

Providence Hospice provides expert, compassionate care for individuals as they face the end of life. Hospice services are provided in the patient's home, wherever that may be.

Your hospice team will focus on quality of life and address your needs as a whole, from managing pain and symptoms to providing emotional, social, and spiritual support.

Because each family is special, we tailor our team approach to your specific needs.

#### **Services may include:**

- Regular contact from a hospice nurse to check on you and answer questions
- Personal support from hospice aides and volunteers
- Help identifying home modifications to improve your ability to move around the house
- If desired, spiritual support provided by chaplains for people of all faiths
- Information and educational support on what to expect during this process, or even help sorting through paperwork associated with end of life from a hospice social worker
- House calls, as needed, from your hospice doctor or nurse practitioner

# Your hospice team includes:

- Your personal physician
- Board-certified hospice and palliative medicine physicians and nurse practitioners
- Hospice nurses and medical social workers
- Pharmacists
- Chaplains
- Hospice aides and volunteers
- Bereavement support staff

#### **OUR MISSION**

As expressions of God's healing love, witnessed through the ministry of Jesus, we are steadfast in serving all, especially those who are poor and vulnerable.

#### **OUR VALUES**

Compassion, Dignity, Justice, Excellence, Integrity

#### **Providence Hospice**

Portland metro: 503-215-CARE (2273)

The Dalles: 541-296-3228 Hood River: 541-387-6449

Central Willamette Valley: 503-845-2463

Southern Oregon: 541-732-6500

### Providence.org/hospice



We do not discriminate on the basis of race, color, national origin, sex, age, or disability in our health programs and activities.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (TTY: 711).

注意: 如果您講中文, 您可以免費獲得語言援助服務。請致電888-311-9127 (TTY: 711)。

HOSPICE GENERAL REV 12-18





# **Complementary therapies**

Along with all the benefits of traditional hospice service, Providence Hospice also offers complementary therapies. These services can provide additional comfort, enhance physical and emotional well-being and can be customized to fit each individual's needs.

Not all programs and services are available at all locations. Contact your local Providence Hospice program to learn which therapies are available to you.

Music-Thanatology: Certified music thanatologists use harp and voice to create an atmosphere of serenity and comfort to calm and soothe the patient. Music-thanatology can lessen pain, reduce anxiety, relieve respiratory distress and provide deep relaxation.

Acupuncture: Licensed acupuncturists can aid in controlling symptoms and pain, help release tension in tight muscles, improve circulation, and calm patients. It can also reduce stress and aid in relaxation.

Massage Therapy: Licensed therapists massage muscles and soft tissues of the body, which may promote better sleep, easier breathing, and general overall relaxation. Massage also provides a nurturing human touch and can increase circulation and range of motion in the joints.

Animal-Assisted Activities: Hospice volunteers, along with their pets, complete special certification before visiting patients. Animal visits can provide positive physical effects, such as reducing blood pressure and decreasing feelings of anxiety and isolation.



**Pet Peace of Mind:** A special program where volunteers assist hospice patients with their pet's needs. The goal is to help keep hospice patients and their pets together.

# **Eligibility for hospice services**

Hospice is designed for patients whose physicians anticipate they have a life expectancy of six months or less. Hospice services focus on comfort care and quality of life. You are welcome to talk with your doctor about hospice services.

## **Payment**

Medicare, Medicaid and most private insurance plans cover hospice services. Providence Hospice will provide services to anyone, regardless of their ability to pay. Providence Hospice can help answer any questions you may have regarding insurance coverage and charitable care. In many instances, patient medications are also paid under the hospice benefit.

## **Grief Support Services**

Providence Hospice grief support services are open to individuals who are seeking extra help as they grieve the death of a significant person in their lives. Services are available for adults, children, and families.

Services include ongoing support groups, special classes, and individual support. Providence Hospice also offers Camp Erin, a weekend-long experience designed for children and teens ages 6-17 who have experienced the death of someone close to them.

All services are free of charge. Not all services are available in all areas.

For more information or to find services available in your area, please visit our Grief Support Services webpage at ProvidenceOregon.org/griefsupport, or call the hospice program in your service area.

# **Requesting hospice care**

A physician's order is required for a patient to begin receiving hospice care. However, anyone may call for information or an informational visit. Information is also on our website, Providence.org/hospice.

We know you have a choice for hospice care. As hospice professionals, we are honored to be invited into your home at such a sacred time.

Providence Hospice is Medicare and Medicaid certified and accredited by The Joint Commission. We are members of the National Hospice and Palliative Care Organization and the Oregon Hospice and Palliative Care Association.



Providence Hospice has achieved We Honor Veterans Partner Level 4 status.

We HONOR VETERAGE