



System Library Services has curated a list of the following resources as suggested tools to help Providence Caregivers with understanding the impact of racial inequality in health care. Note: It is not an exhaustive list and focuses on works that addresses history of racial discrimination and oppression. Please reach out to the library if you have any additional suggestions to add to the list.

If you need help accessing any of these resources, please email us at librarian@providence.org or visit providence.org/library.

Thank you to our caregivers who have reached out and provided us with resources to share.

Recommended Books: Race, Oppression, and White Supremacy

Hoberman, J. *Black and Blue: The Origins and Consequences of Medical Racism*. California: University of California Press; 2012.

Matthew, D.B. *Just Medicine: A Cure for Racial Inequality in American Health Care*. New York: NYU Press; 2015.

Rothstein, R. *The Color of Law: A Forgotten History of How Our Government Segregated America*. New York: Liveright; 2017.

Kendi, I.X. *Stamped from the Beginning: The Definitive History of Racist Ideas in America*. New York: Bold Type Books; 2017.

Washington, H. *Medical Apartheid: The Dark History of Medical Experimentation on Black Americans from Colonial Times to the Present*. New York: Doubleday; 2007.

Roberts, D. *Killing the Black Body: Race, Reproduction and the Meaning of Liberty*. New York: Vintage; 1998

Owens, DC. *Medical Bondage: Race, Gender and the Origins of American Gynecology*. Georgia: University of Georgia Press; 2017.

Freire, P. *Pedagogy of the Oppressed*. New York: Herder & Herder; 1970.

Zinn, H. *A People's History of the United States*. New York: HarperCollins; 1980.

Wilkerson, I. *The Warmth of Other Suns: The Epic Story of America's Great Migration*. New York: Random House; 2010.

Oluo, I. *So You Want to Talk About Race*. Washington: Seal Press; 2018.

Baldwin, J. *The Fire Next Time*. New York: Dial Press; 1963.

Ward, J. *The Fire This Time: A New Generation Speaks About Race*. New York: Scribner; 2016.

Coates, T. *Between the World and Me*. New York: Spiegel & Grau; 2015.

Brown, AC. *I'm Still Here: Black Dignity in a World made for Whiteness*. New York: Convergent; 2018.

Alexander, M. *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*. New York: The New Press; 2010.

Gates Jr, HL. *Stony the Road: Reconstruction, White Supremacy, and the Rise of Jim Crow*. New York: Random House; 2019.

Barndt, JR. *Understanding and Dismantling Racism: The Twenty-First Century Challenge to White America*. Pennsylvania: Fortress Press; 2007.

Wallis, J. *America's Original Sin: Racism, White Privilege, and the Bridge to a New America*. Baker Michigan: Publishing Group; 2015.

Anderson, C. *White Rage: The Unspoken Truth of Our Racial Divide*. United Kingdom: Bloomsbury; 2016.

Kivel, P. *Uprooting Racism: How White People Can Work for Racial Justice*. Canada: New Society Publishers; 2017.

DiAngelo, R. *White Fragility: Why It's So Hard for White People to Talk About Racism*. Massachusetts: Beacon Press; 2018.

Saad, LF. *Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor*. Illinois: SourceBooks; 2020.

What to Watch: Documentaries & Films

Unnatural Causes (Docuseries on health and inequality)

Local Color (Documentary on History of Racism in Oregon)

Lift Ev'ry Voice (Documentary on Portland's African American history)

13th (Netflix)

LA92 (Netflix)

16 Shots (Amazon Prime, Hulu)

When They See Us (Netflix)

Just Mercy (Amazon Prime) Lessons for Healthcare Guide

Stay Woke: The Black Lives Matter Movement (Amazon Prime)

What to Listen: Podcasts

The Nocturnists: <http://thenocturnists.com/the-nocturnists-black-voices-in-healthcare>

1619: <https://www.nytimes.com/2020/01/23/podcasts/1619-podcast.html>

Floodlines: <https://www.theatlantic.com/podcasts/floodlines/>

Throughline: <https://www.npr.org/podcasts/510333/throughline>

Racial Health Disparities & COVID: <https://www.aamc.org/news-insights/podcast-racial-health-disparities-how-covid-19-magnified-public-health-emergency>

