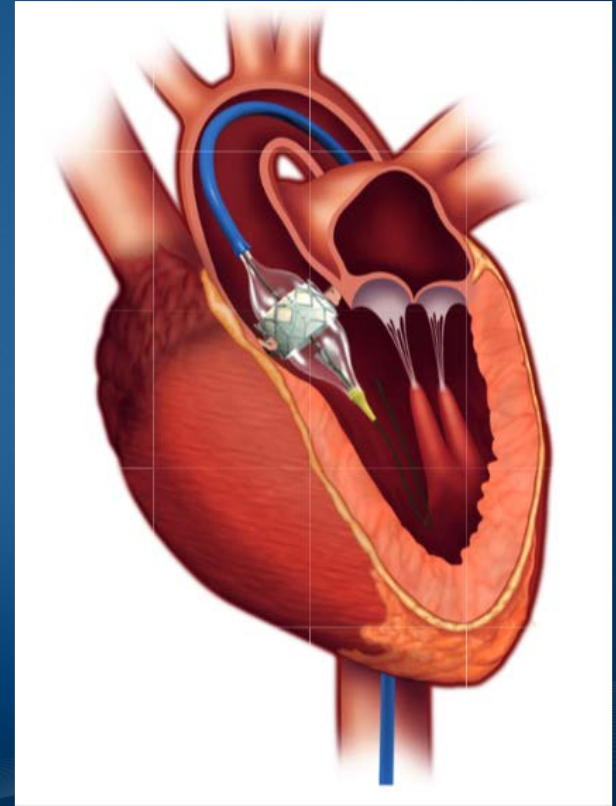
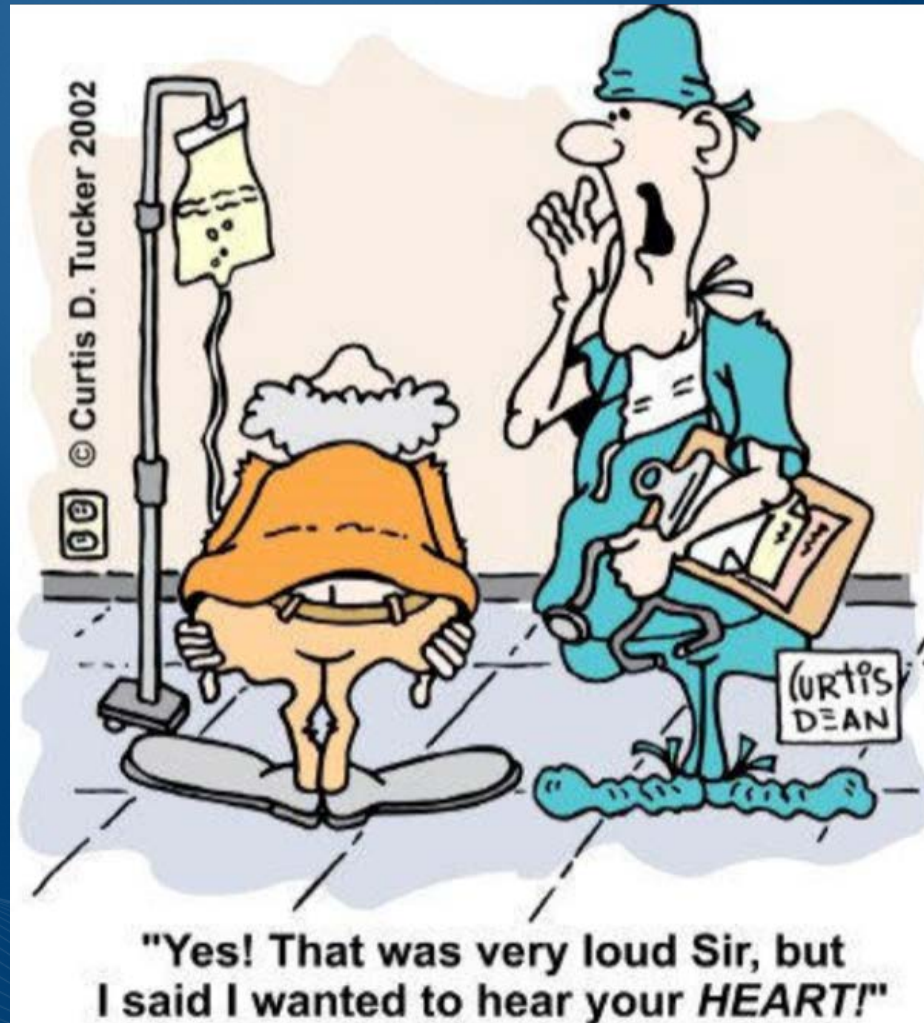


# TAVR: WHAT WE'VE LEARNED OVER THE YEARS

*Rishi Kaushal, MD  
Division of Cardiology  
Providence Little Company of Mary  
South Bay Heart and Vascular Center*

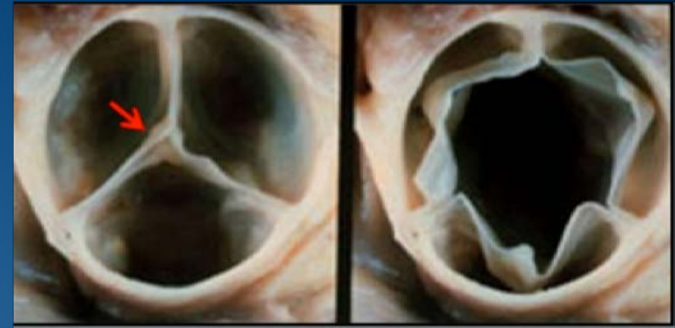




# OVERVIEW

- What is Aortic Stenosis and how does it present?
- Treatment options
- History of TAVR
- Brief overview of TAVR landmark studies
- Types of commercially available valves
- TAVR workup, procedure, and post-procedural care
- Cases

# AORTIC STENOSIS



- 3.4% of population  $\geq 75$ yo affected with severe aortic stenosis ( $>570$ K people in US)<sup>1</sup>
- Prevalence increases with age
- The elderly population will more than double between now and 2050, to 80 million<sup>2</sup>
- Chronic, progressive disease process that is fatal if untreated
  - AVA decreases on average by  $0.1 \text{ cm}^2/\text{year}$



Age-related calcific aortic stenosis

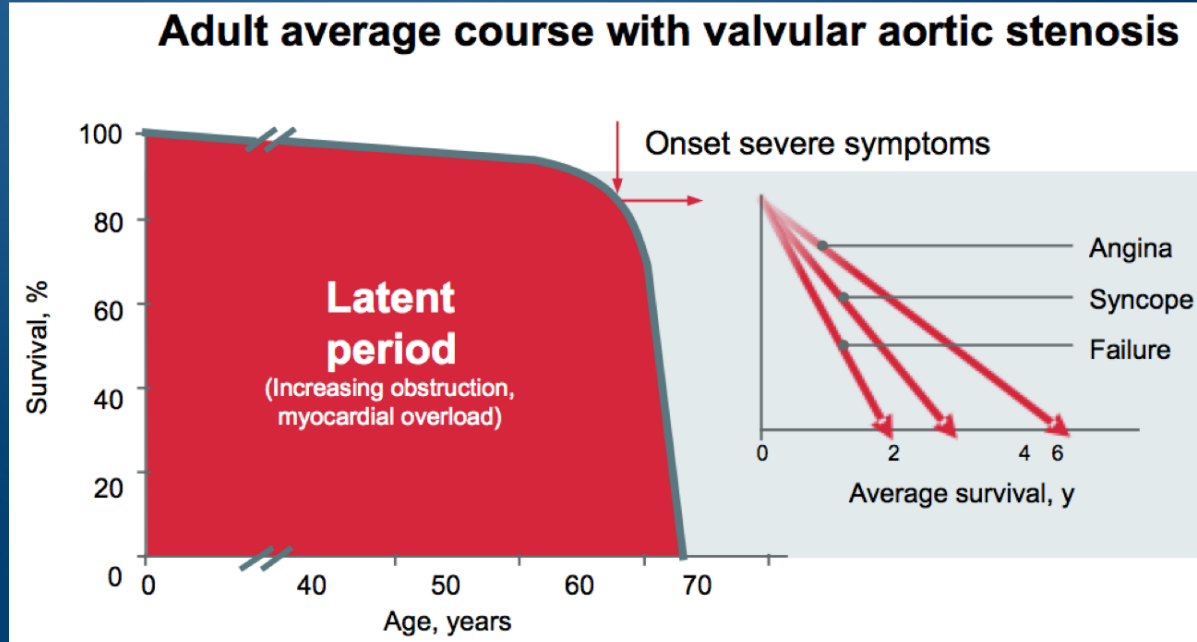
<sup>1</sup>Osnabrugge, et al. Aortic Stenosis in the Elderly. JACC, 2013

<sup>2</sup>US Census Bureau Statistical Brief. May 1995.

