



## Cadence currently supports three conditions:

### High Blood Pressure

The Cadence program led to two times more patients achieving blood pressure goals as compared to patients not in the program. (1)

### Type 2 Diabetes

The Cadence program enabled patients to reach their blood glucose goals, with 43% achieving goal after 6 months in the program. (2)

### Heart Condition

The Cadence program led to over 3 times more patients taking heart failure medications that improve quality of life, reduce hospitalizations and extend life. (3)

1. Feldman D, Fudim M, et al. Abstract 12950: A nationwide remote patient intervention hypertension program: Can remote patient monitoring and a multi-disciplinary team of clinicians improve blood pressure control? *Circulation*. 2023;148(suppl\_1):12950. (Goal defined as <130/80 mmHg.)
2. Feldman D, Fudim M, et al. The Effect of a Nationwide Remote Patient Intervention Diabetes Program on Blood Glucose Control. *J Am Coll Cardiol*. 2024 Apr, 83 (13\_Supplement) 2449. (Goal defined as <154mg/dL.)
3. Feldman D, Fudim M, et al. Leveraging remote patient monitoring to effectively put the heart failure guidelines to practice. *J Card Fail*. 2024;30(9):1166-1169.

## Frequently asked questions:

### *How do I sign up?*

Call or text us at (855) 613-0778 to get set up with Cadence. You can also speak with your provider at your next appointment.

### *Do I still talk to my primary care provider?*

Yes. Your provider will still manage your care in coordination with the Cadence team.

### *Does insurance pay for Cadence?*

Coverage varies by insurance plan. Patients may have a monthly copay or coinsurance depending on the insurance plan. Please contact your insurance plan to understand the potential costs.

### LEARN MORE

(855) 613-0778

[Providence.org/RPM](https://www.providence.org/RPM)

### OUR MISSION

As expressions of God's healing love, witnessed through the ministry of Jesus, we are steadfast in serving all, especially those who are poor and vulnerable.

### OUR CORE VALUES

Compassion, Dignity, Justice, Excellence, Integrity.



We do not discriminate on the basis of race, color, national origin, sex, age, or disability in our health programs and activities.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 888-311-9127 (TTY: 711)。



# Remote Patient Monitoring Powered by Cadence

Cadence helps you improve your health from home.



# Cadence keeps you healthier and out of the hospital.

## What is Cadence?

### Extra support between visits.

We give you easy-to-use devices to take your vital readings from home. We receive your readings automatically and review them to make sure everything is normal. For diabetes patients, we also give you glucometers with unlimited strips and lancets.

### Peace of mind for you and your loved ones.

We coordinate with your provider and help manage your treatment in between office visits. You will receive ongoing support when you are at home.



## Why Cadence?

### Feel better, faster.

Cadence helps you manage your health in between visits to your provider.

### Avoid hospital visits.

Cadence helps direct you to the appropriate care setting, and avoid unnecessary trips to the ER.

### Support when you need it.

If you have questions about your health or are feeling unwell, we are available to help via phone or text.

# 4.9 out of 5

patient satisfaction based on  
13,368 patient survey reports.

# Peace of mind for you and your loved ones.

## Patient testimonials

“When it comes to my blood pressure, I can contact [the remote care team] if I had a real problem...Before the program, I felt sometimes lonely and now I feel like I have security.”

Providence patient  
Centralia Internal Medicine

“It's really good to know that it gives you somewhat peace of mind that...there are a team of people that are thinking about you and basically cheerleading for you, giving you all sorts of good, needed advice.”

Providence patient  
Grant Creek Family Medicine