

Health History Questionnaire



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DATE OF BIRTH:	TODAY'S DATE:
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NAME: Last _____ First _____ Middle Initial _____

SEX: M F **MARITAL STATUS:** M S W Div Sep **AGE:** _____

Social History: ___ Student ___ Employed ___ Retired Occupation: _____

Present Symptoms / Why are you here today?

Other Physicians you are currently under the care of:

List allergies or sensitivities you have to medications:

List of Medications & how you take them: (Please include all medications including over-the-counter, topicals & vitamins)

<u>NAME OF DRUG</u>	<u>DOSE (include strength & # per day)</u>	<u>How Long have you taken this Medication?</u>

List all Previous Immunizations or Screenings & Date:

- | | |
|--|--|
| <input type="checkbox"/> Pneumovax Date: _____ | <input type="checkbox"/> Pap Date: _____ |
| <input type="checkbox"/> Tetanus Date: _____ | <input type="checkbox"/> Mammogram Date: _____ |
| <input type="checkbox"/> Flex Sig Date: _____ | <input type="checkbox"/> _____ Date: _____ |
| <input type="checkbox"/> Colonoscopy Date: _____ | <input type="checkbox"/> _____ Date: _____ |

Please list all operations & hospitalizations with their appropriate year

<u>ILLNESS / INJURY</u>	<u>YEAR</u>	<u>ILLNESS / INJURY</u>	<u>YEAR</u>
1.		6.	
2.		7.	
3.		8.	
4.		9.	
5.		10.	

Do you or have you ever used tobacco? What _____ How Much _____ How Long _____ Yr Quit _____
 Do you use alcohol? What _____ How Much _____ How Long _____ Yr Quit _____
 Do you use caffeine? What _____ How Much _____ How Long _____ Yr Quit _____
 Do you get enough sleep at night? ___Yes ___No Do you wake up feeling rested? ___Yes ___No

FAMILY HISTORY	Current Age	Health Is.....			Died at Age	Diseases/Cause of Death
FATHER	_____	___ Good	___ Fair	___ Poor	_____	_____
MOTHER	_____	___ Good	___ Fair	___ Poor	_____	_____
BROTHER/SISTER	_____	___ Good	___ Fair	___ Poor	_____	_____
BROTHER/SISTER	_____	___ Good	___ Fair	___ Poor	_____	_____
BROTHER/SISTER	_____	___ Good	___ Fair	___ Poor	_____	_____
BROTHER/SISTER	_____	___ Good	___ Fair	___ Poor	_____	_____

PERSONAL HISTORY – HAVE YOU HAD ANY OF THE FOLLOWING?

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Leukemia | <input type="checkbox"/> Stroke | <input type="checkbox"/> Stomach Ulcers | <input type="checkbox"/> Kidney Disease |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Psychiatric Condition | <input type="checkbox"/> Colitis | <input type="checkbox"/> OTHER_____ |
| <input type="checkbox"/> Bad Headaches | <input type="checkbox"/> Jaundice | <input type="checkbox"/> Anemia | <input type="checkbox"/> OTHER_____ |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Psoriasis | <input type="checkbox"/> Goiter | <input type="checkbox"/> OTHER_____ |
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Asthma | <input type="checkbox"/> Diabetes | <input type="checkbox"/> OTHER_____ |
| <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Cataracts | <input type="checkbox"/> Rheumatic Fever | |

GENERAL

- Recent Weight Gain

- Recent Weight Loss
 Fatigue
 Weakness
 Fever

NERVOUS SYSTEM

- Sensitivity or Pain of Hands and/or feet

- Loss of Consciousness
 Dizziness
 Memory Loss
 Headaches
 Muscle Spasm

EARS

- Ringing in Ears

- Loss of Hearing

EYES

- Feels like something is in the eye
 Pain

- Redness
 Loss of Vision
 Double or blurred vision
 Dryness

NOSE

- Nosebleeds

- Loss of Smell
 Dryness

MOUTH

- Sore Tongue

- Bleeding Gums
 Sores in Mouth
 Loss of Taste
 Dryness

THROAT

- Frequent Sore Throats

- Hoarseness
 Difficulty in Swallowing

NECK

- Swollen Glands

- Tender Glands

HEART & LUNGS

- Sudden Changes in Heart Beat
 Difficulty in breathing at night
 Shortness of Breath
 Swollen legs or feet

- Irregular Heart Beat
 High Blood Pressure
 Coughing up Blood
 Pain in Chest
 Heart Murmurs
 Cough
 Wheezing
 Night Sweats

STOMACH & INTESTINES

- Vomiting of blood or coffee ground material
 Stomach pain relieved by food or milk
 Increasing Constipation

- Persistent Diarrhea
 Yellow Jaundice
 Blood in Stools
 Black Stools
 Heartburn
 Nausea

KIDNEY/URINE/BLADDER

- Pain or burning on urination
 Discharge from penis/vagina
 Getting up at night to pass urine
 Cloudy, "smoky" urine

- Frequent urination
 Difficult Urination
 Vaginal Dryness
 Sexual Difficulties
 Prostate trouble
 Blood in Urine
 Pus in Urine
 Rash/Ulcers

BLOOD

SKIN

- Color changes of hands or feet in the cold
 Sun sensitive (sun allergy)
 Nodules/bumps

- Bleeding Tendency
 Easy bruising
 Hair Loss
 Tightness
 Redness
 Anemia
 Rash
 Hives

MUSCLES/JOINTS/BONES

- Muscle tenderness
 Muscle weakness

- Morning stiffness
 Joint Swelling
 Joint Pain