



System Library Services has curated a list of the following resources as suggested tools to help Providence Caregivers with understanding the impact of racial inequality in the Asian, Asian-American, and Pacific Islander communities. Note: It is not an exhaustive list and focuses on works that addresses history of the Asian American Pacific Islander experience and oppression. Please reach out to the library if you have any additional suggestions to add to the list.

If you need help accessing any of these resources, please email us at [librarian@providence.org](mailto:librarian@providence.org) or visit [providence.org/library](http://providence.org/library).

For more race related resources, please visit: <https://www.providence.org/for-employees/library/race-and-healthcare-resource-desk>

### Recommended Books on AAPI History

Lee, Erika. *The Making of Asian America*. New York: Simon & Schuster; 2015.

Lee, Erika. *America for Americans: A History of Xenophobia in the United States*. New York: Basic Books; 2019.

Takaki, Ronald. *Strangers from a Different Shore: A History of Asian Americans*. New York: Back Bay Books; 1998.

Kwong, Peter. *The New Chinatown*. New York: Hill & Wang; 1996.

Kwong, Peter. *Forbidden Workers: Illegal Chinese Immigrants and American Labor*. New York: New Press; 1999.

Chang, Iris. *The Chinese in America: A Narrative History*. New York: Penguin; 2003.

Zia, Helen. *Asian American Dreams. The Emergence of an American People*. New York: Farrar, Straus and Giroux; 2001.

Mehta, Suketu. *This Land Is Our Land: An Immigrant's Manifesto*. New York: Farrar, Straus and Giroux; 2019.

Wu, Frank. *Yellow: Race in America Beyond Black and White*. New York: Basic Books; 2002.

Inada, Lawson Fusao. *Only What We Could Carry The Japanese American Internment Experience*. California: HeyDey; 2000.

Okihiro, Gary. *Margins and Mainstreams: Asians in American History and Culture*. Washington: University of Washington Press; 2014.

Sen, Sharmila. *Not Quite, Not White*. New York: Penguin; 2018.

Hong, Cathy Park. *Minor Feelings: An Asian American Reckoning*. New York: One World; 2020.

Fadiman, Anne. *The Spirit Catches You and You Fall Down: A Hmong Child, Her American Doctors, and the Collision of Two Cultures*. New York: Farrar, Straus and Giroux; 1997.

## What to Watch: Films & Documentaries

Asian Americans

<https://www.pbs.org/weta/asian-americans/>

Ancestors in the Americas

<http://www.pbs.org/ancestorsintheamericas/>

The Chinese Exclusion Act

<https://www.pbs.org/wqbh/americanexperience/films/chinese-exclusion-act/>

Becoming American: The Chinese Experience

<http://www.pbs.org/becomingamerican/aboutprograms.html>

Asian American Covid-19 Stories

<https://www.youtube.com/playlist?list=PLuH1M1754dqDjrdZJytzLw-GAJL2HYC0c>

Here to Stay: The Asian American Immigrant Experience

<https://asiasociety.org/new-york/events/here-stay-asian-american-immigrant-experience>

## Discrimination & Xenophobia During COVID-19 Pandemic

Cheah CSL, Wang C, Ren H, Zong X, Cho HS, Xue X. **COVID-19 Racism and Mental Health in Chinese American Families**. *Pediatrics*. 2020 Nov;146(5):e2020021816.

Chen Y, Wang Z, Dong W, Chen Xu JH, Ji Wu S, Zhang X, Chen C. **Perceived discrimination and mental health among the Chinese diaspora during COVID-19**. *Asian J Psychiatr*. 2021 Mar;57:102584.

Chen JA, Zhang E, Liu CH. **Potential Impact of COVID-19-Related Racial Discrimination on the Health of Asian Americans**. *Am J Public Health*. 2020 Nov;110(11):1624-1627.

Cho H, Li W, Cannon J, Lopez R, Song CC. **Testing three explanations for stigmatization of people of Asian descent during COVID-19: maladaptive coping, biased media use, or racial prejudice?** *Ethn Health*. 2021 Jan;26(1):94-109.

