

Date: _____



Referral Form

PMH Outpatient Nutrition, Diabetes Education & Community Teaching Kitchen

Patient Information:

Name: _____ Date of Birth: _____
Address: _____
Phone (Home): _____ Phone (Work): _____

Providence Milwaukie Community Teaching Kitchen Services: Please select all that apply

Referral to PMH Outpatient Nutrition & Diabetes Education

- Medical Nutrition Therapy (Initial/Subsequent)
- Medical Nutrition Therapy (Interactive Group Cooking Course – **Culinary Nutrition**)
- Diabetes Education (**Complete page 2 for type of treatment requested**)

****Note: Traditional Medicare, only covers nutrition counseling for *diabetes and renal disease*.**

Referral to PMH Community Teaching Kitchen

- Food Insecure? (Check if yes, ICD-10 code Z59.4)

Diagnosis: Please check all that apply

- | | ICD-10 |
|--|---------------|
| <input type="checkbox"/> Abnormal Weight Gain | R 63.5 |
| <input type="checkbox"/> Anorexia Nervosa | F50.0 |
| <input type="checkbox"/> Bulimia Nervosa | F50.8 |
| <input type="checkbox"/> Other Eating Disorder | F50.9 |
| <input type="checkbox"/> Cancer (type): _____ | _____ |
| <input type="checkbox"/> Celiac Sprue | K90.0 |
| <input type="checkbox"/> CHF | I 50.20 |
| <input type="checkbox"/> DM II | E11.9 |
| <input type="checkbox"/> GERD | K21.9 |
| <input type="checkbox"/> Hypercholesterolemia | E78.0 |
| <input type="checkbox"/> Hyperlipidemia | E78.4 |
| <input type="checkbox"/> Hypertension | I10 |
| <input type="checkbox"/> Hypoglycemia | E16.2 |
| <input type="checkbox"/> Other: _____ | _____ |

MD/DO: Please adjust ICD-10 codes as needed

- | | ICD-10 |
|--|---------------|
| <input type="checkbox"/> Impaired Fasting Glucose | R73.01 |
| <input type="checkbox"/> Pre-Diabetes NOS | R73.09 |
| <input type="checkbox"/> IBS w/ Diarrhea | K58.0 |
| <input type="checkbox"/> Morbid Obesity | E66.01 |
| <input type="checkbox"/> Obesity | E66.9 |
| <input type="checkbox"/> PCOS | E28.2 |
| <input type="checkbox"/> Pregnancy | Z34.80 |
| <input type="checkbox"/> Renal Disease (type): _____ | _____ |
| <input type="checkbox"/> Underweight, BMI <19 | R63.6 |
| <input type="checkbox"/> Protein/Calorie Malnutrition – Severe | E43.0 |
| <input type="checkbox"/> Malnutrition – Moderate | E44.0 |
| <input type="checkbox"/> Malnutrition – Mild | E44.1 |
| <input type="checkbox"/> Loss of Weight (Abnormal) | R63.4 |
| <input type="checkbox"/> Other: _____ | _____ |

Additional Comments Including Special Needs: (check all that apply)

- Vision/Hearing Impaired mobility/dexterity Impaired Mental Status Learning Disability
- Interpreter needed/Language: _____
- Other: _____

<p style="text-align: center;"><u>Medical Nutrition Therapy & Diabetes Education</u></p> <p style="text-align: center;">PMH Outpatient Nutrition Providence Milwaukie Medical Plaza, Building 101 10202 SE 32nd Ave. Milwaukie, OR 97222 Phone: 855-360-5456 Fax: (503) 215-6240</p>	<p style="text-align: center;"><u>Food Insecurity</u></p> <p style="text-align: center;">PMH Community Teaching Kitchen Providence Milwaukie Medical Plaza, Building 101 10202 SE 32nd Ave. Milwaukie, OR 97222 Phone: 503-513-8067 Fax: (503) 513-8052</p>
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Provider Name

Provider Signature

Provider Phone Number

Date: _____



Referral of Diabetes Education: Please complete ALL 3 steps

STEP 1: TYPE OF TRAINING *(Check all that apply and/or specify under Step 2 Special Instructions)*

- Comprehensive Diabetes Education**
(10 hours or _____)

- Continuous Glucose Monitor**
Education and training for:
 - Personal Use

- Diabetes Prevention Program** (26 visits)
Follows CDC Curriculum

- Medical Nutrition Therapy**
(2 hours or _____)
Nutrition focused education

- Diabetes During Pregnancy**
EDD: _____
Specify: Type 1 Type 2 Gestational Diabetes

- Other education** (Please specify) :

Insulin & Injectables

All prescription must be submitted by referring provider

Initiate Insulin as directed below:

Type:

Dose:

Timing:

Administration mode: Pen Vial

Continue Oral meds: Yes No

Titration follow-up plan:

Initiate and titrate insulin according to Providence Protocol:

Type:

Administration mode: Pen Vial

Continue Oral meds: Yes No

Other injectable:

Type:

Dose:

Timing:

Titration follow-up plan:

STEP 2: SPECIAL INSTRUCTIONS

STEP 3: CURRENT CLINICAL DATA *Specify or attach lab report and medication list*

Date of lab values: _____

Diabetes and other pertinent medications/doses:

HbA1c: _____ Fasting BG: _____

Random BG: _____

OGTT 1 hr. _____ 2 hr. _____ 3 hr. _____

STEP 4: SIGN BELOW AND FAX THIS FORM.

By signing this form, I certify that I am managing the patient's diabetes and the training described is needed to ensure therapy compliance or to provide the beneficiary with the skills and knowledge to help manage their diabetes.

Physician's signature _____ Date _____