# SYMPTOMS

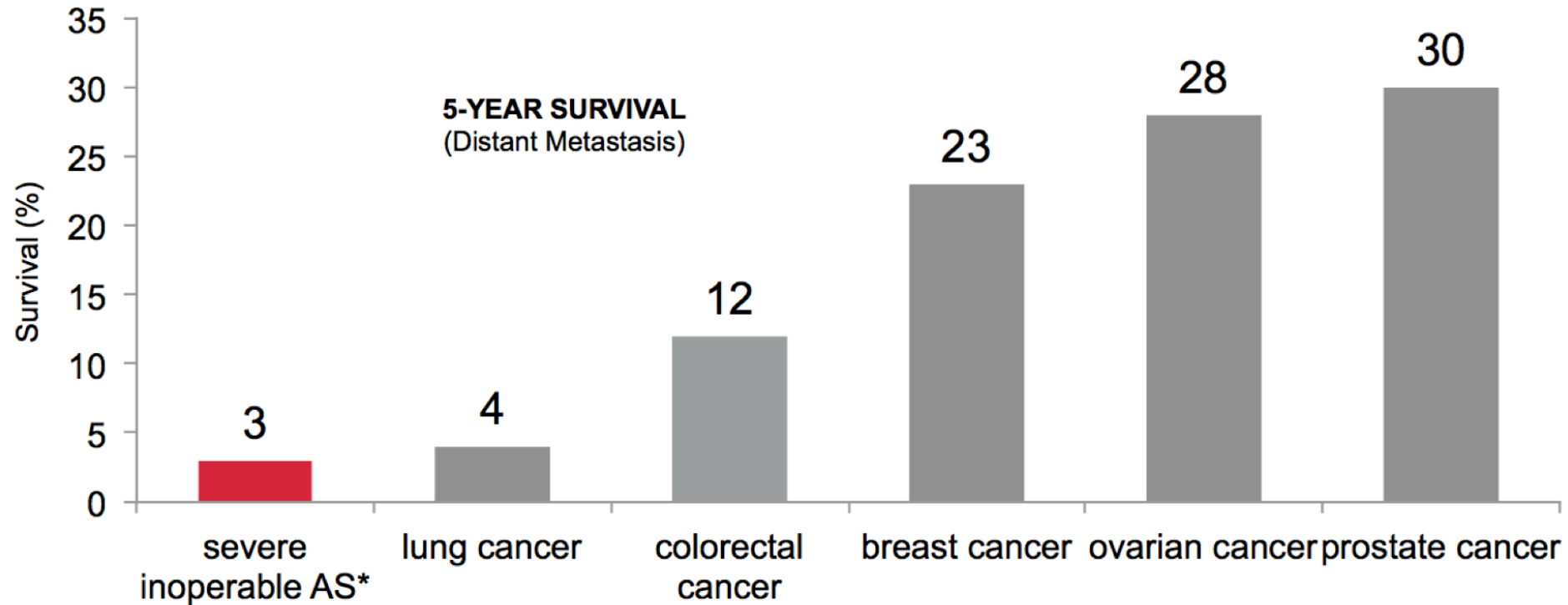
- Angina
- CHF (dyspnea, SOB, peripheral edema, orthopnea, reduced exercise tolerance)
- Presyncope or syncope
- Symptoms commonly misunderstood by patients to be “normal” signs of aging
- Up to 37% of “Asymptomatic” patients can demonstrate symptoms on closer examination
- Up to 29% of patients previously considered asymptomatic can demonstrate symptoms on a supervised exercise treadmill stress test

# TREATMENT FOR SEVERE AS IS CRITICAL

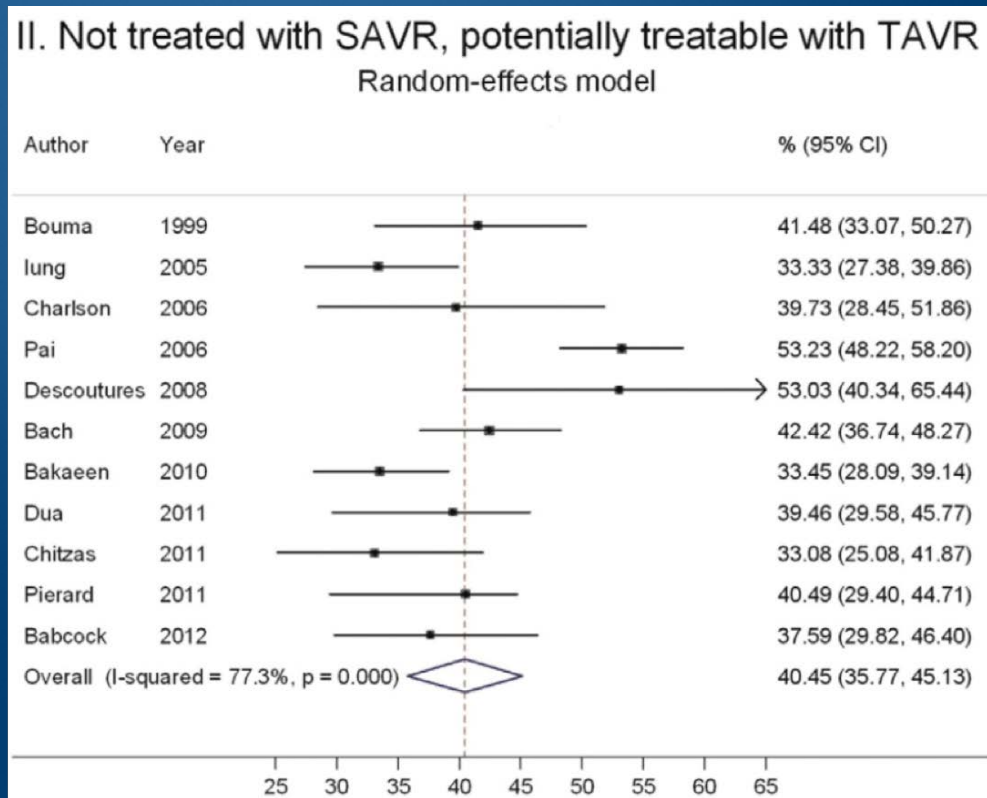


After the onset of symptoms, 50% survival at 2 years and 20% survival at 5 years without AVR

