

Surgical Instructions and Reminders

Name: _____

Surgery Date: _____ Time: _____

Check-in Time: _____



Before your surgery:

- You will receive a phone call from a Pre-Admit Testing nurse who will review your medical history, the medications you are taking and other pertinent information for your upcoming procedure. This call may take up to 20 minutes.
- Report any symptoms of potential illness, such as cough, fever, diarrhea, rash and/or open wounds to your surgeon immediately.
- If you need to cancel or reschedule your surgery, please call your surgeon's office.
- Shower the night before. Do not shave or use a razor.

Day of surgery:

- Plan ahead for parking so you may arrive on time.
- **No food for at least eight hours before your surgery. You may continue to stay hydrated with water or Gatorade (up to 20oz) four hours before your surgery.**
- Your surgical team will do their best to be on time, but please understand delays or changes in the operating room schedule may occur.
- Bring your medication list, but leave the actual medications at home. You will be asked to confirm the last time you took each medication. Please refer to your physician's instructions on which medications to stop and which to continue, if any. If instructed to take specific medications on the morning of surgery, a small sip of water is okay.
- Bring your insurance card and photo ID. Bring your advanced health care directive, if you have one.
- Limit the amount of personal belongings you bring. Leave valuables at home, including cash and jewelry.
- Wear loose-fitting, comfortable clothing.
- If you wear glasses, dentures and/or hearing aids, please bring a case or container with your name on it.
- If you have a pacemaker, defibrillator or other implanted device, please bring your information card.

After your surgery:

- Your care team will work with you to manage your pain and post-surgical status.
- Anesthesia can cause you to be drowsy and forgetful. You may also have nausea and vomiting.
- If you are going home the same day, please arrange for a responsible adult to take you home and stay with you after surgery.



Scan the QR code to watch our Patient Procedure Guide.