

Oral, Head and Neck Cancer Screening



Cancer Screening

SAVES LIVES

EARLY DIAGNOSIS can more than double your chances for survival

RISK FACTORS

TOBACCO

All tobacco products are linked to head and neck cancer

ALCOHOL

Drinking any type of alcohol raises the risk of getting cancers of the mouth, throat, and voice box

SUN EXPOSURE

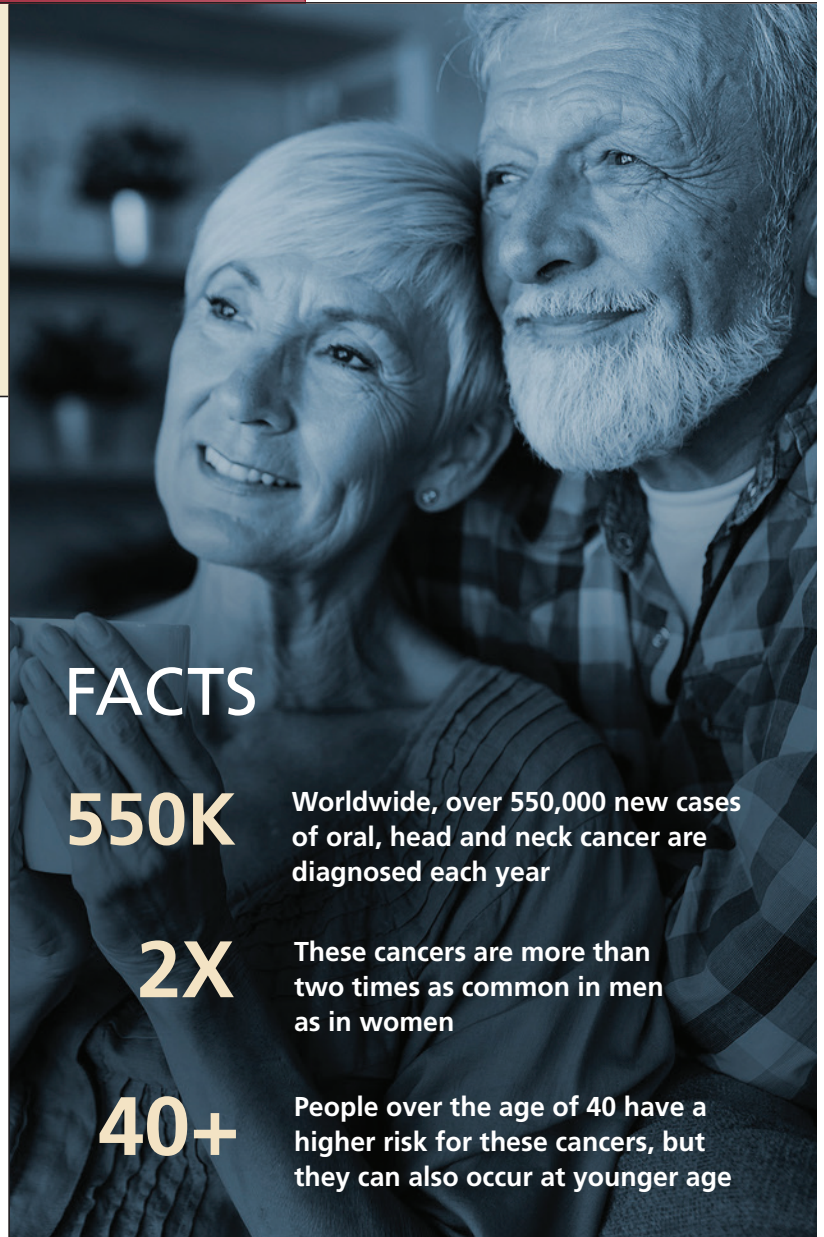
A major cause of cancer on the lips

HUMAN PAPILLOMAVIRUS (HPV) INFECTION

About 70% of cancers in the oropharynx (back of the throat, including the base of the tongue and tonsils) are linked to HPV, a common sexually transmitted virus.

EPSTEIN-BARR VIRUS EXPOSURE

Raises the risk of cancers in the nose, behind the nose, and cancers of the salivary glands



FACTS

550K

Worldwide, over 550,000 new cases of oral, head and neck cancer are diagnosed each year

2X

These cancers are more than two times as common in men as in women

40+

People over the age of 40 have a higher risk for these cancers, but they can also occur at younger age

REDUCE YOUR RISK

TALK TO YOUR DOCTOR

LIMIT ALCOHOL

DO NOT SMOKE OR USE ANY TOBACCO

UNDER AGE 46, TALK TO YOUR DOCTOR ABOUT HPV VACCINES

The HPV vaccine works best when given before any exposure to HPV.

VISIT THE DENTIST REGULARLY

These cancers may not be found until they cause problems. Sometimes changes are seen during a routine doctor / dentist visit

Source: Centers for Disease Control and Prevention and The American Cancer Society

To learn more about Oral, Head and Neck cancer screening:
providenceoregon.org/ohncancerscreening
503-215-6014