# SEVERE AS HAS A WORSE PROGNOSIS THAN MANY METASTATIC CANCERS



# PROHIBITIVE RISK FOR SURGICAL AVR



40.5% of patients with severe symptomatic AS did not undergo SAVR

- Operative risk
- Advanced age
- Comorbidities
- Patient preference

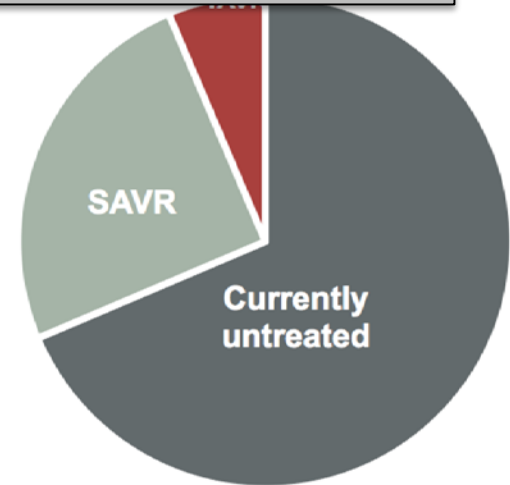


# LARGE NUMBER OF US PATIENTS WITH SEVERE AS REMAIN UNDERTREATED

Underdiagnosed due to lack of symptoms/exam findings

Non-referrals

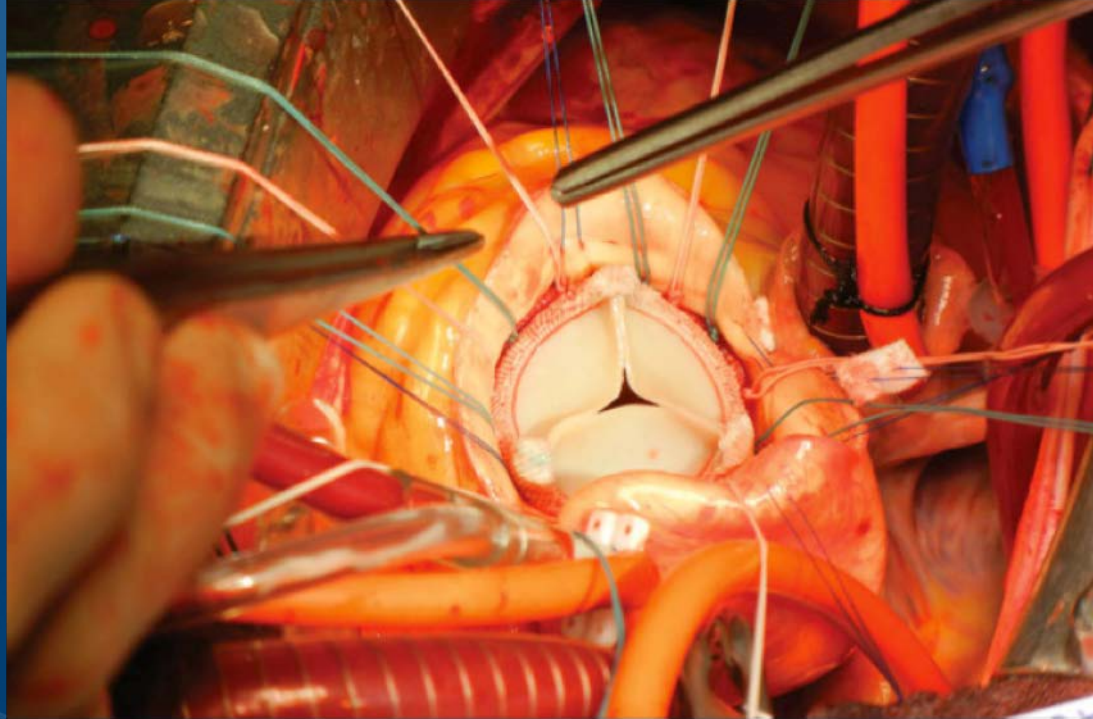
Prohibitive or High Risk for SAVR



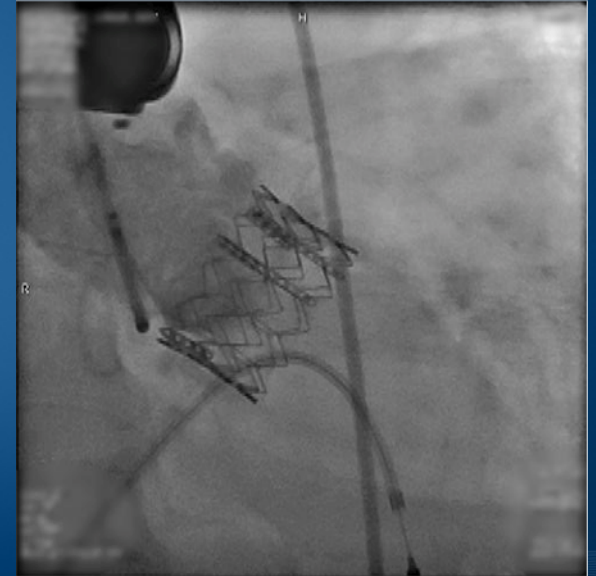
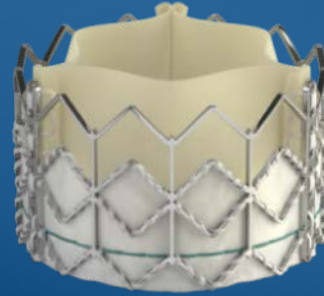
**U.S. severe,  
symptomatic AS<sup>2</sup>**  
(~280,000 patients)

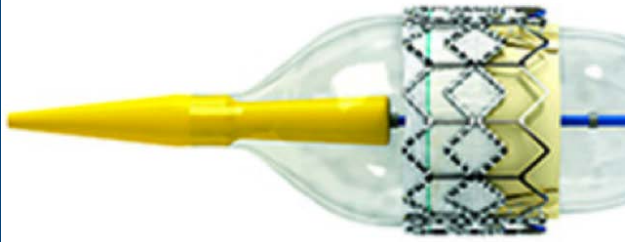
1. Nkomo 2006, Iivanainen 1996, Aronow 1991, Bach 2007, 2014 internal estimates  
2. Freed 2010, Lung 2007, Pellikka 2005; 2014 internal estimates

# SURGICAL AORTIC VALVE REPLACEMENT

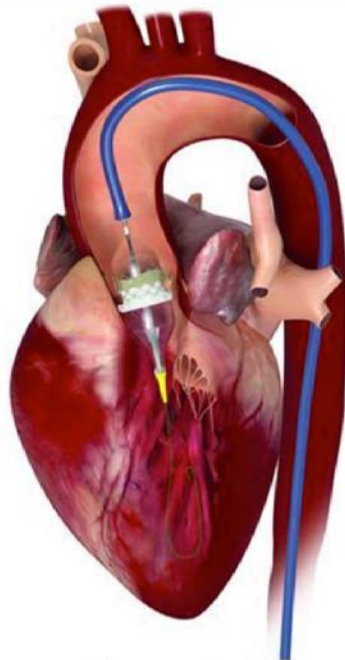


“[TAVR] IS A REVOLUTIONARY TECHNOLOGY THAT MEETS AN UNFULFILLED CLINICAL NEED FOR A COMMON DISEASE...” DR. ALAIN CRIBIER

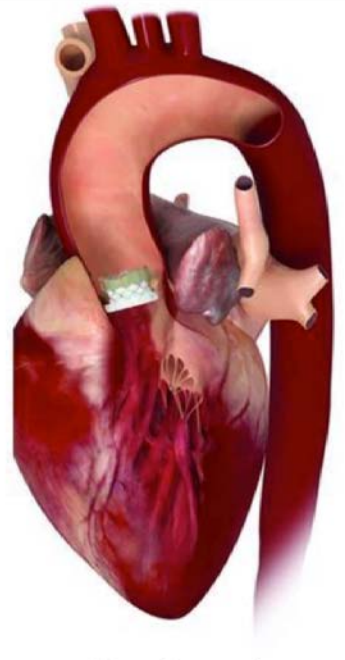




Crimped



Expanded

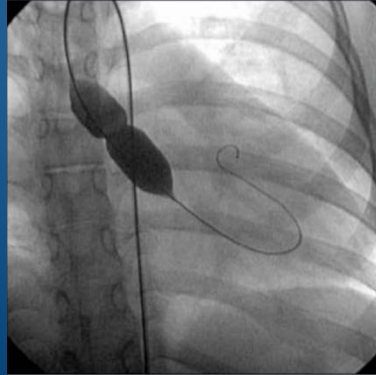


Deployed



# THE EVOLUTION OF TAVR

- Treatment for large population of inoperable aortic stenosis patients
- 1985: PABV



Fell out of favor in late 1980s due to high restenosis rate

- Concept of TAVR emerged in 1990s from observation that high-pressure balloon inflation (4-5atm) could open all calcified valves in a circular fashion
  - Balloon-expandable stent (Palmaz) with valvular structure within stent
  - 1995-1999: Search for biomedical company... “the most stupid idea we’ve ever heard”
- 1999: Created own startup, engineers designed first transcatheter heart valve
- 2000: First implant in beating native heart (sheep)



# THE EVOLUTION OF TAVR

- April 2002: First implant in human
- 2004-2006: Feasibility studies
  - Antegrade delivery via transseptal approach
- 2004: Edwards acquisition
  - Further refinement of THV, delivery techniques, available sizes
- 2007: CE mark approval
- 2010: Landmark PARTNER clinical trial begins in US

# PARTNER Study Design



## Symptomatic Severe Aortic Stenosis



### ASSESSMENT:

#### COHORT A INCLUSION CRITERIA<sup>4,6</sup>

STS score	≥ 10
and/or Predicted operative mortality	≥ 15%
NYHA functional class	≥ II
AVA	< 0.8 cm <sup>2</sup>
or Mean AVG	> 40 mm Hg
or Peak jet velocity	> 4.0 m/s

### ASSESSMENT:

#### COHORT B INCLUSION CRITERIA<sup>5</sup>

STS score	11.6*
Predicted operative mortality	> 50%†
NYHA functional class	≥ II
AVA	< 0.8 cm <sup>2</sup>
or Mean AVG	> 40 mm Hg
or Peak jet velocity	> 4.0 m/s

and repeat hospitalization (Superiority)

