma separate plasma from cells within 2

hours of collection

SPECIMEN STABILITY: Room temp: 2 days; Refrig: 8 days

Frozen: N/A

CLINICAL SIGNIFICANCE: In patients who are immunocompromised, CMV

may cause disseminated, severe disease CMV is also the most

common cause of congenital viral infection in humans
Quantitative PCR methods may be useful in monitoring CMV
replication in immunosuppressed patients or in determining the
viral load of CMV in amniotic fluid This is a quantitative
molecular test, with a linear range of 200-2,000,000 IU/mL

D-Dimer, Quantitative

Test Code: *DDIMERQ* CPT:85379

Prefix: K

Dept: Coagulation

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Blue NaCitrate 2.7 mL 2.7

COLLECTION NOTES: The correct ratio of blood to anticoagulant MUST be maintained Level of blood in blue container MUST be at

fill mark Transport to laboratory immediately

REJECTION CRITERIA: Hemolyzed, high hematocrit, or clotted

Delta-Aminolevulinic Acid, 24hr

Test Code: *DALA24z* CPT:82135

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 219

Turn-around-time:

Special Instructions: 2 mL 24UR NO PRES PROT LIGHT REF *

Age (Y) Container Volume (mLs)

0-100 24 Hour Urine Container 1

Dengue Fever Ab IgG, IgM

Test Code: *DENFz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 93256 Turn-around-time: Setup: Tuesday thru Saturday; Reports in 1-3 days.

Special Instructions: Serum Separator Tube 0.5 mL R(REF)

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES REJECTION CRITERIA:

LAB NOTES:



SPECIMEN STABILITY: Room Temp: 7 Days, Refrig: 14 Days,

Frozen: 30 Day

CLINICAL SIGNIFICANCE: Dengue hemorrhagic fever and Dengue shock

syndrome are caused by infection of the RNA flavivirus

transmitted by a mosquito vector Paired acute and convalescent specimens that exhibit a significant change in titer are useful

to confirm clinical diagnosis of infection

Dexamethasone

Test Code: *DEXAMz* CPT:80299

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 29391X

Turn-around-time: Setup: Sunday; Reports on 2-10 days. Special Instructions: Red (No Gel) Tube 1 mL R(REF)*

Age (Y) Container
0-100 Red (No Gel)

ALTERNATE SPECIMENS: Plasma collected in: Sodium heparin (green-top), lithium heparin (green-top) or sodium fluoride

(gray-top)

COLLECTION NOTES

REJECTION CRITERIA: Received room temperature; No SST tubes

Shipping room temp unacceptable

LAB NOTES:

SPECIMEN STABILITY: Room temp: 1 days; Refrig: 7 days

Frozen: 2 yrs

CLINICAL SIGNIFICANCE: Test used in the differential diagnosis of

Cushings syndrome

DHEA Sulfate

Test Code: *DHEASz* CPT:82627

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 402 Turn-around-time: Setup: Monday thru Saturday. Reports in 1 day.

Special Instructions: DHEASz: 1(0.5) mL S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 14 days; Refrig: 14 days

Frozen: 28 days

CLINICAL SIGNIFICANCE: DHEA-S is the sulfated form of DHEA and is the major androgen produced by the adrenal glands This test is used in the differential diagnosis of hirsute or virilized female patients and for the diagnosis of isolated premature adrenarche and adrenal tumors About 10% of hirsute women with Polycystic Ovarian Syndrome (PCOS) have elevated DHEA-S but normal levels of

other androgens

DHEA, Unconjugated

Test Code: *DHEAUNz* CPT:82626

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 19894 Turn-around-time: Setup: Mon through Fri. Report available in 2-6 days.



Special Instructions: No Gel. Overnight fasting. DHEAUNz: 0.5(0.3) mL S-RF

Age (Y) Container Volume (mLs)

0-100 Red (No Gel) 1

COLLECTION NOTES

REJECTION CRITERIA: Received in SST

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 7 days

Frozen: 2 years

CLINICAL SIGNIFICANCE: DHEA is a weakly androgenic steroid that is useful when congenital adrenal hyperplasia is suspected It is

also useful in determining the source of androgens in

hyperandrogenic conditions, such as polycystic ovarian syndrome

and adrenal tumors

Digoxin

Test Code: *DIG* CPT:80162 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

Dihydrotestosterone

Test Code: *DIHTz* CPT:82651

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 90567 Turn-around-time: Setup: Sunday thru Friday. Report available 1-4 days.

Special Instructions: No gel. DIHTz: 1(0.6)mL S-RF

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 2

COLLECTION NOTES

REJECTION CRITERIA: Serum separator tube; Gross hemolysis;

Lipemia LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 7 days

Frozen: 2 years

CLINICAL SIGNIFICANCE: DHT is a potent androgen derived from testosterone via 5-alpha-reductase activity 5-alpha-reductase deficiency results in incompletely virilized males (phenotypic females) This diagnosis is supported by an elevated ratio of

testosterone to DHT

Direct Antiglobulin Test

Test Code: *DAT* CPT:86880

Dept: Blood Bank Testing Prefix: BB Turn-around-time: Result Pending

> Age (Y) 0-100

St. Joseph Health St. Joseph · Redwood Memorial

LABORATORY INFORMATION MANUAL

Direct Antiglobulin Test Compl

Test Code: *DATCOMP* CPT:86880
Dept: Blood Bank Testing Prefix: BB
Turn-around-time: Result Pending

Age (Y) 0-100

Direct Antiglobulin Test, IgG

Test Code: *DATIGG* CPT:86880

Dept: Blood Bank Testing Prefix: BB

Turn-around-time: Result Pending

Age (Y) 0-100

DNA, Single Strand IgG Ab

Test Code: *DNASz* CPT:86226

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 14857

Turn-around-time:

Special Instructions: 1 mL S FRZ *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube Frozen 0.5

DNase-B Antibody

Test Code: *DNASEz* CPT:86215

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 256 Turn-around-time: Setup: Tuesday thru Saturday. Reports in 1-4 days.

Special Instructions: DNASEz: 1(0.4)ml S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES
REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 48 hrs; Refrig: 8 days

Frozen:90 days

CLINICAL SIGNIFICANCE: Documents recent streptococcal infection

Donor A Subgroup

Test Code: *DSUB* CPT:86905

Dept: Blood Bank Ref/Misc Testing Prefix: BZ

Turn-around-time: Result Pending

Age (Y) 0-100



Drug Detection Panel, Umbilical

Test Code: *DRGUMBz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 13728CS

Turn-around-time:

Special Instructions: DRGUMBz: 6 inches Umbilical Cord REF*

Age (Y) <u>Container</u> 0-100 Special Container

Quest #13728CS Additional Information: Specimen: Umbilical Cord

Volume: 6 inches - Minimum: 6 inches**
Container: Sterile leak-proof container

Temp: Ship refrigerated

Stability: Room temperature: 7 days Refrigerated: 21 days Frozen: 1 year

Note: No alternate specimen type accepted

Rejection criteria: Cords soaking in blood or other fluid;

decomposed tissue

Instruction: Drain and discard any blood Rinse the exterior of the cord segment with normal saline or sterile water Pat the

cord dry and place in container for transport

Schedule: Set up day/time*** Report day/time*** Sun-Sat A Mon-Sun

Report available: 1-5 days

Method: Qualitative Liquid Chromatography-Time of Flight Mass

Spectrometry/Enzyme-Linked Immunosorbent Assay

Drug Screen 9, Meconium

Test Code: *DRUG9z* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 30427X

Turn-around-time:

Special Instructions: 5 q MECONIUM REF

Age (Y) Container Volume (mLs)
0-100 Sterile Cup (MIC) 1

dRVVT Screen with Reflex to dR

Test Code: *DRVVTz* CPT:85613

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 15780X

Turn-around-time:

Special Instructions: 2 mL PL FRZ

Age (Y) Container Volume (mLs)
0-100 Blue (Sodium Citrate) Frozen 2.70000004768
37198

E Chaffeensis DNA Bld PCR

Test Code: *EHCHz* CPT:87798

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 11353

Turn-around-time:

Age (Y) Container Volume (mLs)



0-100 Lavender 3

Echinococcus Ab IgG

Test Code: *EABIGGz* CPT:86682

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 91307

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

Electrolytes

Test Code: LYTES CPT:80051

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) <u>Container</u> <u>Volume (mLs)</u>

0-100 Green Li Heparin PST 1

Endomysial Antibody Scrn IgA

Test Code: *ENDABz* CPT:86255

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 15064 Turn-around-time: Setup: Tuesday thru Saturday; Reports in 2-6 days.

Special Instructions: ENDABz: 1(0.3) mL S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES

REJECTION CRITERIA: Gross hemolysis; Lipemia

LAB NOTES:

SPECIMEN STABILITY: Room temp: 4 days; Refrig: 21 days

Frozen: 21 days

CLINICAL SIGNIFICANCE: The presence of anti-endomysial (EMA) IgA

antibodies has been shown to correlate with gluten-sensitive enteropathy such as celiac disease (CD) and dermatitis herpetiformis (DH) EMA is detected primarily by IFA, using

monkey esophagus as a substrate and observing fluorescence of the endomysial lining Patients with CD and DH can also demonstrate antibodies to reticulin and gliadin, though EMA-IqA seems to be

the most specific marker (specifically 94-100%)

If Endomysial Antibody (IgA) Screen is abnormal, Endomysial Antibody Titer will be performed at an additional charge

(CPTcode: 86256)

Entamoeba histolytica Antigen

Test Code: *EHAGz* CPT:87337

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34964X

Turn-around-time:

Special Instructions: 1 g STL FRZ *

Age (Y) Container Volume (mLs)



0-100 Stool Frozen 1

Entamoeba histolytica IgG

Test Code: *EHGz* CPT:86753

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34278X

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

Enterovirus RNA, Qual R

Test Code: *EVRNz* CPT:87498

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 15082

Turn-around-time:

Special Instructions: 0.7 mL CSF REF *

Age (Y) Container Volume (mLs)
0-100 CSF Tube (MIC) 0.5

Eosinophils,Ur

Test Code: *EOSU* CPT:89051
Dept: Hematology Fluids Prefix: HF

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Urine Sterile Cup 1

Epinephrine, Plasma

Test Code: *EPIBz* CPT:82491

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37560X

Turn-around-time:

Special Instructions: 4 mL PL ASAP FRZ *

Age (Y) Container Volume (mLs)

0-100 Green Frozen 4

Epstein Barr Virus DNA, Qual

Test Code: *EBVQLz* CPT:87798

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34179

Turn-around-time:

Special Instructions: 1 mL; 1 mL; 1 mL; 1 mL WB or PL or S or CSF REF *

Age (Y) <u>Container</u> <u>Volume (mLs)</u>

0-100 Lavender Whole Blood Ref 3



Epstein Barr Virus PCR Quant

Test Code: *EBVDz* CPT:87799

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10186X

Turn-around-time:

Special Instructions: 1 mL; 1 mL; 1 mL WB or CSF or PL REF *

Age (Y) Container Volume (mLs)

0-100 Lavender 3

Erythrocyte Protoporphyrin

Test Code: *ERYPz* CPT:84202

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 762

Turn-around-time:

Special Instructions: 2 mL WB PROT LIGHT REF *

Age (Y) Container Volume (mLs)

3

0-100 Lavender Whole Blood Ref

Erythropoietin

Test Code: *ERYTHRz* CPT:82668

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 427 Turn-around-time: Monday, Wednesday, Friday. Reports in 3-6 days.

Special Instructions: Collect specimens between 7:30am & 12pm. ERYTHRz:1(0.5)mL S-FZ

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES: Due to diurnal variation, it is recommended

that specimens be collected between 7:30am and noon

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 10 days; Refrig: 18 days

Frozen: 28 days

CLINICAL SIGNIFICANCE: Elevated levels of serum erythropoietin (EPO) occur in patients with anemias due to increased red cell destruction in hemolytic anemia and also in secondary

polycythemias associated with impaired oxygen delivery to the

tissues, impaired pulmonary oxygen exchange, abnormal hemoglobins

with increased oxygen affinity, constriction of the renal

vasculature, and inappropriate EPO secretion caused by certain renal and extrarenal tumors Normal or depressed levels may occur

in anemias due to increased oxygen delivery to tissues, in

hypophosphatemia, and in polycythemia vera

Estradiol, Free by LC/MS/MSTest Code: *ESTDFz*CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36169

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 1.5



COLLECTION NOTES: 25ml (15ml minimum) serum collected in a

red-top tube (no gel)

REJECTION CRITERIA: Grossly hemolyzed specimens are unacceptable

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

SPECIMEN STABILITY:

Estriol

Test Code: *ESTLz* CPT:82677

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34883X Turn-around-time: Setup: Sunday thru Friday. Report available 2-5 days.

Special Instructions: No gel. ESTLz: 0.5(0.3) mL S-RF

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 1

COLLECTION NOTES:

REJECTION CRITERIA: Room temperature, serum separator tube

LAB NOTES:

SPECIMEN STABILITY: Room temp: NA days; Refrig: 7 days

Frozen: 2 years

CLINICAL SIGNIFICANCE: The placenta converts DHEA-S produced by

the fetal adrenals to Estriol and other estrogens Estriol is useful in assessing the fetal adrenals and placenta during pregnancy More commonly, Estriol is one of the maternal serum biochemical markers used to screen for common chromosomal

trisomies, especially Down syndrome

Estrogens, Total Ser

Test Code: *ESTRz* CPT:82672

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 439

Turn-around-time: Setup: Sun-Fri; Report available: 2-5 days.

Special Instructions: ESTRz: 2(1)mL S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES

REJECTION CRITERIA: Gross hemolysis, gross lipemia

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 4 Hours , Refrig: 14 Days ,

Frozen: 28 days

CLINICAL SIGNIFICANCE: Estrogens are secreted by the gonads, adrenal glands, and placenta Total estrogens provide an overall

picture of estrogen status for men and women

Estrone (E1)

Test Code: *ESTNz* CPT:82679

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 23244

Turn-around-time: Setup: Daily; Report available in 1-4 days.

Special Instructions: ESTNz: .5(0.25) mL S-RF

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 4

COLLECTION NOTES



REJECTION CRITERIA: Gel in specimen or received room temperature

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 2 days , Refrig: 7 Days ,

Frozen: 2 years

CLINICAL SIGNIFICANCE: Estrone is primarily derived from metabolism of androstenedione in peripheral tissues, especially adipose tissues Individuals with obesity have increased conversion of androstenedione to Estrone leading to higher concentrations In addition, an increase in the ratio of Estrone to Estradiol may be useful in assessing menopause in women

Ethosuximide

Test Code: *ETHOz* CPT:80168

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 214
Turn-around-time: Setup: Monday thru Saturday; Report available in 1-2 days.

Special Instructions: No gel. ETHOz: 1(0.5)mL S-RF

 Age (Y)
 Container
 Volume (mLs)

 0-100
 Red (No Gel)
 1.5

ALTERNATE SPECIMENS: Plasma collected in EDTA or Sodium heparin

COLLECTION NOTES

REJECTION CRITERIA: Gel in tube or Serum separator tubes

LAB NOTES:

SPECIMEN STABILITY: Room Temp: 5 days , Refrig: 14 Days ,

Frozen: 35 days

CLINICAL SIGNIFICANCE: Ethosuximide is an anticonvulsant used to

treat seizures Ethosuximide levels are monitored to assure adequate therapeutic levels are achieved and to avoid toxicity

Ethylene (Green) Oxide

Test Code: *ATTGAS* CPT: Dept: Environmental Testing Prefix: EV

Turn-around-time:

Age (Y) 0-100

Everolimus, Bld

Test Code: *EVEROLz* CPT:80299

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 18883
Turn-around-time: Setup: Monday through Saturday. Report available next day.

Special Instructions: EVEROLz: 2(1)mL WB-RF

Age (Y) Container Volume (mLs)
0-100 Lavender Whole Blood Ref 3

COLLECTION NOTES

REJECTION CRITERIA: Gel in container; clotted specimen

LAB NOTES: Drug regimens are to be noted on requisition: time and

date of

drug administration Therapeutic range applies to trough

specimens drawn just prior to am dose

SPECIMEN STABILITY: Room Temp: 7 days, Refrig: 14 Days,

Frozen: 30 days



Factor II Activity

Test Code: FAC2z CPT:85210

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 331

Turn-around-time: Wednesday and Friday; Reports in 3-8 days.

Special Instructions: FAC2z: 1 (0.5)ml P-FZ

> Age (Y) Container Volume (mLs) 0-100 Blue Sodium Citrate 2.70000004768

37198

COLLECTION NOTES: The correct ratio of blood to anticoagulant MUST be maintained Level of blood in blue container MUST be at fill mark Transport to laboratory immediately If unable to deliver to lab within 4 hours then process per LAB NOTES

REJECTION CRITERIA: Hemolysis; thawed

LAB NOTES: For extended stability , centrifuge within one hour of collection Using a plastic pipette, remove plasma, taking care to avoid the WBC/platelet buffy layer and place into a plastic vial Centrifuge a second time and transfer platelet-poor plasma into a new plastic vial(s) Freeze immediately Transport frozen

specimen to lab on dry ice

SPECIMEN STABILITY: Room Temp: Unacceptable; Refrig: Unacceptable

Frozen: 14 days

CLINICAL SIGNIFICANCE: This test is useful to evaluate a prolonged PT Deficiency is associated with bleeding risk

Factor IX Activity

Test Code: FAC9z CPT:85250

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 352

Turn-around-time:

1 mL PL ASAP FRZ * Special Instructions:

> <u>Age (Y)</u> **Container** Volume (mLs) 0-100 Blue (Sodium Citrate) Frozen 2.70000004768 37198

Factor V Activity

Test Code: FAC5z CPT:85220

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 344

Turn-around-time:

1 mL PL FRZ * Special Instructions:

> Age (Y) Container Volume (mLs) Blue (Sodium Citrate) Frozen 2.70000004768 0-100

37198

Factor VII Activity

Test Code: FAC7z CPT:85230

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 346X

Turn-around-time:

Special Instructions: 1 mL PL ASAP FRZ *

> Volume (mLs) Age (Y) Container 0-100 Blue (Sodium Citrate) Frozen 2.70000004768

37198

Revised: June 18, 2020 149



Factor VIII Antigen

Test Code: *F8Az* CPT:85244

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 90879

Turn-around-time:

Special Instructions: F8Az: Light Blue Top 1mL F(FRZ)*

Age (Y) Container

0-100 Blue (Sodium Citrate) Frozen

90879

Factor VIII Antigen

Plasma 1 mL

32% Sodium Citrate (It blue-top)

Stability: Room temp:4 Hours; Refrig: 48 hours; Frozen:30 days

Ship frozen

Platelet-poor plasma: Centrifuge light blue-top tube 15 minutes at approx 1500 x g within 60 minutes of collection Using a plastic pipette, remove plasma, taking care to avoid the WBC/platelet buffy layer and place into a plastic vial

Centrifuge a second time and transfer platelet-poor plasma into a new plastic vial Plasma must be free of platelets (<10,000/mcL)

Freeze immediately and ship on dry ice

Factor VIII Inhbitor Panel

Test Code: FAC8Iz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 40083

Turn-around-time:

Special Instructions: 2 mL PL ASAP FRZ *

Age (Y)ContainerVolume (mLs)0-100Blue (Sodium Citrate) Frozen2.70000004768

37198

40083

Factor VIII Inhibitor Panel

Plasma

32% Sodium Citrate (It blue-top)

2 mL

Room Temp: Unacceptable , Refrig: Unacceptable , Frozen: 14 Days

Ship frozen (Do not thaw)

Submit a total of 6mL, 2mL in each of 3 tubes Centrifuge light blue-top tube 15 minutes at approx 1500 g within 60 minutes of collection Using a plastic pipette, remove plasma, taking care to avoid the WBC/platelet buffy layer and place into a plastic vial Centrifuge a second time and transfer platelet-poor plasma into a pay plastic vial Plasma must be free of platelets.

into a new plastic vial Plasma must be free of platelets (<10,000/mcl) Freeze immediately and ship on dry ice

Fatty Acids Free

Test Code: FAFz CPT:82725

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 449X

Turn-around-time:



Special Instructions:

1 mL S ASAP FZ *

Volume (mLs) <u> Age (Y)</u> Container 1

0-100 Serum Separator Tube

Fecal Fat, Qualitative

Test Code: FECFz CPT:82705

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 3967 Setup: Sunday thru Thursday. Report available in 1-3 days Turn-around-time:

See collection notes. FECFz: 5g (1g) Stool-FZ Special Instructions:

> Age (Y) Container Volume (mLs) 0-100 Stool Frozen 1

ALTERNATE NAME: Lipid Stool

COLLECTION NOTES: Patient should be on a normal diet which includes fat intake Patient should not use castor oil, mineral oil, suppositories or barium prior to collection of specimen Fat substitutes such as Olestra may cause interference and should be avoided

Collect approximately 5 grams of semi-solid stool or approximately 5 mL of liquid stool and transfer to a properly labeled leak-proof container Transport sample frozen REJECTION CRITERIA: Sample submitted in paint cans, PVA formalin, Cary Blair, M4, swabs, or slides Samples containing mineral or castor oil; samples containing bismuth, creams or lubricants; Samples containing suppositories, barium LAB NOTES:

SPECIMEN STABILITY: Room temp: N/A; Refrig: 5 days; Frozen: 30

davs

CLINICAL SIGNIFICANCE: Results may indicate malabsorption or maldigestion False positive results can occur due to mineral oil or castor oil present in the specimen Large number of neutral

fat globules may indicate steatorrhea

Fecal Globin By Immunochemist

Test Code: FECGz CPT:82274

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 11290

Turn-around-time:

Special Instructions: STL PROT LIGHT AMB *

> Age (Y) **Container** Volume (mLs) 1

0-100

Special Container

Quest 11290

Fecal specimen must be collected from toilet water and brushed on the Insure(TM) FOBT Test Card Protect from light For clarification of Collection Instructions, please contact Customer

Support 1-800-642-4657

Set up M-F Report available in 1-4 days

Fecal Lipids, Total

Test Code: FECLIPZ CPT:82710

Dept: Reference Special Prefix: ZS Ouest Diagnostics Nichols Inst 455

Turn-around-time:

Revised: June 18, 2020 151



Special Instructions: 20 gm 72HR STL FRZ *

Age (Y) Container Volume (mLs)

0-100 Stool Frozen 3

Ferritin

Test Code: *FERRITI* CPT:82728

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 0.5

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

Fetal Fibronectin

Test Code: FFN CPT:82731

Dept: Chemistry Special Prefix: CS

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 FFN test kit 1

Fetal Hemoglobin, Bld

Test Code: *FEHGBWBz* CPT:83021

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 513X

Turn-around-time:

Special Instructions: 5 mL WB REF *

Age (Y) Container Volume (mLs)

0-100 Lavender 1.5

Fetal Screen

Test Code: FS CPT:83033

Dept: Blood Bank Ref/Misc Testing Prefix: BZ

Turn-around-time: Results Pending

Special Instructions: Post Partum Specimen Only

Age (Y) 0-100

Fibrinogen

Test Code: *FIB* CPT:85384 Dept: Coagulation Prefix: K

Turn-around-time:

Special Instructions: Tube must be filled to mark.

Age (Y) Container Volume (mLs)



0-100 Blue NaCitrate 2.7 mL

2.70000004768 37198

COLLECTION NOTES: The correct ratio of blood to anticoagulant must be maintained Level of blood in blue container must be at

fill mark Transport to laboratory immediately

REJECTION CRITERIA: Hemolyzed, high hematocrit, or clotted

SPECIMEN STABILITY: Room Temperature 24 hours

Fibrinogen Ag, Nephelometry

Test Code: FIBAz CPT:85385

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37801

Turn-around-time:

Age (Y)ContainerVolume (mLs)0-100Blue (Sodium Citrate) Frozen2.70000004768

37198

Flecainide

Test Code: FLECz CPT:80299

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 5309

Turn-around-time:

Special Instructions: 2 mL S REF *

Age (Y) Container Volume (mLs)

0-100 Red (No Gel) 2

Folate (Folic Acid)

Test Code: FOLATE CPT:82746

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 PST Green protect from Light 0.5

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

Folate, RBC

Test Code: FOLRZ CPT:82747

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 467 Turn-around-time: Setup: Tuesday thru Saturday. Reports in 1-2 days.

Special Instructions: Protect from light. FOLRz: 2(0.2)mL WB-RF

Age (Y) Container Volume (mLs)
0-100 Lavender Ambient 1

COLLECTION NOTES: Protect from light Wrap tube in aluminum foil

Ιf

specimen is not protected from light, specimen stability is

reduced to 3 days



REJECTION CRITERIA:

LAB NOTES: If sample is sent frozen, a default hematorcrit will

be used for calcuation of the RBC folate

SPECIMEN STABILITY: Room temp: 5 days; Refrig: 5 days

Frozen: 30 days

CLINICAL SIGNIFICANCE:

Follicle Stim Hormone

Test Code: FSHSz

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 470

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 SST 1

Free Prostate Specific Antigen

Test Code: *PSAF* CPT:84154

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container

0-100 Serum Separator Tube

Fructosamine

Test Code: FRUCZ CPT:82985

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8340 Turn-around-time: Setup: Monday through Friday; Reports in 3-6 days.

Special Instructions: FRUCz: 1(0.5)mL S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

ALTERNATE SPECIMENS: Heparinized plasma; EDTA plasma

COLLECTION NOTES:

REJECTION CRITERIA: hemolysis, moderate or grossly icteric

LAB NOTES:

SPECIMEN STABILITY: Room temp: 3 days; Refrig: 14 days

Frozen: 60 days

CLINICAL SIGNIFICANCE: The fructosamine assay is useful in monitoring the degree of glycemia over short-to-intermediate time frames (1-3 weeks) A fructosamine concentration greater than the

established normal range is an indication of prolonged

hyperglycemia of 1-3 weeks or longer The higher the fructosamine value, the poorer the degree of glycemia control Limitations: Patients with low albumin concentrations may exhibit depressed

levels of fructosamine

FTA Antibodies

Test Code: *FTAABSz* CPT:86780

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4112
Turn-around-time: Setup: Tuesday thru Saturday; Report available in 1-3 days.



Special Instructions: FTAABSz: 1(0.2) mL S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES:

REJECTION CRITERIA: gross hemolysis, grossly icteric

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days

Frozen: 30 days

CLINICAL SIGNIFICANCE: The FTA-ABS is a specific treponemal assay to detect antibody to t Pallidum The FTA-ABS becomes reactive 4-6 weeks after infection Unlike the nontreponemal tests, once the FTA-ABS test becomes reactive, it will remain reactive for many years Since the reactivity found with the FTA-ABS does not indicate response to therapy, it is not suitable for monitoring treatment The FTA-ABS test does not distinguish between syphillis and other treponematoses such as yaws, pinta and bejil

Alternative Name(s)

Treponemal pallidum, Fluorescent Treponemal Antigen, Syphilis

Fungal Panel 2, by ID & CF

Test Code: *FUNABSz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36563X

Turn-around-time:

Special Instructions: 2 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

Fungitell(R) (1-3)-B-D-Glucan

Test Code: *FUNTz* CPT:8431190

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16283

Turn-around-time: Setup: Daily. Reports in 1-2 days.

Special Instructions: FUNTz: 1(0.5)mL S-FZ

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) Frozen 3.5

COLLECTION NOTES:

REJECTION CRITERIA: Glass tubes are unacceptable LAB NOTES: Pour serum off into a cryogenic vial SPECIMEN STABILITY: Room temp: N/A; Refrig: 5 days

Frozen: 14 days

CLINICAL SIGNIFICANCE:

G6PD, Quant

Test Code: G6PDZ CPT:82955

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 500 Turn-around-time: Setup: Tuesday thru Saturday; Reports in 2-5 days.

Special Instructions: G6PDz: 1(0.5)mL WB-RF

Age (Y) Container Volume (mLs)
0-100 Lavender 1.5



ALTERNATE CONTAINERS: EDTA (lavender-top); EDTA (royal blue-top);

Sodium heparin (green-top); Lithium heparin (green-top); ACD

solution B

(yellow-top); Sodium heparin lead-free (tan-top)

COLLECTION NOTES:

REJECTION CRITERIA: Received frozen

LAB NOTES:

SPECIMEN STABILITY: Room temp: 2 days; Refrig: 7 days

Frozen: N/A

CLINICAL SIGNIFICANCE: Invasive Fungal Infections (IFI) are increasing, especially among immunocompromised patients Most pathogenic fungi have (1->3)-beta-D-glucan in their cell walls and minute quantities are sloughed into the bloodstream and appear in the serum in cases of IFI Monitoring serum

(1->3)-beta-D-glucan for evidence of elevated and rising levels

provides a convenient surrogate marker for IFI

Gabapentin

Test Code: GABZ CPT:80299

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3557X Turn-around-time: Setup: Tuesday thru Saturday; Reports in 2-4 days.

Special Instructions: No gel tubes. Collect 2 hr post last dose. GABz:1(0.5)mL S-RF

 Age (Y)
 Container
 Volume (mLs)

 0-100
 Red (No Gel)
 1.5

ALTERNATE SPECIMENS: EDTA (lavender-top); Sodium heparin

(green-top); Lithium heparin (green-top)

COLLECTION NOTES: Draw sample two hours after last dose

REJECTION CRITERIA: Gross hemolysis; gel tubes

LAB NOTES:

SPECIMEN STABILITY: Room temp: 5 days; Refrig: 12 days

Frozen: 30 days

CLINICAL SIGNIFICANCE: Gabapentin is an anticonvulsant drug commonly used as adjunctive therapy to treat partial seizures Therapeutic drug monitoring is useful to optimize dose and to

avoid toxicity

Alternative Name(s) Neurotin, Neurontin

GAD 65 Ab

Test Code: *GADz* CPT:86341

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34878

Turn-around-time: Setup: Sunday thru Friday; Reports in 3- 5 days.

Special Instructions: GADz: 1(0.5) mL S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES:

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days

Frozen:28 days

CLINICAL SIGNIFICANCE: Glutamic acid decarboxylase (GAD-65)

antibody is useful to diagnose insulin dependent diabetes



mellitus [Type I diabetes (autoimmune-mediated diabetes)] to assess risk for development of Type I diabetes, to predict onset of Type I diabetes, and risk of development of related endocrine disorders, eg, thyroiditis Before clinical onset, Type I diabetes is characterized by lymphocytic infiltration of the islet cells, and by circulating autoantibodies against a variety of islet cell antigens, including GAD-65, IA-2 (a tyrosine phosphatase-like protein), and insulin (IAA) Limitations

GAD-65 antibodies are detected in 20% of diabetic twins who remain disease-free for long periods of time and in 8% of healthy individuals

Gamma Glutamyl Transpeptidase

Test Code: *GGT* CPT:82977

Dept: Chemistry

Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 0.5

Ganglioside GD1b Ab IgM

Test Code: *GANGDBMz* CPT:83520

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37439

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 0.5

37439

Ganglioside GD1b Antibody (IgM), EIA

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 48 Hours , Refrig: 14 Days , Frozen: 30 Days

Ship refrigerated (Okay to thaw) Overnight fasting is preferred

Ganglioside GM-1 Ab IgG, IgM

Test Code: *GGMz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37093 Turn-around-time: Setup: Monday and Wednesday. Reports in 4-7 days.

