System Library Services has curated a list of the following resources as suggested tools to help Providence Caregivers with understanding the impact of racial inequality in the Asian, Asian-American, and Pacific Islander communities. Note: It is not an exhaustive list and focuses on works that addresses history of the Asian American Pacific Islander experience and oppression. Please reach out to the library if you have any additional suggestions to add to the list.

If you need help accessing any of these resources, please email us at librarian@providence.org or visit providence.org/library.

For more race related resources, please visit: https://www.providence.org/for-employees/library/race-and-healthcare-resource-desk

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<th>Recommended Books on AAPI History</th>
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### What to Watch: Films & Documentaries

- **Asian Americans**
  [https://www.pbs.org/weta/asian-americans/](https://www.pbs.org/weta/asian-americans/)

- **Ancestors in the Americas**
  [http://www.pbs.org/ancestorsintheamericas/](http://www.pbs.org/ancestorsintheamericas/)

- **The Chinese Exclusion Act**

- **Becoming American: The Chinese Experience**
  [http://www.pbs.org/becomingamerican/aboutprograms.html](http://www.pbs.org/becomingamerican/aboutprograms.html)

- **Asian American Covid-19 Stories**
  [https://www.youtube.com/playlist?list=PLuH1M1754dgDjrdZJytzLw-GAJL2HYC0c](https://www.youtube.com/playlist?list=PLuH1M1754dgDjrdZJytzLw-GAJL2HYC0c)

- **Here to Stay: The Asian American Immigrant Experience**

### Discrimination & Xenophobia During COVID-19 Pandemic


Health Disparities & Discrimination: The Asian American & Immigrant Experience


Kim, I, Chen, J, Spencer, MS. **Social Determinants of Health and Mental Health Among Asian Americans in the United States.** JSSWR. 2012 Dec; 3(4): 346-361.


Ong AD, Burrow AL, Fuller-Rowell TE, Ja NM, Sue DW. **Racial microaggressions and daily well-being among Asian Americans.** J Couns Psychol. 2013 Apr;60(2):188-99.


### Additional Resources, Training, & Toolkits


**Racial Trauma Toolkit From Boston College:**
https://www.bc.edu/bc-web/schools/lynch-school/sites/isprc/isprc-advisory-board.html

**Bystander Resources & Harassment Training From Hollaback!:**
https://www.ihollaback.org/bystander-resources/
https://www.ihollaback.org/harassmenttraining/

**Stop AAPI Hate:**
https://stopaapihate.org/

**Asian Americans Advancing Justice:**
https://www.advancingjustice-aajc.org/
Tell Your Story | Stand Against Hate:
https://www.standagainsthatred.org/

Asian Pacific American Network of Oregon:
https://www.apano.org/

Washington State Commission on Asian American Affairs:
https://capaa.wa.gov/

Asian & Pacific Islander American Health Forum:
https://www.apiahf.org/