Transfe

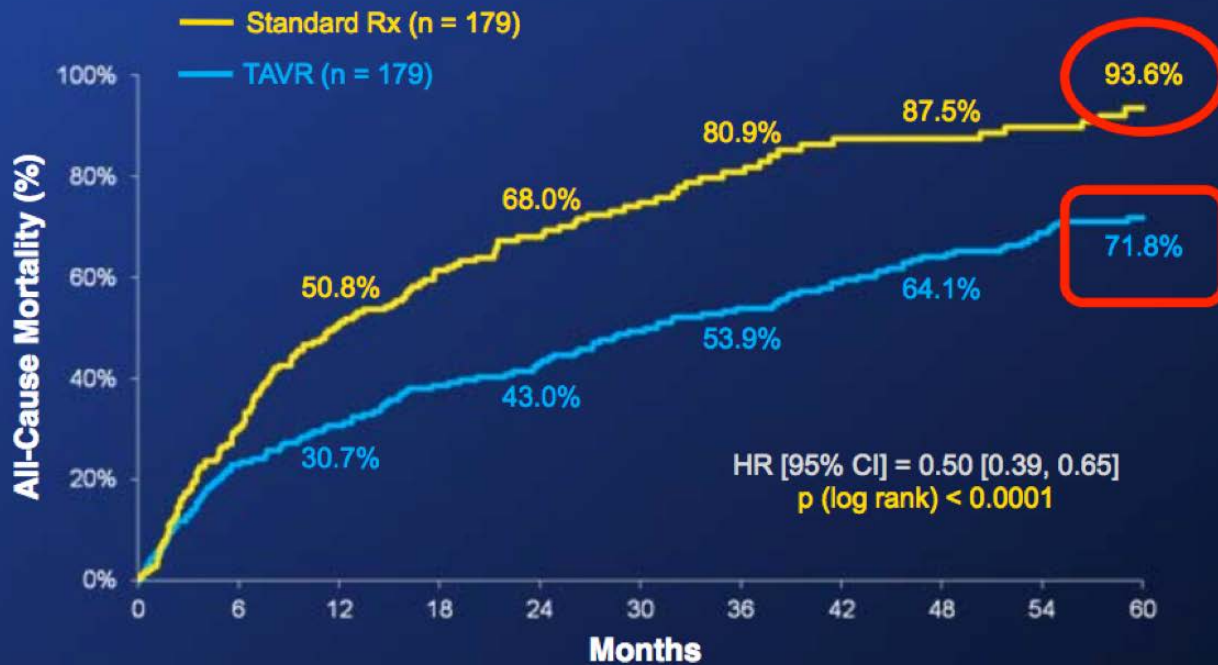
1:1 Ran

N = 244

TF TAVR

Prim

# PARTNER 1B – Inoperable All-Cause Mortality (ITT)

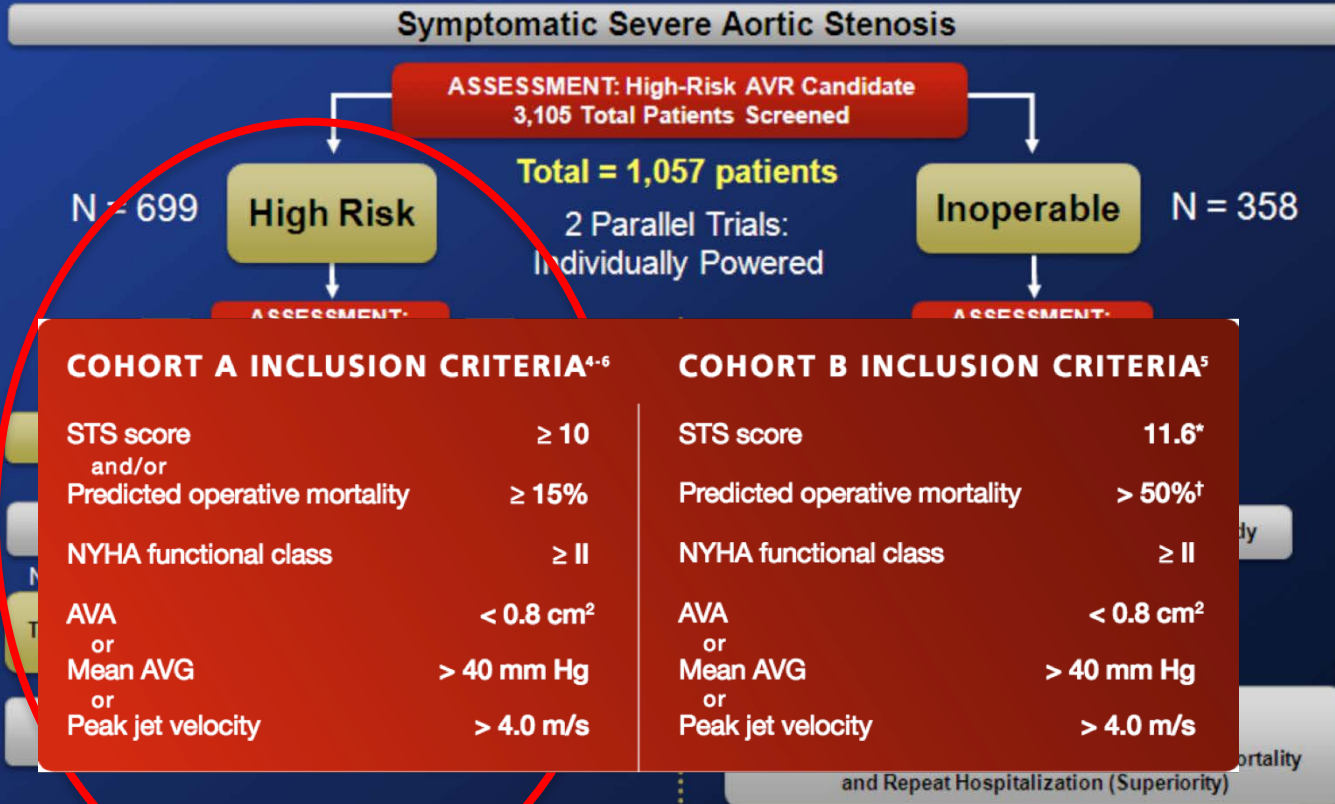


\* In an age and gender matched US population without comorbidities, the mortality at 5 years is 40.5%.

**Led to FDA approval of TAVR in 2011 for inoperable patients**



# PARTNER Study Design

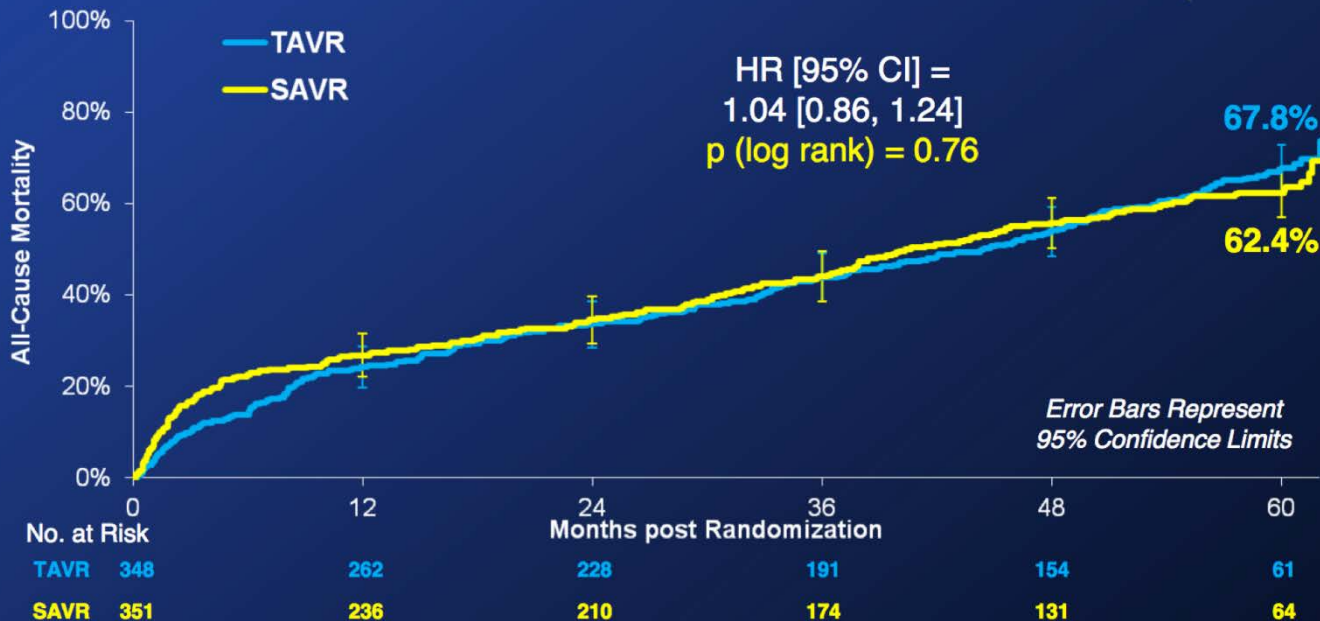


Outcome	30 Days <sup>4</sup>			1 Year <sup>4</sup>		
	Edwards SAPIEN THV (n = 348)	AVR (n = 351)	P Value	Edwards SAPIEN THV (n = 348)	AVR (n = 358)	P Value
All-Cause Mortality	3.4%	6.5%	.07	24.2%	26.8%	.44
All Stroke or TIA	5.5%	2.4%	.04	8.3%	4.3%	.04
Major Stroke	3.8%	2.1%	.20	5.1%	2.4%	.07
Major Vascular Complications	11.0%	3.2%	< .01	11.3%	3.5%	< .01
Major Bleeding	9.3%	19.5%	< .01	14.7%	25.7%	< .01
New Atrial Fibrillation	8.6%	16.0%	< .01	12.1%	17.1%	< .07
New Pacemaker	3.8%	3.6%	.89	5.7%	5.0%	.68

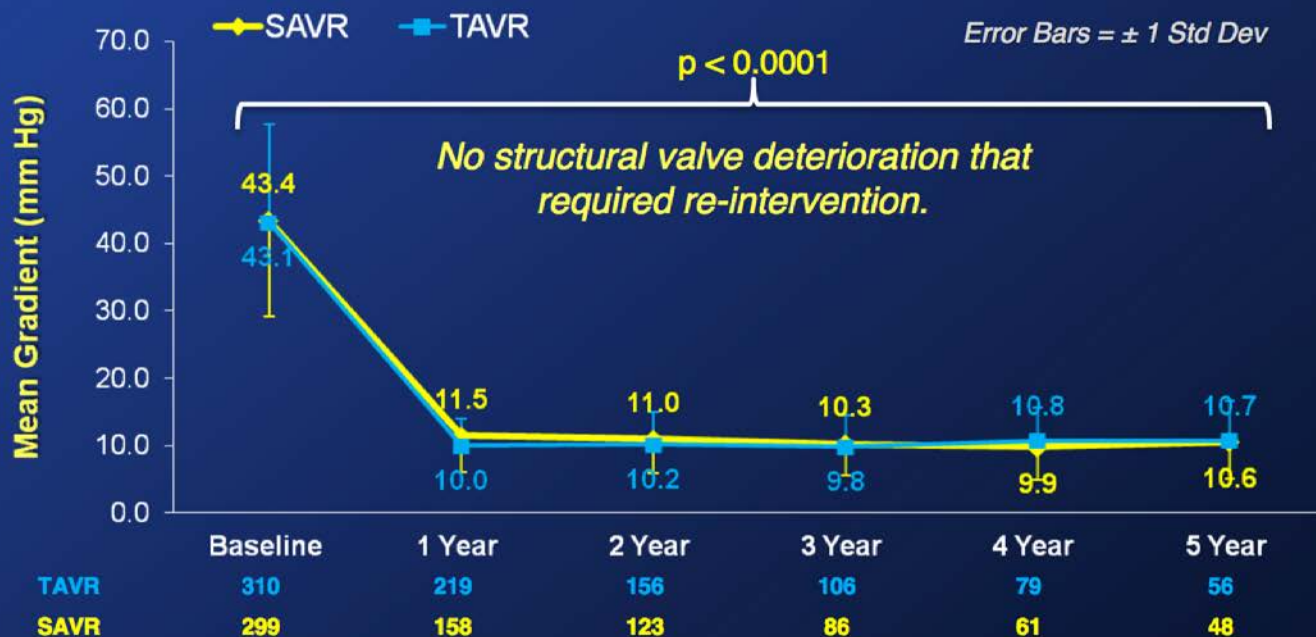
- TAVR noninferior to SAVR at 1 and 5-years for all-cause mortality