Special Instructions: GGMz: 1(0.2) mL S-RF

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 1

COLLECTION NOTES:

REJECTION CRITERIA: Received room temperature

LAB NOTES:

SPECIMEN STABILITY: Room temp: N/A; Refrig: 14 days

Frozen:30 days

CLINICAL SIGNIFICANCE: Ganglioside GM-1 Antibody IgG is associated with the Guillain-Barre syndrome, particularly the acute motor axonal neuropathy variant Antibody IgM is associated



with chronic multifocal motor neuropathy Alternative Name(s) GM-1 Antibody

Gastric Parietal Cell Ab

Test Code: GASABZ CPT:83516

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 15114 Turn-around-time: Setup: Tueday, Thursday, Saturday; Reports in 2-5 days.

Special Instructions: GASABz: 1(0.3) mL S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

COLLECTION NOTES:

REJECTION CRITERIA: Gross hemolysis, lipemia, microbial

contaminated

Serum, or specimen displaying heavy visible particulate

LAB NOTES:

SPECIMEN STABILITY: Room temp: N/A; Refrig: 14 days

Frozen:30 days

CLINICAL SIGNIFICANCE: Gastric Parietal Cell Antibodies (GPA) test results are used in the diagnosis of pernicious anemia

Alternative Name(s)

Gastric Parietal Cell Antibody, Elisa

Gastrin, Serum

Test Code: *GASTRz* CPT:82941

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 478

Turn-around-time: Setup: Mon, Wed, Fri; Reports in 3-6 days.

Special Instructions: 12 hours fasting preferred. GASTRz: 1(0.5)mL S-FZ

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES:

REJECTION CRITERIA: hemolysis, grossly lipemic, moderate or

grossly icteric

LAB NOTES: Freeze immediately

SPECIMEN STABILITY: Room temp: N/A; Refrig: N/A

Frozen: 28 days

CLINICAL SIGNIFICANCE: For the diagnosis and monitoring of

gastrin-secreting tumors, gastric ulcer, Zollinger-Ellison

syndrome Increased in pernicious anemia

GC/Chlamydia by PCR

Test Code: CHGCPCR

Dept: LAB Module Microbiology Tests Prefix: LM

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 First Morning Urine 30

0-100 Aptima Swab

0-100 Thin Prep Preservcyt 4

First morning "dirty" catch Urine or no void within 4 hours



Gentamicin, Random

Test Code: GENT CPT:80170

Dept: Chemistry

Prefix: C

Turn-around-time:

Volume (mLs) Age (Y) **Container** 0-100 Green Li Heparin PST 0.5

Gentamicin, Peak

Test Code: GENTP CPT:80170

Dept: Chemistry Prefix: C

Turn-around-time:

Special Instructions: Specimen should be collected 30 minutes after infusion.

> <u>Age (Y)</u> **Container** Volume (mLs) 0.5

0-100 Green Li Heparin PST

Gentamicin, Trough

Test Code: GENTT CPT:80170

Dept: Chemistry Prefix: C

Turn-around-time:

Special Instructions: Specimen should be collected 5-30 minutes prior to infusion.

> Age (Y) **Container** Volume (mLs)

0-100 Green Li Heparin PST 0.5

Giardia & Cryptosporidium Ag

Test Code: GIACRYAG

Dept: LAB Module Microbiology Tests Prefix: LM

Turn-around-time:

<u> Age (Y)</u> Container Volume (mLs)

0-100 Stool Trans Container (MIC) 1

Giardia Ag

Test Code: GIAAG CPT:87329

Dept: LAB Module Microbiology Tests Prefix: LM

Turn-around-time:

<u> Age (Y)</u> Container

0-100 Stool Trans Container (MIC)

Giardia Lamblia Ab by IFA

Test Code: GIALASz CPT:86674

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34265X

Turn-around-time:

1 mL S REF Special Instructions:

Revised: June 18, 2020 159



<u> Age (Y)</u> Container Volume (mLs) 1

0-100 Serum Separator Tube

34265X

Giardia Antibody, IFA (40500)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Gliadin (Deamidated) IgA Ab

Test Code: GLIAAz CPT:83516

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 11228 Turn-around-time: Setup: Monday and Thursday; Reports in 2-6 days.

Special Instructions: GLIAAz: 1(0.5)mL S-RF

> Age (Y) Volume (mLs) Container 0-100 Serum Separator Tube 2

COLLECTION NOTES:

REJECTION CRITERIA: Gross hemolysis, gross lipemia

LAB NOTES:

SPECIMEN STABILITY: Room temp: 4 days; Refrig: 7 days

Frozen: 30 days

CLINICAL SIGNIFICANCE: Detection of antibodies to gliadin, one of the major protein components of gluten, is a sensitive assay useful in diagnosing celiac disease However, gliadin antibodies may be found in individuals without celiac disease; thus gliadin

antibody assays are less specific than assays measuring

antibodies to endomysium and transglutaminase Recent work has revealed that gliadin-reactive antibodies from celiac patients bind to a very limited number of specific epitopes on the gliadin

molecule Further, deamidation of gliadin results in enhanced binding of gliadin antibodies Based on this information, assays using deamidated gliadin peptides bearing the celiac-specific epitopes have much higher diagnostic accuracy for celiac disease

when compared to standard gliadin antibody assays

Gliadin (Deamidated) IgA/IgG

Test Code: GLIADAGZ CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8889 Setup: Monday and Thursday; Reports in 2-6 days Turn-around-time:

GLIADAGz: 1(0.5)mL S-RF Special Instructions:

> Age (Y) Container Volume (mLs) 2

0-100 Serum Separator Tube

COLLECTION NOTES:

REJECTION CRITERIA: Gross hemolysis, gross lipemia

LAB NOTES:

SPECIMEN STABILITY: Room temp: 4 days; Refrig: 7 days

Frozen: 30 days

CLINICAL SIGNIFICANCE: Detection of antibodies to gliadin, one of

the major protein components of gluten, is a sensitive assay

Revised: June 18, 2020 160



useful in diagnosing celiac disease However, gliadin antibodies may be found in individuals without celiac disease; thus gliadin antibody assays are less specific than assays measuring antibodies to endomysium and transglutaminase Recent work has revealed that gliadin-reactive antibodies from celiac patients bind to a very limited number of specific epitopes on the gliadin molecule Further, deamidation of gliadin results in enhanced binding of gliadin antibodies Based on this information, assays using deamidated gliadin peptides bearing the celiac-specific epitopes have much higher diagnostic accuracy for celiac disease when compared to standard gliadin antibody assays

Gliadin (Deamidated) IgG Ab

Test Code: *GLIAGZ* CPT:83516

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 11212 Turn-around-time: Setup: Monday and Thursday; Reports in 2-6 days.

Special Instructions: GLIAGz: 1(0.5)mL S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

COLLECTION NOTES:

REJECTION CRITERIA: Gross hemolysis, gross lipemia

LAB NOTES:

SPECIMEN STABILITY: Room temp: 4 days; Refrig: 7 days

Frozen: 30 days

CLINICAL SIGNIFICANCE: Detection of antibodies to gliadin, one of the major protein components of gluten, is a sensitive assay useful in diagnosing celiac disease However, gliadin antibodies may be found in individuals without celiac disease; thus gliadin antibody assays are less specific than assays measuring antibodies to endomysium and transglutaminase Recent work has revealed that gliadin-reactive antibodies from celiac patients bind to a very limited number of specific epitopes on the gliadin molecule Further, deamidation of gliadin results in enhanced binding of gliadin antibodies Based on this information, assays using deamidated gliadin peptides bearing the celiac-specific epitopes have much higher diagnostic accuracy for celiac disease when compared to standard gliadin antibody assays

Glomerular Basement Membran Ab

Test Code: *GBMABz* CPT:83520

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 257X

Turn-around-time: Setup: Tues, Thurs, Sat; Reports in 3-6 days.

Special Instructions: GBMABz: 1(0.3)mL S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES:

REJECTION CRITERIA: Gross hemolysis

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days

Frozen: 30 days

CLINICAL SIGNIFICANCE: Glomerular Basement Membrane Antibody is

present in one fourth of patients with Goodpastures syndrome



This syndrome consists of glomerulonephritis and pulmonary

hemorrhage

Limitations: Weakly positive results (5-30 EU/mL) may occur in patients who do not have antiglomerular basement membrane antibody-mediated disease

Glucagon

Test Code: GLUGZ CPT:82943

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 519

Turn-around-time: Setup: Monday; Reports in 6 days

Special Instructions: Overnight fasting required. GLUGz: 3(1.1)mL P-FZ

Age (Y) Container Volume (mLs)
0-100 Lavender Frozen 1.5

COLLECTION NOTES: Overnight fasting required REJECTION CRITERIA: Gross or moderate icterus

LAB NOTES:

SPECIMEN STABILITY: Room temp: 1 days; Refrig: 1 days

Frozen: 28 days

CLINICAL SIGNIFICANCE:

Glucose

Test Code: *GLU* CPT:82947 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 0.5

Glucose Tolerance, 1 HR OB

Test Code: *GTTOB1.T* CPT: Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container
0-100 1 Hour Glucose

Glucose Tolerance, 2 Hr

Test Code: *GTT2.T* CPT:82951

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container
0-100 2 Hour Glucose

Glucose Tolerance, 3 HR OB

Test Code: *GTTOB3.T* CPT: Dept: Chemistry Prefix: C

Turn-around-time:



Age (Y) Container
0-100 3 Hour Glucose

Glucose, 1 Hr Postprandial

Test Code: GLUPP1 CPT:82950

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Glucose, 2 Hr Postprandial

Test Code: GLUPP2 CPT:82950

Dept: Chemistry

Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Glucose, Body Fl

Test Code: GLUFL CPT:82945

Dept: Chemistry Fluids Prefix: CF

Turn-around-time:

Age (Y) Container

0-100 Green Li Heparin PST

Glucose, CSF

Test Code: *GLUCSF* CPT:82945

Dept: Chemistry Fluids Prefix: CF

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 CSF Tube (MIC) 1

Glucose, Pericardial

Test Code: *GLUPCF* CPT:82945

Dept: Chemistry Fluids Prefix: CF

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Special Container 1

Glucose, Peritoneal

Test Code: *GLUPTF* CPT:82945



Dept: Chemistry Fluids Prefix: CF

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

GlycoMark «

Test Code: *GMz* CPT:84378

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 19599

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

19599

GlycoMark (R)

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass);

EDTA (lavender-top)

1 mL

Room Temp: 7 Days , Refrig: 7 Days , Frozen: 28 Days

Ship room temperature

Gravity (Blue) Steam

Test Code: *ATTBLU* CPT: Dept: Environmental Testing Prefix: EV

Turn-around-time:

Age (Y) 0-100

Gravity (Brown) Steam

Test Code: *ATTBRGR* CPT: Dept: Environmental Testing Prefix: EV

Turn-around-time:

Age (Y) 0-100

Growth Hormone

Test Code: GHz CPT:83003

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 521

Turn-around-time: Setup: Tues thru Sat; Reports in 1-2 days Special Instructions: See collection notes. GHz: 1(0.5)mL S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

COLLECTION NOTES: Random Growth Hormone collection should be performed on fasting patients who have rested for at least 30 minutes

St.JosephHealth

LABORATORY INFORMATION MANUAL

prior to collection

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 7 days; Refrig: 14 days

Frozen: 28 days

CLINICAL SIGNIFICANCE: Glucagon measurement is useful primarily when considering a glucagon-secreting tumor of the pancreas Glucagon is also used to diagnose glucagon deficiency in patients

with hypoglycemia

Alternative Name(s): Pancreatic Hypercalcemic Factor

H. Influenza A B w Sub RNA

Test Code: *INABPCRz* CPT:

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 91335

Turn-around-time:

Special Instructions: 3 mL Nasal or Naso SWB, REF

Age (Y) Container Volume (mLs)
0-100 Sterile Swab (MIC) 1

91335

Influenza A and B Virus with Subtyping, Real-Time PCR

Nasal swab or Nasopharyngeal swab

Multi Microbe Media (M4)

3 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated

H. Influenza A H1N1, PCR

Test Code: *INH1N1z* CPT:87502

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 16807

Turn-around-time:

Special Instructions: 3 mL RESP SWB or NASO SWB or OTH REF *

Age (Y) Container Volume (mLs)
0-100 Sterile Swab (MIC) 1

16807

Influenza A H1N1 (2009) Real-Time RT-PCR (46585)

Respiratory swab or Nasopharyngeal swab or Nasal aspirate or

Throat swab

Multi Microbe Media (M4); V-C-M medium (green-cap) tube or

equivalent (UTM)

3 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated

Swabs must be sterile Dacron, nylon, or rayon with plastic shafts Place swab in sterile viral transport media containing

protein stabilizer, antibiotics to inhibit bacterial fungal

growth, and buffer solutions (eg UTM, VCM, M4, M5, M6 and other media intended to transport chlamydia, mycoplasma or viruses)

H. Influenza B, IgG

Test Code: HINBZ CPT:86684

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 35135

Turn-around-time:



Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

35135

Haemophilus influenza Type b (IgG)

Serum

SST (red-top); Red-top (no gel)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature

H. Papillomavirus DNA, Lo&Hi

Test Code: *HPVDHLz* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 36453

Turn-around-time:

Special Instructions: 1 mL CERV BRUSH REF *

Age (Y) Container Volume (mLs)

0-100 Special Container 1

36453

HPV DNA, Low and High Risk

Cervical brush

Digene cervical sampler (brush); Digene Specimen Collection Kit;

Leak-proof 15 ml conical tube; Liquid Cytology (PreservCYT(R))

Preservative (Thin Prep(R))

1 mL Digene specimen transport medium or 61 mL Cytyc ThinPrep

solution or 2 mL SurePath Cytorich fraction or 2 mm biopsy

specimen

Room Temp: 14 Days , Refrig: 21 Days , Frozen: 90 Days

Ship room temperature; Tissue: Frozen

Instructions for SurePath(R) liquid based Pap smear sample: To

submit HPV and SurePath(R) liquid cytology testing submit a

SurePath(R) vial according to SurePath(R) collection

instructions If only HPV testing is requested and cytology will

be performed elsewhere; Following cytology slide preparation, add

2 ml of fresh SurePath(R) fluid to the CytoRich(R) fraction

Vortex or mix gently for 5 seconds Cap and transport this sample

to the laboratory for HPV testing Note: Pelleted samples are

stable for 14 days from the date of sample collection If this

sample is being collected for reflex to genotyping do not submit

in a Digene(R) Cervical Sampler The correct submission for

reflex to genotyping is a SurePath(R) or ThinPrep(R) sample

H. pylori Ab, IgG

Test Code: XHPIGGZ CPT:86677

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 29407

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 0.5

29407



Helicobacter pylori Antibody (IgG)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

H. pylori Ab, IgG,A,M

Test Code: XHPYABZ CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 20325

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

20325

Helicobacter pylori Antibodies (IgG, IgA, IgM)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

H. pylori Ab, IgM

Test Code: XHPYLMZ CPT:86677

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34123

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

34123

Helicobacter pylori Antibody (IgM)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

H. pylori Ag, Stool by EIA

Test Code: *HPYSTOz* CPT:87338

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 34838

Turn-around-time: Setup: daily; Reports in 1-4 days.

Special Instructions: HPYSTOz: 0.5 g STL-FZ

Age (Y) Container Volume (mLs)
0-100 Stool Frozen 1

COLLECTION NOTES: Collect 05 mL or 05 grams of semi-solid stool

or 20 mm diameter

solid stool and transfer to properly labeled plastic, leak-proof

container Do not place stool in preservative, transport media or swab Watery, diarrheal stool is not acceptable

For initial diagnostic purposes no special patient preparation is



required Patients are not required to be off of medications or

to fast before this test

REJECTION CRITERIA: Watery diarrheal stool; transport media;

Swab LAB NOTES:

SPECIMEN STABILITY: Room temp: N/A; Refrig: 3 days

Frozen: 30 days

CLINICAL SIGNIFICANCE: Colonization with H pylori is associated with increased risk of patients developing gastritis, peptic ulcer disease, and gastric adenocarcinoma Stool antigen testing provides a sensitive measure of infection including during and after treatment

arter treatment

H. pylori urease

Test Code: *HPYLUR* CPT:

Dept: LAB Module Microbiology Tests Prefix: LM

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 H Pylori CLO (MIC) 1

Hantavirus Abs IgG/IgM

Test Code: *HABz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37547
Turn-around-time: Setup: Monday thru Saturday; Report in 1-3 days

Special Instructions: HABz: 1(0.3)mL S-RF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

COLLECTION NOTES: REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 5 days; Refrig: 14 days

Frozen: 30 days

CLINICAL SIGNIFICANCE: Two major groups of hantaviruses are recognized based on clinical presentation The first group includes Sin Nombre virus, which causes hantavirus pulmonary syndrome, a severe and possibly fatal form of acute respiratory distress A second group of hantaviruses (including Seoul, Hantaan, Dobrava, and Puumala viruses) causes hemorrhagic fever with renal syndrome, a condition not typically seen in the United States Sera are initially screened for IgG and IgM Antibody recognizing the nucleocapsid protein common to all hantaviruses All equivocal and positive samples are further tested in confirmatory assays to detect antibody specific for Sin Nombre virus A positive result in the screening ELISA but a negative result in a confirmatory assay may indicate reactivity to a hantavirus causing hemorrhagic fever with renal syndrome

Haptoglobin

Test Code: *HAPz* CPT:84703

Dept: Reference Prefix: Z Quest Diagnostic Nichols Inst 502

St.JosephHealth

LABORATORY INFORMATION MANUAL

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 SST 1

Overnight fasting is preferred.

HCG, Qual

Test Code: *HCGQL* CPT:84703

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 SST 1

HCG, Ur Qualitative

Test Code: *HCGUR* CPT: Dept: Urinalysis Prefix: U

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Urine Sterile Cup 0.5

HCG, Beta CSF

Test Code: *HCGBCz* CPT:

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 93927

Turn-around-time:

Age (Y) Container
0-100 CSF Frozen

17548

hCG, Total, CSF

CSF

Sterile transport tube

3 mL

Room Temp: 7 Days , Refrig: Unacceptable , Frozen: 28 Days

Ship frozen

Grossly hemolyzed specimens are unacceptable

HE4 Ovarian CA Monitoring

Test Code: *HE4Oz* CPT:86305

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16500

Turn-around-time: Setup: Mon, Wed, Fri; Reports in 2-5 days.

Special Instructions: HE4Oz: 0.5(0.3) mL S-FZ

Age (Y) Container Volume (mLs)

0-100

0-100 Serum Separator Tube Frozen 2

COLLECTION NOTES:

REJECTION CRITERIA: Gross hemolysis; lipemia; icteric specimens;

presence of fibrins

rbcs, or other particulate matter;



LAB NOTES: Sample collected in red-top tube must be allowed to

clot for at

least 30 minutes but no longer than 1 hour

SPECIMEN STABILITY: Room temp: 2 days; Refrig: 3 days

Frozen: 28 days

CLINICAL SIGNIFICANCE: The percentage increase in HE4 values has

been used as an aid in monitoring recurrence or progressive disease in patients with invasive epithelial ovarian cancer Currently there is no clinically accepted cut-off for use in monitoring cancer progression in epithelial ovarian cancer subjects with this assay Serial testing for patient HE4 assay values should be used in conjunction with methods used for

monitoring ovarian cancer

Limitations

A clinical study indicated that serial HE4 levels correlated with clinical status (progression vs no progression) in 70% (247/354)

of the study participants

Heavy Metals Panel, Ur

Test Code: HMURz CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 7507

Turn-around-time: Setup: Mon, Wed, Fri; Reports in 1 day.

See collection notes. HMURz: 7(3)mL U-RF Special Instructions:

> Age (Y) Container Volume (mLs) 0-100 Acid Washed Container 0.5

COLLECTION NOTES: Avoid worksite collection Collect urine in an

acid washed or

metal free plastic container Tests performed on a specimen submitted in a non-trace element tube or non acid washed/non metal free container may not accurately reflect the patients level If a non-trace element tube/container is received, it will be accepted for testing However, elevated results shall be reported with a message that a re-submission with a trace element tube/container is recommended Avoid seafood consumption for 48 hours prior to sample collection

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 2 days; Refrig: 5 days

Frozen: 14 days

CLINICAL SIGNIFICANCE: Excessive exposure to heavy metals can cause acute and chronic toxicity Heavy Metals Panel is intended to evaluate and monitor exposure to heavy metals and evaluate the process of detoxification

Includes

Arsenic, Mercury, Lead, Creatinine

Limitations

Ingestion of seafood within three days of specimen collection can

affect results

Heavy Metals Panel, Ur 24hr

Test Code: HMUz CPT:

Prefix: ZS Dept: Reference Special Quest Diagnostics Nichols Inst 36438

Setup: Tues, Thurs, Sat; Reports in 1 day. Turn-around-time: Special Instructions: See collection notes. HMUz:7(3) mL 24U-RF

Age (Y) Container Volume (mLs)

Revised: June 18, 2020 170



3

0-100 24 Hour Urine Container

COLLECTION NOTES: Avoid worksite collection Collect urine in an acid washed or

metal free plastic container Tests performed on a specimen submitted in a non-trace element tube or non acid washed/non metal free container may not accurately reflect the patients level If a non-trace element tube/container is received, it will be accepted for testing However, elevated results shall be reported with a message that a re-submission with a trace element tube/container is recommended Avoid seafood consumption for 48 hours prior to sample collection

REJECTION CRITERIA:

LAB NOTES:

SPECIMEN STABILITY: Room temp: 2 days; Refrig: 5 days

Frozen: 14 days

CLINICAL SIGNIFICANCE: Includes Arsenic, Lead, Mercury

Excessive exposure to Heavy Metals can cause acute and chronic toxicity Heavy Metals Panel is intended to evaluate and monitor

exposure to heavy metals and evaluate the process of

detoxification

Heavy Metals Panel, Bld

Test Code: *HMBz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 7655

Turn-around-time:

Special Instructions: 4 mL WB AMB *

Age (Y) Container Volume (mLs)

0-100 Royal EDTA 2

7655

Heavy Metals Panel, Blood

Whole blood

EDTA (royal blue-top); Sodium heparin (royal blue-top)

4 mL

Room Temp: 5 Days , Refrig: 7 Days , Frozen: Unacceptable

Ship room temperature

Carefully clean skin prior to venipuncture Avoid worksite collection Tests performed on a specimen submitted in a

non-trace element tube or non acid washed/non metal free

container may not accurately reflect the patients level If a non-trace element tube/container is received, it will be accepted

for testing However, elevated results shall be reported with a

message that a re-submission with a trace element tube/container

is recommended Avoid seafood consumption for 48 hours prior to

sample collection

Helicobacter pylori, UBiT«

Test Code: *HPUBTz* CPT:83013

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 14839

Turn-around-time:

Special Instructions: BREATH AMB *

Age (Y) Container Volume (mLs)
0-100 H Pylori Breath 1

St. Joseph Health St. Joseph · Redwood Memorial

LABORATORY INFORMATION MANUAL

14839

Helicobacter pylori Urea Breath Test (UBiT-(R))

Breath

Capped pink and blue Breath UbiT UBT collection bags

Room Temp: 7 Days , Refrig: Unacceptable , Frozen: Unacceptable

Ship room temperature

The test can only be performed on specimens from patients greater than 18 years old Human breath: Paired breath samples (pre and post) collected in BreathTek UBT Collection Kit bags must be submitted together Follow instructions provided with kit Patient should fast one hour before collection of baseline breath sample Patient must be off antibiotics, proton-pump inhibitors (ie Prilosec(TM), Nexium(TM),

Protonix (TM), Aciphex(TM)), and bismuth preparations two

weeks prior to administration of test Pranactin(R)-Citric

contains a small amount of aspartame sweetener Test may

not be suitable for patients with phenylketonuria

whose dietary phenylalanine should be restricted

Hematocrit

Test Code: *HCT* CPT:85014 Dept: Hematology Prefix: H

Turn-around-time:

Age (Y) Container
0-100 Lavender

CPT:85014

Hemoglobin

Test Code: *HGB* CPT:85018

Dept: Hematology Prefix: H

Turn-around-time:

Age (Y) Container
0-100 Lavender

CPT: 85018

Hemoglobin & Hematocrit

Test Code: *HH* CPT: Dept: Hematology Prefix: H

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Lavender 1.5

CPT: 85014; 85018

Hemoglobin A1C

Test Code: *HGBA1C* CPT:83036

Dept: Chemistry Prefix: C

St.JosephHealth

LABORATORY INFORMATION MANUAL

Turn-around-time:

Special Instructions:

HGBA1C: 3 mL WB AMB

Age (Y) **Container** Volume (mLs) 3

0-100 Lavender

Hemoglobin A2

Test Code: HBA2z CPT:83021

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 511X

Turn-around-time:

5 mL WB AMB * Special Instructions:

> Age (Y) Container Volume (mLs) 0-100 Lavender 1.5

511X

Hemoglobin A2, Quantitative

Whole blood

EDTA (lavender-top); Sodium heparin (green-top); Potassium oxalate (gray-top); PTH-related protein (special collection tube)

5 mL

Room Temp: 7 Days , Refrig: 7 Days , Frozen: Unacceptable

Ship room temperature

Patient age and ethnicity are necessary for proper

interpretation Blood transfusions within the last 4 months may

affect results

Hemoglobin Free, Pl

Test Code: HBFz CPT:83051

Quest Diagnostics Nichols Inst 514 Dept: Reference Prefix: Z

Turn-around-time:

Special Instructions: 1 mL PL REF *

> Container Volume (mLs) Age (Y)

Green (Sodium Heparin) 0-100 4

514

Hemoglobin, Free, Plasma (514)

Plasma

Sodium heparin (green-top); Lithium heparin (green-top)

1 mL

Room Temp: 7 Days , Refrig: 7 Days Frozen: Unacceptable

Room temperature

Centrifuge plasma within 1 hour of collection, transfer the plasma to sterile, plastic, screw-capped vial(s), and send

Room temperature

Hemoglobinopathy Eval

Test Code: HEZ CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 35489

Turn-around-time:

5 mL WB REF * Special Instructions:

> Container Volume (mLs) Age (Y) 0-100 Lavender 1.5

Revised: June 18, 2020 173

St. Joseph Health St. Joseph · Redwood Memorial

LABORATORY INFORMATION MANUAL

35489

Hemoglobinopathy Evaluation

Whole blood

EDTA (lavender-top)

5 mL

Room Temp: 72 Hours , Refrig: 6 Days , Frozen: Unacceptable

Ship room temperature

Patient age and ethnicity are necessary for proper

interpretation Whole blood from full EDTA (lavender-top) tube Blood transfusions within the last 4 months may affect results

Hemogram

Test Code: *HGRAM* CPT:85027

Dept: Hematology Prefix: H

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Lavender 1.5

CPT: 85027

Heparin Induced Platelet Ab

Test Code: *HEPINDPz* CPT:86022

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 414

Turn-around-time:

Special Instructions: 1 mL S ASAP FRZ *

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) Frozen 1.5

414

Heparin-Induced Platelet Antibody

Serum

Red-top (no gel); 32% Sodium Citrate (It blue-top)

1 mL

Room Temp: Unacceptable , Refrig: Unacceptable , Frozen: 28 Days

Ship frozen

Centrifuge red top tube 15 minutes at approximately 1500g as soon

as possible after clotting

Hepatic Function Panel

Test Code: *HEPATIC* CPT:80076

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 2

CPT: 80076 QUEST#10256

Hepatitis Acute Panel



Test Code: HEPACUT

Dept: Immunology

CPT:80074 Prefix: IM

Turn-around-time:

Age (Y) Container Volume (mLs) 0-100 Serum Separator Tube 3.5

Hepatitis B Surface AB

Test Code: *HBSAB* CPT:86706

Dept: Immunology Prefix: IM

Turn-around-time:

Special Instructions: **HBSAB - Serum Only**

> <u> Age (Y)</u> Container

0-100 Serum Separator Tube

Hepatitis B Surface AG

Test Code: HBSAG CPT: Dept: Immunology Prefix: IM

Turn-around-time:

<u>Age (Y)</u> Container

0-100 Serum Separator Tube

Hepatitis B Virus DNA, PCR

Test Code: HBVPz CPT:87516

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34181

Turn-around-time:

Special Instructions: 3 mL PL REF *

> Container Volume (mLs) Age (Y) Lavender 0-100 1.5

34181

Hepatitis B Virus DNA, Qualitative, Real-Time PCR

EDTA (lavender-top); PPT Potassium EDTA (white top); Red-top (no

gel); SST (red-top/plastic)

3 mL

Room Temp: 72 Hours , Refrig: 7 Days , Frozen: 42 Days

Ship frozen

Separate plasma from whole blood within 1 day of collection by centrifugation at 800 to 1600 x g for 20 minutes at room

temperature Recommend collecting two tubes per patient to avoid

QNS

Hepatitis B Virus DNA, Quant

Test Code: HBVDz CPT:87517

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8369

Turn-around-time:

1 mL PL FRZ * Special Instructions:

Age (Y) **Container** Volume (mLs)

Revised: June 18, 2020 175



0-100 Lavender Frozen 6

8369

Hepatitis B Virus DNA, Quantitative, Real-Time PCR

Plasma

EDTA (lavender-top); PPT Potassium EDTA (white top); SST

(red-top/plastic); Red-top (no gel)

3 mL (1 mL minimum)

Rejection Criteria: Unspun whole blood samples greater than 24

hours from collection

Room Temp: 72 Hours , Refrig: 7 Days , Frozen: 42 Days

Ship frozen (Do not thaw)

Separate plasma from whole blood within 1 day of collection by centrifugation at 800 to 1600 x g for 20 minutes at room temperature This test requires a separately collected sample

Hepatitis C RNA PCR,rf GenLiPA

Test Code: *HCVQGz* CPT:87522

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 11348

Turn-around-time:

Special Instructions: 3 mL PL REF *

Age (Y) Container Volume (mLs)
0-100 Lavender 3

11348

Hepatitis C Viral RNA, Quantitative PCR with Reflex to Genotype,

LiPA Plasma

See Components

5 mL

Room Temp: 72 Hours , Refrig: 14 Days , Frozen: 42 Days

Ship refrigerated

Separate plasma from whole blood within 24 hours of collection by

centrifugation at 800 to 1600 x g for 20 minutes at room temperature Transfer plasma to a plastic screw-cap vial and

refrigerate

Hepatitis C Viral RNA Genotype

Test Code: *HCVGz* CPT:87902

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37811

Turn-around-time:

Special Instructions: 2 mL PL REF *

Age (Y) Container Volume (mLs)
0-100 PPT Potassium EDTA (white top) 6

37811

Hepatitis C Viral RNA Genotype, LiPA

Plasma

PPT Potassium EDTA (white top); ACD solution B (yellow-top); EDTA

(lavender-top); Red-top (no gel); SST (red-top/plastic)

2 mL

Room Temp: 72 Hours , Refrig: 14 Days , Frozen: 42 Days

Ship refrigerated



Separate serum or plasma from whole blood within 24 hours of collection by centrifugation at 800-1600 x g for 20 minutes at room temperature Transfer the plasma to a properly identified, sterile, polyproprylene screw-cap vial and ship refrigerated or frozen

Hepatitis C Viral RNA, Qual

Test Code: *HCVTz* CPT:87521

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37273

Turn-around-time:

Special Instructions: 2 mL PL FRZ *

Age (Y) <u>Container</u> <u>Volume (mLs)</u>

0-100 PPT Potassium EDTA (white top) 3

37273

Hepatitis C Viral RNA, Qualitative TMA

Plasma

PPT Potassium EDTA (white top); EDTA (lavender-top); Sodium heparin (green-top); 32% Sodium Citrate (lt blue-top); ACD solution B (yellow-top); Red-top (no gel); SST (red-top/plastic)

2 mL

Room Temp: 2 Hours , Refrig: 48 Hours , Frozen: 90 Days

Ship frozen (Do not thaw)

Plasma: Collect blood in sterile tubes containing EDTA

anticoagulant; either 015% solution v/v final EDTA K3 (standard

EDTA tube) or 9 mg spray-dried EDTA K2 (Plasma Preparation Tube

or PPT tube with plasma separator-gel, preferred) Blood

collected in tubes containing ACD anticoagulant are acceptable

but will yield results approximately 15% lower when compared to

EDTA tubes due to the dilution effect of the 15 mL of

anticoagulant used in the tube Store whole blood at room

temperature and separate plasma from cells within 6 hours of

collection Transfer plasma to sterile, plastic, screw-capped

aliquot tubes and store at -18 C or colder Do not clarify plasma

by filtration or further centrifugation Avoid repeated freezing

by includion of farther centificagation, word repeated freezing

and thawing of specimen Note: If blood is collected in a PPT

tube, centrifuge within 6 hours of collection as before, but it

is not necessary to transfer the plasma to aliquot tubes

Following centrifugation, a gel barrier maintains separation of

plasma from cellular components during specimen transport and

storage, and unlike standard VACUTAINER Brand blood collection

tubes, the PPT tube is plastic and hence the plasma can be

shipped and stored frozen in the original tube Serum: Collect

blood in sterile tubes with no anticoagulants; serum separator

tubes (SSTs) are recommended Allow blood to clot at room

temperature and separate serum from cells within 6 hours of

collection Transfer serum to sterile, plastic screw-capped,

aliquot tubes and store at -18 C or colder Avoid repeated

francisco and the wine of an arimon

freezing and thawing of specimen

Hepatitis C Viral RNA, Quant

Test Code: *HCVRz* CPT:87522

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 35645

Turn-around-time:

Special Instructions: EDTA Plasma 1 mL REF *

Age (Y) Container Volume (mLs)



0-100 Lavender 6

35645

Hepatitis C Viral RNA, Quantitative, Real-Time PCR

Plasma

EDTA (lavender-top); PPT Potassium EDTA (white top); Red-top (no

gel); SST (red-top) 3 mL (1 mL minimum)

Room Temp: 72 Hours , Refrig: 14 Days , Frozen: 42 Days

Ship refrigerated

Rejection Criteria: whole blood samples greater than 24 hours

old; frozen whole blood

Freshly drawn specimens (whole blood) may be stored at 2 C to 25 C for up to 24 hours prior to centrifugation Separate plasma from whole blood within 24 hours of collection by centrifugation at 800 to 1600 x g for 20 minutes at room temperature Transfer

plasma to a plastic screw-cap vial and refrigerate

Hepatitis D Ab, IgM

Test Code: *HEPDABz* CPT:86692

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4990

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

4990

Hepatitis D Antibody, Total (24310)

Serum

SST (red-top/plastic); SST (red-top/glass); Red-top (no gel)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

HER2 ELISA

Test Code: *HER2ELz* CPT:83950

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 15113X

Turn-around-time:

Special Instructions: HER2ELz: 1mL S REF

Age (Y) Container
0-100 Red (No Gel)

15113X

HER2, ELISA

1mL Serum

Red Top No gel

Stability Room Temp:24 hours; Refrig: 7 Days; Frozen: 6 Months

No alternate specimen type available

Reject criteria: Grossly hemolyzed or lipemic specimen; Serum Separator Tube

Hereditary Hemochromatosis DNA

Test Code: HHDz CPT:81256

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 35079



Turn-around-time:

Special Instructions: 5 mL WB REF

Age (Y) Container Volume (mLs)
0-100 Lavender 1.5

35079

Hereditary Hemochromatosis DNA Mutation Analysis

Whole blood

EDTA (lavender-top); EDTA (royal blue-top); Sodium heparin

(green-top); ACD solution B (yellow-top)

5 mL

Room Temp: 8 Days , Refrig: 8 Days , Frozen: Unacceptable

Ship room temperature

Herpes Simplex 1, Ag D

Test Code: *HSVAGz* CPT:87299

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 34290

Turn-around-time:

Special Instructions: 3 mL SWAB REF *

Age (Y) Container Volume (mLs)

0-100 Viral Transport Media (MIC) 1

34290

Herpes Simplex Virus Antigen Detection, DFA

Mucosal membrane swab or Vescular lesions swab

V-C-M medium (green-cap) tube or equivalent (UTM); Glass Slide

3 mL

Room Temp: Unacceptable , Refrig: 4 Days , Frozen: Unacceptable

Ship refrigerated

To maintain optimum viability, place swab or fluid into VCM

(equal volumes of fluid and VCM) or equivalent and transport the

specimen to the laboratory as soon as possible Best recovery is

obtained when the specimens are refrigerated at 2-8 degrees C or

kept on wet ice following collection and while in transit If

there will be a long delay before processing, specimens in VCM or

equivalent should be frozen at -70 degrees C or colder and

transported on dry ice Storage or transport at -20 degrees C is

not acceptable Raw (unpreserved) samples should only be

refrigerated and not frozen

Set up: Mon-Sat; Report available: 1-2 days

Herpes Simplex 1, IgG

Test Code: *HSV1Gz* CPT:86695

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3636

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

3636

Herpes Simplex Virus 1 (IgG), Type-Specific Antibody

(HerpeSelect(R))

Serum



Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Herpes Simplex 1/2, IgG

Test Code: *HSV12z* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 6447

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 3.5

6447

Herpes Simplex Virus 1/2 (IgG), Type-Specific Antibodies

(HerpeSelect(R))

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Herpes Simplex 1/2, IgM

Test Code: *HSVIGMz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 90849

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

0 100

90849

Herpes Simplex Virus 1/2 Antibody (IgM), IFA with Reflex to

Titer, Serum Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Herpes Simplex 1/2,DNA Qual

Test Code: *HSVDNAz* CPT:

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 34257

Turn-around-time:

Special Instructions: 1 mL; CSF or SWB REF *

Age (Y) Container Volume (mLs)

0-100 Special Container 3

34257

Herpes Simplex Virus, Type 1 & 2 DNA, Real-Time PCR (43200)

CSF; Swab

Sterile screw cap container; Sterile leak-proof container; Multi Microbe Media (M4); V-C-M medium (green-cap) tube or equivalent (UTM); SST (red-top/plastic); SST (red-top/glass); Sterile screw



cap container; Sterile leak-proof container; EDTA (lavender-top); ACD solution B (yellow-top); PPT Potassium EDTA (white top); ACD solution A (yellow-top); EDTA (lavender-top); ACD solution B (yellow-top); ACD solution A (yellow-top); Sterile screw cap container; APTIMA(R) swab specimen collection kit

1 mL;

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days ; Room

Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated; Ship refrigerated

CSF: Collect in a sterile screw cap container and store

refrigerated or frozen Swab (Dry or in transport media) Serum: Collect blood in sterile tubes with no anticoagulants; serum separator tubes (SSTs) are recommended Allow blood to clot at room temperature and separate serum from cells within 2 hours of collection Transfer serum into sterile, plastic screw-capped

aliquot tubes and store refrigerated or frozen

Herpes Simplex 6, IgG

Test Code: HV6Gz CPT:86790

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34302

Turn-around-time:

Special Instructions: 0.5 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

34302

Herpesvirus 6 Antibody (IgG) (40530)

Serum

Red-top (no gel); SST (red-top)

05 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship refrigerated

Herpes Simplex 6, IgG,M

Test Code: HV6GMz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34282X

Turn-around-time:

Special Instructions: 0.5 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

34282X

Herpesvirus 6 Antibodies (IgG, IgM) (40540)

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

05 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Herpes Simplex 6, RT PCR Qual

Test Code: HV6RTPCRz CPT:8753290

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16001X

Turn-around-time:

Special Instructions: 1 mL WB REF *



Age (Y) Container Volume (mLs)
0-100 Lavender 1.5

16001X

Herpes Virus 6 DNA, Qualitative Real-Time PCR (43160)

Whole blood

SST (red-top/plastic); Red-top (no gel); PPT Potassium EDTA (white top); EDTA (lavender-top); ACD solution A (yellow-top); ACD solution B (yellow-top); Sterile screw cap container; EDTA (lavender-top); ACD solution A (yellow-top); ACD solution B (yellow-top); Sterile leak-proof container; EDTA (lavender-top); ACD solution A (yellow-top); ACD solution B (yellow-top)

1 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: Unacceptable

Ship refrigerated

Whole blood: Collect whole blood in sterile tubes containing EDTA or ACD as anticoagulant Serum: Collect blood in sterile tubes with no anticoagulants; plastic serum separator tubes (SSTs) are recommended Allow blood to clot at room temperature and separate serum from cells within 2 hours of collection Transfer serum to sterile, plastic screw-capped, aliquot tubes Plasma: Collect blood in sterile tubes containing EDTA or ACD as anticoagulant, or in Plasma Preparation Tube (PPT) tubes (preferred) Collected whole blood at room temperature and separate plasma from cells within 2 hours of collection Transfer plasma to sterile, plastic, screw-capped, aliquot tubes Do not clarify plasma by filtration or further centrifugation Avoid repeated freezing and thawing of specimen NOTE: If blood is collected in a PPT tube, centrifuge within 2 hours of collection; the plasma is not required to be transferred to an aliquot tube CSF: Collect in sterile leak proof container

Herpes Simplex Virus 2, IgG

Test Code: *HSGAz* CPT:86696

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3640

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

3640

Herpes Simplex Virus 2 (IgG), Type-Specific Antibody

(HerpeSelect(R))

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , F

Hexagonal Phase Neutraliza

Test Code: *HEXPNz* CPT:85598

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36573

Turn-around-time:

Special Instructions: 1.5 mL PL ASAP FRZ *

Age (Y) <u>Container</u> <u>Volume (mLs)</u>



0 - 100

Blue (Sodium Citrate) Frozen

2.70000004768 37198

36573

Hexagonal Phase Neutralization

Plasma

32% Sodium Citrate (It blue-top)

15 mL

Room Temp: Unacceptable , Refrig: Unacceptable , Frozen: 90 Days

Ship frozen (Do not thaw)

Platelet Poor Plasma: Centrifuge light blue-top tube 15 minutes

at approx 1500 g within 60 minutes of collection Using a plastic pipette, remove plasma, taking care to avoid the

WBC/platelet buffy layer and place into a plastic vial

Centrifuge a second time and transfer platelet-poor plasma into a

new plastic vial Plasma must be free of platelets (<10,000/mcl)

Freeze immediately and ship on dry ice

Histamine, Pl

Test Code: HISTz CPT:83088

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36586

Turn-around-time:

Age (Y) Container Volume (mLs) 0-100 Lavender Frozen 1.5

36586 Histamine, Plasma

Plasma

EDTA (lavender-top)

1 mL

Room Temp: 24 Hours , Refrig: 24 Hours , Frozen: 7 Days

Ship frozen (Do not thaw)

Centrifuge immediately and freeze in plastic vial Avoid taking allergy causing drugs, antihistamines, oral corticosteroids and substances which block H2 receptors 24 hours prior to collection

Histamine, Ur 24hr

Test Code: *HIST24z* CPT:83088

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4946X

Turn-around-time:

Special Instructions: 4 mL 24UR REF *

> <u>Age (Y)</u> **Container** Volume (mLs) 2

0-100 24 Hour Urine Container

4946X

Histamine, 24-Hour Urine

24-hour urine

24-hour urine container - 10 mL 6N HCL; No preservative

Room Temp: 48 Hours , Refrig: 14 Days , Frozen: 14 Days

Ship refrigerated (Okay to thaw)

Avoid direct sunlight Avoid taking allergy causing drugs,

antihistamines, oral corticosteroids and substances which block

H2 receptors 24 hours prior to collection Patient should refrain

Revised: June 18, 2020 183



from taking allergy causing drugs, antihistamines, oral corticosteroids, and substances which block H2 receptors for at least 24 hours prior to specimen collection

Histone Antibodies

Test Code: HISABZ CPT:83516

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37056X

Turn-around-time:

Special Instructions: 1 mL S REF *

> Container Volume (mLs) <u> Age (Y)</u> 0-100 Serum Separator Tube 2

37056X

Histone Antibodies

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

Room Temp: 8 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated (Okay to thaw)

Avoid hemolysis Overnight fasting is preferred

Histoplasma Ab, by CF

Test Code: HISTABZ CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 938

Turn-around-time:

1 mL S REF Special Instructions:

> Container Volume (mLs) <u>Age (Y)</u>

0-100 Serum Separator Tube 2

938

Histoplasma Antibody, Complement Fixation, Serum (40570)

Serum

Red-top (no gel); SST (red-top)

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature

Histoplasma Galact Ag, Ur

Test Code: HISAUz CPT:87385

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 91212

Turn-around-time:

10 mL R UR REF Special Instructions:

> <u>Age (Y)</u> **Container** Volume (mLs) 1

0-100 Urine Sterile Cup

91212

Histoplasma Galactomannan Antigen, Urine

Random urine

Sterile leak-proof container

10 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature

Revised: June 18, 2020 184



HIV 1&2 Ag & Ab

Test Code: *HIVC* CPT: Dept: Immunology Prefix: IM

Turn-around-time:

Special Instructions: HIVC: 2 mL S R(REF)

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 3

CPT: 87389

Submit unopened SST

HIV 1&2 Ag & Ab, Rapid

Test Code: HIVRAPID CPT:82310

Dept: Immunology

inology Prefix: I

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 SST 1

HIV-1 Genotype

Test Code: *HIVGz* CPT:8790190

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34949

Turn-around-time:

Special Instructions: 2 mL PL FRZ *

Age (Y) Container Volume (mLs)
0-100 Lavender Frozen 1.5

34949

HIV-1 Genotype

Plasma

EDTA (lavender-top); PPT Potassium EDTA (white top); ACD solution

B (yellow-top); Red-top (no gel); SST (red-top)

2 mL

Room Temp: 24 Hours , Refrig: 5 Days , Frozen: 35 Days

Ship frozen

Plasma: Collect blood in EDTA (lavender-top) or a (white-top) PPT

Vacutainer(TM) plasma preparation tube Separate plasma from the

cells by centrifugation within 24 hours after collection

Transfer the plasma to a plastic screw-cap vial and ship frozen

Serum: Acceptable for Genotyping but may observe a reduced viral

quantitation value Collect blood in sterile tubes with no

anticoagulants; serum separator tubes (SSTs) are recommended

Allow blood to clot at room temperature and separate serum from

cells within 2 hours of collection Transfer serum to sterile,

plastic screw-capped, aliquot tubes and store at -18 C or colder

Avoid repeated freezing and thawing of specimen Ship frozen

Preferred:

3 mL (1 mL minimum) plasma collected in an EDTA (lavender-top) or

PPT (white-top) tube

(Note: This volume does not allow for repeat testing)

Acceptable:

Remove all other acceptable specimen types

Reject Criteria: Plasma received frozen in the plasma preparation

St.JosephHealth

LABORATORY INFORMATION MANUAL

tube (PPT), serum, whole blood greater than 24 hours old,

frozen whole blood

Instructions:

Freshly drawn specimens (whole blood) may be stored at 2 C to

25 C for up to 24 hours prior to

centrifugation Separate plasma from cells within 24 hours of

collection by centrifugation Follow

manufacturer s instructions for collection tube handling

HIV-1 RNA, Quant PCR

Test Code: HIVQz CPT:87536

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 40085

Turn-around-time:

Special Instructions: 1 mL PL FRZ *

Age (Y) Container Volume (mLs)

6

0-100 Lavender Frozen

40085

HIV-1 RNA, Quantitative, Real-Time PCR

Plasma

EDTA (lavender-top); PPT Potassium EDTA (white top)

3 mL (1 mL minimum)

Room Temp: 24 Hours , Refrig: 6 Days , Frozen: 42 Days

Ship frozen (Okay to thaw)

Rejection Criteria: Plasma received frozen in the plasma

preparation tube (PPT); serum; whole blood greater than 24 hours

old; frozen whole blood

Collect plasma in EDTA (lavender-top) or a (white-top) PPT

Vacutainer(TM) plasma preparation tube Freshly drawn specimens (whole blood) may be stored at 2 C to 25 C for up to 24 hours prior to centrifugation Separate plasma from cells within 24

hours of collection by centrifugationTransfer the plasma to a

plastic screw-cap vial and ship frozen

HLA Class I A,B,C DNA Typing

Test Code: *HLACz* CPT:81372

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 15484

Turn-around-time:

Special Instructions: EDTA WB 14 mL R(REF) *

Age (Y) Container Volume (mLs)

0-100 Lavender 9

15484

HLA Low Resolution Typing (15484)

Whole blood

EDTA (lavender-top); ACD solution A (yellow-top); ACD solution B

(yellow-top)

14 mL

Room Temp: 7 Days , Refrig: 7 Days , Frozen: Unacceptable

A separate ACD (yellow-top) or EDTA (lavender-top) tube must be submitted for all HLA testing If submitted with any other test

requiring an ACD or EDTA tube, please submit a separate tube for

this test Do not open tube

HLA Typing for Platelets

St.JosephHealth

LABORATORY INFORMATION MANUAL

Test Code: HLA CPT:86813

Dept: Blood Bank Ref/Misc Testing Prefix: BZ

Turn-around-time: Result Pending

<u>Age (Y)</u> 0-100

HLA-B27

Test Code: HLAB27z CPT:86812

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 528

Turn-around-time:

Special Instructions: 5 mL WB REF

Age (Y) Container Volume (mLs)

0-100 Green Na Hep Whole Blood 4

528

HLA-B27 Antigen Whole blood

Sodium heparin (green-top); ACD solution A (yellow-top); EDTA

(lavender-top)

5 mL

Room Temp: 7 Days , Refrig: 5 Days , Frozen: Unacceptable

Ship room temperature

Reject Criteria: Hemolysis; lithium heparin (green-top) tube;

clotted; received frozen

HLA-B27 DNA Typing

Test Code: *HLAB27Dz* CPT:81374

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 15584

Turn-around-time:

Special Instructions: Yellow ACD WB 5 mL (3 mL min) R(REF) *

Age (Y) Container Volume (mLs)

0-100 Yellow ACD 20

15584

HLA-B27, DNA Typing (15584)

Whole blood

ACD solution B (yellow-top); ACD solution A (yellow-top); EDTA

(lavender-top); Sodium heparin (green top)

5 mL (3 mL min)

Rejection criteria: Lithium heparin (green top) or buccal swabs Room Temp: 7 Days, Refrig: 7 Days, Frozen: Unacceptable

Ship room temperature

A separate ACD (yellow-top), EDTA (lavender-top)or sodium heparin

(green top) tube must be submitted for all HLA testing If submitted with any other test requiring an ACD or EDTA tube, please submit a separate tube for this test Do not open tube

HPV

Test Code: HPVHR

Dept: LAB Module Microbiology Tests Prefix: LM

Turn-around-time:



Age (Y) Container Volume (mLs)

0-100 Thin Prep Preservcyt 4

HPV Genotyping 16 18/45

Test Code: HPVGT

Dept: LAB Module Microbiology Tests

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Thin Prep Preservcyt 4

Prefix: LM

HTLV-I/II Ab, Conf

Test Code: HTLCz CPT:86689

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8511

Turn-around-time: Set up: Tues and Thurs. Reports in 2-5 days.

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

8511

HTLV-I/II, Confirmatory Assay

Serum

Red-top (no gel); SST (red-top/plastic); Sodium heparin

(green-top); EDTA (lavender-top); EDTA (royal blue-top); 32%

Sodium Citrate (It blue-top)

1 mL

Room Temp: 8 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated

This test is for confirmation only For HTLV-I/II screening,

please use Test Code 36175

HTLV-I/II Ab, w/Rflx Conf

Test Code: HTLVz CPT:86790

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36175

Turn-around-time: Set up: Tues - Sat. Reports in 1 day.

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

(yellow-top)

1 mL

Room Temp: 8 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated

HTLV-I/II Ab, w/Rflx Conf

Test Code: HTLVz CPT:86790

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36175

Turn-around-time: Set up: Tues - Sat. Reports in 1 day.

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

St.JosephHealth St. Joseph · Redwood Memorial

LABORATORY INFORMATION MANUAL

36175

HTLV-I/II Antibody w/Reflex to Confirmation Assay

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass); EDTA (lavender-top); EDTA (royal blue-top); Potassium oxalate (gray-top); 32% Sodium Citrate (It blue-top); ACD solution B

Hu Ab Scr Rfx Titer & WB

Test Code: HUABRZ CPT:86255

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37053

Turn-around-time:

0.5 mL S REF * Special Instructions:

> **Container** Volume (mLs) Age (Y)

0-100 Red (No Gel) 1

37053

Hu Antibody Screen with Reflex to Titer and Western Blot

Serum

Red-top (no gel); SST (red-top/glass)

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 21 Days

Ship room temperature (Okay to thaw)

Overnight fasting is preferred

Huntington Disease Mutation

Test Code: HDMAz CPT:81401

Prefix: Z Dept: Reference Quest Diagnostics Nichols Inst 10247X

Turn-around-time:

Special Instructions: 5 mL WB ASAP AMB *

> Volume (mLs) Age (Y) **Container**

0-100 Lavender Ambient 3

10247X

Huntington Disease Mutation Analysis

Whole blood

EDTA (lavender-top); ACD solution B (yellow-top); EDTA (royal blue-top); Sodium heparin (green-top); EDTA (lavender-top); ACD solution B (yellow-top); EDTA (royal blue-top); Sodium heparin

(green-top); Sterile screw cap container

5 mL

Room Temp: 8 Days , Refrig: 8 Days , Frozen: Unacceptable

Ship room temperature

Whole blood: Normal phlebotomy procedure Specimen stability is

crucial Store and ship ambient immediately Do not freeze

Waiver signed by the referring health care professional must

accompany ALL specimens or be received in the Molecular Genetics

lab (fax: 949-728-4874) within 4 days of the blood draw Call

866-GENEINFO (866-436-3463) for a copy of the waiver For

patients under the age of 18, please call 866-GENEINFO

(866-436-3463) before specimen collection

Hypersensitivity Pneum Eval

Test Code: HPEz CPT:

Revised: June 18, 2020 189

St.JosephHealth

LABORATORY INFORMATION MANUAL

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16490

Turn-around-time:

Special Instructions: 3 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

16490

Hypersensitivity Pneumonitis Evaluation (8156)

Serum

Red-top (no gel); SST (red-top/plastic)

3 mL

Room Temp: 24 Hours , Refrig: 7 Days , Frozen: 31 Days

Ship refrigerated

IA2 Antibody

Test Code: IA2Az CPT:86341

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36177X

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

36177X IA-2 Antibody Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 3 Years

Ship refrigerated

IGF Binding Protein-1 (IGFBP1)

Test Code: *IGFBPz* CPT:83519

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36590

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

36590

IGF Binding Protein-1 (IGFBP-1)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 24 Hours , Refrig: 7 Days , Frozen: 28 Days

Ship refrigerated (Okay to thaw) Overnight fasting is required

IGF Binding Protein-3 (IGFBP3)

Test Code: *IGFBz* CPT:83519

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34458

Turn-around-time:

Special Instructions: 1 mL S AMB

Age (Y) <u>Container</u> <u>Volume (mLs)</u>



0-100 Serum Separator Tube 1

34458

IGF Binding Protein-3 (IGFBP-3)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 1 Year

Ship room temperature (Okay to thaw)

IGF-I, (Somatomedin-C)

Test Code: *IGF1z* CPT:84305

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16293

Turn-around-time:

Special Instructions: 0.5 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

16293

IGF-I, LC/MS

Serum

Red-top (no gel); SST (red-top)

05 mL

Room Temp: 48 Hours , Refrig: 5 Days , Frozen: 28 Days

Ship refrigerated (Okay to thaw)

Collect blood in a red-top or SST vacutainer For red-top vacutainers, allow blood to clot (10-15 minutes) at room

temperature Separate serum from cells and refrigerate If sample

collected in glass collection tube, transfer to plastic

container

Set up: Sun-Fri; Report available: Wed-Sat, Mon, Mon

IgG Subclass 4

Test Code: *IGGS4z* CPT:82787

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 24695P

Turn-around-time:

Special Instructions: 0.5 mL S REF *

Age (Y) Container

0-100 Serum Separator Tube

24695P

IgG Subclass 4

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

1 mL (05 minimum)

Room Temp: 72 Hours , Refrig: 21 Days , Frozen: 6 Months

Ship refrigerated (Okay to thaw) Overnight fasting is preferred

IGG Synth Rate, Ser/CSF

Test Code: *IGSRz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 7558X

Turn-around-time:



2 mL & 1 mL CSF and S REF * Special Instructions:

> Age (Y) Container Volume (mLs) 1

0-100 CSF Tube (MIC)

7558X

IgG Synthesis Rate/Index, CSF

CSF and Serum

Sterile screw cap container; Red-top (no gel); SST (red-top)

2 mL and 1 mL

Room Temp: 8 Hours , Refrig: 7 Days , Frozen: 90 Days

Ship refrigerated

The collection date and time must be the same for both specimens Both serum and CSF must be sent for calculation of synthesis rate

by nephelometry CSF must be crystalline clear

Imipramine

Test Code: IMIPz CPT:80174

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 887

Turn-around-time:

Special Instructions: 3 mL S REF *

> Age (Y) Container Volume (mLs)

0-100 Red (No Gel)

887

Imipramine

Serum

Red-top (no gel); EDTA (lavender-top); Sodium heparin

(green-top); Lithium heparin (green-top)

3 mL

Room Temp: 5 Days , Refrig: 5 Days , Frozen: 30 Days

Ship room temperature

Do not use gel barrier/Serum Separator tubes Collect at

steady-state trough concentrations Specimen should be collected

>12 hrs after dose

Immune Complex, C1q Binding

Test Code: C1OBz CPT:86332

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36735

Turn-around-time:

Special Instructions: 1 mL S FRZ *

> Age (Y) Container Volume (mLs)

0-100 Red (No Gel) Frozen 1

36735

Immune Complex Detection by C1q Binding

Serum

Red-top (no gel)

1 mL

Room Temp: Unacceptable , Refrig: 48 Hours , Frozen: 1 Year

Ship frozen (Do not thaw)

Freeze serum within one hour of time drawn With multiple tests, submit a separate tube for each test Do not use gel barrier tubes Do not submit the sample in a glass tube Do not thaw

Revised: June 18, 2020 192



Immunofixation, Ur

Test Code: *IFEUz* CPT:86335

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 213

Turn-around-time:

Special Instructions: 50 mL R UR or 24HR UR REF

> <u> Age (Y)</u> Container Volume (mLs) 1

0-100 Urine Sterile Cup

213

Immunofixation, Urine

Random urine, no preservative or 24-hour urine, no preservative

Plastic screw-cap container; Urinalysis transport tube (yellow-top, blue fill line, preservative tube); Sterile screw

cap container

50 mL

Room Temp: 5 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

Immunoglobulin E

Test Code: *IGEz* CPT:82785

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 542

Turn-around-time:

Special Instructions: 0.3 mL S REF

> Age (Y) Container Volume (mLs) 0-100 Serum Separator Tube 0.5

542

Immunoglobulin E

Serum

Red-top (no gel); SST (red-top/plastic); EDTA (lavender-top); Sodium heparin (green-top); Lithium heparin (green-top); PPT

Potassium EDTA (white top)

03 mL

Room Temp: 14 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Immunoglobulin A

Test Code: *IGA* CPT:82784 Dept: Immunology Prefix: IM

Turn-around-time:

Container <u> Age (Y)</u>

0-100 Green Li Heparin PST

Immunoglobulin A, Subclasses

Test Code: IGASUBz

CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34188

Turn-around-time:

2 mL S REF Special Instructions:

> <u> Age (Y)</u> <u>Container</u> Volume (mLs)

0-100 Serum Separator Tube 2

Revised: June 18, 2020 193

St. Joseph Health

LABORATORY INFORMATION MANUAL

34188

IgA Subclasses

Serum

Red-top (no gel); SST (red-top)

2 mL

Room Temp: 6 Hours , Refrig: 14 Days , Frozen: 90 Days

Ship refrigerated (Okay to thaw)

Immunoglobulin G

Test Code: *IGG* CPT:82784
Dept: Immunology Prefix: IM

Turn-around-time:

Age (Y) Container

0-100 Green Li Heparin PST

Immunoglobulin G, CSF

Test Code: *IGGCSFz* CPT:82784

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 4448X

Turn-around-time:

Special Instructions: 2 mL CSF REF *

Age (Y) Container Volume (mLs)

0-100 Sterile Cup (MIC) 1

4448X

IgG, CSF

CSF

Sterile screw cap container

 $2 \, mL$

Room Temp: 72 Hours , Refrig: 14 Days , Frozen: 90 Days

Ship room temperature (Okay to thaw)

