

Health History Questionnaire



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ADOLESCENT HISTORY (age 12-17)

PATIENT NAME:	DATE OF BIRTH:	AGE:	TODAY'S DATE:
MOTHER's NAME:	DATE OF BIRTH:	OCCUPATION:	
FATHER's NAME:	DATE OF BIRTH:	OCCUPATION:	
Address:			Phone:

<u>BROTHERS:</u>	NAME	BIRTHDATE	<u>SISTERS:</u>	NAME	BIRTHDATE
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

PATIENT HISTORY

Has THIS PATIENT had any..... (If YES, explain below)

Y N Chronic or recurrent illness such as diabetes, seizures, cancer, hepatitis, mono? _____

Y N Hospitalizations _____

Y N Surgeries _____

Y N Bladder infection, kidney problems, undescended Testicles? _____

Y N Missing or Damaged organs (Eye, kidney, testicle) _____

Y N Problems with Heart or Blood Pressure _____

Y N Frequent headaches, anemia, bleeding or blood clot problems? _____

Y N Chicken Pox What Year? _____

Y N Allergies, Asthma, severe bee sting reaction _____

Y N Learning or developmental problems _____

Y N Speech, hearing or vision problems _____

Y N Mental Illness or Depression _____

Y N Drug or Alcohol use _____

Does THIS Adolescent.....

Y N Wear glasses or contact lenses _____

Y N Wear dental bridges, braces, plates _____

Is there a HISTORY of...

Y N Concussion, loss of consciousness, convulsions _____

Y N Injuries to Neck, knees, ankles _____

Y N Broken bones, joint injuries, disease, dislocation _____

Y N Is there any medical reason why this student should not participate in sports _____

Y N Chest pain with exercise? Wheezing? Cough? _____

Y N Dizziness or Fainting with or without exercise _____

Date of last Dental Exam? _____

Date of Last Eye Exam? _____

Date of last Medical Exam? _____

Comments/Explanations: _____

IMMUNIZATION HISTORY

Y N Tetanus _____

Y N MMR (Measles, Mumps, Rubella) _____

Y N Hepatitis A: #1 _____ #2 _____

Y N Hepatitis B: #1 _____ #2 _____ #3 _____

Y N Flu Shot? _____

Y N Pneumovax _____

Y N TB Skin Test _____

Y N HIV/AIDS Test _____

Y N Chicken Pox (Varicella) _____

FAMILY MEDICAL HISTORY

Have these health problems occurred in your family?
(Including natural parents, brothers, sisters, and grandparents)

	Relationship	
Y N	Allergies/Asthma/Lung Disease	_____
Y N	Tuberculosis?	_____
Y N	Blood Problems?	_____
Y N	Diabetes?	_____
Y N	Thyroid Disease?	_____
Y N	Cancer Type: _____	_____
Y N	Birth Defect: _____	_____
Y N	Drug / Alcohol Abuse?	_____
Y N	Mental illness / Depression / Suicide Attempt	_____
Y N	Glaucoma?	_____
Y N	Heart Disease / Heart Attacks	_____
Y N	High Blood Pressure?	_____
Y N	High Cholesterol?	_____
Y N	Stroke?	_____
Y N	Kidney Disease?	_____
Y N	Migraines?	_____
Y N	Seizures?	_____
Y N	Obesity?	_____
Y N	Has any family member died suddenly at less than 50 years of age of causes other than an accident?	_____

Other: _____

Patient Symptoms Review Form: Mark Y or N

- | | | | |
|--------------------------|-------------------------------------|-----------------------------------|-------------------------------|
| Y N Fatigue/tiredness | Y N Irregular or fast heart beat | Y N Poor appetite | Y N Painful or swollen joints |
| Y N Weight changes | Y N Chest pain with exercise | Y N Difficulty swallowing | Y N Back pain |
| Y N Excessive Thirst | Y N Swollen feet, ankles, hands | Y N Indigestion or heartburn | Y N Pain in legs or feet |
| Y N Frequent fevers | Y N Breast lump(s) | Y N Black stool or blood in stool | Y N Muscle weakness |
| Y N Sleep problems | Y N Pain in breast(s) or chest | Y N Change in bowel habits | Y N Limp |
| Y N Changes in vision | Y N Discharge from breast(s) | Y N Abdominal pain | Y N Pain, burning urination |
| Y N Eye pain | Y N Cough with phlegm | Y N Anal itch, pain or bleeding | Y N Frequent urination |
| Y N Bleeding in ears | Y N Wheeze or short of breath | Y N Constipation or diarrhea | Y N Bed wetting |
| Y N Pain in ears | Y N Difficulty breathing | Y N Numbness or tingling | Y N Bloody or dark urine |
| Y N Ringing in ears | Y N Rash, hives or itching | Y N Loss of balance | Y N Discharge |
| Y N Sore mouth or tongue | Y N Change in mole or wart | Y N Speech problems | Y N Sores & itching |
| Y N Frequent hoarseness | Y N Sore not healing well | Y N Headaches | Y N Other bladder problems |
| Y N Toothaches | Y N Acne | Y N Blurred vision | Y N stiff neck |
| Y N Colds/sinus trouble | Y N Frequent tanning or sun burning | Y N Swelling of the neck | Y N Bleeding gums |