**Led to FDA approval of TAVR for high-risk patients in 2014**

## All-Cause Mortality (ITT) All Patients

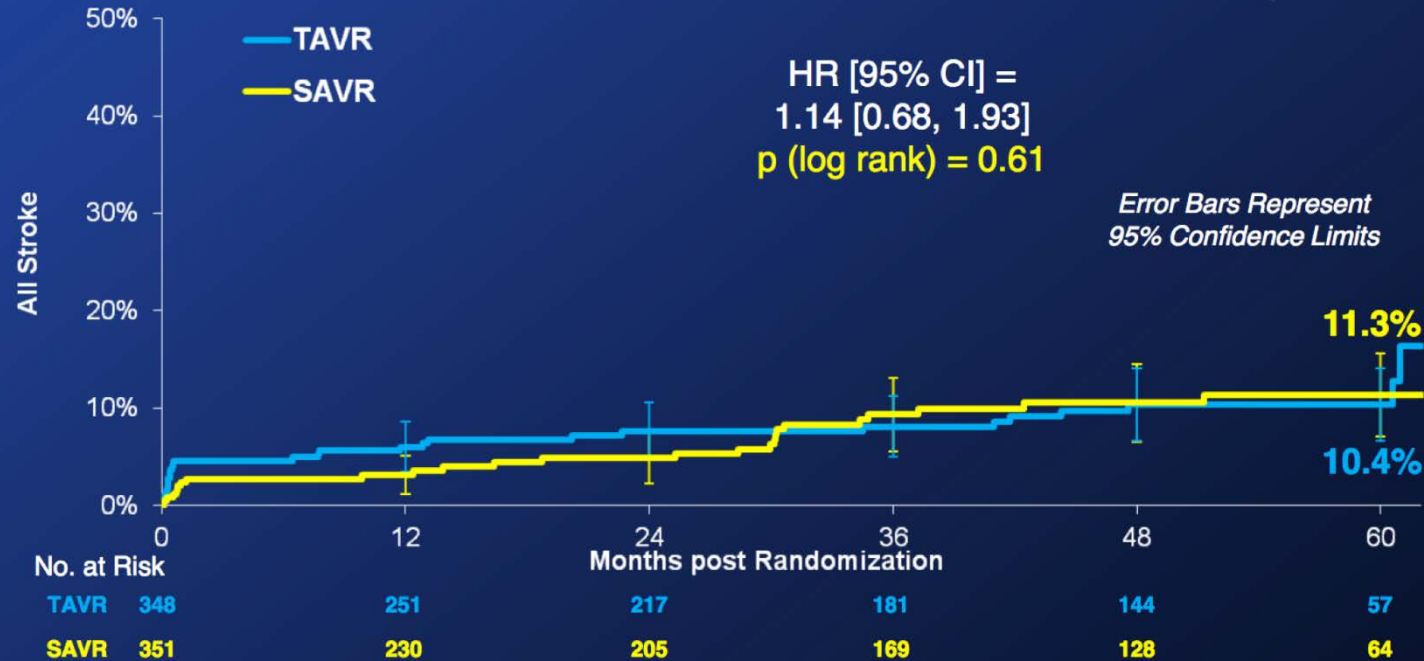


## Aortic Valve Mean Gradient



# PARTNER 1A

## All Stroke (ITT) All Patients



# The PARTNER 2A Trial Study Design



Symptomatic Severe Aortic Stenosis

**ASSESSMENT** by Heart Valve Team  
Operable (STS  $\geq$  4%)

Randomized Patients  
n = 2032

Yes

**ASSESSMENT:**  
Transfemoral Access

No

Transfemoral (TF)

Transapical (TA) / TransAortic (TAo)

1:1 Randomization (n = 1550)

1:1 Randomization (n = 482)

TF TAVR  
(n = 775)

vs.

Surgical AVR  
(n = 775)

TA/TAo TAVR  
(n = 236)

vs.






Surgical AVR  
(n = 246)

Primary Endpoint: All-Cause Mortality or Disabling Stroke at Two Years

# PARTNER SAPIEN Platforms

## Device Evolution

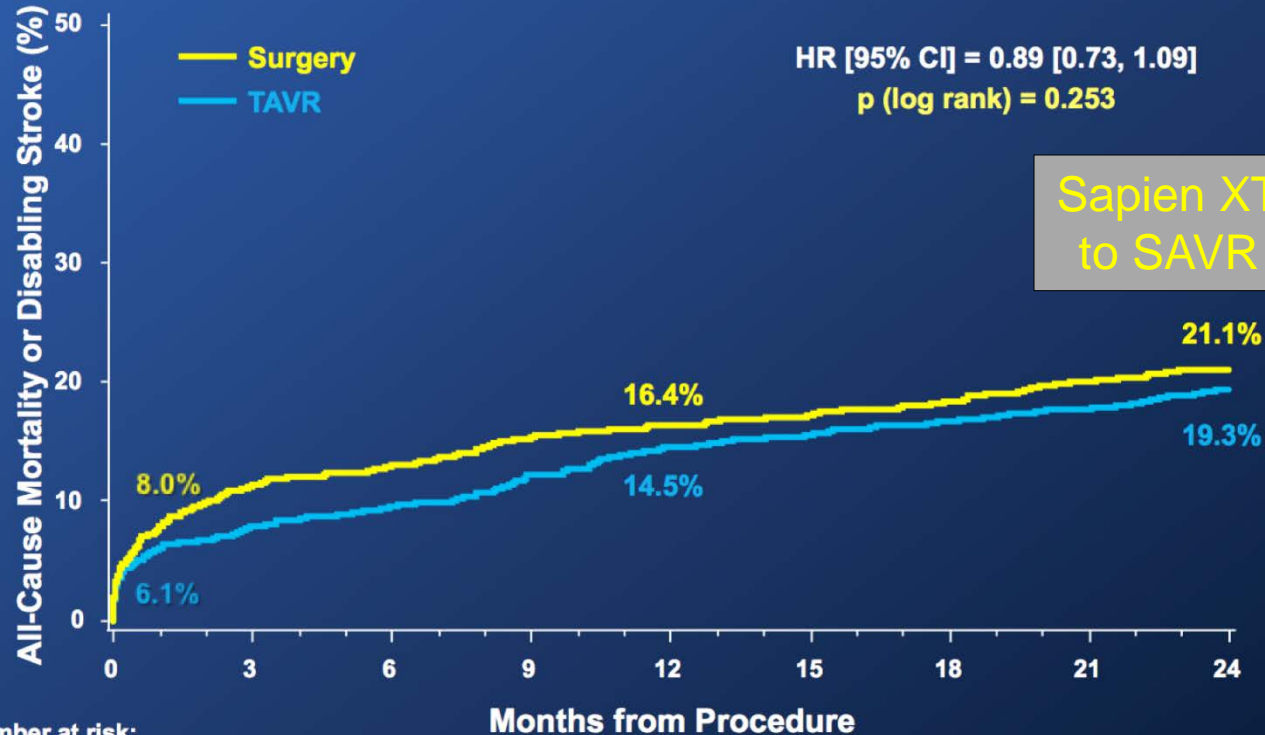


	SAPIEN	SAPIEN XT	SAPIEN 3
<b>Valve Technology</b>			
<b>Sheath Compatibility</b>	 22-24F	 16-20F	 14-16F
<b>Available Valve Sizes</b>	 23 mm	 23mm	 20 mm
	 26 mm	 26mm	 23 mm
		 29mm*	 26 mm
			 29 mm

\*First Implant Oct 30, 2012

# Primary Endpoint (ITT)

## All-Cause Mortality or Disabling Stroke



Number at risk:

Surgery	1021	838	812	783	770	747	735	717	695
TAVR	1011	918	901	870	842	825	811	801	774