CSF must be crystalline clear

Immunoglobulin G, Subclasses

Test Code: *IGGSz* CPT

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 7903

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 3.5

7903

IgG Subclasses Panel

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

2 mL

Room Temp: 72 Hours , Refrig: 7 Days , Frozen: 90 Days

Ship refrigerated (Okay to thaw) Overnight fasting is preferred

Immunoglobulin G,A,M, Ser

Test Code: *IMGP* CPT:

St.JosephHealth

LABORATORY INFORMATION MANUAL

Dept: Immunology

Prefix: IM

Turn-around-time:

Age (Y) <u>Container</u> 0-100 Green Li Heparin PST Volume (mLs) 3.5

CPT: 82784; 82784; 82784

Immunoglobulin M

Test Code: *IGM* CPT:82784 Dept: Immunology Prefix: IM

Turn-around-time:

Age (Y) <u>Container</u> 0-100 Green Li Heparin PST

Indirect Coombs

Test Code: *IC* CPT:86850

Dept: Blood Bank Testing Prefix: BB

Turn-around-time: Result Pending

Age (Y) 0-100

Influenza Virus A&B, Rapid

Test Code: *FLUAB* CPT:

Dept: LAB Module Microbiology Tests Prefix: LM

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Nasopharyngeal Swab (MIC) 1

Inhibin A

Test Code: *INHAz* CPT:86336

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34472

Turn-around-time:

Special Instructions: 2 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

34472 Inhibin A Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

2 mL

Rejection Criteria: Gross hemolysis; grossly lipemic Room Temp: 7 Days , Refrig: 7 Days , Frozen: 28 Days

Ship room temperature (Okay to thaw)

Inhibin B



Test Code: *INHBz* CPT:82397

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34445

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

34445 Inhibin B Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 72 Hours , Refrig: 7 Days , Frozen: 28 Days

Ship frozen (Okay to thaw)

Rejection criteria: Hemolysis, icteric, lipemic

Serum should be collected with the usual precautions of

venipuncture

Insulin Autoantibody

Test Code: *INSABz* CPT:86337

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36178

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

36178

Insulin Autoantibody

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 28 Days , Refrig: 28 Days , Frozen: 28 Days

Ship room temperature (Okay to thaw)

Collect blood in red-top vacutainer Centrifuge and separate the

serum from the cells

Insulin Fasting

Test Code: *INSUz* CPT:83525

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 561

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

561

Insulin

Serum

Red-top (no gel); SST (red-top);

1 mL

Room Temp: 8 Hours , Refrig: 7 Days , Frozen: 28 Days

Ship refrigerated (Okay to thaw)

Reject Hemolysed and grossly icteric samples

Collect blood by venipuncture into plain tubes (without



anticoagulant); separate the serum from the cells Overnight fasting is required

Interleukin-6 Highly Sensitive

Test Code: *IL6HS1z* CPT:83520

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34473X

Turn-around-time:

Special Instructions: 1 mL PL FRZ *

Age (Y) Container Volume (mLs)
0-100 Lavender Frozen 1.5

34473X

Interleukin-6, Highly Sensitive ELISA

Plasma

EDTA (lavender-top); Red-top (no gel)

1 mL

Room Temp: 24 Hours , Refrig: 48 Hours , Frozen: 7 Months

Ship frozen (Do not thaw)

Do not thaw Cytokine levels may demonstrate diurnal variation Recommend cytokine levels be determined at the same time of day

for improved longitudinal comparison

Intrinsic Factor Blocking Ab

Test Code: *INTRz* CPT:86340

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 568

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

568

Intrinsic Factor Blocking Antibody

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

1 mL

Room Temp: 7 Days , Refrig: 7 Days , Frozen: 28 Days

Ship room temperature (Okay to thaw)

Samples should not be collected from a patient who has received

vitamin B12 injection therapy within the past week

Iodine, Ser/Pl

Test Code: *IODz* CPT:83789

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16599

Turn-around-time:

Special Instructions: 1 mL; 1 mL S or PL REF

Age (Y) Container Volume (mLs)
0-100 Royal EDTA 1.5

16599

Iodine, Serum/Plasma (16599)

Serum; Plasma

Royal blue-top (no additive) in trace element collection package;

Royal blue-top (EDTA) in trace element collection system

St. Joseph Health St. Joseph · Redwood Memorial

LABORATORY INFORMATION MANUAL

1 mL; 1 mL

Room Temp: 10 Days , Refrig: 10 Days , Frozen: Unacceptable ; Room Temp: 10 Days , Refrig: 10 Days , Frozen: Unacceptable

Ship room temperature; Ship room temperature

Iodine, Ur

Test Code: *IODURz* CPT:83789

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 16601

Turn-around-time:

Special Instructions: 10 mL R UR REF

Age (Y) Container Volume (mLs)
0-100 Urine Sterile Cup 0.5

16601

Iodine, Random Urine (16601)

Random urine

Sterile leak-proof container; No preservative

10 mL

Room Temp: 10 Days , Refrig: 10 Days , Frozen: Unacceptable

Ship room temperature

IRIS iQ Negative Control

Test Code: .IRISiQNC CPT: Dept: Urinalysis Prefix: U

Turn-around-time:

Age (Y) 0-100

IRIS iQ Positive Control

Test Code: .IRISiQPC CPT: Dept: Urinalvsis Prefix: U

Turn-around-time:

Age (Y) 0-100

Iron

Test Code: *FE* CPT:83540 Dept: Chemistry Prefix: C

Turn-around-time:

Special Instructions: NKML, NRML: AVOID HEMOLYSIS

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 0.5

CPT: 83540

Iron and Iron Binding Cap

Test Code: *FEIBC* CPT: Dept: Chemistry Prefix: C

Turn-around-time:



Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 2

CPT: 83540 ; 83550

Iron, Liver Tissue

Test Code: *FELTz* CPT:83540

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 8828Z

Turn-around-time:

Special Instructions: 5 mg LIVER BIOP REF *

Age (Y) Container
0-100 Royal Blue TM Serum

Islet Cell Antibody Scrn w/Tit

Test Code: *ISLSz* CPT:86341

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36741

Turn-around-time:

Special Instructions: 2 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

36741

Islet Cell Antibody Screen with Reflex to Titer

Serum

Red-top (no gel); SST (red-top/glass); SST (red-top/plastic)

2 mL

Room Temp: 48 Hours , Refrig: 14 Days , Frozen: 6 Months

Ship refrigerated (Okay to thaw)

Itraconazole Level

Test Code: .ITRA1z CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst

Turn-around-time:

Age (Y) 0-100

JC Virus DNA Qn PCR

Test Code: JCPVz CPT:87799

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 19503X

Turn-around-time:

Special Instructions: JCPVz: 0.7 mL Lavender R(REF)

Age (Y) Container
0-100 Lavender

19503X

JC Polyoma Virus DNA, Quantitaive Real-Time PCR, Plasma

Plasma



07 mL; Minimium 03 mL

EDTA (lavender-top)(preferred); ACD solution A (yellow-top);

Jo 1 Antibody

Test Code: JO1ABZ CPT:86235

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 5810X

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 0.5

5810X

Jo-1 Antibody

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Overnight fasting is preferred

Kappa Lambda Lite Chains, Ur

Test Code: *KLUz* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 34318

Turn-around-time:

Special Instructions: 2 mL R UR REF

Age (Y) Container Volume (mLs)

0-100 Urine Sterile Cup 0.5

34318

Kappa/Lambda Light Chains, Total, Random Urine (343188)

Random urine

Plastic leak-proof container; No preservative

2 mL

Room Temp: 12 Hours , Refrig: 7 Days , Frozen: Not Established

Ship refrigerated

Kappa Lambda Lite Chains, Ur 24h

Test Code: *KLCUz* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 17300Z

Turn-around-time:

Special Instructions: 2 mL 24UR REF *

Age (Y) <u>Container</u> <u>Volume (mLs)</u>

0-100 24 Hour Urine Container 1

17300Z

Kappa/Lambda Light Chains, Total, w/Calculation, 24 hr Urine

(173008) 24-hour urine

Plastic leak-proof container; No preservative

2 mL

Room Temp: 12 Hours , Refrig: 7 Days , Frozen: Not Established

Ship refrigerated

Please provide the 24-hour total volume on the request form and



on the sample container (required for calculation) Transport on refrigerant coolant

Kappa/Lambda Lite Chains, Ser

Test Code: KALAFRZ C

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 11234

Turn-around-time:

Special Instructions: 2 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

11234

Kappa/Lambda Light Chains, Free with Ratio, Serum

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

2 mL

Room Temp: 7 Days , Refrig: 21 Days , Frozen: 90 Days

Ship room temperature (Okay to thaw)

Kit Collection

Test Code: *KIT* CPT:

Dept: Laboratory - no prefix Prefix:

Turn-around-time:

Age (Y) 0-100

Kleihauer Betke

Test Code: KB CPT:85460

Dept: Blood Bank Ref/Misc Testing Prefix: BZ

Turn-around-time: Results Pending

Age (Y) 0-100

L. pneumophila Sero 1-6, IgG,M

Test Code: *LPNS16z* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37345X

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 1.5

37345X

Legionella Pneumo IgG,IgM, 1-6 Serogroup (2156)

Serum

Red-top (no gel)

1 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 60 Days

Ship room temperature



Lactate Dehydrogenase Total

Test Code: *LD* CPT:83615 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 0.5

Lactate Dehydrogenase, Isoenz

Test Code: LDHIz

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4411X

CPT:

Turn-around-time:

Special Instructions: 2 mL S AMB *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube Ambient 3.5

4411X

Lactate Dehydrogenase (LD) Isoenzyme Panel

Serum

Red-top (no gel); SST (red-top/glass); SST (red-top/plastic);

EDTA (lavender-top); EDTA (royal blue-top); Sodium

heparin(green-top); Lithium heparin (green-top); PPT Potassium

EDT (white top)

2 mL

Room Temp: 7 Days, Refrig: Unacceptable, Frozen: Unacceptable

Ship room temperature

Do not freeze Hemolyzed specimens are not acceptable

Lactate Dehydrogenase, Pericar

Test Code: *LDHPCF* CPT:83615

Dept: Chemistry Fluids Prefix: CF

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Lactate Dehydrogenase, Periton

Test Code: *LDHPTF* CPT:83615

Dept: Chemistry Fluids Prefix: CF

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Lactic Acid

Test Code: LACTIC CPT:83605

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Gray NaFluoride Whole Blood 2



CPT: 83605 QUEST#585 NorCAL: SJE

Spin ASAP, Deliver sample on ICE

Lactic Acid W/ Reflex in 3H

Test Code: *LACTICR* CPT:83605

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container

0-100 Gray NaFluoride Whole Blood

CPT: 83605 QUEST#585 NorCAL:

Spin ASAP, Deliver sample on ICE

Lactoferrin, Stool

Test Code: LACTSTLz CPT:83630

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 10156

Turn-around-time:

Special Instructions: 1 g STL FRZ *

Age (Y) Container Volume (mLs)
0-100 Stool Frozen 0.5

10156

Lactoferrin, Qualitative, Stool

Stool

Plastic screw-cap container

1 g

Room Temp: See Instructions , Refrig: 14 Days , Frozen: 21 Days

Ship frozen (Do not thaw)

Rejection Criteria: specimen received in transport media Collect undiluted feces in clean, dry, sterile leak proof containerDo not add fixative or preservative From collection time to the time stool is frozen must not exceed 48 hours Patients may collect stool and hold at room temperature until it can be properly frozen The time held at room temperature must not exceed 48 hours from time of collection Specimens can be delivered to PSC or physicians office for freezing and delivery

to the laboratory

Lamellar Body Count

Test Code: *LAMELLAR* CPT:83663
Dept: Hematology Fluids Prefix: HF

Turn-around-time:

Age (Y) Amniotic Fluid
0-100 Lavender or Red

Amniotic Fluid CPT: 83663



Lamotrigine (Lamictal)

Test Code: *LAMOz* CPT:80299

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 22060

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)

0-100 Red (No Gel) 2

22060 Lamotrigine Serum

Red-top (no gel); EDTA (lavender-top); Sodium heparin (green-top)

1 mL

Room Temp: 48 Hours , Refrig: 5 Days , Frozen: 14 Days

Ship refrigerated (Okay to thaw)

Draw 1/2 hour to 1 hour before next dose at steady state Do not

use gel barrier/Serum Separator tubes

LDL Cholesterol Direct

Test Code: *LDLCD* CPT: Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container

0-100 Green Li Heparin PST

Lead, Bld

Test Code: *PBz* CPT:83655

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 599

Turn-around-time:

Special Instructions: K2 EDTA Royal Blue or Tan Top WB 3 mL R(REF) *

Age (Y) Container Volume (mLs)

0-100 Royal EDTA 1

599

Lead, Blood Whole blood

EDTA K2 (tan-top) plastic; Sodium heparin lead-free (tan-top);

EDTA (royal blue-top); Sodium heparin (royal blue-top); Lavender

capillary tube

3 mL

Room Temp: 5 Days , Refrig: 14 Days , Frozen: 60 Days

Ship room temperature

Collection material such as alcohol swabs should be lead-free
Use powder-less gloves For capillary collection, wash hands
thoroughly with soap and dry with clean, low-lint towel Once
washed, fingers must not come into contact with any surface
Clean skin (finger or other area for venipuncture) with lead free
alcohol swab prior to puncture Avoid worksite collection Tests
performed on a specimen submitted in a non-trace element tube or
non acid washed/non metal free container may not accurately
reflect the patients level If a non-trace element

Revised: June 18, 2020

204



tube/container is received, it will be accepted for testing However, elevated results shall be reported with a message that a re-submission with a trace element tube/container is recommended

Legionella Antigen, Ur by EIA

Test Code: *ULEGAGz* CPT:87449

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 8856

Turn-around-time:

Special Instructions: 1 mL UR REF

Age (Y) Container Volume (mLs)
0-100 Sterile Cup (MIC) 0.5

8856

Legionella Antigen, EIA, Urine

Urine

Sterile screw cap container

1 mL

Room Temp: 24 Hours , Refrig: 14 Days , Frozen: 30 Days

Ship refrigerated

Leptin

Test Code: *LEPTz* CPT:82397

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 90367

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

90367 Leptin Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 8 Hours, Refrig: 14 Days, Frozen: 5 Weeks

Ship refrigerated (Okay to thaw)

Leptospira DNA, QL PCR

Test Code: *LEPTOz* CPT:8779890

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17875

Turn-around-time:

Special Instructions: LEPTOz: Sterile Container 1ml F(FRZ)*

Age (Y) Container

0-100 Sterile Container Frozen

17875

Leptospira DNA, Qualitative Real-Time PCR

1 mL

Sterile, plastic, leakproof container

Ship frozen

Room Temp: Unacceptable, Refrig: Unacceptable, Frozen: 30 Days

Collect urine in a sterile, plastic container with a leak-proof

cap Freeze at -20 degrees C immediately, and transport frozen

Do not thaw



Levetiracetam

Test Code: *LEVEz* CPT:80299

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 15142

Turn-around-time:

Special Instructions: 1 mL S ASAP REF *

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 1.5

15142

Levetiracetam

Serum

Red-top (no gel); EDTA (lavender-top); EDTA (royal blue-top);

Sodium heparin (green-top)

1 mL

Room Temp: 14 Days , Refrig: 28 Days , Frozen: 60 Days

Ship room temperature

Collected in Red-Top tube (No gel) Collect at trough level (ie immediately prior to next dose) Avoid use of serum separator

tubes as the drug may be adsorbed to the gel

CPT:80299

Lipase

Test Code: *LIP* CPT:83690 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

CPT: 83690

NorCAL: No hemolysis

Lipoprotein (a)

Test Code: *LIPROTz* CPT:83695

Dept: Reference Prefix: Z Ouest Diagnostics Nichols Inst 34604

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

34604

Lipoprotein (a)

Serum

Red-top (no gel); SST (red-top); EDTA (lavender-top); EDTA (royal

blue-top); Lithium heparin (green-top); Sodium heparin

(green-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 90 Days

Ship room temperature (Okay to thaw)

CPT:83695



Lipoprotein Electrophoresis

Test Code: *LEz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 35436X

Turn-around-time:

Special Instructions: 2 mL S REF *

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

35436X

Lipoprotein Electrophoresis

Serum

Red-top (no gel); SST (red-top/glass); SST (red-top/plastic)

2 mL

Room Temp: 24 Hours, Refrig: 7 Days, Frozen: 14 Days

Ship refrigerated

If a cholesterol measurement is to be performed along with other

lipid tests, the patient should fast 9-12 hours prior to collection Fasting for at least 12 hours is required

Listeria Ab, CSF by CF

Test Code: *LISABz* CPT:86609

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 11012

Turn-around-time:

Special Instructions: 1 mL CSF REF

Age (Y) Container Volume (mLs)
0-100 Sterile Cup (MIC) 0.5

11012

Listeria Antibody, CF (CSF) (60022)

CSF

Sterile Plastic Screw-Cap Container

1 mL

Room Temp: 7 Days, Refrig: 14 Days, Frozen: 30 Days

Ship room temperature

Lithium

Test Code: LI CPT:80178

Dept: Chemistry Special Prefix: CS

Turn-around-time:

Age (Y)ContainerVolume (mLs)0-100Serum Separator Tube0.20000000298

023199

CPT: 80178

Liver Fibrosis Panel, FibroSUR

Test Code: *LIFBPz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 92688
Turn-around-time: PERFORMED TUES-SAT. REPORTED IN 2-4 DAYS
Special Instructions: LIFBPz: 3.5(2)mL S-Rfg OVERNIGHT FASTING PREF.

Age (Y) Container



0-100 Serum Separator Tube

LAB NOTES: Serum should be separated from the cells as soon as

possbile after visible clot formation (usually 15-30 minutes

after collection)

SPECIMEN STABILITY: Room temp: 24 hrs; Refrig: 5 days; Frozen: 5

days

Liver Kidney Microsome, IgG

Test Code: *LKMIGGz* CPT:86376

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 15038

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

15038

Liver Kidney Microsome (LKM-1) Antibody (IgG)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship Room temperature (Okay to thaw)

CPT:86376

Lorazepam

Test Code: *LORAz* CPT:80154

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34519

Turn-around-time:

Special Instructions: 4 mL S REF

Age (Y) <u>Container</u> <u>Volume (mLs)</u>

0-100 Red (No Gel) 6

34519

Lorazepam (37242E)

Serum

Red-top (no gel); EDTA (lavender-top); Sodium heparin (green-top)

4 mL

Room Temp: 72 Hours, Refrig: 72 Hours, Frozen: Unacceptable

Ship refrigerated

Lupus (SLE) Panel

Test Code: *LUPSz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37491

Turn-around-time:

Special Instructions: LUPSz: 3 mL S REF*

Age (Y) <u>Container</u> 0-100 Serum Separator Tube

37491

Lupus Erythematosus (SLE) Panel

Serum



Red-top (no gel); SST (red-top)

65 mL

Room Temp: 8 Hours , Refrig: 7 Days , Frozen: 28 Days Ship refrigerated Shipping room temp unacceptable; Shipping

frozen acceptable

REJECT CRIT: Received room temperature; Post mortem specimens; Gross hemolysis; Lipemia; grossly icteric; plasma; heat-treated samples; microbially contaminated serum; specimens containing

heavy, visible particulate

CPT: 86038; 86431; 86235 (x5); 83516; 86255 (x2); 83516; 86255;

86160(x2); 86376; 86255 (x2); 83516

Luteinizing Hormone

Test Code: *LH* CPT:83002 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container

0-100 Green Li Heparin PST

Lyme Disease IgG Ab, Bld

Test Code: LYMZ CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8593

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

8593

Lyme Disease Antibodies (IgG, IgM) Immunoblot

. Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature

Lyme Disease IgG IgM Rflx Blot

Test Code: LYABWBZ CPT:86618

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 6646

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

6646

Lyme Disease Antibody with Reflex to Blot (IgG, IgM)

Serum

Red-top (no gel); SST (red-top)

1 ml

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature

CPT:86618

St. Joseph Health St. Joseph · Redwood Memorial

LABORATORY INFORMATION MANUAL

Lyme Disease IgG,M IBL,CSF

Test Code: LYMGMFz CPT:

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 70028

Turn-around-time:

Special Instructions: 2 mL CSF REF

Age (Y) Container Volume (mLs)
0-100 Sterile Cup (MIC) 0.5

70028

Lyme Disease Antibodies (IgG, IgM), IBL (CSF) (6034)

CSF

Sterile Plastic screw-Cap Container

2 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature

Lyme Disease, Qual PCR

Test Code: LYMFQLz CPT:87801

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 15564

Turn-around-time:

Special Instructions: 1 mL SYNOV FLD or CSF REF

Age (Y) Container Volume (mLs)
0-100 Sterile Cup (MIC) 0.5

15564

Lyme Disease (Borrelia spp) DNA Qual Real-Time PCR, Synovial

Fluid/CSF

Synovial fluid or CSF

Sterile leak-proof container

1 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated

Lymphocyte Subset Panel 1

Test Code: LYMS1z CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 7197X

Turn-around-time:

Special Instructions: 5 mL WB AMB *

Age (Y) Container Volume (mLs)

0-100 Lavender Ambient 3

7197X

Lymphocyte Subset Panel 1

Whole blood

EDTA (lavender-top)

5 mL

Room Temp: 72 Hours , Refrig: Unacceptable , Frozen: Unacceptable

Ship room temperature

Do not freeze Do not transfer whole blood to M4 Submit the

preferred EDTA tubes at room temperature Volumes less than 1 mL

should be submitted in a Pediatric EDTA tube

Lymphocyte Subset Panel 2



Test Code: LYMS2z CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36420X

Turn-around-time:

Special Instructions: 5 mL WB AMB *

> **Container** Volume (mLs) <u>Age (Y)</u> 3

Lavender Ambient 0-100

36420X

Lymphocyte Subset Panel 2

Whole blood

EDTA (lavender-top)

5 mL

Room Temp: 72 Hours , Refrig: Unacceptable , Frozen: Unacceptable

Ship room temperature

Do not freeze Do not transfer whole blood to M4 Submit the

preferred EDTA tubes at room temperature Volumes less than 1 mL

should be submitted in a Pediatric EDTA tube

Lymphocyte Subset Panel 3

Test Code: LYMS3z CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 7195X

Turn-around-time:

5 mL WB AMB * Special Instructions:

> <u>Age (Y)</u> **Container** Volume (mLs)

0-100 Lavender Ambient 3

7195X

Lymphocyte Subset Panel 3

Whole blood

EDTA (lavender-top)

5 mL

Room Temp: 72 Hours , Refrig: Unacceptable , Frozen: Unacceptable

Ship room temperature

Do not freeze Do not transfer whole blood to M4 Submit the

preferred EDTA tubes at room temperature Volumes less than 1 mL

should be submitted in a Pediatric EDTA tube

Lymphocyte Subset Panel 4

Test Code: LYMS4z CPT:86360

Prefix: Z Dept: Reference Quest Diagnostics Nichols Inst 7924X

Turn-around-time:

5 mL WB AMB * Special Instructions:

> **Container** Volume (mLs) Age (Y)

0-100 Lavender Ambient 3

7924X

Lymphocyte Subset Panel 4

Whole blood

EDTA (lavender-top)

5 mL

Room Temp: 72 Hours , Refrig: Room Temperature Only , Frozen:

Unacceptable

Ship room temperature

Revised: June 18, 2020 211



Do not freeze Do not transfer whole blood to M4 Submit the preferred EDTA tubes at room temperature

Lymphocyte Subset Panel 5

Test Code: LYMS5z CPT:86361

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8360X

Turn-around-time:

Special Instructions: 5 mL WB AMB *

Age (Y) Container Volume (mLs)

0-100 Lavender Ambient 3

8360X

Lymphocyte Subset Panel 5

Whole blood

EDTA (lavender-top)

5 mL

Room Temp: 72 Hours , Refrig: Unacceptable , Frozen: Unacceptable

Ship room temperature

Do not freeze Do not transfer whole blood to M4 Submit the

preferred EDTA tubes at room temperature Volumes less than 1 mL

should be submitted in a Pediatric EDTA tube

Lysozyme

Test Code: LYSOz CPT:85549

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 619

Turn-around-time:

Special Instructions: 1 mL S R(REF)*

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube

619

Muramidase (Lysozyme), Serum

Serum

SST (red-top/plastic)

1 mL

Room Temp: 24 Hours , Refrig: 15 Days , Frozen: 18 Days

Ship Refrigerated

Centrifuge within 1 hour of collection and transfer serum

specimens to sterile, plastic, screw-capped vial(s) Freeze and

ship frozen on dry ice

Reject Criteria: Room temperature samples older than 24 hours;

plasma collection in citrate or heparin; moderate to gross

hemolysis; grossly lipemic

Magnesium

Test Code: *MG* CPT:83735 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Magnesium, RBC

St.JosephHealth

LABORATORY INFORMATION MANUAL

Test Code: MGBCz

Dept: Reference

Prefix: Z Quest Diagnostics Nichols Inst 623

CPT:83735

Turn-around-time:

Special Instructions: Lavender RBC 0.5 mL R (REF) *

> Volume (mLs) <u> Age (Y)</u> Container

> > 3

0-100 Lavender Whole Blood Ref

623

Magnesium, RBC Packed cells

EDTA (lavender-top); EDTA (royal blue-top); EDTA (lavender-top);

EDTA (royal blue-top)

05 mL

Room Temp: 7 Days , Refrig: 7 Days , Frozen: Unacceptable

Ship refrigerated

Patient should refrain from taking vitamins, or mineral herbal supplements for at least one week before sample collection Centrifuge to separate plasma from RBCs and discard plasma

Transfer RBCs to a plastic transfer vial from a Quest Diagnostics (trace element and metal free) collection kit or

transfer to a plastic screw cap vial

Marijuana Metab, Quant

Test Code: MARJQUZ CPT:82492

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 26514

Turn-around-time:

Special Instructions: 10 mL R UR REF

> Volume (mLs) Age (Y) **Container** 0-100 Urine Sterile Cup 0.5

26514

Marijuana Metabolite, Quantitation, Urine (4133U)

Random urine

Sterile leak-proof container

10 mL

Room Temp: 5 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

Mercury, Bld

Test Code: MERBz CPT:83825

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 636

Turn-around-time:

Special Instructions: 4 mL WB REF *

> Volume (mLs) Age (Y) **Container** 0-100 Royal EDTA 2

636

Mercury, Blood

Whole blood

EDTA (royal blue-top); Sodium heparin (royal blue-top)

4 mL

Room Temp: 5 Days , Refrig: 7 Days , Frozen: Unacceptable

Ship refrigerated

Revised: June 18, 2020 213



Avoid worksite collection Tests performed on a specimen submitted in a non-trace element tube or non acid washed/non metal free container may not accurately reflect the patients level If a non-trace element tube/container is received, it will be accepted for testing However, elevated results shall be reported with a message that a re-submission with a trace element tube/container is recommended Carefully clean skin prior to venipuncture Avoid seafood consumption for 48 hours prior to sample collection

Metanephrines Fract, Ur

Test Code: *METRz* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 14961X

Turn-around-time: Setup: Tuesday thru Saturday; Reports in 3-4 days

Special Instructions: Dietary restrictions. METRz: 5(1.5)ML U-RF

Age (Y) Container Volume (mLs)
0-100 Urine Sterile Cup 1

COLLECTION NOTES: It is preferable for the patient to be off medications for three days prior to collection Patient should avoid tobacco, tea, coffee, for three days prior to specimen collection Common antihypertensives (diuretics, ACE inhibitors, calcium channel blockers, alpha and beta blockers) cause minimal or no interference Medications which are alpha agonists (Aldomet), alpha blockers (Dibenzyline) should be avoided 18-24 hours prior to specimen collection REJECTION CRITERIA:

LAB NOTES: After urine collection, add 25 mL of 6N HCl to

maintain a pH

below 3 Urine without preservative is acceptable Record patients age on test request form and urine vial SPECIMEN STABILITY: Room temp: 7 days; Refrig: 8 days

Frozen: 30 days

Metanephrines Fract, Ur 24hr

Test Code: *METUz* CPT:83835

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 14962X

Turn-around-time: Setup: Tuesday thru Saturday; Reports in 3-4 days

Special Instructions: Instructions: Dietary Restrictions. METUz: 5(1.5) mL 24U-RF

Age (Y) Container Volume (mLs)
0-100 24 Hour Urine Container 2

COLLECTION NOTES: It is preferable for the patient to be off medications for three days prior to collection Patient should avoid tobacco, tea, coffee, for three days prior to specimen collection Common antihypertensives (diuretics, ACE inhibitors, calcium channel blockers, alpha and beta blockers) cause minimal or no interference Medications which are alpha agonists (Aldomet), alpha blockers (Dibenzyline) should be avoided 18-24 hours prior to specimen collection REJECTION CRITERIA:

LAB NOTES: After urine collection, add 25 mL of 6N HCl to

maintain a pH

below 3 Urine without preservative is acceptable



Record patients age on test request form and urine vial SPECIMEN STABILITY: Room temp: 7 days; Refrig: 8 days

Frozen: 30 days

Metanephrines Free, Pl

Test Code: *METAPLz* CPT:83835

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 19548

Turn-around-time:

Special Instructions: 2.5 mL PL ASAP *

Age (Y) Container Volume (mLs)

0-100 Lavender Ice 3

19548

Metanephrines, Fractionated, Free, LC/MS/MS, Plasma

Plasma

EDTA (lavender-top), Pre-chilled

25 mL

Room Temp: 4 Hours , Refrig: 14 Days , Frozen: 14 Days

Ship refrigerated (Okay to thaw)

Draw specimen in a pre-chilled EDTA lavender-top Vacutainer(TM)

The whole blood sample should be kept on wet ice until

centrifuged (preferably at 4 degrees C) to separate the plasma

within 2 hours of venipuncture After centrifugation, the plasma

should be transferred to a plastic, leak-proof vial and

immediately refrigerated Patients should be relaxed in either a supine or upright position before blood is drawn Patient should avoid alcohol, coffee, tea, tobacco and strenuous exercise prior

to collection Overnight fasting is preferred

Methadone Metab, Ur by GC/MS

Test Code: *METURz* CPT:83840

Dept: Reference Special Prefix: ZS Ouest Diagnostics Nichols Inst 8418Z

Turn-around-time:

Special Instructions: 30 mL R UR REF

Age (Y) Container Volume (mLs)

0-100 Sterile Cup (MIC) 5

8418Z

Methadone by GC/MS, Urine (2087)

Random urine

Plastic leak-proof container

30 mL

Room Temp: 72 Hours , Refrig: 14 Days , Frozen: 1 Year

Ship refrigerated (Okay to thaw)