SEXUAL HISTORY

- Y N Have you ever had sex? Age _____
of Partners _____
- Y N Do you have sexual partners Now?
__ Male __ Female __ Both
- Y N Has anyone ever touched you against your will?
- Y N Do you think you may have been exposed to HIV?
- Y N Do you have concerns about your sexuality?
- Y N Have you ever had a sexually transmitted disease?

FEMALES ONLY (if applies)

- Age of first Period: _____ Period every _____ Days
- First Day of Last Menstrual Period _____
- Y N Cramps
- Y N Bleeding between periods
- Y N Unprotected intercourse since last period
- Year of last Pap smear _____
- Y N Ever had an abnormal pap smear
- Y N Do you use birth control? Type: _____
- Y N Do you examine your breasts regularly?
- Y N Do you have vaginal burning, itching or discharge?
- Pregnancy History:**
- # of Pregnancies: _____ # of Live Births _____
- # of Miscarriages: _____ # of Abortions: _____
- Problems of pregnancy, labor or delivery: _____
- Type of Delivery: __ Vaginal __ C-Section
- Y N Are you Breastfeeding?

MALES ONLY

- Y N Do you use condoms?
- Y N Have you ever fathered a child?
- Y N Do you have burning, itching or discharge of Anus?
- Y N Do you have burning, itching or discharge of Penis?
- Y N Do you do Testicular self-examination?

HEALTH / SAFETY HISTORY

- Y N Any work, school, legal or money problems?
If yes – would you like to discuss them? Y N
- In the Past 6 months, have you often been bothered by...**
- Y N Little interest or pleasure in doing things?
- Y N Feeling down, depressed or hopeless?
- Y N Ever considered or attempted suicide?
When? _____
- Y N Do you skip classes frequently?
- Y N Do you have trouble controlling your anger?
- Y N Do you have trouble getting along with others?
- Y N What is your grade average? _____

HEALTH HABITS

- Y N Is there alcohol/drug abuse in your home?
- Y N Do you ever drink beer, wine, wine coolers or
Drinks containing liquor, such as whiskey, rum,
Vodka or gin? How many? _____
- IF you answered Yes – answer the next 4 questions...**
- Y N Have you ever felt you should cut down your drinking?
- Y N Have people ever annoyed you by criticizing your drinking?
- Y N Have you ever felt bad or guilty about your drinking?
- Y N Have you ever taken a drink first thing in the morning
(eye opener) to steady your nerves or get rid of hangover?
- Y N Do you smoke? If Quit – When? _____
- Y N Do you chew tobacco? If Quit – When? _____
- Y N Are you interested in quitting? _____
- Y N Do you use "street" drugs (marijuana/cocaine)?
- Y N How many times do you exercise in a week? _____

DIETARY

- Y N Do you usually eat a variety of meats (or other proteins),
Fruits, vegetables, milk and grains?
- Y N Do you take Vitamins?
- Y N Have you ever dieted?
- Y N Are you on a special Diet?
- Y N Are you satisfied with your current weight?

SAFETY

- Y N Do you wear seatbelts when driving a car?
- Y N Do you wear a helmet on a Bike, Skates or Motorcycle?
- Y N Do you have a working smoke detector at home?
- Y N Is there a gun in your home?
- Y N Is there verbal or physical fighting in your home?
- Y N Have you ever been hit, slapped, kicked or otherwise
Physically hurt by someone?

Currently taking any Medications? Y (list below) N

Medication	Dose	How many times per day?	When Started?

Drug Allergies or Reactions? Y (list below) N