

Health History Form

Patient Name: _____ Date of Birth: ____/____/____

What concerns do you have about your health that you want to discuss today?

Have you been seen at the following for any type of visit, treatment, testing or hospitalization?

OHSU Adventist Health Legacy Kaiser Other: _____

Preventative Services: (please list when and where the procedure was done)

Colonoscopy: _____ Pneumonia vaccine: _____

Physical Exam: _____ Shingles vaccine: _____

Blood test/Cholesterol Level: _____ Flu shot: _____

Prostate check: _____ Tetanus booster: _____

Female: Pap test in the past 3 years? _____

Female: Mammogram in last 2 years? _____

Current Medications

Medication	Dose	Frequency	When started?

Any Known Drug Allergies? Yes / No Please List: _____

Medical History: Have you ever had: (Circle all that apply)

Anemia	Diabetes	Meningitis
Anxiety	Emphysema	Myocardial Infarction
Arthritis	Environmental Allergies	Nerve/Muscle disease
Asthma	GERD	Osteoporosis
Blood Transfusion	Glaucoma	Seizures
Cancer	Heart Murmur	Sickle cell Anemia
Cataracts	HIV/AIDS	Stroke
CHF	Hyperlipidemia	Substance Abuse
Clotting Disorder	Hypertension	Tuberculosis
COPD	Kidney Disease	
Depression		

Other: _____

~OVER~

List all surgeries and serious illness:

Surgery/Serious Illness	Year	Hospital / Any Complications

Family History

Major medical problems that would be worrisome for your own medical risk including mental health, or are they general healthy and well.

	Age	Living	Age at Death	Cause of Death or Current Condition
Mother	_____	Yes/No	_____	_____
Father	_____	Yes/No	_____	_____
Brother(s)	_____	Yes/No	_____	_____
Sister(s)	_____	Yes/No	_____	_____

Is there any history of **Diabetes**: Yes or No Who? _____

Is there any family history of **early cardiovascular disease** Yes or No Who? _____

Is there any family history of **cancer**? Yes or No If so, who and what type?

1. _____ 3. _____
 2. _____ 4. _____

Health / Safety History

Marital Status: _____ Occupation: _____

Are you sexually active? **Y N** Partner(s) Male ___ Female ___ Birth control method _____

Do you drink alcohol? **Y N** Drinks/Week _____

Illicit drug use? ___Never ___Recent ___Remote ___Current

Do you smoke? **Y N** If yes, age you started smoking? _____ Year you quit? _____

Packs per day? _____ Smokeless tobacco _____

Are you interested in quitting? **Y N**

Have you completed an Advance Directive or POLST? **Y N**

Please circle any new or worrisome symptoms (In the past 4 weeks):

General: Fatigue Fevers	Hematology: Abnormal bleeding
Vision: Double vision	Neuro: Seizures Loss of consciousness
Head & Neck: Change in hearing Ear pain	Endocrine: Fatigue High level of thirst
Pulmonary: Wheezing	Musculoskeletal: Joint swelling
Cardiac: Chest pain Rapid heartbeat	Mental health: Anxiety Memory problems
Gastrointestinal: Nausea Vomiting	Skin & Hair: Sores that grow Rash
GU: Blood in urine	Other:

Thank you for taking the time to fill out this form