



# Stool Specimen Collection Instructions for Patients

Your doctor has ordered a lab test to be performed on a stool sample. We want to make the process as simple as possible for you.

## Collection Materials:



- Stool Collection Container(s)
- Toilet hat
- Gloves
- Wooden tongue depressor
- Bag to return specimen(s)
- Copy of your lab orders

## Collection Instructions:

- Write your name, date of birth, and the date and time of collection on the container(s)
- Place the toilet hat under the toilet seat and collect the stool, making sure not to urinate on the stool specimen
- Wearing gloves and using the wooden tongue depressor or the plastic scoop inside the container, collect a walnut sized portion of stool and place it into the container
- Tighten the cap on the container so the specimen does not leak out
- Dispose of the toilet hat, gloves, and tongue depressor or plastic scoop in your regular trash
- Remove your gloves and wash your hands thoroughly with soap and water
- Place the container into the bag for returning the specimen

## Specimen Requirements:

Container (check all that apply)	Store sample at (check one)	Delivery of specimen (check one)
<input type="checkbox"/> Formalin <input type="checkbox"/> PVA <input type="checkbox"/> Enteric Media <input type="checkbox"/> Sterile Container	<input type="checkbox"/> Room Temperature <input type="checkbox"/> Refrigerated <input type="checkbox"/> Frozen	<input type="checkbox"/> Deliver to lab within 2 hours <input type="checkbox"/> Deliver to lab within 24 hours <input type="checkbox"/> Collect in the lab

Special Handling: \_\_\_\_\_  
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