CPT:83840

Methadone, Screen/Conf

Test Code: *METHSUz* CPT:8010190

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 7176Z

Turn-around-time:

Special Instructions: 30 mL R UR or UR NO PRES REF

Age (Y) Container Volume (mLs)

0-100 Urine Sterile Cup 1



Methotrexate

Test Code: *METHOz* CPT:8029990
Dept: Reference Non Interfaced Blood Prefix: ZB

Turn-around-time:

Special Instructions: 1-2 mL REF Protect From Light *

Age (Y) <u>Container</u> 0-100 Red Prot-Light

Send to Alta Bates: 2450 Ashby Ave, Berkeley 1-510-204-1631 via RAPID EXPRESS 526-7633

Use Quest Nichols Requisiton, write our fax #, phone # and STAT

on Req Lab cost center is 7500 (for billing)

Methylenetetrahydrofolate Redu

Test Code: MTHFRz CPT:81291

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17911

Turn-around-time:

Special Instructions: 5 mL WB REF

Age (Y) Container Volume (mLs)
0-100 Lavender Whole Blood Ref 6

17911

Methylenetetrahydrofolate Reductase (MTHFR), DNA Mutation

Analysis Whole blood

EDTA (lavender-top); EDTA (royal blue-top); Sodium heparin (green-top); ACD solution A (yellow-top); ACD solution B

(yellow-top); Lithium heparin (green-top)

5 mL

Room Temp: 8 Days , Refrig: 8 Days , Frozen: Unacceptable

Ship room temperature

Methylmalonic Acid & Homocystn

Test Code: *METHCYz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 91003

Turn-around-time:

Special Instructions: 2.7 mL S ASAP REF *

Age (Y) Container Volume (mLs)
0-100 Red Iced 1

91003

Methylmalonic Acid and Homocysteine (Nutritional and Congenital)

Serum

Red-top (no gel); SST (red-top); Royal blue trace metal free tube; EDTA (lavender-top); Sodium heparin (green-top); Royal

blue-top (Sod Hep) trace element free w/green band

27 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 6 Months

Ship refrigerated



Reject Criteria: Gross hemolysis; Whole blood specimens;

Unseparated serum or plasma; Grossly lipemic

Red top tubes: Place the specimen in a refrigerator or ice bath for 30 minutes after collection Centrifuge the specimen as soon as possible after complete clot formation has taken place Transfer the serum to a plastic screw-capped vial Barrier gel separator tubes: Place the specimen in a refrigerator for 30 minutes after collection Centrifuge the specimen as soon as possible after complete clot formation has taken place Do not place barrier tubes in an ice bath as freezing may prevent the barrier gel from adequately separating serum from cells EDTA or heparin tubes: Place the specimen in a refrigerator or ice bath until the specimen can be centrifuged Centrifuge the specimen as soon as possible and transfer the plasma to a plastic screw-capped vial

Methylmalonic Acid, by GC/MS

Test Code: *METHz* CPT:83921

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34879

Turn-around-time:

Special Instructions: 1 mL S ASAP REF *

Age (Y) Container Volume (mLs)

0-100 Red (No Gel) 4

91002

Methylmalonic Acid, GC/MS/MS

Serum

Red-top (no gel); SST (red-top/glass); Royal blue trace metal

free tube; Sodium heparin (green-top); Royal blue-top (Sod Hep)

trace element free w/green band

2 mL (1 mL minimum)

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 10 Months

Ship room temperature

Red top tube: Centrifuge the specimen as soon as possible after

complete clot formation has taken place Transfer the serum to a

plastic screw-capped vial and ship it at refrigerated

temperature Barrier gel separator tube: Centrifuge the

specimen as soon as possible after complete clot formation has

taken place Do not place barrier tubes in an ice bath as

freezing may prevent the barrier gel from adequately separating

serum from cells Transfer the serum to a plastic screw-capped

vial and ship it at refrigerated temperature Heparin tube:

Centrifuge the specimen as soon as possible (within one hour

after collection) and transfer the plasma to a plastic

screw-capped vial and ship it at refrigerated temperature Royal

Blue top serum and Royal Blue top sodium heparin are acceptable

containers Instructions for collecting blood in Royal Blue top

serum tube is similar to red top or SST tubes and sodium heparin

tubes

CPT:83921

Methylmalonic Acid, Ur by GCMS

Test Code: *MMAUz* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 91032

Turn-around-time:

Special Instructions: Urine Refrigerated 2.0 mL R(REF) *



Age (Y) Container Volume (mLs)
0-100 Urine Sterile Cup 1

91032

Methylmalonic Acid, GC/MS/MS, Urine

Urine with no preservative

No preservative; Sterile screw cap container; No preservative;

Sterile screw cap container

17 mL

Room Temp: Unacceptable , Refrig: 12 Days , Frozen: 30 Days

Ship refrigerated (Okay to thaw)

Do not use preservatives

Microalbumin, Ur 24hr

Test Code: *MALBU24* CPT:82043 Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 24 Hour Urine Container 1

Microalbumin/Creat Ratio, Ur

Test Code: *MALBU* CPT: Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Urine Sterile Cup 0.5

QUEST#6517

Microsporidia Spore Detection

Test Code: *MICSz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3562

Turn-around-time:

Special Instructions: Stl, preserved in 10% formalin *

Age (Y) Container Volume (mLs)

0-100 TOTAL FIX 2

3562

Microsporidia Exam

Stool preserved in 10% formalin or Total-Fix transport vial

5 g or 5 mL

Preserved Specimen

Room Temp: 30 Days , Refrig: 30 Days , Frozen: Unacceptable Ship preserved specimens at room temperature (preferred)

Raw Specimens

Room Temp: Unacceptable , Refrig: 7 days , Frozen: Unacceptable

Ship refrigerated if raw specimen

Miscellaneous Test

Test Code: *MISCSOz* CPT:



Dept: Reference Non Interfaced

Turn-around-time:

Prefix: ZN

Age (Y) Container 0-100 Special Container

Mixing Study, aPTT

Test Code: MIXPTT CPT: Dept: Coagulation Prefix: K

Turn-around-time:

Special Instructions: SJE: DRAW 2 BLUE TOPS

> Age (Y) Container Volume (mLs) 0-100 Blue NaCitrate 2.7 mL 2.70

COLLECTION NOTES: The correct ratio of blood to anticoagulant MUST be maintained Level of blood in blue container MUST be at

fill mark Transport to laboratory immediately

REJECTION CRITERIA: Hemolyzed, high hematocrit, or clotted

CPT: 85730 ; 85732(x2)

Mixing Study, PT

Test Code: MIXPT CPT: Dept: Coagulation Prefix: K

Turn-around-time:

Special Instructions: SJE:COLLECT 2 BLUE TOPS

> Volume (mLs) <u> Age (Y)</u> Container 0-100 Blue NaCitrate 2.7 mL 2.7

COLLECTION NOTES: The correct ratio of blood to anticoagulant MUST be maintained Level of blood in blue container MUST be at

fill mark Transport to laboratory immediately

REJECTION CRITERIA: Hemolyzed, high hematocrit, or clotted

CPT: 85610(x4) ; 85611(x4)

MMR Immunity Profile

Test Code: XMMRP CPT: Dept: Immunology Prefix: IM

Turn-around-time:

Age (Y) 0-100

Mono Test

Test Code: MONO CPT:86308

Dept: Chemistry Prefix: C

Turn-around-time:

Volume (mLs) Age (Y) **Container** 0-100 Serum Separator Tube 0.5

Revised: June 18, 2020 219



Mullerian Hormone Antibody

Test Code: AMHZ CPT:83520

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16842X Turn-around-time: Setup: Tuesday thru Saturday. Report available 1-3 days.

Special Instructions: No gel tubes. AMHz: 1(0.5)ml S-Fz

 Age (Y)
 Container
 Volume (mLs)

 0-100
 Red (No Gel)
 1.5

COLLECTION NOTES:

REJECTION CRITERIA: Gel, gross hemolysis, icteric, lipemic

LAB NOTES:

SPECIMEN STABILITY: Room temp: N/A; Refrig: 5 days; Frozen: 30

days

CLINICAL SIGNIFICANCE: AMH/MIS may be used in the investigation of ovarian reserve and the perimenopausal transition in women; the detection and onset of puberty in the young, the differential diagnosis of intersex disorders; the diagnosis of cryptorchidism and anorchidism, and the evaluation of male gonadal function in

all ages

Multiple Sclerosis Panel

Test Code: *MSPz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 7085X

Turn-around-time:

Special Instructions: MSPz:4(2)ml CSF & 3(1.5)ml S-Rfg

 Age (Y)
 Container
 Volume (mLs)

 0-100
 CSF Tube #4
 2

COLLECTION NOTES: It is preferred that the collection date and the time be the same for both CSF and serum, however it is acceptable for them to be drawn within 48 hours of each Other Submitting CSF collection tube #4 minimizes blood contamination CSF must be crystal clear REJECTION CRITERIA:CSF not crystal clear

LAB NOTES: if no serum is supplied, make notation run with serum

control on request form

SPECIMEN STABILITY: Room temp:8 hrs; Refrig:5 days; Frozen:14

days

Mumps Virus, IgM

Test Code: MVABz CPT:86735

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36565

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

36565

Mumps Virus Antibody (IgM)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days



Ship room temperature

Myasthenia Gravis Panel 1

Test Code: *MYASGz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 7550X

Turn-around-time:

Special Instructions: 2 mL S REF

Age (Y) <u>Container</u> <u>Volume (mLs)</u>

0-100 Serum Separator Tube

7550X

Myasthenia Gravis Panel 1

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

2 mL

Room Temp: 4 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Mycophenolic Acid

Test Code: MYCPz CPT:80180

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10662

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 1.5

10662

Mycophenolic Acid

Serum

Red-top (no gel); EDTA (lavender-top); Sodium heparin (green-top)

1 mL

Room Temp: 72 Hours , Refrig: 14 Days , Frozen: 14 Days

Ship refrigerated (Okay to thaw)

Optimum time to collect sample: 05 to 1 hour before next dose (trough) at steady-state (3-5 days after treatment with oral doses) Serum: Collect blood in plain red-top (no gel) tube Allow blood to clot at 15-28 degrees C for 20-30 minutes

Centrifuge at 20-25 degrees C (2200-2500 rpm, 1000 x g) for 8-10

minutes Transfer serum to polypropylene or polyethylene transport tube Ship refrigerated (cold packs) Samples left at

room temperature for more than 3 days are not acceptable Plasma:

Draw blood into EDTA lavender-top tube Separate cells by centrifugation at 18-25 degrees C (2500-2800 rpm) for 5-10 minutes Transfer plasma to polypropylene or polyethylene transport tube Ship refrigerated (cold packs) Samples left at room temperature for more than 3 days are not acceptable

Myelin Basic Protein, CSF

Test Code: MBPz CPT:83873

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 663

Turn-around-time:

Special Instructions: 1.2 mL CSF REF *

Age (Y) Container Volume (mLs)



0-100 CSF Tube (MIC) 1

663

Myelin Basic Protein

CSF

Sterile screw cap container

12 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 1 Year

Ship room temperature

Blood contamination and hemolysis may interfere with results Submitting 4th lumbar puncture collection tube minimizes blood

contamination

Myelin-Assoc Glycoprot Ab, IgM

Test Code: MAGMz CPT:83520

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37438

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

37438

Myelin-Associated Glycoprotein (MAG) Antibody (IgM), EIA

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated (Okay to thaw)

Myeloperoxidase Antibody

Test Code: MYELABZ CPT:86021

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8796

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

8796

Myeloperoxidase Antibody

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Avoid hemolysis

Myoglobin, Ur

Test Code: *MYGUz* CPT:83874

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 661

Turn-around-time: Setup: Tuesday thru Saturday; Reports in 1-4 days.

Special Instructions: Urine in Myoglobin tube within 1 hour. MYGUz: 4ml U-FZ

Age (Y) Container Volume (mLs)



0-100 Urine Frozen 1

COLLECTION INSTRUCTIONS:

REJECTION CRITERIA: Received room temperature; Received in a

non-Myoglobin transport tube; Specimen received past

stability; pH <80; more than 4 mL urine in Myoglobin transport tube; timed urine samples;

LAB NOTES: Urine must be added to Myoglobin transport tube within

1 hour of collection

SPECIMEN STABILITY: Room Temp: Unacceptable , Refrig: 72 Hours

Frozen: 72 hours

CLINICAL SIGNIFICANCE: The breakdown of skeletal muscle (rhabdomyolysis) releases myoglobin Very high concentrations of

myoglobin may increase the risk of acute renal failure

Myositis AssessR Plus Jo Abs

Test Code: *MAJz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10185N

Turn-around-time:

Special Instructions: Plain Red 6 mL R(REF) *

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 7

10185N

Myositis AssessR(TM) Plus Jo-1 Autoantibodies (3242)

Serum 6 mL

Red-top no gel preferred; SST (red-top/plastic)

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Collect serum in a red-top tube Separate serum within 4 hours of collection Split serum into two transfer tubes, 3 mL in each,

and ship by overnight courier

Natural Killer Cells

Test Code: *NKCz* CPT:86357

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37088X

Turn-around-time:

Special Instructions: 5 mL WB AMB *

Age (Y) Container Volume (mLs)
0-100 Lavender Ambient 3

37088X

Natural Killer Cells

Whole blood

EDTA (lavender-top)

5 mL

Room Temp: 72 Hours , Refrig: Unacceptable , Frozen: Unacceptable

Ship room temperature

Neuron Specific Enolase

Test Code: *NSEz* CPT:86316

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 34476

Turn-around-time:



Special Instructions: 1 mL S

1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

34476

Neuron Specific Enolase

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature

Newborn Screening

Test Code: *NBSz* CPT:

Dept: Reference Non Interfaced Blood Prefix: ZB

Turn-around-time:

Age (Y) <u>Container</u> 0-100 Special Container

Nicotine & Cotinine, Ser

Test Code: *NICBz* CPT:83887

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 90642

Turn-around-time:

Special Instructions: 1 mL S REF

 Age (Y)
 Container
 Volume (mLs)

 0-100
 Red (No Gel)
 1.5

90642

Nicotine and Cotinine, LC/MS/MS, Serum/Plasma

Serum

Red-top (no gel); EDTA (lavender-top); EDTA (royal blue-top);

EDTA (lavender-top)

1 mL

Room Temp: 72 Hours , Refrig: 21 Days , Frozen: 30 Days

Ship refrigerated

Nicotine/Cotinine, Ur

Test Code: *NICRz* CPT:83887

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 90646

Turn-around-time:

Special Instructions: 1 mL R UR REF

Age (Y) Container Volume (mLs)
0-100 Urine Sterile Cup 1

90646

Nicotine and Cotinine, LC/MS/MS, Urine

Random urine

Plastic leak-proof container

1 mL

Room Temp: 72 Hours , Refrig: 14 Days , Frozen: 30 Days

St.JosephHealth

LABORATORY INFORMATION MANUAL

Ship refrigerated

Non-Employee Source Pt Panel

Test Code: SPP CPT:

Prefix: Dept: Laboratory - no prefix

Turn-around-time:

Age (Y) 0-100

CPT: 86706 ; 86803 ; 87340

Norovirus Ag

Test Code: NORVz CPT:87449

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 15544X

Turn-around-time:

Special Instructions: 2 Grams FRSH STL FRZ

> Volume (mLs) Age (Y) Container 0-100 Stool Frozen 1

15544X

Norovirus, EIA (Stool) (81106)

Fresh stool

Sterile leak-proof container

2 Grams

Room Temp: Unacceptable , Refrig: 72 Hours , Frozen: 21 Days

Ship frozen (Do not thaw)

Norovirus RNA RT-PCR

Test Code: NORVSTz CPT:87798

Dept: Reference Microbiology Quest Diagnostics Nichols Inst 19098 Prefix: ZM

Turn-around-time:

Special Instructions: 1 q STL FRZ

> Volume (mLs) <u> Age (Y)</u> Container

0-100 Stool Trans Container (MIC) 0.5

19098X

Norovirus RNA, RT-PCR (44340)

1 g (05 g minimum) Frozen, Sterile leak-proof container Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship frozen (Do not thaw)

Nortriptylline

Test Code: *NORTz* CPT:80182

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 272

Turn-around-time:

Special Instructions: 3 mL S REF *

> Container Volume (mLs) Age (Y) 5

0-100 Red (No Gel)

272

225 Revised: June 18, 2020



Nortriptyline

Serum

Red-top (no gel); EDTA (lavender-top); Sodium heparin

(green-top); Lithium heparin (green-top)

3 mL

Room Temp: 5 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

Do not use gel barrier/Serum Separator tubes ACD tube is unacceptable Collect at steady-state trough concentrations

Specimen should be collected >12 hrs after dose

N-Telo, Collagen Cross-Linked

Test Code: *NTXz* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 36167

Turn-around-time:

Special Instructions: 2 mL; 2 mL 2HR UR REF *

Age (Y) Container Volume (mLs)
0-100 Urine Sterile Cup 1

36167

Collagen Cross-Linked N-Telopeptide (NTx), Urine

Second void urine or 2-hour urine; Urine with no preservative

Standard Urine Transport Container; Standard Urine Transport

Container; Standard Urine Transport Container

2 mL (1 mL)

Room Temp: 72 Hours , Refrig: 5 Days , Frozen: 30 Days ; Room

Temp: 72 Hours , Refrig: 5 Days , Frozen: 30 Days

Ship refrigerated (Okay to thaw); Ship refrigerated (Okay to

thaw)

Do not use preservatives Acidified specimen is not acceptable Second morning void urine: Discard the first morning void Collect the second morning void Mix well 2-hour urine: Discard the first morning void Collect the voids during a 2-hour period afterward Mix well If submitting a 24-hour urine specimen, use

test code 36421

Nuclear Matrix Proteins, Ur

Test Code: *NMPUz* CPT:86316

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 34099X

Turn-around-time:

Special Instructions: 10 mL STBL R UR ASAP REF *

Age (Y) Container Volume (mLs)
0-100 Urine Sterile Cup 0.5

34099X

Nuclear Matrix Proteins (NMP) (9620)

Stabilized random urine sample

Matritech NMP-22 urine collection kit

10 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 56 Days

Ship refrigerated

Collect a single void of urine between midnight and noon

Stabilize sample immediately Stabilized urine collected with

NMP22 Urine Collection Kit should be blue/green in color Keep

sample away from direct sunlight 1 Test should not be performed



on persons with total cystectomy 2 Urine sample should be collected at least 5 days after invasive procedures such as cystoscopy or catherization

OB Type and Screen (Client)

Test Code: *OBSCRN* CPT: Dept: Blood Bank Testing Prefix: BB Turn-around-time: Results Pending

Age (Y) 0-100

Oligoclonal Bands IgG, CSF

Test Code: *OLIGZ* CPT:83916

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 674

Turn-around-time:

Special Instructions: 1 mL & 1 mL S and CSF REF *

Age (Y) Container Volume (mLs)
0-100 CSF Tube (MIC) 3.5

674

Oligoclonal Bands (IgG), CSF

Serum and CSF

Red-top (no gel); SST (red-top); Sterile screw cap container

1 mL and 1 mL

Room Temp: 8 Hours , Refrig: 5 Days , Frozen: 14 Days and Room

Temp: 8 Hours , Refrig: 5 Days , Frozen: 14 Days

Ship refrigerated (Okay to thaw) and Ship refrigerated (Okay to

thaw)

INSTRUCTION: It is preferred that the collection date and time be the same for both CSF and serum; however, it is acceptable for them to be drawn within 48 hours of each other Client must be contacted when no serum is supplied to confirm the order It is acceptable to send through CSF without Serum when client has indicated to run with serum control CSF must be crystalline and clear (CSF collection tube #4 preferred)

Opiates, Ur by GC/MS

Test Code: *OPIURz* CPT:83925

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 6232Z

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Sterile Cup (MIC) 15

6232Z

Opiates by GC/MS, Urine (6232Z)

Random urine

Plastic leak-proof container; No preservative

15 mL

Room Temp: 72 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated (Okay to thaw)

CPT:83925



Organic Acids, Ur Full Pan Qnt

Test Code: *OAFPUz* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 90561

Turn-around-time:

Special Instructions: 13 mL R UR FRZ *

Age (Y) Container Volume (mLs)
0-100 Urine Frozen 1

90561

Organic Acids, Full Panel, Quantitative, Urine

Random urine, no preservative

Standard Transport Tube; Standard Urine Transport Container; Standard Urine Transport Container; Standard Transport Tube

13 mL

Room Temp: Unacceptable , Refrig: Unacceptable , Frozen: 28 Days

Ship frozen (Do not thaw)

If volume is less than 4 mL- call the Biochemical Genetics
Laboratory for instructions To prevent delays in testing, the
laboratory requests the receipt of two labeled containers: One
standard urine transport container (or standard transport tube)
containing specimen for organic acid analysis One standard
transport tube labeled for creatinine analysis- used for
normalizing urine results Do not use preservatives Avoid fecal
contamination of urine Patient age is required for correct

Osmolality, Ser

reference range

Test Code: *OSMO* CPT:83930 Dept: Chemistry Special Prefix: CS

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 0.5

Osmolality, Stool

Test Code: *OSMFz* CPT:84999

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 968

Turn-around-time:

Special Instructions: 1 mL R L STL FRZ *

999999

968

Osmolality, Feces Random liquid stool Plastic leak-proof container

1 mL

Room Temp: Unacceptable , Refrig: Unacceptable , Frozen: Not

Established

Ship frozen (Do not thaw)

Formed Stool will not be accepted Freeze and ship frozen



Osmolality, Ur

Test Code: *OSMU* CPT:83935 Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Urine Sterile Cup 0.5

Osteocalcin N-MID

Test Code: *OSTEOCz* CPT:83937

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16322

Turn-around-time:

Special Instructions: 1 mL S ASAP FRZ *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

16322

Osteocalcin, N-MID

Serum

Red-top (no gel); SST (red-top/plastic)

1 mL

Room Temp: Unacceptable , Refrig: 24 Hours , Frozen: 21 Days

Ship frozen (Okay to thaw)

Collect blood in a red-top tube (no gel) Allow blood to clot at room temperature (20-26 degrees C) and centrifuge immediately to

separate the serum from the cells Freeze as soon as possible

Oxalic Acid, Ur 24hr

Test Code: *OAU24z* CPT:83945

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 11318X

Turn-around-time:

Special Instructions: 10 mL 24UR REF *

Age (Y) Container Volume (mLs)

0-100 24 Hour Urine Container 2

11318X

Oxalic Acid, 24-Hour Urine (without Creatinine)

24-hour urine 25 mL 6N HCl

10 mL

Room Temp: 6 Days , Refrig: 7 Days , Frozen: 4 Months

Ship room temperature (Okay to thaw)

Please submit a 10 mL aliquot of a 24-hour collection Collect urine with 25 mL of 6N HCl to maintain a pH below 3 Refrigerate during and after collection Patient should refrain from taking excessive amounts of Ascorbic Acid or Oxalate-rich foods (ie,spinach, coffee, tea, chocolate, rhubarb) for at least 48

hours prior to the collection period

Oxcarbazepine Metabolite

Test Code: *OXCARz* CPT:83789

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36637

St.JosephHealth

LABORATORY INFORMATION MANUAL

Turn-around-time:

Special Instructions:

1 mL S REF *

<u>Age (Y)</u> Container Volume (mLs) 0-100 Red (No Gel) 1

36637

Oxcarbazepine Metabolite, Serum/Plasma (36637)

Serum

Red-top (no gel); EDTA (lavender-top)

1 mL

Reject criteria: Do not collect in serum separator tubes (SST) Room Temp: 72 Hours , Refrig: 14 Days , Frozen: 60 Days

Ship refrigerated

Do not collect in serum separator tubes (SST)

CPT:83789

Oxycodone, w Metab Quant

Test Code: OXYMQNSz CPT:83925

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 18885

Turn-around-time:

5 mL S REF * Special Instructions:

> Container Volume (mLs) Age (Y) 0-100 Red (No Gel) Frozen 7

18885

Oxycodone and Metabolite, Quantitative, Serum (4176)

Serum

Red-top (no gel)

5 mL

Room Temp: 7 Days , Refrig: 7 Days , Frozen: 7 Days

Ship room temperature

Do not use serum separator tubes

Pancreatic Elastase-1

Test Code: PANCEz CPT:82656

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 14693

Turn-around-time:

1 gm STL FRZ * Special Instructions:

Age (Y) Container

Volume (mLs) Sterile Cup (MIC) 0.40000000000 0-100 000002

Pancreatic Elastase-1

Stool

Sterile screw cap container

Room Temp: 7 Days , Refrig: 7 Days , Frozen: 1 Year

Ship refrigerated

Collect undiluted feces in clean, dry, sterile leak proof

containerDo not add fixative or preservative

Reject criteria: Specimens collected in formalin, MF, SAF or

PVA; Cary-Blair media

Revised: June 18, 2020 230

St. Joseph Health

LABORATORY INFORMATION MANUAL

Panel, Basic Metabolic

Test Code: *BMP* CPT:80048 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 1

CPT: 80048

Panel, Comprehensive Metabolic

Test Code: *CMP* CPT:80053

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST

CPT: 80053 QUEST#10231

Collect SST Tube Recommended volume 30ml Minimum volume 20ml Serum Fasting specimen preferred Avoid hemolysis Transport at room temperature Stable for 48 hours at room temperature or 7 days if refrigerated

Panel, Lipid - Calc LDL

Test Code: *LIPID* CPT:80061

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

CPT: 80061

Panel, Lipid - Direct LDL

Test Code: *LIPIDD* CPT:80061

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container

0-100 Plasma Separator Tube

Panel, Lipid - Direct LDL Rflx

Test Code: *LIPIDR* CPT:80061

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container

0-100 Plasma Separator Tube

Panel, Lipid Cardio Advanced



Test Code: CARDLPz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 92145

Turn-around-time:

Special Instructions: CARDLPz: SST 4 mL R(REF)*

> Volume (mLs) **Container** <u>Age (Y)</u> 7

0-100 Serum Separator Tube

92145

Cardio IQ(R) Advanced Lipid Panel

Serum

SST (red/black tiger top)

4 mL

Room Temp: 24 Hours , Refrig: 5 Days , Frozen: 15 Days

Ship refrigerated

Reject: Gross hemolysis; moderately icteric; grossly icteric;

grossly lipemic

Only serum is acceptable

Panel, Renal

Test Code: RENAL CPT:80069

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Parasite Identification

Test Code: PSIDz CPT:87169

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 3950

Turn-around-time:

SUSPD PARASITIC WORM REF * Special Instructions:

> Age (Y) **Container** Volume (mLs) 1

0-100 Sterile Cup (MIC)

3950

Parasite Identification

Suspected parasitic worm (nematode or cestode)

Sterile screw cap container

Room Temp: 60 days, Refrig: 60 days, Frozen: Unacceptable

Ship refrigerated

Submit tapeworm in saline and other parasites in 70% alcohol as soon as possible Specify specimen source on test request form

and specimen container Do not send stool

Parvovirus B19 Ab, IgG

Test Code: *PARVGz* CPT:86747

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8945X

Turn-around-time:

Special Instructions: 1 mL S REF

> Age (Y) Container Volume (mLs) 0-100 Serum Separator Tube 0.5

Revised: June 18, 2020 232

St. Joseph Health St. Joseph · Redwood Memorial

LABORATORY INFORMATION MANUAL

8945X

Parvovirus B19 Antibody (IgG)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

Parvovirus B19 Ab, IgG,M

Test Code: *PARVGMz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8946

Turn-around-time:

Special Instructions: 2 mL S REF

Age (Y) <u>Container</u> <u>Volume (mLs)</u>

0-100 Serum Separator Tube 2

8946

Parvovirus B19 Antibodies (IgG, IgM)

Serum

Red-top (no gel); SST (red-top)

2 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

CPT:86747(x2)

Parvovirus B19 Ab, IgM

Test Code: *PARVMz* CPT:86747

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8948

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

8948

Parvovirus B19 Antibody (IgM)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

Parvovirus B19, PCR Qual

Test Code: *PARDz* CPT:87798

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34296X

Turn-around-time:

Special Instructions: 1 mL PL REF *

Age (Y) Container Volume (mLs)
0-100 PPT Potassium EDTA (white top) 1.5

34296X

Parvovirus B19 DNA, Qualitative Real-Time PCR (43010)

St. Joseph Health

LABORATORY INFORMATION MANUAL

Plasma

PPT Potassium EDTA (white top); EDTA (lavender-top); ACD solution

A (yellow-top); ACD solution B (yellow-top); SST

(red-top/plastic); SST (red-top/glass); Red-top (no gel); Sterile leak-proof container; EDTA (lavender-top); ACD solution A

(yellow-top); ACD solution B (yellow-top); Sterile screw cap

container; Sterile leak-proof container

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 8 Months

Ship refrigerated

Plasma: Collect blood in sterile tubes containing EDTA or ACD as anticoagulant or in Plasma Preparation Tubes (PPTs) Store collected whole blood at room temperature and separate plasma from cells within 2 hours of collection Transfer plasma to sterile, plastic, screw-capped tubes and store refrigerated or frozen If blood is collected in a PPT tube, centrifuge within 2hours of collection and store refrigerated or frozen It is not necessary to transfer the plasma from a PPT tube to aliquot tubes Whole blood and bone marrow: Collect whole blood or bone marrow in sterile tubes containing EDTA or ACD as anticoagulant Store and ship refrigerated Do not freeze Amniotic fluid: Collect in a sterile container and refrigerate for storage and transport Avoid repeated freezing and thawing of specimens Tissue: Collect in a sterile container Store and ship frozen Serum: Collect blood in sterile tubes without anticoagulants; (SS, serum separator tube) is recommended Allow blood to clot at room temperature and separate serum from cells within 2 hours of collection Transfer serum to sterile, plastic, screw-capped aliquot tubes Store refrigerated up to 7 days or frozen -18 degrees C or lower for up to 30 days Avoid repeated freezing and thawing of specimen

Pathology Bone Marrow

Test Code: *PATHBM* CPT:

Dept: PTH Prefix: P

Turn-around-time:

Age (Y) Container
0-100 PTH

3/6/15- SRS - built for ordering a pathology Bone Marrow specimen in lab

Pathology Tissue

Test Code: *PATH* CPT:

Dept: PTH Prefix: P

Turn-around-time:

Age (Y) Container
0-100 PTH

4/3/13- SRS - built for ordering a pathology specimen in lab

pH, Fluid

Test Code: *PHFL* CPT:83986
Dept: Hematology Fluids Prefix: HF



Turn-around-time:

Age (Y) Container

0-100 Green Li Heparin PST

CPT: 83986

Phenobarbital

Test Code: *PHENB* CPT:80184

Prefix: C

Dept: Chemistry

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 0.5

Phenylalanine, Plasma

Test Code: *PHNLz* CPT:84030

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37356

Turn-around-time:

Special Instructions: 0.4 mL PL ASAP FRZ *

Age (Y) Container Volume (mLs)
0-100 Green Frozen 4

37356 Phenylalanine

Prierrylalarilile

Plasma

Sodium heparin (green-top); Lithium heparin (green-top); EDTA

(lavender-top)

04 mL

Room Temp: Unstable , Refrig: 7 Days , Frozen: 30 Days

Ship frozen (Okay to thaw)

Separate plasma from cells as soon as possible and freeze below -20 degrees C Collect specimen after an overnight fast (or at least 4 hours after a meal) if possible Non-fasting samples are

acceptable for pediatric patients

Phenytoin (Dilantin)

Test Code: *DILANT* CPT:80185

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 0.5

Phenytoin (Dilantin), Free

Test Code: *DILFz* CPT:80186

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3189

Turn-around-time:

Special Instructions: 2.5 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 6



Pheochromocytoma Eval, 24Ur

CPT: Test Code: PHEOCHZ

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 10520X

Turn-around-time:

Special Instructions: 24 Hour Urine Container 14 mL R(REF) *

> Age (Y) Volume (mLs)

0-100 24 Hour Urine Container 6

10520X

Pheochromocytoma Evaluation

24-hour urine

Sterile screw cap container; 25 mL 6N HCl; OK to add preservative

after collection; 25 mL 6N HCl

14 mL

Room Temp: 8 Hours , Refrig: 8 Days , Frozen: 30 Days

Ship refrigerated (Okay to thaw)

After urine collection, add 25 mL of 6N HCl to maintain a pH below 3 Urine without preservative is acceptable if pH is below 6 and the sample is shipped frozen Record 24-hour urine volume on test request form and urine vial Record patients age on test request form and urine vial It is preferable for the patient to be off medications for three days prior to collection Patient should avoid tobacco, tea, coffee, for three days prior to specimen collection Common antihypertensives (diuretics, ACE inhibitors, calcium channel blockers, alpha and beta blockers) cause minimal or no interference Medications which are alpha agonists (Aldomet), alpha blockers (Dibenzyline) should be avoided 18-24 hours prior to specimen collection

Phosphatidylserine Ab, IgG, A, M

Test Code: *PHOGAMz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10062

Turn-around-time:

Special Instructions: 1 mL PL or S REF *

> Container Age (Y) Volume (mLs) Blue Sodium Citrate 0 - 1002.70000004768

37198

10062

Phosphatidylserine Antibodies (IgG, IgA, IgM)

Plasma or Serum

32% Sodium Citrate (It blue-top); Red-top (no gel); SST

(red-top) 1 mL

Room Temp: 7 Days , Refrig: 28 Days , Frozen: 28 Days

Ship room temperature (Okay to thaw)

For further information, please refer to the Quest Diagnostics

Nichols Institute Reference Manual

Phospholipids

Test Code: PHOSLz CPT:8431190

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 717

Revised: June 18, 2020 236

St.JosephHealth

LABORATORY INFORMATION MANUAL

Turn-around-time:

Special Instructions: PHOSLz: Serum Separator Tube 1.0 mL R(REF)*

Age (Y) Container
0-100 Serum Separator Tube

717

Phospholipids

Serum 10 mL

SST (Red-top); Red-top(no-gel)

Ship refrigerated

Stability: Room temp: 6 days; Refrig: 30 Days; Frozen: 60 Days

Reject criteria: Plasma; Lipemia

Centrifuge within 1 hour of collection Immediately separate serum specimens from the cells into clean, plastic, screw-capped

vial(s)

Phosphorus

Test Code: *PHOS* CPT:84100

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 0.5

Pinworm Exam

Test Code: *PIN* CPT:87172 Dept: Parasitology Prefix: P

Turn-around-time:

Age (Y) 0-100

Plasma Renin Activity

Test Code: *PRAz* CPT:84244

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16846

Turn-around-time:

Special Instructions: 0.8 mL PL FRZ *

Age (Y) Container Volume (mLs)
0-100 Lavender Frozen 1.5

16846

Plasma Renin Activity, LC/MS/MS

Plasma

EDTA (lavender-top)

08 mL

Room Temp: 24 Hours , Refrig: Unacceptable , Frozen: 28 Days

Ship frozen (Do not thaw)

After collection sample can be stored up to 24 hours at room

temperature DO NOT REFRIGERATE THE SAMPLE Refrigeration will



cause cryoactivation to occur and prorenin will convert to renin causing falsley high renin activity results

Set up: Sun-Fri; Report available: Wed-Sat, Mon, Mon

Plasminogen Act Inhibitor Ag

Test Code: *PAI1AGz* CPT:85415

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36555X

Turn-around-time:

Special Instructions: 1 mL PL FRZ *

 Age (Y)
 Container
 Volume (mLs)

 0-100
 Blue (Sodium Citrate) Frozen
 2.70000004768

 37198

36555X

Plasminogen Activator Inhibitor (PAI-1) Antigen

Plasma

32% Sodium Citrate (It blue-top)

1 mL

Reject if gross hemolysis present or if grossly lipemic

Room Temp: Unacceptable , Refrig: 2 Unacceptable , Frozen: 30

Days

Ship frozen (Do not thaw)

Set up Thurs; Report available in 7-12 days

Refer to Quest Diagnostics Nichols Institute Directory of

Services under Specimen Collection section, Coagulation Testing

for further information on specimen processing

Platelet Ab, Indirect IgG,A,M

Test Code: *PLTGAMz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34327

Turn-around-time:

Age (Y) 0-100

34327

Platelet Antibodies, Indirect (IgG, IgM, IgA)

Serum

SST (red-top); Red-top (no gel)

2 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature

Collect 5 mL whole blood in a serum separator tube (red-top) and

separate serum before submitting

Platelet Count, Automated

Test Code: *PLATLET* CPT: Dept: Hematology Prefix: H

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Lavender 1.5



Platelet Function

Test Code: *PFAP* Dept: Coagulation Prefix: K

Turn-around-time:

Age (Y)

0-100 Blue Top

Collect 3 blue top sodium citrate tubes, deliver ASAP. Do NOT centrifuge

COLLECTION NOTES: The correct ratio of blood to anticoagulant MUST be maintained Level of blood in blue container MUST be at

fill mark Transport to laboratory immediately

REJECTION CRITERIA: Hemolyzed, high hematocrit, or clotted

PML RARA t (15,17) RT PCR

Test Code: PMLRz CPT:81315

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 14994

Turn-around-time:

Special Instructions: PMLRz:6 mL EDTA WB AMB

> Volume (mLs) Age (Y) **Container**

0-100 Lavender Whole Blood Ambient 6

14994

PML/RARA t(15;17), Quantitative Real-Time PCR, Cell-based

Whole blood

EDTA (lavender-top);ACD Solution A(Yellow-top);Sodium

Heparin(green-top)

6 mL

Room Temp: 72 Hours , Refrig: 72 Hours , Frozen: Unacceptable

Ship room temperature

PREFERRED SAMPLE TYPE IS WHOLE BLOOD BONE MARROW IS ACCEPTABLE

TEMPERATURE: Ship whole blood or bone marrow at Room temperature or 4 degrees C

STABILITY: ROOM TEMP REFRIGERATED FROZEN 72 HOURS 72 HOURS UNACCEPTABLE (for whole

blood/bone marrow)

INSTRUCTION: Collect 6 mL whole blood or 3 mL bone marrow in an EDTA (lavender-top) tube Whole blood or bone marrow is shipped at room temperature or refrigerated (cold packs) Do not freeze

whole blood or bone marrow

After collection of the sample, draw date and time, as well as sample type, must be written on the tube and included as requested information Ship sample immediately, due to short stability of 72 hours If the stability of the sample cannot be determined, delay in result or cancellation of test may occur

Clotted specimens are unacceptable Do not reject

PNH with FLAER Hi Sensitivity

Test Code: PNHz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 94148

Turn-around-time:

Special Instructions: 5 mL WB AMB

> Age (Y) Container Volume (mLs)

0-100 Green Whole Blood Ambient 3

94148

PNH with FLAER (High Sensitivity)

Revised: June 18, 2020 239



Whole blood

Sodium heparin (green-top); EDTA (lavender-top); ACD solution A

(yellow-top)

5 mL

Room Temp: 72 Hours , Refrig: Not Recommended , Frozen:

Unacceptable

Ship room temperature

Poliovirus Ab Neutralization

Test Code: *POLIOz*

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 94106

Turn-around-time:

Special Instructions: POLIOz: Serum Separator Tube 1 mL R(REF)

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

94106

POLIOVIRUS(1,3) AB, NEUTRAL

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

1 mL

Room Temp: 5 Days , Refrig: 14 Days , Frozen: 30 Days

Ship refrigerated

Porphobilinogen, Ur 24hr Quant

Test Code: *PBGUz* CPT:84110

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 726

Turn-around-time:

Special Instructions: 10 mL 24UR REF *

Age (Y) Container Volume (mLs)

0-100 24 Hour Urine Container 2

726

Porphobilinogen, Quantitative, 24-Hour Urine

24-hour urine

24-hour urine container - sodium carbonate; No preservative

10 mL

Room Temp: Unacceptable , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated (Okay to thaw)

Urine for a 24 hour collection should be alkalinized with sodium carbonate (5g Na2CO3) to a pH of 6-7 The urine should be refrigerated and protected from light during the collection If

sample is to also be used for ALA, maintain pH between 6-7

Porphobilinogen, Ur Quant

Test Code: *PORPQUz* CPT:84110

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 6329

Turn-around-time:

Special Instructions: 10 mL R UR PROT LIGHT REF *

Age (Y) Container Volume (mLs)
0-100 Urine Sterile Cup 0.5

6329



Porphobilinogen, Quantitative, Random Urine

Random urine

Sterile screw cap container; No preservative; Sterile screw cap

container; No preservative

10 mL

Room Temp: Unacceptable , Refrig: 7 Days , Frozen: 30 Days

Ship frozen (Okay to thaw)

Do not use preservatives Wrap tube in aluminum foil to protect from light Store and ship at dry ice temperature STABILITY:

Room Temperature: Refrigerated: Frozen: Unacceptable 1 Week (ph 6-7) 1 Month (ph 6-7)

Porphyrins, Fract PBG 24Ur Qnt

Test Code: *PORz* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 17198

Turn-around-time:

Special Instructions: 12 mL 24UR NO PRES REF PROTECT FROM LIGHT*

Age (Y) Container Volume (mLs)

0-100 24 Hour Urine Prot From Light 3

17198

Porphyrins, Fractionated, Quantitative and Porphobilinogen,

24-Hour Urine

24-hour urine, no preservative

24-hour urine container - sodium carbonate; No preservative

12 mL

Room Temp: Unacceptable , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated (Okay to thaw)

Urine for a 24 hour collection should be alkalinized with sodium carbonate (5g Na2CO3) to a pH of 6-7 The urine should be refrigerated and protected from light during the collection If

sample is to also be used for ALA, maintain pH between 6-7

Porphyrins, Fract Ur Quant

Test Code: *PORRz* CPT:84120

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 36592

Turn-around-time:

Special Instructions: 24 Hour Urine Container Prot-Light 2 mL R(REF) *

Age (Y) Container Volume (mLs)

0-100 Urine Sterile Cup 2

36592

Porphyrins, Fractionated, Quantitative, Random Urine

Random urine or Random urine, no preservative

No preservative; 5 g sodium carbonate; No preservative; Sterile

screw cap container

2 mL

Room Temp: Unacceptable , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated (Okay to thaw)

Random urine collected with 5 grams of sodium carbonate, refrigerated and protected from light during collection is preferred Collection with no preservative is acceptable, if

properly refrigerated and light protected



Porphyrins, Total Plasma

Test Code: *PORPz* CPT:82491

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10290

Turn-around-time:

Special Instructions: Green Frozen Prot-Light 2 mL F(FRZ) *

Age (Y) Container Volume (mLs)

0-100 Green Frozen 4

10290

Porphyrins, Total, Plasma

Plasma

Sodium heparin (green-top); EDTA (lavender-top); Red-top (no gel)

2 mL

Room Temp: 8 Hours , Refrig: 8 Hours , Frozen: 90 Days

Ship frozen (Okay to thaw)

Collect blood sample with FOIL-WRAPPED green-top tube Separate plasma by centrifugation Avoid hemoloysis Remove plasma to a

light-protected tube Freeze immediately after separation

Potassium

Test Code: K CPT:84132 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 0.5

Potassium, 24hr Ur

Test Code: *KU24* CPT:84133 Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Special Instructions: Keep refrigerated during collection

Age (Y) Container Volume (mLs)

0-100 24 Hour Urine Container 1

Potassium, Feces

Test Code: KSTLz CPT:84311

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 8832

Turn-around-time:

Special Instructions: Sterile Cup 10 mL F(FRZ) *

Age (Y) Container Volume (mLs)
0-100 Stool Frozen 3

8832

Potassium, Feces (13830)

Liquid stool

Plastic leak-proof container

10 mL

Room Temp: 48 Hours , Refrig: 14 Days , Frozen: 6 Months

Ship frozen (Do not thaw)



Submit frozen samples of liquid feces Keep refrigerated during collection Liquid stool is the only acceptable specimen for this test 10 mL ALIQUOT of 24 hr, 48 hr, or 72 hr liquid stool specimens are acceptable

Potassium, Ur

Test Code: *KU* CPT:84133

Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Urine Sterile Cup 0.5

PPD Tuberculin Skin Test

Test Code: *PPDTST* CPT: Dept: Immunology Prefix: IM

Turn-around-time:

Age (Y) Container 0-100 SYRINGE

Prealbumin

Test Code: *PALB* CPT:84134

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 0.5

Pregnenolone, by LC/MS/MS

Test Code: *PREGNEz* CPT:84140

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 31493X

Turn-around-time:

Special Instructions: 0.5 mL S REF

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 1

31493X

Pregnenolone, LC/MS/MS

Serum

Red-top (no gel)

05 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 1 Year

Ship refrigerated

Set up: Sun-Fri; Report available: Wed-Sat, Mon, Mon

Pre-Op Extended Crossmatch

Test Code: *BBKEXTEND* CPT: Dept: Blood Bank Testing Prefix: BB Turn-around-time: Result Pending

Special Instructions: To be ordered on PRE-OP patients only



Age (Y) 0-100

Primidone Incl Phenobarb

Test Code: *PRIMz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 751X

Turn-around-time:

Special Instructions: 1 mL; 1 mL PL or S ASAP REF *

Age (Y) Container Volume (mLs)
0-100 Lavender 1

751X

Primidone (Mysoline) Includes Phenobarb Quan (6381)

Plasma; Serum

EDTA (lavender-top); Red-top (no gel); No additive (dark

blue-top) 1 mL; 1 mL

Room Temp: 72 Hours , Refrig: 14 Days , Frozen: 30 Days ; Room

Temp: 72 Hours , Refrig: 14 Days , Frozen: 30 Days

Ship refrigerated; Ship refrigerated

Centrifuge and immediately separate plasma or serum specimens from the cells into clean, plastic, screw-capped vial(s) Collect

just prior to next dose

Proinsulin

Test Code: *PROINSz* CPT:84206

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 760X

Turn-around-time:

Special Instructions: 1 mL S ASAP FRZ *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube Frozen 2

760X

Proinsulin

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass);

EDTA (lavender-top)

1 mL

Room Temp: 24 Hours , Refrig: 72 Hours , Frozen: 6 Months

Ship frozen (Okay to thaw)

Allow blood to fully clot (about 1/2 hour) at room temperature (20-25 degrees C) Centrifuge in a refrigerated centrifuge and separate serum immediately Specimens collected in serum separation tubes should be removed from the gel after

centrifugation Overnight fasting is required

CPT:84206

Prolactin

Test Code: *PROL* CPT:84146

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)



0-100 Green Li Heparin PST 0.5

Prostate Specific Ag

Test Code: *PSA* CPT:84153 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 0.5

CPT: G0103

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

Prostate Specific Ag, Screen

Test Code: *PSAS* CPT: Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

Prostatic Acid Phosphatase

Test Code: *PAPz* CPT:84066

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 208

Turn-around-time:

Special Instructions: 1 mL S FRZ *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube Frozen 1

208

Prostatic Acid Phosphatase (PAP)

Serum

Red-top (no gel); SST (red-top/glass); SST (red-top/plastic)

1 mL

Room Temp: 24 Hours , Refrig: 24 Hours , Frozen: 28 Days

Ship frozen (Okay to thaw)

Samples should be obtained before rectal examination, biopsy, prostatectomy or prostatic massage, since manipulating the prostate gland may lead to elevated PAP levels persisting up to 24-48 hours Specimens must be frozen if received by the

laboratory greater than 24 hours after collection

Protein C, Antigen

Test Code: *PCAGz* CPT:85302

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4948

Turn-around-time:

Special Instructions: 1 mL PL ASAP FRZ *



Age (Y) <u>Container</u>
0-100 Blue (Sodium Citrate) Frozen

Volume (mLs) 2.70000004768 37198

4948

Protein C Antigen

Plasma

32% Sodium Citrate (It blue-top)

1 mL

Room Temp: Unacceptable , Refrig: Unacceptable , Frozen: 14 Days

Ship frozen (Do not thaw)

Draw blood in a light blue-top tube containing 32% sodium citrate, mix gently by inverting 3-4 times Centrifuge 15 minutes at 1500 g within one hour of collection Using a plastic pipette, remove plasma, taking care to avoid the WBC/platelet buffy layer and place into a plastic vial Centrifuge a second time and transfer platelet-poor plasma into a new plastic vial(s) Freeze

immediately and transport on dry ice

Protein Electrophor, 24hr

Test Code: *PEP24z* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 750

Turn-around-time:

Special Instructions: 25 mL 24UR NO PRES REF *

Age (Y) Container Volume (mLs)
0-100 24 Hour Urine Container 10

750

Protein Electrophoresis, 24-Hour Urine

24-hour urine, no preservative

24-hour urine container; Sterile screw cap container; Urinalysis transport tube (yellow-top, blue fill line, preservative tube)

25 mL

Room Temp: 4 Days , Refrig: 5 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Total volume required Record on both the specimen container and

the request form

Protein Electrophor, CSF

Test Code: *PEPCz* CPT:

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 749

Turn-around-time:

Special Instructions: 6 mL CSF REF

Age (Y) Container Volume (mLs)
0-100 CSF Tube (MIC) 1

749

Protein Total and Protein Electrophoresis, CSF

CSF

Plastic screw-cap container

6 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 28 Days

Ship refrigerated (Okay to thaw)



Protein Electrophoresis

Test Code: *PEPEUz* CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 8525

Turn-around-time:

Special Instructions: 25 mL R UR REF *

Age (Y) Container Volume (mLs)

0-100 Urine Sterile Cup

8525

Protein Electrophoresis and Total Protein, Random Urine

Random urine, no preservative Plastic screw-cap container

25 mL

Room Temp: 4 Days , Refrig: 5 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Please submit 10 mL of a well-mixed random collection

Protein S Antigen, Free

Test Code: *PSAGFz* CPT:85306

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10170

Turn-around-time:

Special Instructions: 1 mL PL ASAP FRZ *

Age (Y) Container Volume (mLs)
0-100 Blue (Sodium Citrate) Frozen 2.70000004768

37198

1

10170

Protein S Antigen, Free

Plasma

32% Sodium Citrate (It blue-top)

1 mL

Room Temp: Unacceptable , Refrig: Unacceptable , Frozen: 30 Days

Ship frozen (Do not thaw)

Draw blood in a light blue-top tube containing 32% sodium citrate, mix gently by inverting 3-4 times Centrifuge 15 minutes at 1500 g within one hour of collection Using a plastic pipette, remove plasma, taking care to avoid the WBC/platelet buffy layer and place into a plastic vial Centrifuge a second time and transfer platelet-poor plasma into a new plastic vial(s) Freeze

immediately and transport on dry ice

Protein S Antigen, Total

Test Code: *PSAGTz* CPT:85305

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 5165

Turn-around-time:

Special Instructions: 1 mL PL ASAP FRZ *

Age (Y)ContainerVolume (mLs)0-100Blue (Sodium Citrate) Frozen2.70000004768

37198

5165

Protein S Antigen, Total

Plasma



32% Sodium Citrate (It blue-top)

1 mL

Room Temp: Unacceptable , Refrig: Unacceptable , Frozen: 30 Days

Ship frozen (Do not thaw)

Draw blood in a light blue-top tube containing 32% sodium citrate, mix gently by inverting 3-4 times Centrifuge 15 minutes at 1500 g within one hour of collection Using a plastic pipette, remove plasma, taking care to avoid the WBC/platelet buffy layer and place into a plastic vial Centrifuge a second time and transfer platelet-poor plasma into a new plastic vial(s) Freeze immediately and transport on dry ice

Protein/Creatinine Ratio, Ur

Test Code: *TPCRU* CPT: Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Urine Sterile Cup 1

Proteinase-3 Antibody

Test Code: *PROTAB3z* CPT:86021

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34151

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

34151

Proteinase-3 Antibody

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Avoid hemolysis

Prothrombin (Factor II) Mutat

Test Code: FACT2z CPT:81240

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17909

Turn-around-time:

Special Instructions: 5 mL WB REF

Age (Y) Container Volume (mLs)
0-100 Lavender Whole Blood Ref 1.5

Prothrombin Time

Test Code: *PT* CPT:85610 Dept: Coagulation Prefix: K

Turn-around-time:

Special Instructions: Tube must be filled to mark.

Age (Y) <u>Container</u> <u>Volume (mLs)</u>



0-100 Blue NaCitrate 2.7 mL

2.70000004768 37198

COLLECTION NOTES: The correct ratio of blood to anticoagulant MUST be maintained Level of blood in blue container MUST be at

fill mark Transport to laboratory immediately

REJECTION CRITERIA: Hemolyzed, high hematocrit, or clotted.

SPECIMEN STABILITY: Room temperature 24 hours

PTH Intact

Test Code: *PTHIN* CPT:83970

Dept: Chemistry

Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

PTH Related Protein

Test Code: *PTHRz* CPT:83519

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34478Z

Turn-around-time:

Special Instructions: 0.5 mL PL ASAP REF *

Age (Y) Container Volume (mLs)
0-100 BMCG Green (NA-Heparin) 4

34478Z

PTH-Related Protein (PTH-RP)

Plasma

Sodium heparin (green-top)

05 mL

Room Temp: 7 Days , Refrig: 7 Days , Frozen: 28 Days

Ship room temperature (Okay to thaw)

Sodium Heparin Tubes: Centrifuge the specimen as soon as possible Transfer the plasma to a plastic screw capped vial Mark the specimen type as plasma on the transport tube DO NOT

submit unspun tubes

PTT (Heparin Protocol)

Test Code: *PTTH* CPT:85730

Dept: Coagulation Prefix: K

Turn-around-time:

Age (Y) Container

0-100 Blue NaCitrate 2.7 mL

COLLECTION NOTES: The correct ratio of blood to anticoagulant MUST be maintained Level of blood in blue container MUST be at

fill mark Transport to laboratory immediately

REJECTION CRITERIA: Hemolyzed, high hematocrit, or clotted

Pyruvic Acid

Test Code: *PYVAz* CPT:84210

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 765Z



Turn-around-time:

PROT FREE Filt ASAP REF * Special Instructions:

> Age (Y) **Container** Volume (mLs) 0 - 100Lavender 1.5

765Z

Pyruvic Acid (Pyruvate), Blood (5041)

Protein-free filtrate

EDTA (lavender-top); Sodium heparin (green-top); Sodium fluoride

gray-top); Lithium heparin (green-top)

Room Temp: Unacceptable , Refrig: 30 Days , Frozen: 90 Days

Ship refrigerated

Collect 4 mL random whole blood EDTA (lavender-top), sodium or lithium heparin (green-top), or fluoride oxalate (gray-top) tube and immediately mix with 4 mL ice cold 7% or 8% Perchloric Acid Let mixture stand for 10 minutes; then, centrifuge Separate and submit 45 mL supernatant fluid for assay, refrigerated 2-8 degrees C Transport refrigerated (cold packs) Please specify on the request form volumes of blood and Perchloric Acid used

Q Fever, Abs IgG,M w/Reflex

Test Code: *QFAz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37071

Turn-around-time:

1 mL S REF Special Instructions:

> <u>Age (Y)</u> Container Volume (mLs)

0-100 Serum Separator Tube 2

37071

Q Fever (Coxiella burnetii) Antibodies (IgG, IgM) with Reflex to

Titers Serum Red-top (no gel); SST (red-top)

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated

RBC Fragility

Test Code: RBCFz CPT:85557

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17364X

Turn-around-time:

Sodium Heparin 5 mL R(REF) * Special Instructions:

> Container <u> Age (Y)</u>

0-100 Green (Sodium Heparin)

17364X

RBC Fragility - Incubated

Whole Blood

Sodium Heparin (green-top);Lithium Heparin (green-top)

5 mL; 3 mL minimum

Room Temp: 48 Hours , Refrig: 72 Hours , Frozen: Unacceptable

Ship refrigerated

5 mL whole blood drawn into green top tube Do not use PST plasma

Revised: June 18, 2020 250



separation tube) heparin tube Do not pop/open tube Do not pour off sample Sample must be sterile Clotted and/or hemolyzed samples are unacceptable Samples MUST be received in the lab Monday through Thursday and ASAP after collection Ship overnight express

Reptilase Clotting Time

Test Code: *RPTCz* CPT:85635

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37700

Turn-around-time:

Special Instructions: Blue (Sodium Citrate) Frozen 1 mL F(FRZ)

Age (Y)ContainerVolume (mLs)0-100Blue (Sodium Citrate) Frozen2.70000004768

37198

37700

Reptilase Clotting Time (9413)

Plasma

32% Sodium Citrate (It blue-top)

1 mL

Room Temp: 8 Hours , Refrig: 24 Hours , Frozen: 30 Days

Prefix: H

Ship frozen (Do not thaw)

Reticulocyte Count, Auto.

