

### ADOLESCENT HISTORY (age 12-17)

PATIENT NAME:	DATE OF BIRTH:	AGE:	TODAY'S DATE:
MOTHER's NAME:	DATE OF BIRTH:	OCCUPATION:	
FATHER's NAME:	DATE OF BIRTH:	OCCUPATION:	
Address:			Phone:

**BROTHERS:**      **NAME**                      **BIRTHDATE**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**SISTERS:**                      **NAME**                      **BIRTHDATE**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### PATIENT HISTORY

**Has THIS PATIENT had any...(if YES, explain below)**

- Chronic or recurrent illness such as diabetes, seizures, cancer, hepatitis, mono?
- Hospitalizations? \_\_\_\_\_
- Surgeries? \_\_\_\_\_
- Bladder infection, kidney problems, undescended Testicles?
- Missing or Damaged organs? (eye, kidney, testicle)
- Problems with Heart or Blood Pressure?
- Frequent headaches, anemia, bleeding or blood clot problems?
- Chicken Pox? What Year? \_\_\_\_\_
- Allergies, Asthma, severe bee sting reaction?
- Learning or developmental problems?
- Speech, hearing or vision problems?
- Mental Illness or Depression?
- Drug or Alcohol use?

**Does THIS Adolescent...**

- Wear glasses or contact lenses?
- Wear dental bridges, braces, plates?

**Is there a HISTORY of ...**

- Concussion, loss of consciousness, convulsions?
- Injuries to Neck, knees, ankles?
- Broken bones, joint injuries, disease, dislocation?
- Is there any medical reason why this student should not participate in sports?
- Chest pain with exercise? Wheezing? Cough?
- Dizziness or Fainting with or without exercise?
- Date of last Dental Exam? \_\_\_\_\_
- Date of Last Eye Exam? \_\_\_\_\_
- Date of last Medical Exam? \_\_\_\_\_
- Comments/Explanations: \_\_\_\_\_

**Where has THIS adolescent gone for prior medical care?**

### IMMUNIZATION HISTORY

- Tetanus? \_\_\_\_\_  
     Tetanus-Diphtheria (Td)? \_\_\_\_\_  
     Tetanus-Diphtheria-Pertusis (Tdap)? \_\_\_\_\_
- MMR (measles, mumps, Rubella)? \_\_\_\_\_
- Hepatitis A: #1 \_\_\_\_\_ #2 \_\_\_\_\_
- Hepatitis B: #1 \_\_\_\_\_ #2 \_\_\_\_\_ #3 \_\_\_\_\_
- Flu Shot? \_\_\_\_\_
- Pneumovax? \_\_\_\_\_
- TB Skin Test? \_\_\_\_\_
- HPV (Gardasil) \_\_\_\_\_
- HIV/AIDS Test? \_\_\_\_\_
- Chicken Pox (Varicella)? \_\_\_\_\_

### FAMILY MEDICAL HISTORY

**Have these health problems occurred in your family?**  
 (including natural parents, brothers, sisters, and grandparents)

	<u>Relationship</u>
<input type="checkbox"/> Allergies/Asthma/Lung Disease?	_____
<input type="checkbox"/> Tuberculosis?	_____
<input type="checkbox"/> Blood Problems?	_____
<input type="checkbox"/> Diabetes?	_____
<input type="checkbox"/> Thyroid Disease?	_____
<input type="checkbox"/> Cancer Type: _____	_____
<input type="checkbox"/> Birth Defect: _____	_____
<input type="checkbox"/> Drug / Alcohol Abuse?	_____
<input type="checkbox"/> Mental illness / Depression / Suicide Attempt	_____
<input type="checkbox"/> Glaucoma?	_____
<input type="checkbox"/> Heart Disease / Heart Attacks	_____
<input type="checkbox"/> High Blood Pressure?	_____
<input type="checkbox"/> High Cholesterol?	_____
<input type="checkbox"/> Stroke?	_____
<input type="checkbox"/> Kidney Disease?	_____
<input type="checkbox"/> Migraines?	_____
<input type="checkbox"/> Seizures?	_____
<input type="checkbox"/> Obesity?	_____
<input type="checkbox"/> Has any family member died suddenly at less than 50 years of age of causes other than an accident?	_____
<input type="checkbox"/> Other: _____	_____