**Led to FDA approval of TAVR in 2016 for intermediate-risk patients**



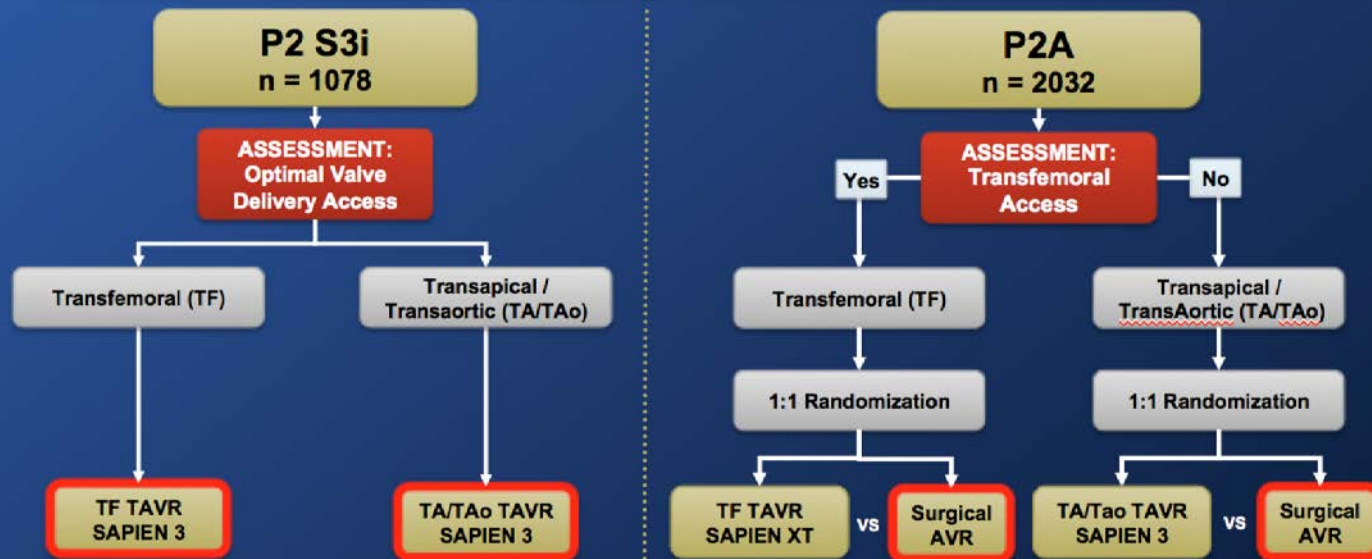
# The PARTNER 2A and S3i Trials

## Study Design



Intermediate Risk Symptomatic Severe Aortic Stenosis

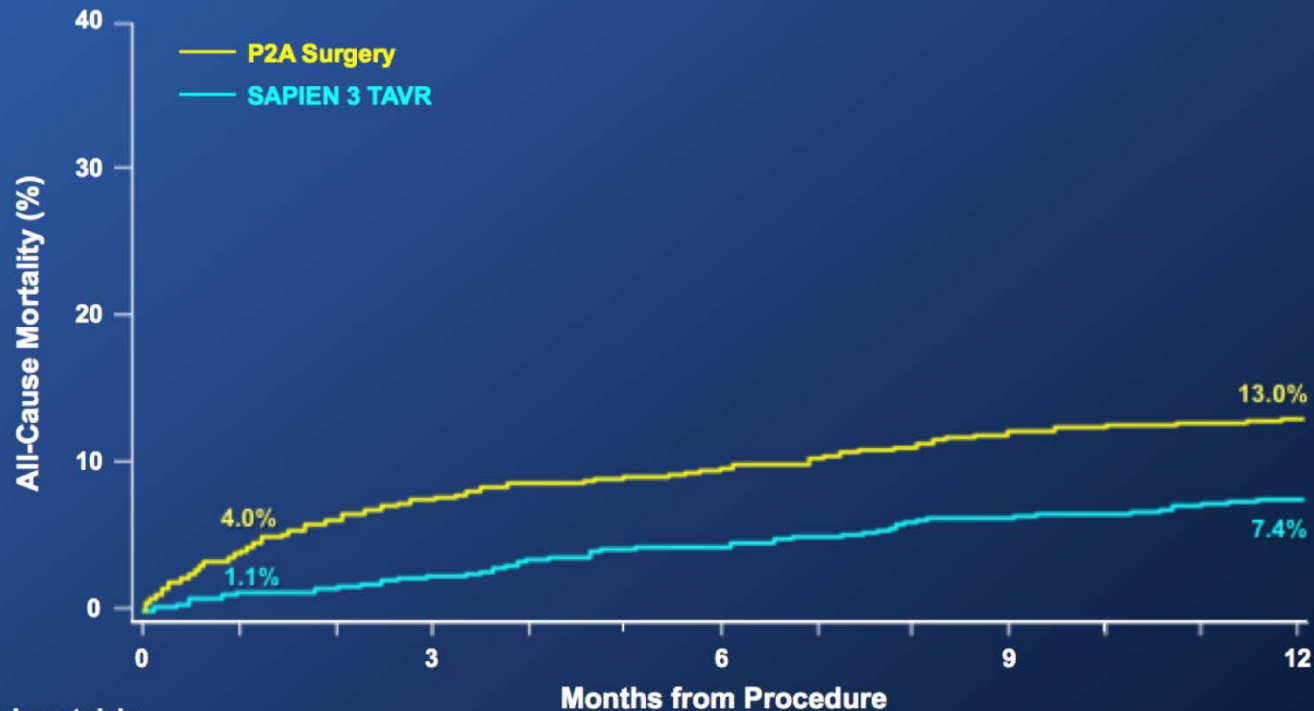
Intermediate Risk ASSESSMENT by Heart Valve Team



Primary Endpoint: All-Cause Mortality, All Stroke, or Mod/Sev AR at One Year  
(Non-inferiority Propensity Score Analysis)

# Unadjusted Time-to-Event Analysis

## All-Cause Mortality (AT)



Number at risk:

**P2A Surgery 944**

**S3 TAVR 1077**

**859**

**1043**

**836**

**1017**

**808**

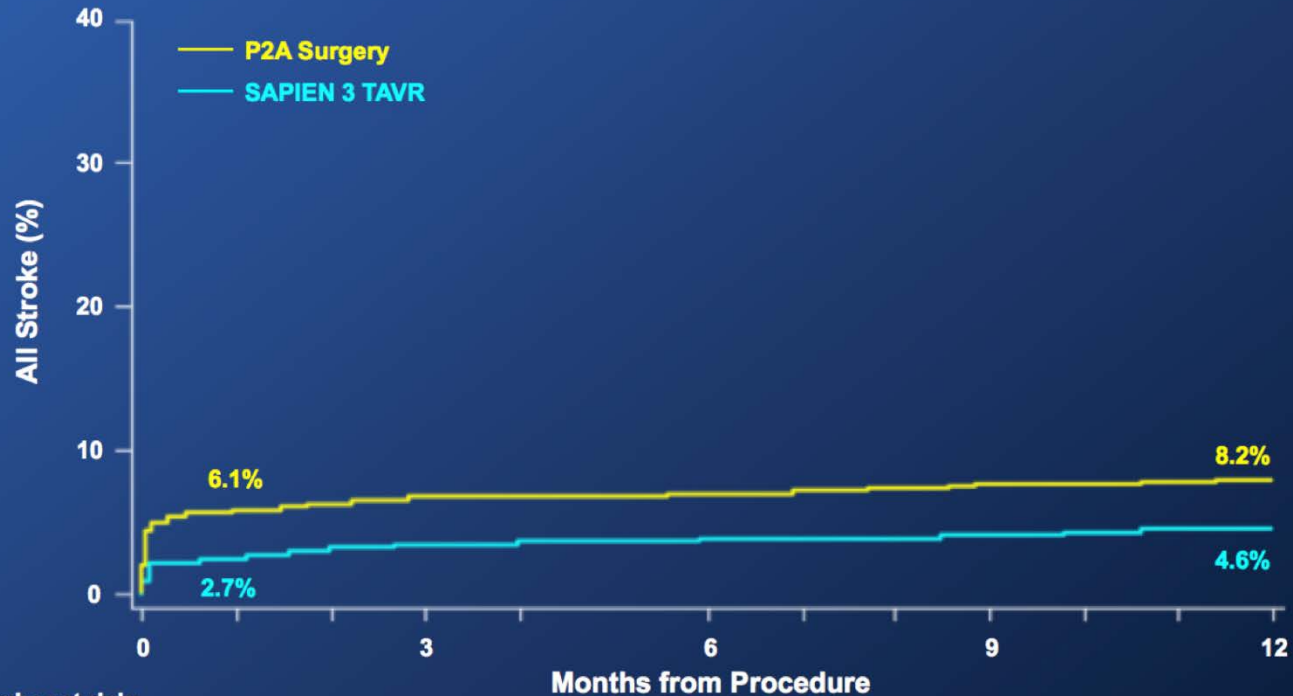
**991**

**795**

**963**

# Unadjusted Time-to-Event Analysis

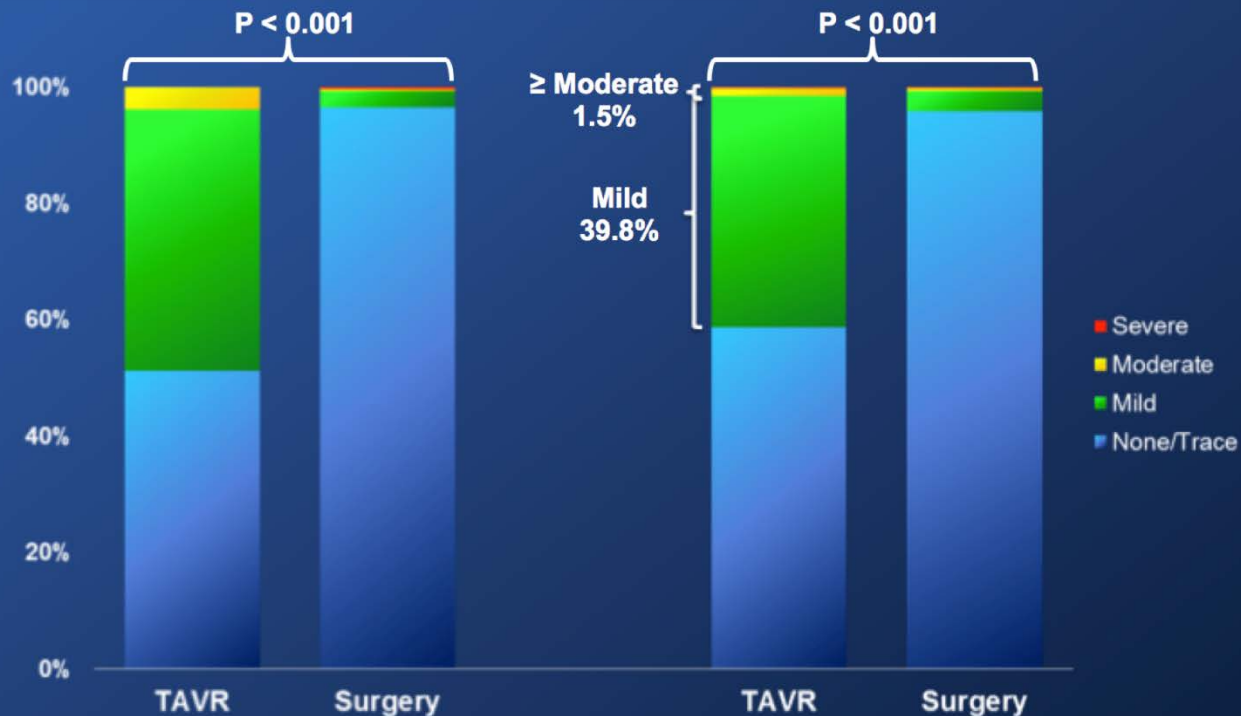
## All Stroke (AT)



