

Transportation Guide

Cancer treatments often require many visits to medical appointments. Arranging transportation for yourself or a loved one can be challenging. The following information is meant to be a helpful guide to transportation options available in the Portland metro area.

Health Insurance Transportation Benefits: Check with your insurance provider's member services to see if your plan includes a transportation benefit.

FAMILY/FRIENDS



Friends, family members, neighbors and faith communities are potential sources for transportation assistance. Often, people want to help with transportation needs.

RIDES FOR HIRE



Many patients schedule transportation through private companies. Here are a few options:

- Cab services
- Uber or Lyft
- GoGoGrandparent.com

VOLUNTEER AND ADVOCACY ORGANIZATIONS



• Multnomah or Washington County - Ride Connection: **503-226-0700**

• Clackamas County – Transportation Reaching People, for people 60 years and older: **503-655-8208**



• Clackamas, Multnomah or Washington County – Road to Recovery through American Cancer Society: **1-800-227-2345**

• Residents of Canby – Canby Adult Center: **503-266-4022**

TRIMET PUBLIC TRANSPORTATION



- TriMet Bus Service
- TriMet MAX Light Rail
- TriMet's LIFT services is a shared-ride public transportation service for people who are unable to use regular buses or trains due to a medical condition. Regular fares apply. TriMet LIFT requires medical certification to enroll, learn more by:
 - Call for eligibility and application: **503-962-8000**
 - Clackamas County only: **503-655-8640**



Medicaid / Oregon Health Plan

No-cost transportation to and from medical appointments is available for those with Medicaid/ Oregon Health Plan insurance.

Transportation is based on counties. Call the number on the back of your health insurance card so that they may provide information on your transportation company.

RIDE TO CARE SERVICES:

Multnomah/Washington/Clackamas counties for Medicaid Health Share of Oregon Health Plan members.

1. To register for this service, call: **503-416-3955**
2. Schedule transportation within **48 hours** of an appointment.

REIMBURSEMENT:

Medicaid has a transportation reimbursement benefit, talk to your Medicaid case manager for details.

ASSISTANCE:

If you need help finding a transportation option for you, contact a Resource Specialist at **503-215-6015**.