

# CANCER NUTRITION CLASS

What to eat  
during treatment



Cancer and cancer treatments can affect the way your body tolerates certain foods and uses nutrients. Maintaining good nutrition when you have cancer is important. It can help to manage side effects, speed healing, and keep up your strength and energy.



# JOIN US

Join us for a virtual nutrition class, hosted by a Registered Dietitian Nutritionist from Providence Cancer Institute. Class is open to the public at NO CHARGE.

#### TOPICS INCLUDE:

- How to manage side effects of cancer treatment
- Food safety
- Dietary supplements



Class is generally offered twice a month.

[CLICK HERE](#) or scan the QR code for schedule and registration information.

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