Test Code: *RETICA* CPT:85045

Dept: Hematology

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Lavender 1.5

CPT: 85045

Rh Interpretation

Test Code: *RH* CPT:86901

Dept: Blood Bank Testing Prefix: BB Turn-around-time: Results Pending

Age (Y) 0-100

Ri Antibody Screen w/ Reflex

Test Code: *RIABWBz* CPT:86255

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 10140

Turn-around-time:

Special Instructions: 0.5 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

10140

Ri Antibody Screen w/ Reflex to Titer and Western Blot

Serum



Red-top (no gel); SST (red-top)

05 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 21 Days

Ship room temperature Overnight fasting is preferred

Ribosomal P Antibody

Test Code: *RIBPz* CPT:83516

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34283

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

34283

Ribosomal P Antibody

Serum

Red-top (no gel); SST (red-top); No additive (royal blue-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Avoid hemolysis

Rickettsia Ab, w/ Reflex

Test Code: *RICKGMz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 6419

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

6419

Rickettsia (RMSF) Antibodies (IgG, IgM) with Reflex to Titers

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature

Ristocetin Cofactor

Test Code: VWFRCFz CPT:85245

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4459X

Turn-around-time:

Special Instructions: 1 mL PL ASAP FRZ *

Age (Y) Container Volume (mLs)
0-100 Blue (Sodium Citrate) Frozen 2.70000004768
37198

4459X

Ristocetin Cofactor

Plasma

32% Sodium Citrate (It blue-top)

1 mL



Room Temp: 6 Hours , Refrig: Unacceptable , Frozen: 30 Days

Ship frozen (Do not thaw)

Platelet-poor plasma: Centrifuge light blue-top tube for 15 minutes at approximately 1500 g within 60 minutes of collection Using a plastic pipette, remove plasma, taking care to avoid the

WBC/platelet buffy layer and place into a plastic vial

Centrifuge a second time and transfer platelet-poor plasma into a new plastic vial Plasma must be free of platelets (<10,000/mcL) Freeze immediately and ship on dry ice Note: Storage of whole blood at refrigerated temperatures prior to processing may lead to cryoprecipitate formation and falsely low Factor VIII and von Willebrand Factor studies

Rotavirus Antigen, by EIA

Test Code: *ROTAGSTz* CPT:87425

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 706

Turn-around-time:

Special Instructions: 5 mL; 5 g; 5 mL; 5 g FRSH STL or RECTAL SWB FRZ *

Age (Y) Container Volume (mLs)
0-100 Stool Frozen 1

706

Rotavirus Antigen Detection, EIA

Fresh stool; Fresh stool; Rectal swab; Rectal swab Sterile screw cap container; Sterile screw cap container;

Bacterial transport tube; No preservative; Bacterial transport

tube; No preservative 5 mL; 5 g; 5 mL; 5 g

Room Temp: Unacceptable , Refrig: 72 Hours , Frozen: 30 Days ;

Ship frozen;

5 mL or 5 g stool or swab with visible stool (1 mL stool or 1 g minimum, pea-sized portion of stool) Collect fresh stool in sterile, leak-proof container without media, perservative or metal ion For patients requiring the use of diapers, first line the diaper with clean plastic to prevent absorption Then transfer 5 g or 5 mL of stool specimen from the plastic lined diaper to the sterile container Do not submit the diaper itself Cap securely Do not use M4 transport media Do not use any preservative, media or additive

RSV Screen Rapid

Test Code: RSV

Dept: LAB Module Microbiology Tests Prefix: LM

Turn-around-time:

Age (Y) Container Volume (mLs)
0-5 Special Swab 1

Collect nasopharyngeal swab (polyester, rayon, cotton or flocked, flexible shaft swabs Must be received within 1 hour of collection



Testing only approved for patients under 5 years of age

Rubella IgG Antibody

Test Code: RUBIGG

CPT:86762

Dept: Immunology

Prefix: IM

Turn-around-time:

Age (Y) Container

0-100 Serum Separator Tube

Rubella, IgM

Test Code: *RUBMz* CPT:86762

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4422X

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 1

4422X

Rubella Antibody (IgM)

Serum

Red-top (no gel); SST (red-top/plastic)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

S. cerevisiae Ab, IgG,A

Test Code: *SCERABz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 17609

Turn-around-time:

Special Instructions: 2 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 3

17609

Saccharomyces cerevisiae Antibodies (ASCA) (IgG, IgA)

Serum

Red-top (no gel); SST (red-top/plastic)

2 mL

Room Temp: 14 Days , Refrig: 21 Days , Frozen: 21 Days

Ship room temperature (Okay to thaw)

S. pneumoniae 23 Sero, IgG

Test Code: *STG23z* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16963

Turn-around-time:

Special Instructions: 0.5 mL S ROOM

Age (Y) Container Volume (mLs)
0-100 Ped (No Gel) 3.5

0-100 Red (No Gel) 3.5



16963

Streptococcus pneumoniae IgG Ab (23 serotypes), MAID (40962)

Red-top (no gel); SST (red-top/plastic)

05 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 90 Days

Ship room temperature Report available: 1-3 days

S. pneumoniae IgG Ab Serotype

Test Code: SPNUz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 19564

Turn-around-time:

0.5 mL S REF Special Instructions:

> Age (Y) Container Volume (mLs) 2

0-100 Serum Separator Tube

CPT: 86317(x14)

19564

Streptococcus pneumoniae IgG Antibody Panel (14 Serotypes), MAID

(40682)Serum

Red-top (no gel); SST (red-top/plastic)

05 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 90 Days

Ship refrigerated

Report available: 1-3 days

Salicylates Level

Test Code: SAL CPT:80329 Dept: Chemistry Prefix: C

Turn-around-time:

<u>Age (Y)</u> Container Volume (mLs)

0-100 Green Li Heparin PST 0.5

ScI-70 Antibody

Test Code: SCL70z CPT:86235

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4942

Turn-around-time:

1 mL S REF * Special Instructions:

> Volume (mLs) <u>Age (Y)</u> Container 0-100 Serum Separator Tube 0.5

4942

Scl-70 Antibody

Serum

Red-top (no gel); SST (red-top)

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Overnight fasting is preferred



Selenium

Test Code: *SELz* CPT:84255

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 5507

Turn-around-time:

Special Instructions: 2 mL S ASAP REF *

Age (Y) Container Volume (mLs)

0-100 Royal Blue TM Serum

5507

Selenium

Serum

No additive (royal blue-top); EDTA (royal blue-top); Sodium

heparin (royal blue-top)

2 mL

Room Temp: 8 Hours , Refrig: 14 Days , Frozen: 30 Days

Ship refrigerated (Okay to thaw)

Carefully clean skin prior to venipuncture Avoid worksite

collection Avoid hemolysis Use the royal blue-topped Trace

Metal evacuated tube, which is available with EDTA, heparin or no additives Do not use gel barrier tubes Centrifuge serum or

plasma specimens within 1 hour of collection Immediately

separate serum and plasma specimens from the cells into trace

element collection vial(s) Patient should refrain from taking

vitamins or mineral supplements at least three days prior to

specimen collection

Patient Preparation:

Patient Preparation:

Patient should refrain from taking vitamins or mineral

supplements at least three days prior to specimen

collection

Instructions:

Carefully clean skin prior to venipuncture Avoid worksite

collection Avoid hemolysis Use the royal

blue-top Trace Metal evacuated tube, which is available with

EDTA, heparin or no additives Do not use

gel barrier tubes Centrifuge serum or plasma specimens within 1

hour of collection Immediately

separate serum and plasma specimens from the cells into trace

element collection vial(s)

Selenium, Bld

Test Code: *SELBz* CPT:84255

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 6296Z

Turn-around-time:

Special Instructions: 2 mL WB REF *

Age (Y) Container Volume (mLs)

0-100 Royal EDTA 1

6296Z

Selenium, Whole Blood (4875W)

Whole blood

Royal blue-top (EDTA) in trace element collection system; Royal

blue-top (Sod Hep) trace element free w/green band; Sodium



heparin (green-top); EDTA (lavender-top)

2 mL

Room Temp: 14 Days , Refrig: 30 Days , Frozen: 60 Days

Ship room temperature

Carefully clean skin prior to venipuncture Avoid worksite

collection

Serotonin Release Assay Unfr

Test Code: *SERRAz* CPT:86022

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 14627

Turn-around-time:

Special Instructions: 1 mL S FRZ

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

14627

Serotonin Release Assay, Unfractionated Heparin

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 24 Hours , Refrig: 48 Hours , Frozen: 6 Months

Ship frozen (Okay to thaw)

Set up: Sun-Thurs; Report available: Tues-Sat

Serotonin, Bld

Test Code: SERWBZ CPT:84260

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 818X

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Special Container 1

818X

Serotonin, Blood

Whole blood

Serotonin Kit (provided by Quest Diagnostics)

4 mL

Room Temp: Frozen Only , Refrig: Frozen Only , Frozen: 42 Days

Ship frozen (Do not thaw)

Proper specimen collection, storage and shipment are critical for Serotonin whole blood analysis Strict adherence to the following specimen collection instructions will ensure the most meaningful results 1 Draw blood into the EDTA 72-mg Vaccutainer tube 2 After drawing the blood, mix well and immediately transfer all

blood to the enclosed container, which contains 35 mg of Ascorbic

Acid 3 Mix well and freeze immediately 4 Ship frozen

Expiration date for Ascorbic Acid container is the same as the EDTA tube provided in the kit Patient should avoid food high in indoles: avocado, banana, tomato, plum, walnut, pineapple, and

eggplant Patient should also avoid tobacco, tea and coffee

three days prior to specimen collection

Serotonin, Serum

Test Code: *SEROz* CPT:84260

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 29851



Turn-around-time:

Special Instructions: Serum Separator Tube 2 mL F(FRZ) *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube Frozen 0.5

29851

Serotonin, Serum

Serum

Red-top (no gel); SST (red-top)

2 mL

Room Temp: Frozen Only , Refrig: Frozen Only , Frozen: 42 Days

Ship frozen (Do not thaw)

Spin and freeze serum below -20 c within 2 hours after collection Patient should avoid food high in indoles: avocado, banana, tomato, plum, walnut, pineapple, and eggplant Patient should also avoid tobacco, tea and coffee three days prior to

specimen collection

Sex Hormone Binding Globulin

Test Code: *SHBGz* CPT:84270

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 30740

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

30740

Sex Hormone Binding Globulin

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 14 Days , Refrig: 14 Days , Frozen: 60 Days

Ship room temperature

Sickle Cell Screen

Test Code: SCSZ CPT:85660

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 825

Turn-around-time: Mon - Sun. Reports in 1-2 days.

Special Instructions: SCSz: 4(0.5) ml WB-RF

Age (Y) Container Volume (mLs)
0-100 Lavender 1.5

COLLECTION NOTES:

REJECTION CRITERIA: EDTA lavender top is the only acceptable

specimen

LAB NOTES: Maintain specimen at room temperature Do not

centrifuge

SPECIMEN STABILITY: Room Temp: 7 days; Refrig: 14 days

Frozen: Unacceptable

CLINICAL SIGNIFICANCE: This test is not appropriate for patients less than 6 months old due to interference by Hemoglobin F In

these cases, it is suggested that test code 35489

(Hemoglobinopathy Evaluation) be ordered (Test code: HEz)



Sjogren's Antibody SS-A

Test Code: *SSAGz* CPT:86235

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38568

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

38568

Sjogrens Antibody (SS-A)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Overnight fasting is preferred

Sjogren's Antibody SS-A, SS-B

Test Code: *SSASSBz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 7832

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

7832

Sjogrens Antibodies (SS-A, SS-B)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Overnight fasting is preferred

Sjogren's Antibody SS-B

Test Code: *SSBGz* CPT:86235

Dept: Reference Prefix: Z Ouest Diagnostics Nichols Inst 38569

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

38569

Sjogrens Antibody (SS-B)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Overnight fasting is preferred

Sm Antibody



Test Code: *SMGABz* CPT:86235

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37923

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

37923 Sm Antibody Serum

Red-top (no gel); SST (red-top/glass); SST (red-top/plastic)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Avoid hemolysis Overnight fasting is preferred

Sm RNP Antibody

Test Code: *SMRNPz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 7448

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

7448

Sm and Sm/RNP Antibodies

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Avoid hemolysis Overnight fasting is preferred

Sm/RNP Antibody

Test Code: *SMRNPAz* CPT:86235

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 38567

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

38567

Sm/RNP Antibody

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Avoid hemolysis Overnight fasting is preferred

Sodium

Test Code: *NA* CPT:84295 Dept: Chemistry Prefix: C

St. Joseph Health

LABORATORY INFORMATION MANUAL

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 0.5

Sodium, Feces

Test Code: *NASTLz* CPT:84302

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 8833

Turn-around-time:

Special Instructions: 10 mL LIQ STL FRZ *

Age (Y) Container Volume (mLs)

0-100 Stool Frozen 3

8833

Sodium, Feces (13829)

Liquid stool

Plastic leak-proof container

10 mL

Room Temp: 48 Hours , Refrig: 14 Days , Frozen: 6 Months

Ship frozen (Do not thaw)

Submit frozen samples of liquid feces Keep refrigerated during collection Liquid stool is the only acceptable specimen for this test 10 mL ALIQUOT of 24 hr, 48 hr, or 72 hr liquid stool

specimens are acceptable

Sodium, Ur

Test Code: *NAU* CPT:84300 Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Urine Sterile Cup 0.5

Sodium, Ur 24hr Quant

Test Code: *NAU24* CPT:84300 Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) <u>Container</u> <u>Volume (mLs)</u>

0-100 24 Hour Urine Container 1

Soluble Transferrin Receptor

Test Code: *TFRSz* CPT:84238

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 91031

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 0.5

91031



Soluble Transferrin Receptor

Serum

Red-top (no gel); SST (red-top); Sodium heparin (green-top);

Lithium heparin (green-top); EDTA (lavender-top)

Room Temp: Not Established , Refrig: 7 Days , Frozen: 60 Days

Ship refrigerated

Somatostatin

Test Code: SOMAZ CPT:84307

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34480

Turn-around-time:

1.8 mL PL ASAP FRZ * Special Instructions:

> **Container** Volume (mLs) Age (Y) 0-100 Lavender Ice 1.5

34480

Somatostatin

Plasma

EDTA (lavender-top)

18 mL

Room Temp: 8 Hours , Refrig: 8 Hours , Frozen: 28 Days

Ship frozen (Do not thaw)

Draw in a pre-chilled lavender-top tube Separate and freeze

plasma immediately Do not thaw

Sperm Antibody, IgA IgG

CPT: Test Code: SPERAGZ

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 19492X

Turn-around-time:

Special Instructions: 1 mL S REF

> Volume (mLs) Age (Y) Container Serum Separator Tube 0.5

0-100

19492X

Sperm Antibody (IgA, IgG)

Serum

Red-top (no gel); SST (red-top/glass); SST (red-top/plastic)

1 mL

Room Temp: 24 Hours , Refrig: 14 Days , Frozen: 14 Days

Ship refrigerated (Okay to thaw)

Stone Analysis

Test Code: STONEAz CPT:82365

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 30260X

Turn-around-time:

STN or KIDY STN or FILT MAT AMB * Special Instructions:

> Age (Y) Container Volume (mLs)

0-100 Sterile Cup (MIC) 1

30260X

Stone Analysis (4161)

Stone or Dry kidney stone or Filtered material



Sterile screw cap container

Room Temp: 12 Months, Refrig: 12 Months, Frozen: 12 Months

Ship room temperature

Stones originating from sources not related to the kidney should be air-dried, then placed in a plastic tube or a urine collection cup Do not use tape Minute specimens may be placed in a gelatin

capsule Ship ambient

Stone Risk Diagnostic Profile

Test Code: *STONEz* CPT:

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 442Z

Turn-around-time:

Special Instructions: STONEz: 24hr collection kit, 2 white vials (ref)*

Age (Y) Container Volume (mLs)

0-100 24 Hour Urine Container 1

442Z

StoneRisk(R) Diagnostic Profile (5510)

Urine and Acid urine

See collection instructions; See collection instructions

60 mL and 60 mL

Room Temp: 10 Days , Refrig: 10 Days , Frozen: Unacceptable

Ship room temperature and Ship room temperature

Use only Quest 24-hour Urine Collection Kits specific for renal

stone formation diagnosis Follow instructions in the kit

- 1) Upon completion of 24-hour collection in the large orange collection container, tighten the cap on the container and mix contents in the container vigorously for one minute A good mix will ensure accurate test results
- 2) Carefully fill the two plastic white vials with urine collected in the large orange container The two white vials must be filled within two to four hours of completion of 24-hour collection Fill and cap vials one at a time Cap both vials tightly, write patients name on each vial and place in zip-lock bags provided (do not remove absorbent sheets)
- 3) Complete the patient information section
- 4) Place specimen in mail-back box and mail to the laboratory DO NOT MAIL LARGE ORANGE COLLECTION CONTAINER For High Urine Output: Patient with a high urine output (greater than 38L) will require more than one large container Collect urine in the first container until it is 3/4 full and then begin filling the second container to complete the 24-hour collection Carefully follow steps 1-4 for each jug and mark one as box 1 of 2 the other box 2 of 2

Note: Urine must only be collected and stored in the large orange collection container Do not remove sponge from the orange collection container Do not remove wool from white container Do not collect the first urination at the beginning of 24-hour collection During collection process store large orange container in a cool location

Stool for WBCs

Test Code: *STOOLWBC* CPT:87205 Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y)

St. Joseph Health

LABORATORY INFORMATION MANUAL

0-100

Strep Group A Perianal Culture

Test Code: *STGAC* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

Strep Group A Screen, Rapid

Test Code: STGASCRN

Dept: LAB Module Microbiology Tests Prefix: LM

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Sterile Swab 1

Strep Pneumo Ag, Urine

Test Code: *SPAGUz* CPT:86403

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16786

Turn-around-time:

Special Instructions: SPAGUz: 3(0.5) mL U-Rf

Age (Y) Container
0-100 Urine Sterile Cup

16786

Streptococcus pneumoniae Antigens, Urine

SPECIMEN : Random urine

VOLUME : Standard: 3 mL - Minimum: 05 mL ** CONTAINER: Sterile, plastic, leakproof container

SHIPTEMP: Ship refrigerated

STABILITY: Room temperature: 24 Hours

Refrigerated: 14 Days Frozen: 14 Days

Note: Alternate specimen types available - choose ST option

INSTRUCTION: No information available METHOD: Immunochromatography

SCHEDULE : SETUP DAY/TIME*** REPORT DAY/TIME*** Mon-Sun Report available: 1-2 days

ADDTL TEMP: Shipping room temp unacceptable; Shipping frozen

acceptable

Streptolysin-O Antibody

Test Code: ASOABZ CPT:86060

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 265

Turn-around-time:

Special Instructions: 1 mL S ASAP REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

St. Joseph Health St. Joseph · Redwood Memorial

LABORATORY INFORMATION MANUAL

265X

Antistreptolysin-O

Serum

Red-top (no gel); SST (red-top); EDTA (lavender-top); Sodium

heparin (green-top); Lithium heparin (green-top)

1 mL

Room Temp: 72 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship Room Temp (Okay to thaw)

Avoid hemolysis Serum should be separated immediately and shipped refrigerated Avoid freezing and thawing Overnight

fasting is preferred

Striated Muscle Ab

Test Code: *STRMAz* CPT:86255

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 266

Turn-around-time:

Special Instructions: 0.5 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

CPT: 86255

266

Striated Muscle Antibody with Reflex to Titer

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

05 mL

Room Temp: 4 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Strongyloides, IgG

Test Code: *STRABGz* CPT:86682

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34309

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

Surgical Culture w GS

Test Code: *SURG* CPT: Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

T. pallidum Ab, (TP-PA)

Test Code: TPPAZ CPT:86780

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 653

Turn-around-time:

Special Instructions: 1 mL S REF



Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

653

Treponema pallidum Ab, Particle Agglutination

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

T. whipplei, by PCR Qual

Test Code: WHIPQLz CPT:87798

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 11352X

Turn-around-time:

Special Instructions: 3 mm x3 FRSH UNFIXED TIS REF

Age (Y) <u>Container</u> 0-100 Special Container

11352X

Tropheryma whipplei DNA, Qualitative Real-Time PCR (46500)

Fresh (unfixed) tissue

3 mm x3

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship frozen (Okay to thaw)

T3, Free

Test Code: *T3Fz* CPT:84481

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34429

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 2

34429 T3, Free Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 7 Days , Frozen: 28 Days

Ship room temperature (Okay to thaw)

T3, Reverse

Test Code: *T3REVz* CPT:84482

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 90963

Turn-around-time:

Special Instructions: 0.5 mL S ASAP REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

CPT: 84482

St.JosephHealth St. Joseph · Redwood Memorial

LABORATORY INFORMATION MANUAL

90963

T3, Reverse, LCMSMS

Serum

Red-top (no gel); SST (red-top); EDTA (lavender-top); Sodium

heparin (green-top)

05 mL

Room Temp: 7 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Allow blood to clot at room temperature for 30 minutes

Centrifuge and separate the serum from the cells immediately

Alternatively, collect blood in a gel barrier tube, allow to clot

at room temperature, centrifuge, and remove from gel within 24

hours

T3, Total

Test Code: *T3Tz*

Dept: Reference

Prefix: Z

Quest Diagnostics Nichols Inst 859

Turn-around-time:

Age (Y) 0-100

Container SST

Volume (mLs)

1

Allow samples to clot adequately before centrifugation

T4 (Thyroxine)

Test Code: 74 Dept: Chemistry

CPT:84436 Prefix: C

Turn-around-time:

<u>Age (Y)</u> 0-100

Container Green Li Heparin PST Volume (mLs)

1

T4, Free

Test Code: *FT4* Dept: Chemistry

CPT:84439 Prefix: C

Turn-around-time:

Age (Y) 0-100

Container

Volume (mLs)

Green Li Heparin PST 0.5

CPT: 84439

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

T4, Tot Free by Direct Dialy

Test Code: *T4FDDz*

CPT:

Prefix: Z Quest Diagnostics Nichols Inst 36725

Dept: Reference Turn-around-time:

Special Instructions:

2 mL S REF *

<u>Age (Y)</u>

Container

Volume (mLs)

0-100 Serum Separator Tube 3.5

Revised: June 18, 2020

267



36725

T4, Free, Direct Dialysis and T4, Total

Serum

Red-top (no gel); SST (red-top)

2 mL

Room Temp: 7 Days , Refrig: 7 Days , Frozen: 28 Days

Ship room temperature (Okay to thaw)

Fasting preferred

Tacrolimus, (Prograf)

Test Code: TACRO CPT:80197 Dept: Chemistry Special Prefix: CS

Turn-around-time:

Container Volume (mLs) Age (Y)

0-100 Lavender 1.5

CPT: 80197

Tay-Sachs Disease Mutation Ana

Test Code: TAYSz CPT:81255

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 90903

Turn-around-time:

Special Instructions: 4 mL WB ASAP AMB *

> Age (Y) **Container** Volume (mLs)

0-100 Lavender Ambient 3

90903

Tay-Sachs Disease Mutation Analysis

Whole blood

EDTA (lavender-top); ACD solution A (yellow-top); ACD solution B (yellow-top); EDTA (royal blue-top); Sodium heparin (green-top); Lithium heparin (green-top); ; T-25 Flask; ; ; Tissue culture

media

4 mL

Room Temp: 8 Days , Refrig: 8 Days , Frozen: Unacceptable

Ship room temperature

Whole blood: Normal phlebotomy procedure Specimen stability is crucial Store and ship ambient immediately Do not freeze For prenatal diagnosis with a fetal specimen: 1) parents must be documented carriers of one of the mutations tested; 2) maternal blood or DNA must be available; 3) contact the laboratory genetic counselor before submission Amniotic fluid: Normal collection procedure Specimen stability is crucial Store and ship ambient immediately Do not refrigerate or freeze Amniocyte culture: Sterile T25 flask, filled with culture medium Specimen stability

is crucial Store and ship ambient immediately Do not

refrigerate or freeze Dissected chorionic villus (CVS) biopsy:

10-20 mg dissected chorionic villi collected in sterile tube filled with sterile culture media Specimen stability is crucial

Store and ship ambient immediately Do not refrigerate or freeze

Testosterone, Free/Bio/Total

Test Code: TTz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 14966

St.JosephHealth

LABORATORY INFORMATION MANUAL

Turn-around-time:

Special Instructions:

2.8 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 5

14966

Testosterone, Free, Bioavailable, and Total, LC/MS/MS

Serum

Red-top (no gel)

28 mL

Room Temp: 7 Days , Refrig: 7 Days , Frozen: 60 Days

Ship refrigerated (Okay to thaw)

Collect blood in a red-top tube (no gel) Serum separator tubes

are unacceptable

Testosterone, Free & Total

Test Code: TESTOZ

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36170

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Red top 1

Collect blood in a red-top tube (no gel) Serum separator tubes

are unacceptable

Testosterone, Total by LC/MC

Test Code: TESTTz

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 15983

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Red Top 1

Collect blood in a red-top tube (no gel). Serum separator tubes *Appropriate for use on pediatric and female patients*

Testosterone, Total Males

Test Code: TESTMFz

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 19958

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 SST 1

NOTE: When requesting Total Testosterone for pediatric and female patients, please refer to Testosterone, Total,

LC/MS/MS, test code 15983.

Tetanus Antitox & Diptheria

Test Code: *TETDTGz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34042



Turn-around-time:

Special Instructions: 2 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

34042

Diphtheria and Tetanus Antitoxoids

Serum

Red-top (no gel); SST (red-top)

2 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship refrigerated

Tetanus Antitoxoid

Test Code: *TETABz* CPT:86774

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4862

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 0.5

CPT: 86774

4862

Tetanus Antitoxoid

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship refrigerated

Theophylline Level

Test Code: *THEOz* CPT:80198

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 878

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)

0-100 Red (No Gel) 1

878

Theophylline (6311)

Serum

Red-top (no gel); No additive (royal blue-top); EDTA (royal blue-top); Sodium heparin (green-top); EDTA (lavender-top); Lithium heparin (green-top); Fluoride/Oxalate (gray-top); Sodium

heparin (royal blue-top); Sodium heparin lead-free (tan-top)

1 mL

Room Temp: 6 Days , Refrig: 7 Days , Frozen: 90 Days

Ship room temp

Collect 1 mL serum from a red-top tube (no gel) (preferred) Serum separator tubes (SS) are not acceptable Place in a sterile, screw-capped vial and ship room temperature Frozen

samples are acceptable Collect just prior to next dose

St. Joseph Health St. Joseph · Redwood Memorial

LABORATORY INFORMATION MANUAL

Therapeutic Apheresis

Test Code: THERP

CPT:

Dept: Blood Bank Ref/Misc Testing Prefix: BZ

Turn-around-time:

Results Pending

Age (Y) 0-100

ThinPrep Pap

Test Code: TPPAP

CPT:

Dept: PTH

Prefix: P

Turn-around-time:

Age (Y) 0-100 Container PTH

.00 F

4/3/13- SRS - built for ordering a pathology specimen in lab

ThinPrep Pap W/ CT/NG DNA SDA

Test Code: TPPAPCT

Prefix: P

Turn-around-time:

Dept: PTH

Age (Y) 0-100

CPT:

CPT:

Container

PTH

4/3/13- SRS - built for ordering a pathology specimen in lab

ThinPrep Pap W/ HPV DNA

Test Code: *TPPAPHPV*

Dept: PTH Prefix: P

Turn-around-time:

Age (Y) Container

0-100 PTH

4/3/13- SRS - built for ordering a pathology specimen in lab

ThinPrep Pap W/RFL HPV DNA

Test Code: *TPRHPV* CPT:

Dept: PTH Prefix: P

Turn-around-time:

<u>Container</u>

0-100 PTH

4/3/13- SRS - built for ordering a pathology specimen in lab

Age (Y)

ThnPrPapW/HPV DNACT/NG DNA SDA

Test Code: *TPHPVCT* CPT:

Dept: PTH Prefix: P

Turn-around-time:

Age (Y) Container



0-100 PTH

4/3/13- SRS - built for ordering a pathology specimen in lab

ThnPrPapW/RFL HPV/CT/NG,DNASDA

Test Code: *TPRHPVCT* CPT:

Dept: PTH Prefix: P Turn-around-time:

> Age (Y) Container 0-100 PTH

4/3/13- SRS - built for ordering a pathology specimen in lab

Thyr Peroxidase, Thryoglob Ab

Test Code: *THPGABz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 7260

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 3

7260

Thyroid Peroxidase and Thyroglobulin Antibodies

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 14 Days , Frozen: 1 Year

Ship room temperature (Okay to thaw)

Thyroglobulin Panel

Test Code: *THGPANz* CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 30278

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

CPT: 84432; 86800

30278

Thyroglobulin Panel

Serum

Red-top (no gel); SST (red-top)

2 mL (min 1 mL)

Room Temp: 14 Days , Refrig: 14 Days , Frozen: 60 Days

Ship room temperature (Okay to thaw)

Thyroglobulin Antibody

Test Code: *THABz* CPT:86800

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 267

Turn-around-time:



1 mL S REF Special Instructions:

> Container Volume (mLs) Age (Y) 2

0-100 Serum Separator Tube

267

Thyroglobulin Antibody

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 14 Days , Refrig: 14 Days , Frozen: 60 Days

Ship room temperature (Okay to thaw)

Thyroid Stimul Horm, 3rd Gen

Test Code: *TSH* CPT:84443 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

CPT: 84443

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

Thyroid Stimulating Imm

Test Code: TSIz CPT:84445

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 30551

Turn-around-time:

Special Instructions: 1 mL S REF

> Age (Y) **Container** Volume (mLs) 0-100 Serum Separator Tube 0.5

CPT: 84445 30551

TSI (Thyroid Stimulating Immunoglobulin)

Serum

Red-top (no gel); SST (red-top); Red-top (no gel); SST (red-top)

Room Temp: Unacceptable , Refrig: 21 Days , Frozen: 60 Days

Ship refrigerated (Okay to thaw) Specimen Requirements: 1 mL (02 mL minimum) serum No other acceptable specimens

Thyrotropin-Binding Inhibitor

Test Code: TBIIz

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 5738

Turn-around-time:

1 mL S REF Special Instructions:

> <u>Age (Y)</u> **Container** Volume (mLs) 0-100 Serum Separator Tube 0.5

St. Joseph Health St. Joseph · Redwood Memorial

LABORATORY INFORMATION MANUAL

5738

TBII (Thyrotropin-Binding Inhibitory Immunoglobulin)

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

1 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated (Okay to thaw)

Thyroxine Binding Globulin

Test Code: *TBGz* CPT:84442

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 870X

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

CPT: 84442

870X

TBG (Thyroxine Binding Globulin)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 7 Days , Frozen: 28 Days

Ship room temperature (Okay to thaw)

Tick ID w/Rflx to Lyme Dis DNA

Test Code: TICKZ CPT:8716890

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 90558

Turn-around-time:

Special Instructions: TICKz: Sterile cup w/70% ethanol to cover, paraffin wrap

Age (Y) Container
0-100 Sterile Cup (MIC)

90558

Tick ID w/Rflx to Lyme Disease DNA, Deer Tick

Deer tick in 70% ethanol

Room Temp: 14 days , Refrig: 14 Days , Frozen: unacceptable

Ship room temperature

No alternate specimen type available

Rejection criteria: Specimen other than listed Frozen samples Dried samples Ticks received in any other preservative other

than 70% ethanol not acceptable

ADDTL TEMP : Shipping refrigerated acceptable; Shipping frozen

unacceptable

USE: Lyme disease borreliae (Borrelia burgdorferi) are

transmitted to humans most commonly by Ixodes ticks During a blood meal, B burgdorferi migrate to the salivary glands where

transmission to humans occurs, generally after at least 36 hours of attachement Ticks with potential of carrying B burgdorferi

may be tested by molecular methods to assess the risk of

transmission

Tissue Pathology

St.JosephHealth

LABORATORY INFORMATION MANUAL

Test Code: *PATHOV* CPT:

Dept: PTH Prefix: P Turn-around-time:

Age (Y) Container 0-100 PTH

4/3/13- SRS - built for ordering a pathology specimen in lab

Tissue Transglutaminase, IgA

Test Code: TTGABz CPT:83516

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8821

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

CPT: 83516

8821

Tissue Transglutaminase Antibody (IgA)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

Grossly hemolyzed specimens are unacceptable Avoid lipemia

Tissue Transglutaminase, IgG

Test Code: TTGGZ CPT:83516

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 11070

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 0.5

11070

Tissue Transglutaminase Antibody (IgG)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

Tobramycin, Peak

Test Code: *TOBRP* CPT:80200

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 0.5

IV administration only - specimen should be collected 30 minutes after infusion of medication is complete

Tobramycin, Random

St.JosephHealth

LABORATORY INFORMATION MANUAL

0.5

Test Code: TOBR

CPT:80200

Dept: Chemistry

Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs) Green Li Heparin PST 0-100

Tobramycin, Trough

Test Code: TOBRT CPT:80200

Dept: Chemistry

Prefix: C

Turn-around-time:

Volume (mLs) <u>Age (Y)</u> Container 0-100 Green Li Heparin PST 0.5

Specimen should be collected 5 - 30 minutes prior to medication administration

Topiramate

Test Code: TOPIz CPT:80201

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 30965

Turn-around-time:

1.0 mL; 1.0 mL S or PL REF * Special Instructions:

Container Volume (mLs) Age (Y) 0-100 Red (No Gel) 1.5

30965 **Topiramate** Serum; Plasma

Red-top (no gel); No additive (dark blue-top); Lithium heparin (green-top); Sodium heparin (green-top); Sodium heparin lead-free

(tan-top) 10 mL; 10 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature; Ship room temperature

Draw at peak (2-4 hours after dose) or trough (05-1 hour before dose) at steady state Do not use gel barrier/Serum Separator

tubes

Torch Panel Acute

Test Code: TORGMZ CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 6444

Turn-around-time:

Special Instructions: 3 mL S REF

Volume (mLs) Age (Y) **Container** 0-100 Serum Separator Tube 3.5

6444

Torch Panel, Acute

Serum

Red-top (no gel); SST (red-top)

2 mL



Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days Ship room temperature

Total Protein

Test Code: *TP* CPT:84155 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Total Protein, Body Fl

Test Code: *PROFL* CPT:84157

Dept: Chemistry Fluids Prefix: CF

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Total Protein, CSF

Test Code: *PROCSF* CPT:84157

Dept: Chemistry Fluids Prefix: CF

Turn-around-time:

Special Instructions: NQML: TPCSF: CSF Sterile #'d tubes, use tube #1

Age (Y) Container Volume (mLs)

0-100 CSF Tube (MIC) 1

Total Protein, Pericardial Fl

Test Code: *TPPCF* CPT:84157

Dept: Chemistry Fluids Prefix: CF

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Total Protein, Peritoneal Fl

Test Code: *TPPTF* CPT:84157

Dept: Chemistry Fluids Prefix: CF

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Total Protein, Pleural Fl

Test Code: *PROTPLFL* CPT: Dept: Chemistry Fluids Prefix: CF

Turn-around-time:



Age (Y) Container Volume (mLs)
0-100 GRN-BLK LiHep NO Gel 1

Total Protein, Ur 24hr Quant

Test Code: *PROTU24* CPT:84156 Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)

1

0-100 24 Hour Urine Container

Total Protein, Urine

Test Code: *PROTU* CPT:84156
Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Urine Sterile Cup 0.5

Toxocara Ab, Ser by ELISA

Test Code: TOXABZ CPT:86682

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34304X

Turn-around-time:

Special Instructions: 1 mL S REF *

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 3.5

34304X

Toxocara Antibody, ELISA (serum)(40945)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship refrigerated or frozen

Toxoplasma Ab, IgG

Test Code: *TOXABGZ* CPT:86777

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 3679

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

0-100 Serum Separa

3679

Toxoplasma Antibody (IgG)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days



Ship room temperature

Toxoplasma Ab, IgG,M

Test Code: TOXPz CPT:

Prefix: Z Dept: Reference Quest Diagnostics Nichols Inst 8636

Turn-around-time:

Special Instructions: 1 mL S REF

> Age (Y) Container Volume (mLs) 0.5

Serum Separator Tube 0-100

8636

Toxoplasma Antibodies (IgG,IgM)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

Toxoplasma Ab, IgM

Test Code: TOXABMZ CPT:86778

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37207

Turn-around-time:

1 mL S REF Special Instructions:

> Age (Y) **Container** Volume (mLs) 0-100 0.5 Serum Separator Tube

37207

Toxoplasma Antibody (IgM)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

TPMT Genotype

Test Code: TPMTGEz CPT:81401

Dept: Reference Microbiology Quest Diagnostics Nichols Inst 37742Z Prefix: ZM

Turn-around-time:

Special Instructions: 5 mL WB ASAP REF *

> Container Volume (mLs) Age (Y)

0-100 Lavender 3

37742Z

TPMT Genotype

Whole blood

EDTA (lavender-top); EDTA (royal blue-top); Sodium heparin (green-top); ACD solution B (yellow-top); ACD solution A

(yellow-top); Lithium heparin (green-top)

5 mL

Room Temp: 8 Days , Refrig: 8 Days , Frozen: Unacceptable

Ship room temperature

Whole blood: Normal phlebotomy procedure Specimen stability is

crucial Store and ship ambient immediately Do not freeze



Transferrin

Test Code: TRANS

CPT:84466

Dept: Chemistry

Prefix: C

Turn-around-time:

Age (Y) **Container** 0-100 Green Li Heparin PST Volume (mLs) 0.5

Trichinella, IgG

Test Code: TABGz

CPT:86784

Dept: Reference

Prefix: Z Quest Diagnostics Nichols Inst 34321X

Turn-around-time:

Special Instructions:

1 mL S REF *

<u> Age (Y)</u> 0-100

Container Serum Separator Tube Volume (mLs) 0.5

34321X

Trichinella IgG Antibody, ELISA (40990)

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature Ship refrigerated or frozen

Trichomonas vaginalis PCR

Test Code: TRICPCR

Dept: LAB Module Microbiology Tests

Prefix: LM

Turn-around-time:

Age (Y) 0-100

Container

Volume (mLs)

30

Special

0-100 0-100 First Morning Urine

Aptima Swab

0-100

Thin Prep Preservcyt

First morning "dirty" catch Urine or no void within 4 hours

4

Triglyceride

Test Code: TRIG

CPT:84478

Dept: Chemistry

Prefix: C

Turn-around-time:

<u>Age (Y)</u>

Container

Volume (mLs)

0-100

Green Li Heparin PST

0.5

Triglyceride, Body Fl

Test Code: TRIGFL

CPT:84478

Dept: Chemistry Fluids Prefix: CF

Turn-around-time:

Age (Y) 0-100

Container Special Container Volume (mLs)

1

Revised: June 18, 2020

280

St. Joseph Health

LABORATORY INFORMATION MANUAL

Troponin I

Test Code: TROPI CPT:84484

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

Trypsin

Test Code: TRYSz CPT:83519

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 30329X

Turn-around-time:

Special Instructions: 1 mL S RT

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

30329X Trypsin Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

1 mL

Rejection Criteria: Grossly lipemic

Room Temp: 7 Days , Refrig: 7 Days , Frozen: 28 Days

Ship room temperature (Okay to thaw)

Tryptase

Test Code: TRYPz CPT:83520

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34484

Turn-around-time:

Special Instructions: 0.5 mL S ASAP REF *

Age (Y) Container Volume (mLs)

0-100 Red (No Gel) 1.5

CPT: 83520 34484 Tryptase Serum

Red-top (no gel); No additive (royal blue-top); EDTA

(lavender-top)

1 mL (05 mL minimum)

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated

Rejection Criteria: hemolysis; postmortem sample; plasma

Separate serum from cells as soon as possible

Type and Screen



Test Code: *TS* CPT:

Dept: Blood Bank Testing Prefix: BB Turn-around-time: Results Pending

Age (Y) 0-100

Ur Streptococcus pneumoniae Ag

Test Code: *SPNEUMAGU* CPT:

Dept: Immunology Prefix: IM

Turn-around-time:

Special Instructions: Room Temp <24 hours or Refrigerate up to 14 days.

Age (Y) Container
0-100 Urine Sterile Cup

Urea Nitrogen Clearance 24 Hr

Test Code: *UREACL* CPT:84545
Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container

0-100 24 Hour Urine Container

Urea Nitrogen, Bld

Test Code: *BUN* CPT:84520 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 0.5

Urea Nitrogen, Ur

Test Code: *UREAU* CPT:84540 Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Urine Sterile Cup 0.5

Urea Nitrogen, Ur 24 hr Quant

Test Code: *UREANITU24* CPT:84540

Dept: Chemistry Urinalysis Prefix: CU

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 24 Hour Urine Container 1



Uric Acid

Test Code: URICA

CPT:84550

Dept: Chemistry

Prefix: C

Turn-around-time:

Age (Y) <u>Container</u> 0-100 Green Li Heparin PST Volume (mLs) 0.5

CPT: 84550 QUEST#905

Uric Acid, Synovial Fl

Test Code: *URACFz*

CPT:84560

Dept: Reference Fluid Prefix: ZF

Quest Diagnostics Nichols Inst 4403

Turn-around-time:

Special Instructions:

1 mL SYNOV FLD REF

Age (Y) 0-100 <u>Container</u> Sterile Vial/Tube

Volume (mLs)

2

4403

Uric Acid, Synovial Fluid

Synovial fluid

Sterile transport tube

1 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 28 Days

Ship refrigerated (Okay to thaw)

Urine Drug Screen

Test Code: *UDS*

Dept: Chemistry Urine

Prefix: CU

Turn-around-time:

1 hour Age (Y)

<u>Container</u>

Volume (mLs)

0-100

Urine Container 10

Urine drug testing is performed to detect the use of prescription medications and illegal substances of concern for the purpose of medical treatment. This screening assay may cross-react with some substances and produce false-positive results and is not able to detect some substances producing false negative results. Therefore clinical correlation to assess the need for confirmatory testing is recommended. Some seizure medications are known to cross-react with the PCP assay. Oxycontin use is often undetected (false negative) on the opiate screening assay.

Valproic Acid, (Depakene)

Test Code: VALP CPT:80164

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 0.5



Vancomycin, Peak

Test Code: VANCP CPT:80202

Dept: Chemistry
Turn-around-time:

/ Prefix: C

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 0.5

IV administration only - specimen should be collected 30 minutes after infusion of medication is complete

Vancomycin, Random

Test Code: VANC CPT:80202

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 0.5

Vancomycin, Trough

Test Code: VANCT CPT:80202

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 0.5

Specimen should be collected 5 - 30 minutes prior to medication

<u>administration</u>

Varicella-Zoster Ab, IgM EIA

Test Code: VZVIGMz CPT:86787

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 8683

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 2

CPT: 86787

8683

Varicella-Zoster Virus Antibody (IgM)

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship room temperature

Varicella-Zoster Ag, by DFA

Test Code: VZVAGZ CPT:87290

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 3650

Turn-around-time:

Special Instructions: Lesion Swab Kit provided by Lab



Age (Y) Container Volume (mLs)

0-100 Universal Transport Media 1

COLLECTION NOTES: To maintain optimum viability, place swab or fluid into VCM equal volumes of fluid and VCM) or equivalent and transport the specimen to the laboratory as soon as possible

REJECTION CRITERIA: Room temp or frozen Storage or transport at

-20 degrees C is not acceptable

LAB NOTES: Raw (unpreserved) samples should be refrigerated

only

Varicella-Zoster DNA, PCR

Test Code: VZVPCRz CPT:87798

Dept: Reference Microbiology Prefix: ZM Quest Diagnostics Nichols Inst 34052X

Turn-around-time:

Special Instructions: VZVPCRz: 1(0.3)ml WB-Rf

Age (Y) Container Volume (mLs)

0-100 Lavender 3

ALTERNATE CONTAINERS: Yellow-top; Swabs (dry or in M4 Medium) are acceptable and include eye swab, nasopharyngeal swab, throat

swab, and lesion CSF in sterile container

COLLECTION NOTES:

REJECTION CRITERIA: Frozen whole blood is not acceptable

LAB NOTES:

SPECIMEN STABILITY: Room temp: 48hrs; Refrig: 8 days; CSF only

frozen 30 days

Varicella-Zoster DNA, PCR Quan

Test Code: VZVPz CPT:8779990

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 19493

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Special Container 0.5

19493

Varicella Zoster Virus (VZV) DNA, Quantitative Real-Time PCR

(45200)

CSF; Bronchial lavage/wash; Swab; Whole blood

Sterile screw cap container; Sterile screw cap container; Multi

Microbe Media (M4); V-C-M medium (green-cap) tube or equivalent

(UTM); EDTA (lavender-top); ACD solution A (yellow-top); ACD

solution B (yellow-top)

07 mL; 07 mL; ; 07 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days ;

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days ;

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days ;

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: Unacceptable

Ship refrigerated (Okay to thaw)

Vasoactive Intest Peptide

Test Code: VIPZ CPT:84586

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 920

St.JosephHealth

LABORATORY INFORMATION MANUAL

Turn-around-time:

Special Instructions: 3 mL PL ASAP FRZ *

Age (Y) Container Volume (mLs)
0-100 Lavender Frozen 1.5

920

Vasoactive Intestinal Polypeptide (VIP)

Plasma

EDTA (lavender-top); EDTA/Aprotinin

3 mL

Room Temp: Unacceptable , Refrig: Unacceptable , Frozen: 90 Days

Ship frozen

REJECT CRIT: Gross hemolysis; Gross lipemia

FASTING REQUIRED (8 hours), Spin down, freeze 1 mL of EDTA plasma immediately in plastic vial and cond freezen CAUTIONS: This tast

immediately in plastic vial and send frozen CAUTIONS: This test

should not be requested on patients who have recently received radioactive material (radioisotopes) therapeutically or

diagnostically, because of potential assay interference A

recommended time period before collection cannot be made because

it will depend on the isotope administered, the dose given and the clearance rate in the individual patient Specimens will be

screened for radioactivity prior to analysis Radioactive samples

received in the laboratory will be held and assayed after the radioactivity has sufficiently decayed This will result in a

test delay

VDRL, CSF

Test Code: *VDRLCSFz* CPT:86592

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 4128

Turn-around-time:

Special Instructions: 1 mL CSF REF

 Age (Y)
 Container
 Volume (mLs)

 0-100
 CSF Tube (MIC)
 0.29999999999

999999

CPT: 86592

4128

VDRL, CSF

CSF

Sterile screw cap container

1 mL

Room Temp: 4 Days , Refrig: 14 Days , Frozen: 6 Months

Ship refrigerated

VGCC Antibody Assay

Test Code: VGCCz CPT:83519

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 34057

Turn-around-time:

Special Instructions: 1 mL S REF

Age (Y) Container Volume (mLs)

0-100 Serum Separator Tube 1

34057



Voltage-Gated Calcium Channel (VGCC) Antibody Assay

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 24 Hours , Refrig: 7 Days , Frozen: 35 Days

Ship refrigerated (Okay to thaw)

Viscosity, Ser

Test Code: VISCz CPT:85810

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 918

Turn-around-time:

Special Instructions: 2 mL S REF

Age (Y) Container Volume (mLs)
0-100 Serum Separator Tube 0.5

918

Viscosity, Serum

Serum

Red-top (no gel); SST (red-top/glass); SST (red-top/plastic)

2 mL

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 6 Months

Ship room temperature (Okay to thaw)

Vitamin A (Retinol)

Test Code: VITAz CPT:84590

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 921

Turn-around-time:

Special Instructions: 2 mL S PROT LIGHT REF *

Age (Y) Container Volume (mLs)
0-100 Red Prot-Light 2

CPT: 84590

921

Vitamin A (Retinol)

Serum

Red-top (no gel); SST (red-top/glass); SST (red-top/plastic)

2 mL

Room Temp: 24 Hours , Refrig: 7 Days , Frozen: 28 days

Ship refrigerated (Okay to thaw)

Send serum in an amber tube If amber tube is not available, wrap tube in aluminum foil to protect from light Overnight fasting is

preferred

Vitamin B1 Thiamine, Bld

Test Code: VITB1z CPT:84425

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 90353

Turn-around-time:

Special Instructions: 2 mL PL PROT LIGHT ASAP FRZ *

Age (Y) Container Volume (mLs)
0-100 Lavender WB Frzn Prot-Light 3

90353

Vitamin B1 (Thiamine), LC/MS/MS

St. Joseph Health

LABORATORY INFORMATION MANUAL

Plasma

EDTA (lavender-top); Red-top (no gel)

2 mL

Room Temp: 8 Hours , Refrig: 48 Hours , Frozen: 35 Days

Ship frozen (Do not thaw)

Preferred: 2 mL (1 mL minimum) frozen plasma collected in an EDTA

(lavender-top) tube protected from light

Reject Criteria: Received room temperature; received

refrigerated; hemolysis; lipemia

Protect from light

Plasma:

Collect blood in a Lavender top tube Remove plasma within 4 hours of collection and transfer to a light protected pour off tube If separation of cells cant be performed immediately after collection, keep the whole blood refrigerated and protected from light The separation of cells must be completed within 4 hours of collection Separate cells by centrifugation at 2-8 C for 8-10 minutes Transfer plasma to amber tube to protect from light and freeze tube immediately Alternately, neutral colored tubes can be used if wrapped in aluminum foil Ship frozen tubes at -10 to -30 C

Vitamin B1 Thiamine, Bld

Test Code: VB1Wz CPT:84425

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 5042

Turn-around-time:

Special Instructions: Lavender WB Frzn Prot-Light 2 mL F(FRZ) *

Age (Y) Container Volume (mLs)

0-100 Lavender WB Frzn Prot-Light 3

5042

Vitamin B1 Thiamine, Bld

Whole Blood

2 mL

Room temperature: 72 Hours Refrig: 5 Days Frozen: 35 Days

Ship frozen

REJECT CRIT: Received room temp and not protected from light;

Received refrigerated and not protected from light Protect from light Transfer whole blood to amber

plastic transport tube If amber tube is not available, wrap tube

in aluminum foil to protect from light Freeze immediately

Overnight fasting is required

Vitamin B12 Level

Test Code: *B12* CPT:82607 Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)
0-100 Green Li Heparin PST 0.5

LAB NOTES: High doses of Biotin may interfere with assay. See Notification, page 12.

Vitamin B2 Riboflavin, Bld

St.JosephHealth

LABORATORY INFORMATION MANUAL

Test Code: *VB2z* CPT:84252

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36399

Turn-around-time:

Special Instructions: 2 mL PL PROT LIGHT FRZ *

Age (Y) Container Volume (mLs)

3

0-100 Lavender WB Frzn Prot-Light

36399

Vitamin B2 (Riboflavin), Plasma

Plasma

EDTA (lavender-top)

2 mL

Room Temp: 4 Hours , Refrig: 24 Hours , Frozen: 30 Days

Ship frozen (Do not thaw)
Patient Preparation:

Overnight fasting is required Avoidance of vitamin supplements

for 24 hours prior to collection is preferred

Pour plasma into an amber transport tube (preferred) or transport

tube wrapped in aluminum foil to protect from light

Vitamin B3

Test Code: VITB3z CPT:84591

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 91029

Turn-around-time:

Special Instructions: 2 mL S FRZ *

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) Frozen 3

91029 Vitamin B3 Serum

Red-top (no gel); EDTA (lavender-top)

2 ml

Room Temp: Unacceptable , Refrig: Unacceptable , Frozen: 30 Days

Ship frozen (Do not thaw)

Separate serum or plasma from cells and submit in plastic

screw-cap vial

Vitamin B6, Plasma

Test Code: VB6Pz CPT:84207

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 926

Turn-around-time:

Special Instructions: 1 mL PL PROT LIGHT ASAP FRZ *

Age (Y) Container Volume (mLs)
0-100 Lavender Prot-Light 2

926

Vitamin B6, Plasma

Plasma

EDTA (lavender-top)

1 mL

Room Temp: 6 Hours , Refrig: 12 Hours , Frozen: 6 Days, -70

degrees Celsius: 42 days



Ship frozen (Do not thaw)

Reject Criteria: Received room temperature; received

refrigerated; hemolysis; lipemia

Patient Preparation:

Overnight fasting is required

Separate cells within 6 hours by centrifugation at 2-8 C (2200-2500 rpm, 800-1000g) for 5-10 minutes Transfer plasma to an amber polypropylene or polyethylene transport tube to protect from light Alternately, neutral color polypropylene or polyethylene tubes can be used if wrapped in aluminum foil

Freeze the tubes at -10 to -30 C Ship frozen

Vitamin C

Test Code: VCz CPT:82180

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 929

Turn-around-time:

Special Instructions: 2 mL S FRZ *

Age (Y) Container Volume (mLs)
0-100 SST Frozen-Prot Light 1

929 Vitamin C Serum

Red-top (no gel); SST (red-top)

2 mL

Room Temp: Unacceptable , Refrig: Unacceptable , Frozen: See

Instructions

Ship frozen (Do not thaw)

Collect blood in a plain red-top tube Allow to clot at room temperature (20-25 C) for 20-30 min Centrifugation at 1000 g (2000-2200 rpm) and at 2-8 C for 8-10 min Aliquot the serum into an amber polypropylene or polyethylene tube to protect sample from light Alternatively, neutral color polypropylene or polyethylene tube wrapped in aluminum foil can be used Neutral color tubes must be wrapped in aluminum foil Cap securely Serum must be prepared and stored in dry ice within 3 hours of sample collection Do not thaw Overnight fasting is preferred Patient should refrain from taking vitamin C supplements or fruits 24 hours prior to sample collection

Vitamin D Total 25-Hydroxy

Test Code: VITD CPT:82306

Dept: Chemistry Prefix: C

Turn-around-time:

Age (Y) Container Volume (mLs)

0-100 Green Li Heparin PST 1

Vitamin D,1,25-Dihydroxy

Test Code: VITDOHz CPT:82652

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 16558

Turn-around-time:

Special Instructions: Serum 1 mL R(REF)*

Age (Y) Container Volume (mLs)



0-100 Red (No Gel) 3.5

16558

Vitamin D, 1,25-Dihydroxy, LC/MS/MS

CPT: 82652 Serum

Red-top (no gel) (preferred, SST (red-top)

1 mL

Room Temp: 28 Days, Refrig: 28 Days, Frozen: 28 Days

Ship room temperature

REJECT CRIT: Gross hemolysis; Lipemia; Icteric specimens; Plasma INSTRUCTION: Collect blood in a non-gel barrier red-top tube Allow blood to clot (30 minutes) at room temperature Centrifuge and separate the serum from the cells

Note: If sample is submitted with less than 11 mL and needs to be repeated, the sample will be canceled with the comment

TNP-Initial testing necessitated a repeat, but there was

insufficient sample to perform repeat

Vitamin E (Tocopherol)

Test Code: VITEz CPT:84446

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 931

Turn-around-time:

Special Instructions: 2 mL S PROT LIGHT REF *

Age (Y) Container Volume (mLs)
0-100 Red Prot-Light 2

CPT: 84446

931

Vitamin E (Tocopherol)

Serum

Red-top (no gel); SST (red-top/plastic); SST (red-top/glass)

 $2 \, mL$

Room Temp: 24 Hours , Refrig: 7 Days , Frozen: 28 days

Ship refrigerated (Okay to thaw)

Send serum in an amber tube If amber tube is not available, wrap tube in aluminum foil to protect from light Overnight fasting is

preferred

Vitamin K

Test Code: VITKz CPT:84597

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36585

Turn-around-time:

Special Instructions: 4 mL PL PROT LIGHT ASAP FRZ *

Age (Y) Container Volume (mLs)
0-100 Green Frozen 4

CPT: 84597 36585 Vitamin K Plasma

Sodium heparin (green-top); Lithium heparin (green-top)

4 mL



Room Temp: Unacceptable , Refrig: Unacceptable , Frozen: 90 Days

Ship frozen (Do not thaw)

Separate and freeze immediately in plastic vial Wrap tube in aluminum foil to protect from light Overnight fasting is

preferred

VMA, Ur

Test Code: VMARz CPT:

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 1710

Turn-around-time:

Urine Sterile Cup 10 mL R(REF) * Special Instructions:

> Volume (mLs) Age (Y) Container 1

0-100 Urine Sterile Cup

1710

VMA (Vanillylmandelic Acid), Random Urine

Random urine with 6N HCL Sterile screw cap container

10 mL

Room Temp: 10 Days , Refrig: 14 Days , Frozen: 1 Year

Ship room temperature (Okay to thaw)

REJECTION CRITERIA: pH>30 received unfrozen

10 mL urine: ph adjusted to <30 using 6N HCL Urine without preservative is acceptable if pH is below 6 and the sample is shipped frozen It is preferable for the patient to be off

medications for three days prior to collection However, common antihypertensives (diuretics, ACE inhibitors, calcium channel blockers, alpha and beta blockers) cause minimal or no interference Patient should avoid alcohol, coffee, tea, tobacco (including use of nicotine patch), bananas, citrus fruits and

strenuous exercise prior to collection

VMA, Ur 24hr wo Creat

Test Code: VMA24z CPT:84585

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 934X

Turn-around-time:

Special Instructions: 24 Hour Urine Container 10 mL R(REF) *

> Age (Y) Container Volume (mLs)

0-100 24 Hour Urine Container 5

934X

VMA, 24-Hour Urine (without Creatinine)

24-hour urine

24-hour urine container; 25 mL 6N HCl

Room Temp: 10 Days , Refrig: 14 Days , Frozen: 1 Year

Ship room temperature (Okay to thaw) REJECT CRITERIA: pH>30 received unfrozen

10 mL urine: ph adjusted to <30 using 6N HCL Urine without preservative is acceptable if pH is below 3 and the sample is

shipped frozen It is preferable for the patient to be off

medications for three days prior to collection However, common

antihypertensives (diuretics, ACE inhibitors, calcium channel

blockers, alpha and beta blockers) cause minimal or no

interference Patient should avoid alcohol, coffee, tea, tobacco



(including use of nicotine patch), bananas, citrus fruits and strenuous exercise prior to collection

Von Willebrand Factor Antigen

Test Code: VWFAGZ CPT:85246

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 4919

Turn-around-time:

Special Instructions: 1 mL PL ASAP FRZ *

Age (Y)ContainerVolume (mLs)0-100Blue (Sodium Citrate) Frozen2.70000004768

37198

4919

von Willebrand Factor Antigen

Plasma

32% Sodium Citrate (It blue-top)

1 mL

Room Temp: 8 Hours , Refrig: 24 Hours , Frozen: 30 Days

Ship frozen (Do not thaw)

Platelet-poor plasma: Centrifuge light blue-top tube for 15 minutes at approximately 1500 g within 60 minutes of collection Using a plastic pipette, remove plasma, taking care to avoid the

WBC/platelet buffy layer and place into a plastic vial

Centrifuge a second time and transfer platelet-poor plasma into a new plastic vial Plasma must be free of platelets (<10,000/mcL) Freeze immediately and ship on dry ice Note: Storage of whole blood at refrigerated temperatures prior to processing may lead to cryoprecipitate formation and falsely low Factor VIII and von

Willebrand Factor studies

Voriconazole, by HPLC

Test Code: VORCz CPT:80299

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 94096

Turn-around-time:

Special Instructions: Red (No Gel) Refrigerated 2 mL R(REF) *

Age (Y) Container Volume (mLs)
0-100 Red (No Gel) 3

94096

Voriconazole, HPLC (51929)

Serum

Red-top (no gel); Sterile leak-proof container

2 mL

Room Temp: 5 Days , Refrig: 5 Days , Frozen: 30 Days

Ship Refrigerated

Serum separator tubes, other body fluids are unacceptable

WBC Count, Automated

Test Code: WBC CPT:85048

Dept: Hematology Prefix: H

Turn-around-time:

Age (Y) Container
0-100 Lavender



CPT: 85048

West Nile Virus Ab, IgG,M

Test Code: W/V/GMz CPT:

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 36596

Turn-around-time:

1 mL S REF Special Instructions:

> Container Volume (mLs) <u>Age (Y)</u> 0-100 Serum Separator Tube 0.5

36596

West Nile Virus Antibodies (IgG, IgM), Serum

Serum

Red-top (no gel); SST (red-top)

1 mL

Room Temp: 4 Days , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated

West Nile Virus Ab, IgG,M CSF

Test Code: W/V/GMFz CPT:

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 36597

Turn-around-time:

Special Instructions: 2 mL CSF REF

> **Container** Volume (mLs) <u>Age (Y)</u>

0-100 CSF Tube (MIC) 1

36597

West Nile Virus Antibodies (IgG, IgM), CSF

SPECIMEN: CSF VOLUME: 2 mL

CONTAINER: Sterile Plastic screw-Cap Container

SHIP TEMP: Ship refrigerated

SPECIMEN STABILITY

Room Temp: 7 Days , Refrig: 14 Days , Frozen: 30 Days

West Nile, RNA by PCR Qual

CPT:87798 Test Code: WNRz

Dept: Reference Fluid Prefix: ZF Quest Diagnostics Nichols Inst 17563X

Turn-around-time:

0.7 mL CSF REF * Special Instructions:

> Volume (mLs) Age (Y) Container CSF Frozen 1

0-100

17563X

West Nile Virus RNA, Qualitative Real-Time PCR (45315)

EDTA (lavender-top); ACD solution A (yellow-top); ACD solution B (yellow-top); PPT Potassium EDTA (white top); Red-top (no gel);

SST (red-top/plastic); Sterile screw cap container

07 mL

Room Temp: 48 Hours , Refrig: 7 Days , Frozen: 30 Days

Ship refrigerated (Do not thaw)

St.JosephHealth

LABORATORY INFORMATION MANUAL

Plasma: Collect blood in sterile tubes containing EDTA as anticoagulant or in Plasma Preparation Tube (PPT, preferred) Store collected whole at room temperature and separate plasma from cells within 2 hours of collection Transfer plasma to sterile, plastic, screw-capped, aliquoted tubes Do not clarify plasma by filtration or further centrifugation If blood is collected in a PPT, centrifuge within 2 hours of collection but it is not necessary to transfer plasma to aliquot tube Plasma can be shipped in PPT Serum: Collect blood in sterile tubes with no anticoagulants; serum separator tubes (SST) are recommended Allow blood to clot at room temperature and separate serum from cells within 1 hour of collection Transfer serum to sterile, plastic, screw-capped, aliquoted tubes CSF: Collect in a sterile, plastic container with a leak-proof cap

Wet Mount

Test Code: *WET* CPT:87210 Dept: Routine Microbiology Prefix: M

Turn-around-time:

Age (Y) 0-100

Zinc, Pl

Test Code: ZINPz CPT:84630

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 945

Turn-around-time:

Special Instructions: 2 mL PL REF *

Age (Y) Container Volume (mLs)
0-100 Royal EDTA 2

945 Zinc Plasma

Royal blue-top (EDTA) in trace element collection system; No

additive (royal blue-top)

2 mL

Room Temp: 5 Days , Refrig: 10 Days , Frozen: 30 Days

Ship room temperature

Separate serum or plasma from cells within two hours Transfer separated serum/plasma to a plastic acid washed or metal free

vial

Zinc, RBC

Test Code: ZNRBCz CPT:84630

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 6354

Turn-around-time:

Special Instructions: 3 mL WB AMB *

Age (Y) Container Volume (mLs)
0-100 Royal EDTA 2

6354 Zinc, RBC



Send RBCs (Not Whole Blood)

EDTA (royal blue-top); EDTA (lavender-top); Sodium heparin (green-top); Lithium heparin (green-top); Sodium heparin trace metal (royal blue-top); Sodium heparin lead-free (tan-top)

05mL (03 mL minimum) red blood cells

Room Temp: 7 Days , Refrig: 7 Days , Frozen: Unacceptable

Ship room temperature

Set up: Tues-Sat; Report available: 2-4 days

Red Blood Cells Trace Metal: 1 Use the royal blue-topped

Trace Metal evacuated tube (Becton- Dickinson catalog #367736) with EDTA for RBC trace metal testing Hemolysis is absolutely undesirable 2 Centrifuge and separate RBCs into an acid washed

plastic screw cap vial within two hours of collection

Zinc, Ur 24hr

Test Code: ZIN24Uz CPT:84630

Dept: Reference Special Prefix: ZS Quest Diagnostics Nichols Inst 946

Turn-around-time:

Special Instructions: 7 mL 24UR REF *

> Age (Y) Container Volume (mLs)

0-100 24 Hour Urine Container 3

946

Zinc, 24-Hour Urine

24-hour urine

24-hour urine container - acid washed; Metal free container

7 mL

Room Temp: 5 Days , Refrig: 14 Days , Frozen: 30 Days

Ship room temperature (Okay to thaw)

7 mL aliquot of a well mixed 24 hour urine collected in acid washed or metal free container Collect without preservative and

transport in a plastic, acid-washed, metal-free, leakproof

container Record total volume on specimen container and on test

requisition Random urine is unacceptable To avoid contamination, do not measure 24-hour volume

Zonisamide

Test Code: **ZONZ** CPT:80299

Dept: Reference Prefix: Z Quest Diagnostics Nichols Inst 37852

Turn-around-time:

Special Instructions: 1 mL S REF *

> Age (Y) Container Volume (mLs) 1.5

0-100 Red (No Gel)

37852

Zonisamide

Serum

Red-top (no gel); EDTA (lavender-top); Sodium heparin (green-top)

1 mL

Room Temp: 24 Hours , Refrig: 14 Days , Frozen: 45 Days

Ship refrigerated

Collect blood in plain red-top tube