**Patient Symptoms Review Form: Check if Yes**

- |   |   |  |  |
|---|---|--|--|
| <input type="checkbox"/> fatigue/tiredness    | <input type="checkbox"/> irregular or fast heart beat   | <input type="checkbox"/> poor appetite                 | <input type="checkbox"/> painful or swollen joints |
| <input type="checkbox"/> weight changes       | <input type="checkbox"/> chest pain with exercise       | <input type="checkbox"/> difficulty swallowing         | <input type="checkbox"/> back pain                 |
| <input type="checkbox"/> excessive thirst     | <input type="checkbox"/> swollen feet, ankles, hands    | <input type="checkbox"/> indigestion or heartburn      | <input type="checkbox"/> pain in legs or feet      |
| <input type="checkbox"/> frequent fevers      | <input type="checkbox"/> breast lump(s)                 | <input type="checkbox"/> black stool or blood in stool | <input type="checkbox"/> muscle weakness           |
| <input type="checkbox"/> sleep problems       | <input type="checkbox"/> pain in breast(s) or chest     | <input type="checkbox"/> change in bowel habits        | <input type="checkbox"/> limp                      |
| <input type="checkbox"/> changes in vision    | <input type="checkbox"/> discharge from breast(s)       | <input type="checkbox"/> abdominal pain                | <input type="checkbox"/> pain, burning urination   |
| <input type="checkbox"/> eye pain             | <input type="checkbox"/> cough with phlegm              | <input type="checkbox"/> anal itch, pain or bleeding   | <input type="checkbox"/> frequent urination        |
| <input type="checkbox"/> bleeding in ears     | <input type="checkbox"/> wheeze or short of breath      | <input type="checkbox"/> constipation or diarrhea      | <input type="checkbox"/> bed wetting               |
| <input type="checkbox"/> pain in ears         | <input type="checkbox"/> difficulty breathing           | <input type="checkbox"/> numbness or tingling          | <input type="checkbox"/> bloody or dark urine      |
| <input type="checkbox"/> ringing in ears      | <input type="checkbox"/> rash, hives or itching         | <input type="checkbox"/> loss of balance               | <input type="checkbox"/> discharge                 |
| <input type="checkbox"/> sore mouth or tongue | <input type="checkbox"/> change in mole or wart         | <input type="checkbox"/> speech problems               | <input type="checkbox"/> sores & itching           |
| <input type="checkbox"/> frequent hoarseness  | <input type="checkbox"/> sore not healing well          | <input type="checkbox"/> headaches                     | <input type="checkbox"/> other bladder problems    |
| <input type="checkbox"/> toothaches           | <input type="checkbox"/> acne                           | <input type="checkbox"/> blurred vision                | <input type="checkbox"/> stiff neck                |
| <input type="checkbox"/> colds/sinus trouble  | <input type="checkbox"/> frequent tanning or sunburning |  | <input type="checkbox"/> swelling of the neck      |
| <input type="checkbox"/> bleeding gums        |   |  |  |

**SEXUAL HISTORY**

- Y N Have you ever had sex? Age \_\_\_\_\_  
# of Partners \_\_\_\_\_
- Y N Do you have sexual partners Now?  
 male  female  both
- Y N Has anyone ever touched you against your will?
- Y N Do you think you may have been exposed to HIV?
- Y N Do you have concerns about your sexuality?
- Y N Have you ever had a sexually transmitted disease?

**FEMALES ONLY (if applies)**

- Age of first Period: \_\_\_\_\_ Period every \_\_\_\_\_ Days
- First Day of Last Menstrual Period \_\_\_\_\_
- Y N Cramps?
- Y N Bleeding between Periods?
- Y N Unprotected intercourse since last period?
- Year of last Pap Smear \_\_\_\_\_
- Y N Ever had an abnormal pap smear?
- Y N Do you use birth control? Type: \_\_\_\_\_
- Y N Do you examine your breasts regularly?
- Y N Do you have Vaginal burning, itching or discharge?

**Pregnancy History:**

- # of Pregnancies: \_\_\_\_\_ # of Live Births \_\_\_\_\_
- # of Miscarriages: \_\_\_\_\_ # of Abortions: \_\_\_\_\_
- Problems of pregnancy, labor or delivery: \_\_\_\_\_
- Type of Delivery: \_\_\_ Vaginal \_\_\_ C-Section
- Y N Are you Breastfeeding?

**MALES ONLY**

- Y N Do you use condoms?
- Y N Have you ever fathered a child?
- Y N Do you have burning, itching or discharge of Anus?
- Y N Do you have burning, itching or discharge of Penis?
- Y N Do you do Testicular self-examination?

**HEALTH / SAFETY HISTORY**

- Y N Any work, school, legal or money problems?  
If yes – would you like to discuss them? Y N
- In the Past 6 months, have you often been bothered by...**
- Y N Little interest or pleasure in doing things?
- Y N Feeling down, depressed or hopeless?
- Y N Ever considered or attempted suicide?  
When? \_\_\_\_\_
- Y N Do you skip classes frequently?
- Y N Do you have trouble controlling your anger?
- Y N Do you have trouble getting along with others?
- Y N What is your grade average? \_\_\_\_\_

**HEALTH HABITS**

- Y N Is there alcohol/drug abuse in your home?
- Y N Do you ever drink beer, wine, wine coolers or drinks containing liquor, such as whiskey, rum, vodka or gin? How many? \_\_\_\_\_

**IF you answered Yes – answer the next 4 questions...**

- Y N Have you ever felt you should cut down your drinking?
- Y N Have people ever annoyed you by criticizing your drinking?
- Y N Have you ever felt bad or guilty about your drinking?
- Y N Have you ever taken a drink first thing in the morning (eye opener) to steady your nerves or get rid of hangover?
- Y N Do you smoke?: if Quit – When? \_\_\_\_\_
- Y N Do you chew tobacco?: If Quit – When? \_\_\_\_\_
- Y N Are you interested in quitting? \_\_\_\_\_
- Y N Do you use "street" drugs (marijuana/cocaine)?
- Y N How many times to you exercise in a week? \_\_\_\_\_

**DIETARY**

- Y N Do you usually eat a variety of meats (or other proteins), Fruits, vegetables, milk and grains?
- Y N Do you take Vitamins?
- Y N Have you ever dieted?
- Y N Are you on a special Diet?
- Y N Are you satisfied with your current weight?

**SAFETY**

- Y N Do you wear seatbelts when driving a car?
- Y N Do you wear a helmet on a Bike, Skates or Motorcycle?
- Y N Do you have a working smoke detector at home?
- Y N Is there a gun in your home?
- Y N Is there verbal or physical fighting in your home?
- Y N Have you ever been hit, slapped, kicked or otherwise physically hurt by someone?

Currently taking any Medications? Y (list below) N

Medication	Dose	How many times per day?	When Started?

Drug Allergies or Reactions? Y (list below) N

