

MEDICAL ID guide



If the situation ever arises, wearing a medical ID can make sure that you receive the attention and care you need in the event of an emergency.



Apps
On Apple Devices

- Health App, set up medical ID: *free*
- ICE Medical Standard: *free*

On Android Devices

- ICE Standard: *free*

Look great doing it

Lauren's Hope
Variety of fashionable ID bracelets, necklaces & tags. **#4** *Key West Medical ID Cuff*

Poppy Medical
Founder wanted a luxury medical ID bracelet that was "shiny, and sleek, and silver & gold."

ROAD ID
ID "for every adventure." Options include bands, necklaces, "sidekicks" that fit on your Fitbit or Apple watch. Option for code to your online health profile.

Rachel's Cure by Design
#1. *Choo Choo Medical ID Bracelet*
Fun designs for little ones.

N-Style ID
#3. *Peace & Cheetah Triple Pack Medical Bracelets.* Great for tweens who like variety, this pack has 3 interchangeable bracelets.

Get the job done
If utility and functionality are what you're looking for, low below:

Universal Medical ID
IDs ranging from dog tags to sterling silver cuffs.

MedicAlert Foundation
Features 24/7 help team who use unique ID numbers to share your medical history with emergency responders.

Mediband
The silicone style might attract Fitbit and Apple Watch-wearers who are active.

Arctic Summit
#2. *550 Paracord Bracelet*

American Medical ID
Proceeds support the American Diabetes Association.
#5. *Stainless Steel Large Flex Leather*
Option for code to your online health profile.

Do your own thing
You can safely get "inked," but there is certain protocol and things to keep in mind to ensure that you have the best tattoo experience possible: <https://beyondtype1.org/tattoos-t1d/>