Race & Medicine: <https://www.wnycstudios.org/podcasts/radiolab/segments/91657-race-and-medicine>

Why This Matters: Racism in Medicine

Hardeman RR, Medina EM, Kozhimannil KB. **Structural Racism and Supporting Black Lives - The Role of Health Professionals.** N Engl J Med. 2016;375(22):2113-2115. doi:10.1056/NEJMp1609535

Chapman EN, Kaatz A, Carnes M. **Physicians and implicit bias: how doctors may unwittingly perpetuate health care disparities.** J Gen Intern Med. 2013;28(11):1504-1510. doi:10.1007/s11606-013-2441-1

Olayiwola JN. **Racism in Medicine: Shifting the Power.** Ann Fam Med. 2016;14(3):267-269. doi:10.1370/afm.1932

Paradies Y, Ben J, Denson N, et al. **Racism as a Determinant of Health: A Systematic Review and Meta-Analysis.** PLoS One. 2015;10(9):e0138511. Published 2015 Sep 23. doi:10.1371/journal.pone.0138511

Cobbinah SS, Lewis J. **Racism & Health: A public health perspective on racial discrimination.** J Eval Clin Pract. 2018;24(5):995-998. doi:10.1111/jep.12894

Dickman SL, Himmelstein DU, Woolhandler S. **Inequality and the health-care system in the USA.** Lancet. 2017;389(10077):1431-1441. doi:10.1016/S0140-6736(17)30398-7

Byrd WM, Clayton LA. **Race, medicine, and health care in the United States: a historical survey.** J Natl Med Assoc. 2001;93(3 Suppl):11S-34S.

Dehon E, Weiss N, Jones J, Faulconer W, Hinton E, Sterling S. **A Systematic Review of the Impact of Physician Implicit Racial Bias on Clinical Decision Making.** Acad Emerg Med. 2017;24(8):895-904. doi:10.1111/acem.13214

Hall WJ, Chapman MV, Lee KM, et al. **Implicit Racial/Ethnic Bias Among Health Care Professionals and Its Influence on Health Care Outcomes: A Systematic Review.** Am J Public Health. 2015;105(12):e60-e76. doi:10.2105/AJPH.2015.302903

Fiscella K, Sanders MR. **Racial and Ethnic Disparities in the Quality of Health Care.** Annu Rev Public Health. 2016;37:375-394. doi:10.1146/annurev-publhealth-032315-021439

Noonan AS, Velasco-Mondragon HE, Wagner FA. **Improving the health of African Americans in the USA: an overdue opportunity for social justice.** Public Health Rev. 2016;37:12. Published 2016 Oct 3. doi:10.1186/s40985-016-0025-4

Richardson LD, Norris M. **Access to health and health care: how race and ethnicity matter.** Mt Sinai J Med. 2010;77(2):166-177. doi:10.1002/msj.20174

Jones, C. P. **Levels of Racism: A Theoretic Framework and a Gardener's Tale.** American Journal of Public Health. 2000; 90(8): 1212–1215.

King CJ, Redwood Y. **The Health Care Institution, Population Health and Black Lives.** J Natl Med Assoc. 2016;108(2):131-136. doi:10.1016/j.jnma.2016.04.002

Williams DR, Lawrence JA, Davis BA. **Racism and Health: Evidence and Needed Research.** *Annu Rev Public Health.* 2019;40:105-125. doi:10.1146/annurev-publhealth-040218-043750

Gee GC, Ford CL. **STRUCTURAL RACISM AND HEALTH INEQUITIES: Old Issues, New Directions.** *Du Bois Rev.* 2011;8(1):115-132. doi:10.1017/S1742058X11000130

Maina IW, Belton TD, Ginzberg S, Singh A, Johnson TJ. **A decade of studying implicit racial/ethnic bias in healthcare providers using the implicit association test.** *Soc Sci Med.* 2018;199:219-229. doi:10.1016/j.socscimed.2017.05.009

Williams DR, Lawrence JA, Davis BA, Vu C. **Understanding how discrimination can affect health.** *Health Serv Res.* 2019;54 Suppl 2(Suppl 2):1374-1388. doi:10.1111/1475-6773.13222