Dhanani LY, Franz B. **Unexpected public health consequences of the COVID-19 pandemic: a national survey examining anti-Asian attitudes in the USA.** Int J Public Health. 2020 Jul;65(6):747-754.

Gover AR, Harper SB, Langton L. **Anti-Asian Hate Crime During the COVID-19 Pandemic: Exploring the Reproduction of Inequality.** Am J Crim Justice. 2020 Jul 7:1-21.

Le TK, Cha L, Han HR, Tseng W. **Anti-Asian Xenophobia and Asian American COVID-19 Disparities.** Am J Public Health. 2020 Sep;110(9):1371-1373.

Liu Y, Finch BK, Brenneke SG, Thomas K, Le PD. **Perceived Discrimination and Mental Distress Amid the COVID-19 Pandemic: Evidence From the Understanding America Study.** Am J Prev Med. 2020 Oct;59(4):481-492.

Misra S, Le PD, Goldmann E, Yang LH. **Psychological impact of anti-Asian stigma due to the COVID-19 pandemic: A call for research, practice, and policy responses.** Psychol Trauma. 2020 Jul;12(5):461-464.

Nguyen TT, Criss S, Dwivedi P, Huang D, Keralis J, Hsu E, Phan L, Nguyen LH, Yardi I, Glymour MM, Allen AM, Chae DH, Gee GC, Nguyen QC. **Exploring U.S. Shifts in Anti-Asian Sentiment with the Emergence of COVID-19.** Int J Environ Res Public Health. 2020 Sep 25;17(19):7032.

Pan SW, Shen GC, Liu C, Hsi JH. **Coronavirus stigmatization and psychological distress among Asians in the United States.** Ethn Health. 2021 Jan;26(1):110-125.

Wang D, Gee GC, Bahiru E, Yang EH, Hsu JJ. **Asian-Americans and Pacific Islanders in COVID-19: Emerging Disparities Amid Discrimination.** J Gen Intern Med. 2020 Dec;35(12):3685-3688.

Zhang M, Gurung A, Anglewicz P, Baniya K, Yun K. **Discrimination and Stress Among Asian Refugee Populations During the COVID-19 Pandemic: Evidence from Bhutanese and Burmese Refugees in the USA.** J Racial Ethn Health Disparities. 2021 Mar 2:1–9.

<b>Health Disparities &amp; Discrimination: The Asian American &amp; Immigrant Experience</b>
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Au C. **Cultural factors in preventive care: Asian-Americans.** Prim Care. 2002 Sep;29(3):495-502, viii.

Alvarez AN, Juang L, Liang CT. **Asian Americans and racism: when bad things happen to "model minorities."** Cultur Divers Ethnic Minor Psychol. 2006 Jul;12(3):477-92.

Chen GA, Lephuoc P, Guzmán MR, Rude SS, Dodd BG. **Exploring Asian American racial identity.** *Cultur Divers Ethnic Minor Psychol.* 2006 Jul;12(3):461-76.

Clough J, Lee S, Chae DH. **Barriers to health care among Asian immigrants in the United States: a traditional review.** *J Health Care Poor Underserved.* 2013 Feb;24(1):384-403.

Dhooper SS. **Health care needs of foreign-born Asian Americans: an overview.** *Health Soc Work.* 2003 Feb;28(1):63-73.

Gee GC, Ro A, Shariff-Marco S, Chae D. **Racial discrimination and health among Asian Americans: evidence, assessment, and directions for future research.** *Epidemiol Rev.* 2009;31:130-51.

Gee GC, Spencer MS, Chen J, Takeuchi D. **A nationwide study of discrimination and chronic health conditions among Asian Americans.** *Am J Public Health.* 2007 Jul;97(7):1275-82.

Hahm HC, Ozonoff A, Gaumond J, Sue S. **Perceived discrimination and health outcomes a gender comparison among Asian-Americans nationwide.** *Womens Health Issues.* 2010 Sep;20(5):350-8.

