

Adult History (15+)



Name	DOB	Age	Gender
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What Concerns do you have about your health that you want to discuss today?

Has patient ever had: (circle all that Apply)

- | | | | |
|--------------------|---------------|---------------------|--------------------|
| Alcohol/Drug Abuse | Emphysema | High Blood Pressure | Pyschiatric |
| Asthma | Elipesy | High Cholesterol | Seasonal Allergies |
| Cancer | Heart disease | Infectious Disease | Stomach Disorders |
| Colitis | Headaches | Kidney Disease | Thyroid Disease |
| Diabetes | Other: | | |

General Health Questions. (please circle any you've had over the last 3 months)

- | | |
|-------------------------------------------------------------------------------|-------------------------------------------------------------|
| General: Fever, chills, weight loss/gian, night sweats | Neuro: headache, dizziness, numbness, seizures, memory loss |
| Eyes: vision loss, eye pain, discharge | Psych: Depression, anxiety, insomnia |
| ENT: ear ache, hearing loss, sore throat, congestion | Lung: cough, shortness of breath, wheezing |
| Heart: chest pain, palpitations, swollen legs | Skin: Rash, changing in skin lesions |
| Hematologic: easy bruising, enlarged lymph nodes | Endocrine: Excessive thirst, cold or hot intolerance |
| Skin: rash, itching, changing skin lesions | |
| Pelvic: Decreased libido, irregular bleeding, pain with intercourse | |
| Urinary: pain with urination, frequent urination, incontinece, blood in urine | |
| GI: Nausea, vomiting, diarrhea/constipation, blood in stool, heartburn | |

Family History:	Age(s)	Living?	Age at Death	Medical Problems
Father	_____	Y/N	_____	_____
Mother	_____	Y/N	_____	_____
Brothers	_____	Y/N	_____	_____
Sisters	_____	Y/N	_____	_____
Child(ren)	_____	Y/N	_____	_____
Maternal Grandmother	_____	Y/N	_____	_____
Maternal Grandfather	_____	Y/N	_____	_____
Paternal Grandmother	_____	Y/N	_____	_____
Paternal Grandfather	_____	Y/N	_____	_____

Please list all surgeries:

Surgery/Year

Surgery/Year

Please list all medication allergies:

Please list all medications you are currently taking: (Medication/Dose/Frequency)

Dates of your last:

Physical exam: _____

Pneumovax: _____

Blood test/cholesterol level: _____

Mammogram: _____

Colonoscopy/sigmoidoscopy: _____

Pap Smear: _____

Tetanus booster: _____

Social History

Occupation: _____

Who lives with you?: _____

Spouse/partner's Name: _____

Marital Status: S _____ M: _____ D: _____ W: _____ Other: _____

Health/Safety History

Cigarettes: Never : _____ Quit: _____ Date: _____

Diet:

Packs/day: _____ # of years: _____

Are you satisfied with your weight? Yes: _____ No: _____

Other tobacco: Pipe: _____ Cigar: _____ Snuff: _____ Chew: _____

How do you rate your diet? Good: _____ Fair: _____ Poor: _____

Are you interested in quitting? Yes: _____ No: _____

Alcohol use: Yes: _____ No: _____ #drinks/week: _____

Drug Use: Have you even used recreational

Are you or anyone else concerned about

drugs? Yes: _____ No: _____ In the last month? _____

Your alcohol use? Yes: _____ No: _____

Exercise: Do you exercise regularly? Yes: _____ No: _____

What Kind of exercise? _____

Sexual Activity: have you ever had sex? Yes: _____ No: _____

How long (minutes) _____ How often? _____

Are you currently sexually active? Yes: _____ No: _____

Sexual partner(s) is/are: _____ Male _____ female _____ both

Safety:

Birth control method: _____ None: _____

Do you use a bike helmet? Y/N

Use seatbelts consistently? Y/N

Have you ever had any sexually transmitted

Smoke detector in home? Y/N

Fire extinguisher in home? Y/N

diseases (STDs)? Yes: _____ No: _____

Have you been hit, kicked, punched or otherwise hurt by someone

Are you interested in being screened for sexually

within the past year? Y/N

transmitted diseases? Yes: _____ No: _____

Is there a partner from a previous relationship who is making you feel unsafe now? Y/N