

Lung Cancer Screening

LUNG CANCER SCREENING SAVES LIVES

Lung cancer screening helps find the disease early, even when you do not have symptoms. Talk to your doctor to see if screening is right for you.

WHO SHOULD BE SCREENED?

Current smokers or former smokers who meet these screening criteria:

- Adults aged 50 to 80 years and
- Have a 20 pack-year smoking history and
- Currently smoke or have quit within the past 15 years and
- Have no signs or symptoms of lung cancer

Lung cancer screening is recommended.
Talk to your doctor to learn more.

RISK FACTORS

TOBACCO SMOKE

In the U.S., approximately 80% of lung cancer deaths are caused by smoking.

RADON EXPOSURE

A naturally occurring gas that comes from rocks and dirt and can get trapped in houses and buildings. It is the second leading cause of lung cancer.

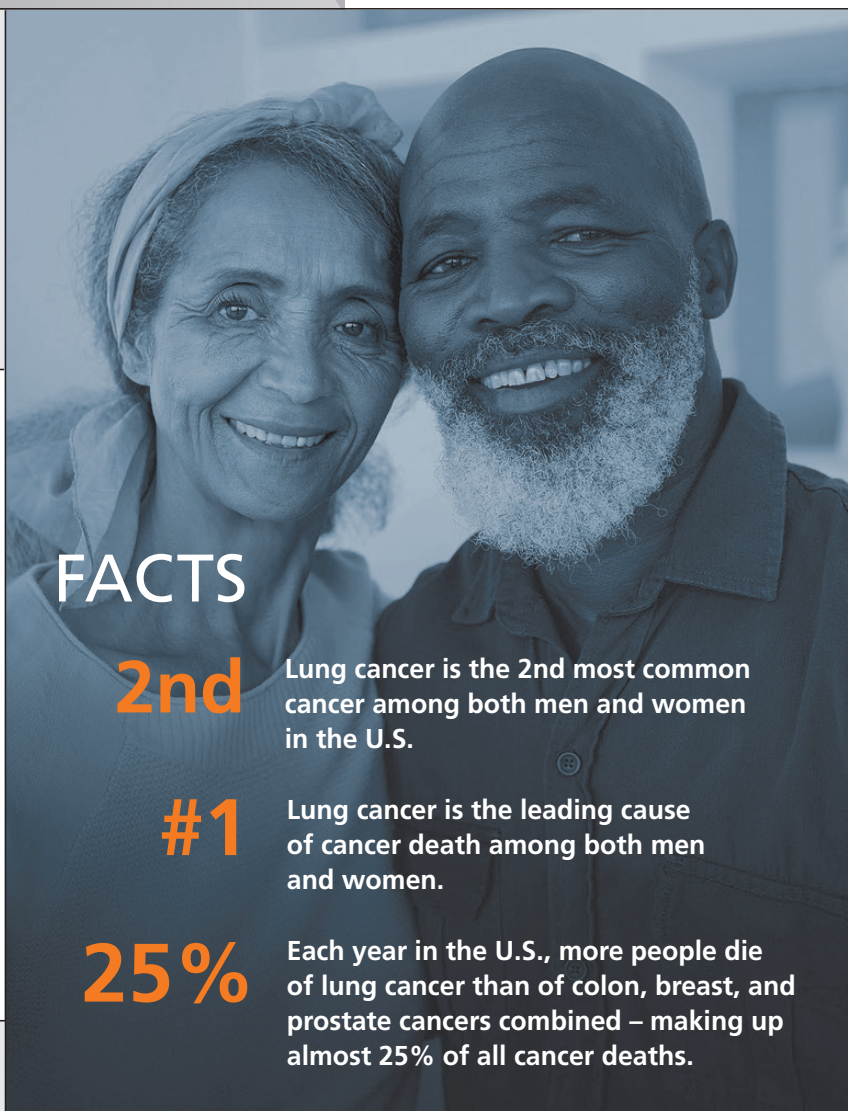
OTHER FACTORS

Secondhand smoke, and substances like asbestos, arsenic, or radiation.

FAMILY HISTORY

Your risk may be higher if your parents, brothers, sisters, or children have had lung cancer.

NOT ALL PEOPLE WHO GET LUNG CANCER SMOKE.
Talk to your doctor to help you understand your risk of lung cancer.



FACTS

2nd

Lung cancer is the 2nd most common cancer among both men and women in the U.S.

#1

Lung cancer is the leading cause of cancer death among both men and women.

25%

Each year in the U.S., more people die of lung cancer than of colon, breast, and prostate cancers combined – making up almost 25% of all cancer deaths.

REDUCE YOUR RISK

Healthy lifestyle choices may help lower your cancer risk

- DO NOT SMOKE
- AVOID SECONDHAND SMOKE
- GET YOUR HOME TESTED FOR RADON
- EAT FRUITS, VEGGIES AND WHOLE GRAINS
- EXERCISE 30 MINUTES A DAY
- AVOID OR LIMIT EXPOSURE TO CANCER-CAUSE SUBSTANCES

To learn more about lung cancer risks, prevention and screening:
providence.org/ORlungcancerscreening
503-215-6014