Ho IK, Lawrence JS. **The Role of Social Cognition in Medical Decision Making with Asian American Patients.** *J Racial Ethn Health Disparities.* 2020 Sep 14:1–7.

Kim, I, Chen, J, Spencer, MS. **Social Determinants of Health and Mental Health Among Asian Americans in the United States.** *JSSWR.* 2012 Dec; 3(4): 346-361.

Kim W, Keefe RH. **Barriers to healthcare among Asian Americans.** *Soc Work Public Health.* 2010 May;25(3):286-95.

Li M. **Discrimination and psychiatric disorder among Asian American immigrants: a national analysis by subgroups.** *J Immigr Minor Health.* 2014 Dec;16(6):1157-66.

Miller MJ, Yang M, Farrell JA, Lin LL. **Racial and cultural factors affecting the mental health of Asian Americans.** *Am J Orthopsychiatry.* 2011 Oct;81(4):489-97.

McMurtry CL, Findling MG, Casey LS, Blendon RJ, Benson JM, Sayde JM, Miller C. **Discrimination in the United States: Experiences of Asian Americans.** *Health Serv Res.* 2019 Dec;54 Suppl 2(Suppl 2):1419-1430.

Nguyen D. **The effects of sociocultural factors on older Asian Americans' access to care.** *J Gerontol Soc Work.* 2012;55(1):55-71.

Nicholson HL Jr. **Associations Between Major and Everyday Discrimination and Self-Rated Health Among US Asians and Asian Americans.** J Racial Ethn Health Disparities. 2020 Apr;7(2):262-268.

Ong AD, Burrow AL, Fuller-Rowell TE, Ja NM, Sue DW. **Racial microaggressions and daily well-being among Asian Americans.** J Couns Psychol. 2013 Apr;60(2):188-99.

Spencer MS, Chen J, Gee GC, Fabian CG, Takeuchi DT. **Discrimination and mental health-related service use in a national study of Asian Americans.** Am J Public Health. 2010 Dec;100(12):2410-7.

Sue DW, Bucceri J, Lin AI, Nadal KL, Torino GC. **Racial microaggressions and the Asian American experience.** Cultur Divers Ethnic Minor Psychol. 2007 Jan;13(1):72-81.

Woo B, Fan W, Tran T, Takeuchi D. **The Psychological Cost of Racial Discrimination: What is the Role of Residential Segregation?** Am J Community Psychol. 2020 Mar;65(1-2):78-89.

Yoo HC, Gee GC, Takeuchi D. **Discrimination and health among Asian American immigrants: disentangling racial from language discrimination.** Soc Sci Med. 2009 Feb;68(4):726-32.

<b>Additional Resources, Training, &amp; Toolkits</b>
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Ho CP, Chong A, Narayan A, Cooke EA, Deng F, Agarwal V, DeBenedictis CM, Deitte LA, Jay AK, Kagetsu NJ. **Mitigating Asian American Bias and Xenophobia in Response to the Coronavirus Pandemic: How You Can Be an Upstander.** J Am Coll Radiol. 2020 Dec;17(12):1692-1694.

**Racial Trauma Toolkit From Boston College:**

<https://www.bc.edu/bc-web/schools/lynch-school/sites/isprc/isprc-advisory-board.html>

**Bystander Resources & Harassment Training From Hollaback!:**

<https://www.ihollaback.org/bystander-resources/>

<https://www.ihollaback.org/harassmenttraining/>

**Stop AAPI Hate:**

<https://stopaapihate.org/>

**Asian Americans Advancing Justice:**

<https://www.advancingjustice-aaajc.org/>

**Tell Your Story | Stand Against Hate:**

<https://www.standagainsthatred.org/>

**Asian Pacific American Network of Oregon:**

<https://www.apano.org/>

**Washington State Commission on Asian American Affairs:**

<https://capaa.wa.gov/>

**Asian & Pacific Islander American Health Forum:**

<https://www.apiahf.org/>