



Pediatric Medical Nutrition Therapy



At Diabetes, Nutrition and Health Education Services

Registered Dietitians with specialized training in pediatrics provide compassionate, evidence-based care to your youngest patients. In-person and virtual services available across Oregon and SW Washington.

Referral diagnoses may include but are not limited to:

- Picky eating
- Eating disorders
- Pediatric feeding disorder
- GI nutrition concerns
- Sports nutrition
- Growth and development concerns
- Altered nutrition-related labs
- Fatty liver
- BMI >85th percentile
- Food allergies
- Other nutrition-related concerns
- Hypertension

What can you expect from our pediatric dietitians?

- Focus on overall health, not weight or body size.
- Help families understand how food, activity, mood, and energy work together for well-being, using evidence-based recommendations.
- Support caregivers in modeling healthy habits and avoiding diet culture, trends, and fads.
- Build a trusted relationship where families can ask questions, clear up myths, and develop positive connections with food — and each other.

Contact us:

For questions about this service, please call 855-360-5456.

External providers can fax referrals to 503-215-6240.

Use Ref20H to connect your patients with our services.

Visit our website at

www.providence.org/locations/or/diabetes-and-health-education-services