Bailey ZD, Krieger N, Agénor M, Graves J, Linos N, Bassett MT. **Structural racism and health inequities in the USA: evidence and interventions.** *Lancet.* 2017;389(10077):1453-1463. doi:10.1016/S0140-6736(17)30569-X

Ben J, Cormack D, Harris R, Paradies Y. **Racism and health service utilisation: A systematic review and meta-analysis.** *PLoS One.* 2017;12(12):e0189900. Published 2017 Dec 18. doi:10.1371/journal.pone.0189900

Paradies Y, Truong M, Priest N. **A systematic review of the extent and measurement of healthcare provider racism.** *J Gen Intern Med.* 2014;29(2):364-387. doi:10.1007/s11606-013-2583-1

Paradies Y. **A systematic review of empirical research on self-reported racism and health.** *Int J Epidemiol.* 2006;35(4):888-901. doi:10.1093/ije/dyl056

Black LL, Johnson R, VanHoose L. **The Relationship Between Perceived Racism/Discrimination and Health Among Black American Women: a Review of the Literature from 2003 to 2013.** *J Racial Ethn Health Disparities.* 2015;2(1):11-20. doi:10.1007/s40615-014-0043-1

Harrell JP, Hall S, Taliaferro J. **Physiological responses to racism and discrimination: an assessment of the evidence.** *Am J Public Health.* 2003;93(2):243-248. doi:10.2105/ajph.93.2.243

Nazroo JY. **The structuring of ethnic inequalities in health: economic position, racial discrimination, and racism.** *Am J Public Health.* 2003;93(2):277-284. doi:10.2105/ajph.93.2.277

Lewis TT, Cogburn CD, Williams DR. **Self-reported experiences of discrimination and health: scientific advances, ongoing controversies, and emerging issues.** *Annu Rev Clin Psychol.* 2015;11:407-440. doi:10.1146/annurev-clinpsy-032814-112728

Op-Eds & Articles in Popular Media

Strings, S. It's Not Obesity, It's Slavery. *New York Times*; 25 May 2020.

Schmidt, H. The Way We Ration Ventilators is Biased. *New York Times*; 15 April 2020.

Bouie, J. Why Coronavirus is Killing African-Americans More Than Others. *New York Times*; 14 April 2020.

Editorial Board. How to Save Black and Hispanic Lives in a Pandemic. *New York Times*; 11 April 2020.

Gates Jr, HL. How Reconstruction Still Shapes American Racism. *Time*; 2 April 2019.

Worland, J. America's Long Overdue Awakening to Systemic Racism. *Time*; 11 June 2020.

Samuels, Alana. The Racist History of Portland, the Whitest City in America. *The Atlantic*; 22 July 2016.

What to Do: Equity Resources & Tools

Institute of Medicine. 2003. *Unequal Treatment: Confronting Racial and Ethnic Disparities in Health Care.* Washington, DC: The National Academies Press. <https://doi.org/10.17226/10260>.

Williams DR, Cooper LA. Reducing Racial Inequities in Health: Using What We Already Know to Take Action. *Int J Environ Res Public Health.* 2019;16(4):606. Published 2019 Feb 19. doi:10.3390/ijerph16040606

Dennis GC. Racism in medicine: planning for the future. J Natl Med Assoc. 2001;93(3 Suppl):1S-5S.

Bolton LB, Giger JN, Georges A. Eliminating structural and racial barriers: a plausible solution to eliminating health disparities. J Natl Black Nurses Assoc. 2003;14(1):57-65.

Centers for Health Care Strategies, Inc. (2015). Reducing Health and Health Care Disparities: Implementation Lessons and Best Practices for Health Care Organizations.

Advancing Health Equity: Equity Resources Roadmap.

American Hospital Association. (2015). Equity of Care: A Toolkit for Eliminating Healthcare Disparities.

American Public Health Association: Advancing Racial Equity Webinar Series
Institute for Healthcare Improvement: Liberation in the Exam Room: Racial Justice and Equity in Health Care

The Commonwealth Fund: Reducing Racial Disparities in Health Care by Confronting Racism
Racial Equity Tools