

Health History Questionnaire

Date of visit: _____

Full Name: _____ Birthdate: _____ Age: _____ Sex: Male Female

Present symptoms / what brings you in today?: 1. _____ 2. _____ 3. _____

Current Medications:

Name and Strength	How many times do you take per day?	How long have you taken this medication?

Known Drug Allergies or Sensitivities:

Name of Medication /Item:	Reaction:

Past Medical History and Current Problems:

1.	6.	11.
2.	7.	12.
3.	8.	13.
4.	9.	14.
5.	10.	15.

Social History: Student / Retired / Unemployed /Employed- Occupation: _____

Years of Education / Highest Degree: _____ Employer: _____

Do you have any children? Name and age: _____

Marital Status: Married/Single/In relationship/Widowed/Divorced/Separated/Domestic partner/ Other: _____

Other adults currently living in the same home? Name, age, relation: _____

Currently are you experiencing any of the following symptoms? **Please circle if yes:**

- | | | |
|--|-----------------------------------|--|
| Fevers / chills / night sweats | Shortness of breath- day or night | Urinary hesitancy |
| Fatigue | Shortness of breath with exercise | Frequent nighttime urination |
| Loss of appetite | Swelling in legs or feet | Inability to hold urine |
| Weight gain / loss greater than 15 lbs | High blood pressure | Sexual difficulties / decreased desire |
| Blurred vision / double vision | Heart murmur | Genital sores |
| Eye irritation / discharge | Cough / wheezing | Back / neck pain |
| Eye pain / redness / dryness | Coughing up blood | Muscle pain / cramps / weakness |
| Vision loss | Nausea / vomiting | Morning muscle stiffness |
| Light / noise sensitivity | Persistent diarrhea | Skin rash / redness / hives / bumps |
| Ear pain / discharge | Increasing constipation | Headache |
| Ringing in the ears / Hearing loss | Heartburn | Depression / anxiety |
| Sneezing / nasal congestion | Changes in bowel habits | Memory loss |
| Frequent sore throat | Pain after eating | Trouble sleeping |
| Nosebleeds | General abdominal pain | Suicidal or homicidal thoughts |
| Throat hoarseness | Vomiting blood | Hallucinations / paranoia |
| Difficulty swallowing | Blood in stools / black stools | Cold / heat intolerance |
| Chest pain | Pain / burning with urination | Frequent or difficult urination |
| Sudden changes or irregular heart beat | Vaginal discharge | Excessive or easy bruising / bleeding |
| Fainting or dizziness | Urinary frequency / urgency | Enlarged lymph nodes |

PLEASE COMPLETE BOTH SIDES OF FORM

List all Surgeries or Major Procedures:

Year	Reason / Facility

Tobacco use: Never / Current /Quit, date: _____ packs per day for _____ years Interested in quitting: Y N
 Other tobacco use: Pipe/Cigar/Snuff/Chew _____ per day / week / month / year for _____ years Quit, date: _____
 Alcohol use: Current/Occasional-Social/Quit, date: _____ Number of drinks per week / month / year: _____
 Are you or anyone else concerned about your alcohol use? Y N
 Drug use: Never/ Current- daily/ Social Settings Only Type(s): _____ #times per week / month / year: _____
 Sexual Activity: Have you had sex? Y N Number of partners in lifetime: _____ Birth control method: _____
 Do you prefer to have sex with men, women or both? History of sexually transmitted disease? N Y, type: _____

List all Overnight or Inpatient Hospitalizations:

Year	Reason

Caffeine intake: ___none ___coffee/tea: 8oz cups/day_____ ___soda: # per day_____ ___chocolate: oz per day _____
 Weight: Are you satisfied with your current weight? Y N
 Diet: How would you rate your diet? Good Fair Poor Do you take supplements or vitamins? Y N (on med list above?)
 Exercise: Do you exercise regularly? Y N What kind: _____ How long (minutes)? _____ How often: _____
 Safety: Wear seatbelt consistently? Y N Do you have a gun in your home? Y N If yes- are they stored safely? Y N
 Is violence at home a concern? Y N Has this ever been a concern? Y N Please explain: _____

Immunizations and Screenings: please list actual or approximate (month/year) dates

Last physical: _____ Last colonoscopy: _____ Shingles shot: _____
 Pneumovax (pneumonia vaccine): _____ Flu shot: _____ Tetanus shot: _____

WOMEN ONLY:

When was your last PAP test? _____ History of any abnormal PAPs? Yes or No Treatment? _____
 When was your last mammogram? _____ When was your last bone density screening? _____
 # of Pregnancies _____ # of Deliveries _____ # of Abortions _____ # of Miscarriages _____
 1st day of last period _____ Age at 1st period _____ Regular or irregular Average length (days) _____
 Do you have any concerns about your periods? No Yes; explain: _____
 Do you have any concerns about menopause? No Yes; explain: _____

Family history: please indicate the current status of your immediate family members ***PLEASE COMPLETE SECTION***

	Alive	Deceased	Age (now/at death)	Comments/Medical Problems
Mother	_____	_____	_____	_____
Father	_____	_____	_____	_____
Sister(s) #	_____	_____	_____	_____
Brother(s) #	_____	_____	_____	_____

Family Medical History (check if you or your family has a history of the following):

You	Family		You	Family	You	Family		
<input type="checkbox"/>	<input type="checkbox"/>	Alcoholism	<input type="checkbox"/>	<input type="checkbox"/>	Thyroid disorder- High / Low	<input type="checkbox"/>	<input type="checkbox"/>	Heart disease
<input type="checkbox"/>	<input type="checkbox"/>	Blood disorder	<input type="checkbox"/>	<input type="checkbox"/>	Lung cancer	<input type="checkbox"/>	<input type="checkbox"/>	High blood pressure
<input type="checkbox"/>	<input type="checkbox"/>	Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Colon cancer	<input type="checkbox"/>	<input type="checkbox"/>	Liver disease
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Breast cancer	<input type="checkbox"/>	<input type="checkbox"/>	Lung disease
<input type="checkbox"/>	<input type="checkbox"/>	Psychiatric condition	<input type="checkbox"/>	<input type="checkbox"/>	Female cancer: _____			Smoking related? Y N
<input type="checkbox"/>	<input type="checkbox"/>	Depression	<input type="checkbox"/>	<input type="checkbox"/>	Other cancer: _____	<input type="checkbox"/>	<input type="checkbox"/>	Clot in leg / lung
<input type="checkbox"/>	<input type="checkbox"/>	Suicide attempt	<input type="checkbox"/>	<input type="checkbox"/>	Ulcer	<input type="checkbox"/>	<input type="checkbox"/>	Stroke