Number at risk:

P2A Surgery	944	805	786	757	743
S3 TAVR	1077	1012	987	962	930

# Paravalvular Regurgitation 3-Class Grading Scheme (VI)



No. of echos

30 Days

1 Year

P2A Surgery

755

610

S3i TAVR

992

875

# Other Unadjusted Clinical Outcomes

## At 30 Days and 1 Year (AT)



Events (%)	30 Days		1 Year	
	TAVR (n = 1077)	Surgery (n = 944)	TAVR (n = 1077)	Surgery (n = 944)
<b>Re-hospitalization</b>	4.6	6.8	11.4	15.1
MI	0.3	1.9	1.8	3.1
Major Vascular Complication	6.1	5.4	---	---
<b>AKI (Stage III)</b>	0.5	3.3	---	---
<b>Life-Threatening/Disabling Bleeding</b>	4.6	46.7	---	---
<b>New Atrial Fibrillation</b>	5.0	28.3	5.9	29.2
New Permanent Pacemaker	10.2	7.3	12.4	9.4
Re-intervention	0.1	0.0	0.6	0.5
Endocarditis	0.2	0.0	0.8	0.7



# PARTNER 3 TRIAL – LOW RISK TAVR vs SAVR



THE PARTNER  
TRIAL

## PARTNER 3 Study Design

Symptomatic Severe Aortic Stenosis

Low Risk/TF ASSESSMENT by Heart Team  
(STS < 4%)

1:1 Randomization  
1000 Patients

TAVR  
(SAPIEN 3 THV)

Surgery  
(Surgical Bioprosthetic Valve)

Follow-up: 30 day, 6 mos, and annually through 10 years

**PRIMARY ENDPOINT:**  
Composite of all-cause mortality, stroke, or CV re-hospitalization  
at 1 year post-procedure



# Key Inclusion Criteria

## Severe Calcific Aortic Stenosis

- $AVA \leq 1.0 \text{ cm}^2$  or  $AVA \text{ index} \leq 0.6 \text{ cm}^2/\text{m}^2$
- Jet velocity  $\geq 4.0 \text{ m/s}$  or mean gradient  $\geq 40 \text{ mmHg}$ , AND
  - § NYHA Functional Class  $\geq 2$ , OR
  - § Abnormal exercise test with severe SOB, abnormal BP response, or arrhythmia, OR
  - § Asymptomatic with LVEF  $< 50\%$

## Low Surgical Risk

- Determined by multi-disciplinary heart team
- STS  $< 4\%$
- Adjudicated by case review board





THE PARTNER  
STUDY

# Baseline Patient Characteristics

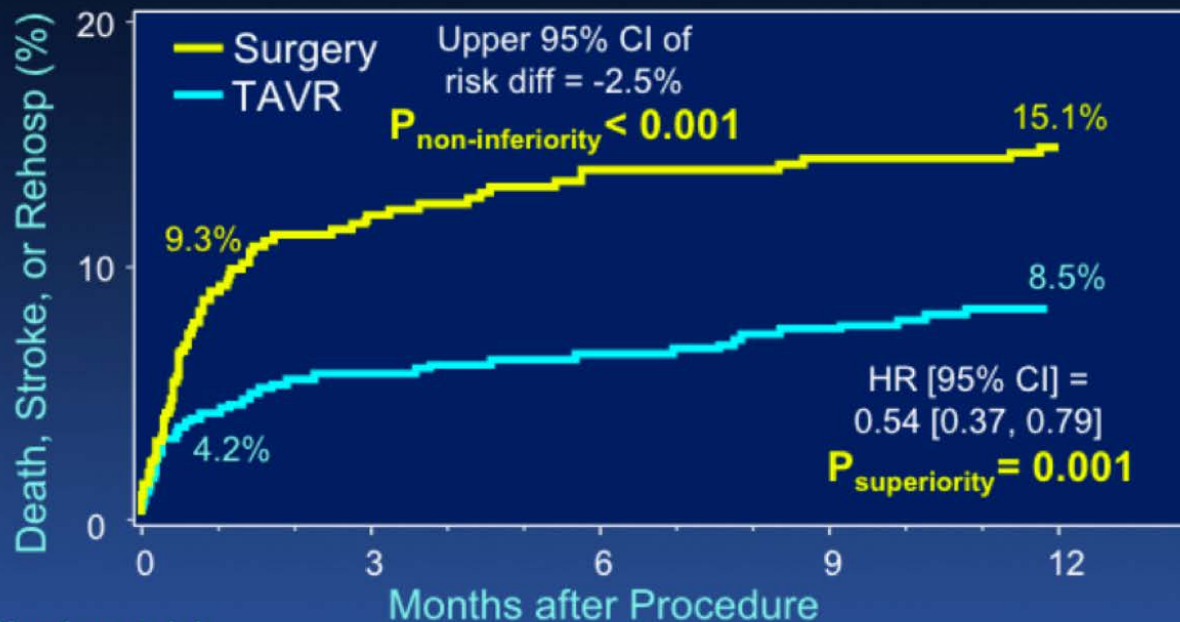
% or mean  $\pm$  SD

<b>Demographics &amp; Vascular Disease</b>	<b>TAVR (N=496)</b>	<b>Surgery (N=454)</b>	<b>Other Co-Morbidities</b>	<b>TAVR (N=496)</b>	<b>Surgery (N=454)</b>
Age (years)	73.3 $\pm$ 5.8	73.6 $\pm$ 6.1	Diabetes	31.3%	30.2%
Male	67.5%	71.1%	COPD (any)	5.1%	6.2%
BMI – kg/m <sup>2</sup>	30.7 $\pm$ 5.5	30.3 $\pm$ 5.1	Pulmonary Hypertension	4.6%	5.3%
STS Score	1.9 $\pm$ 0.7	1.9 $\pm$ 0.6	Creatinine > 2mg/dL	0.2%	0.2%
NYHA Class III or IV*	31.3%	23.8%	Frailty (overall; > 2/4+)	0	0
Coronary Disease	27.7%	28.0%	Atrial Fibrillation (h/o)	15.7%	18.8%
Prior CABG	3.0%	1.8%	Permanent Pacemaker	2.4%	2.9%
Prior CVA	3.4%	5.1%	Left Bundle Branch Block	3.0%	3.3%
Peripheral Vascular Disease	6.9%	7.3%	Right Bundle Branch Block	10.3%	13.7%

\*p = 0.01



# Primary Endpoint



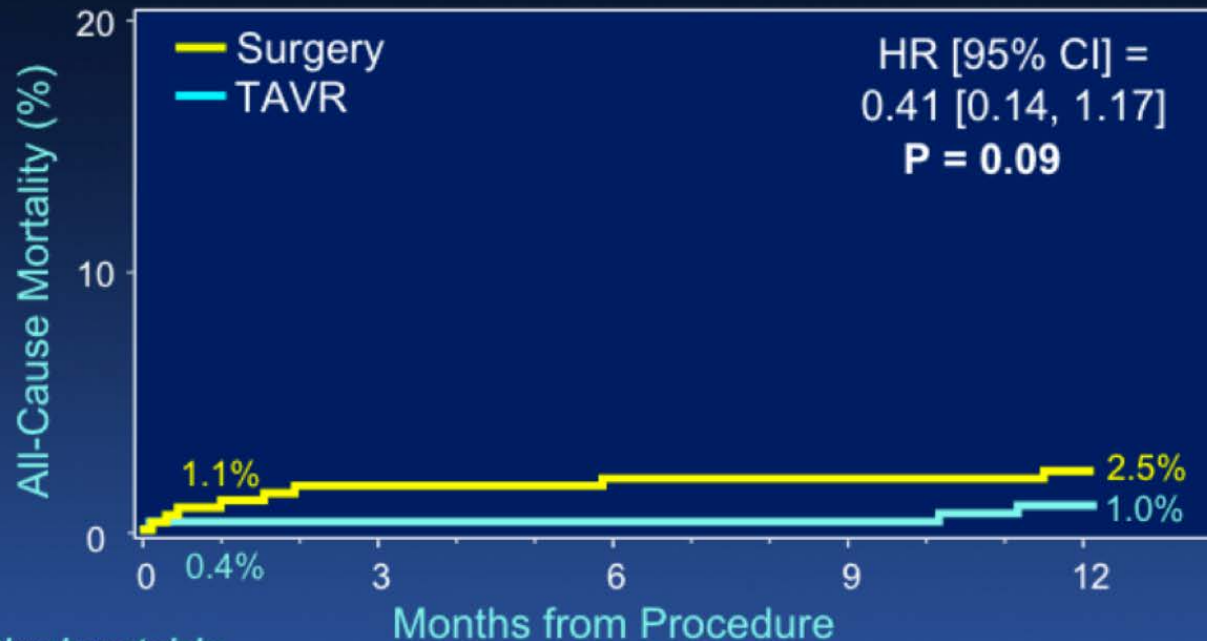
Number at risk:

Surgery	454	408	390	381	377	374
TAVR	496	475	467	462	456	451

**Led to FDA approval of TAVR in 2019 for low-risk patients**



# All-Cause Mortality



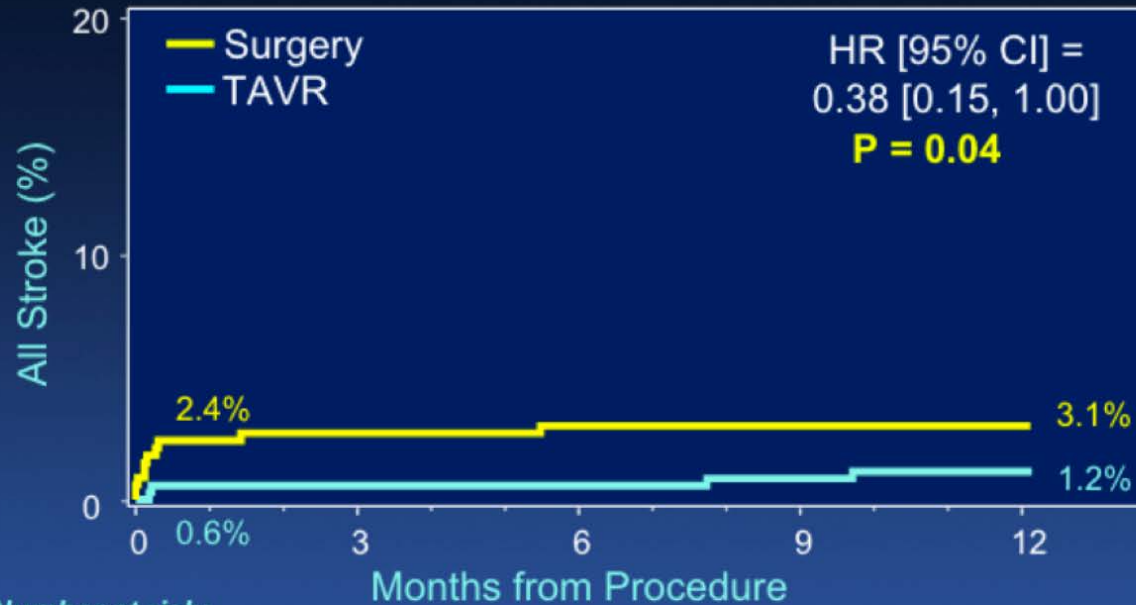
*Number at risk:*

Surgery	454	445	438	433	431	427
TAVR	496	494	494	493	492	488



THE  
PARTNER 3  
TRIAL

# All Stroke

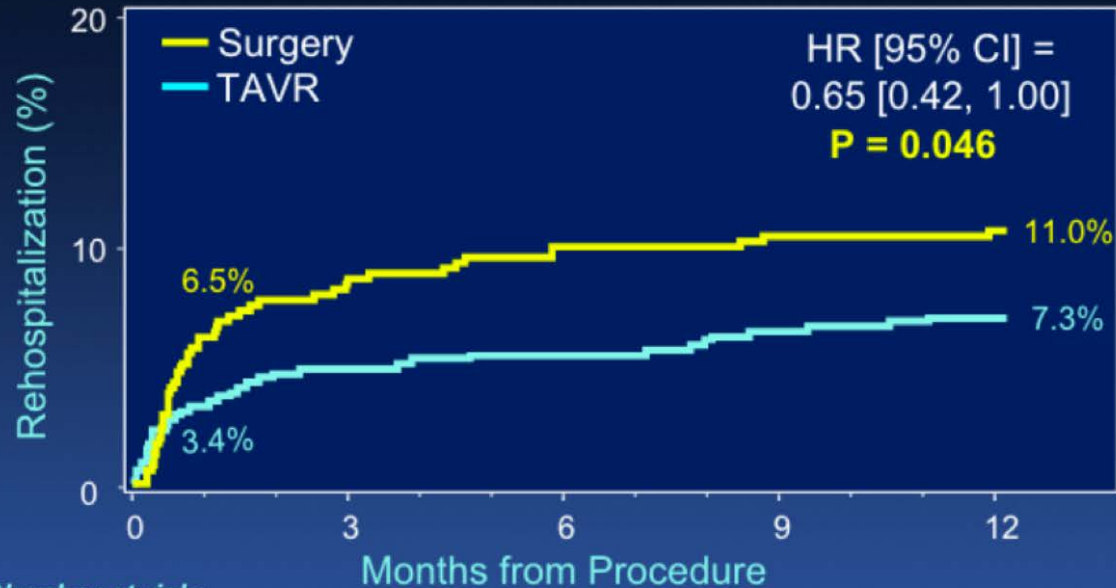


Number at risk:

Surgery	454	435	427	423	421	417
TAVR	496	491	491	489	487	484



# Rehospitalization



*Number at risk:*

Surgery	454	416	399	389	385	382
TAVR	496	477	469	465	459	453

## PARTNER 3 SECONDARY OUTCOMES

- New-onset atrial fibrillation at 30 days: TAVR 5.0% vs SAVR 39.5% (p<0.001)
- Death or disabling stroke at 1 year: TAVR 1.0% vs SAVR 2.9% (p<0.05)
- Moderate or severe PVL at 1 year: TAVR 0.6% vs SAVR 0.5%
- LOS: TAVR 3 days vs SAVR 7 days (p<0.001)
- PPM within 30 days: TAVR 6.5% vs SAVR 4.0% (p = NS)
- Larger improvement in QoL at 30 days, 6 months, and 1 year for TAVR based on KCCQ-OS

### Partner 1

Major Vasc Comp 11%

PPM 4%

Disabling stroke 3.8%

### Partner 2A

Major Vasc Comp 8%

PPM 8%

Disabling stroke 3.2%

### Partner 3

Major Vasc Comp 2.2%

PPM 6.6%

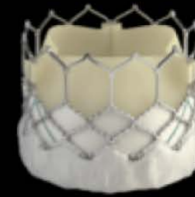
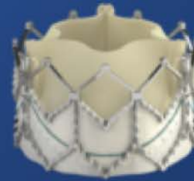
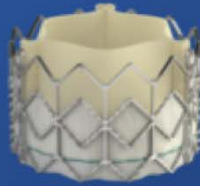
Disabling stroke 1.2%

## SAPIEN

## SAPIEN XT

## SAPIEN 3

### Valve Technology



### Sheath Compatibility



### Available Valve Sizes



23 mm

26 mm

23 mm

26 mm

29 mm



20 mm

23 mm

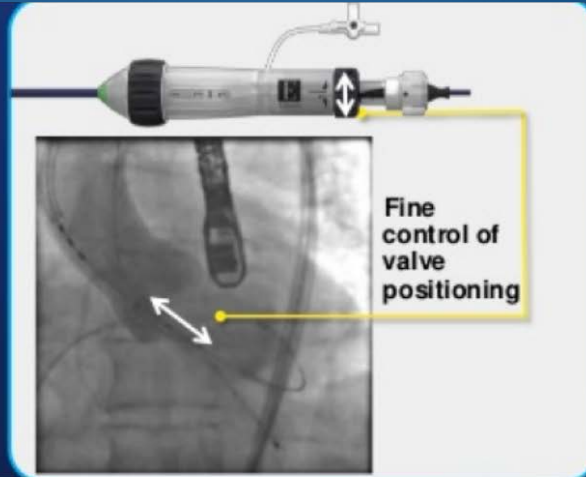
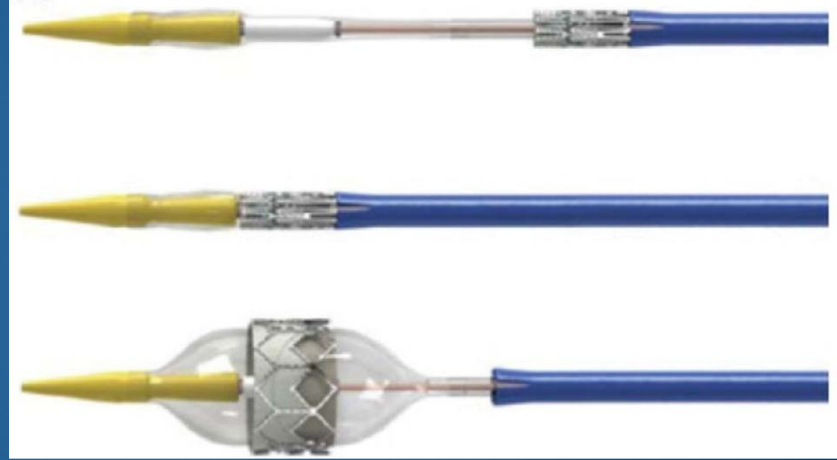
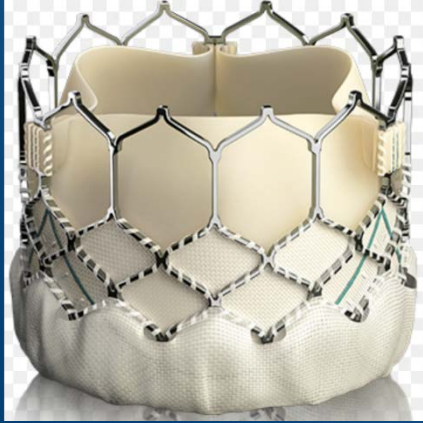
26 mm

29 mm

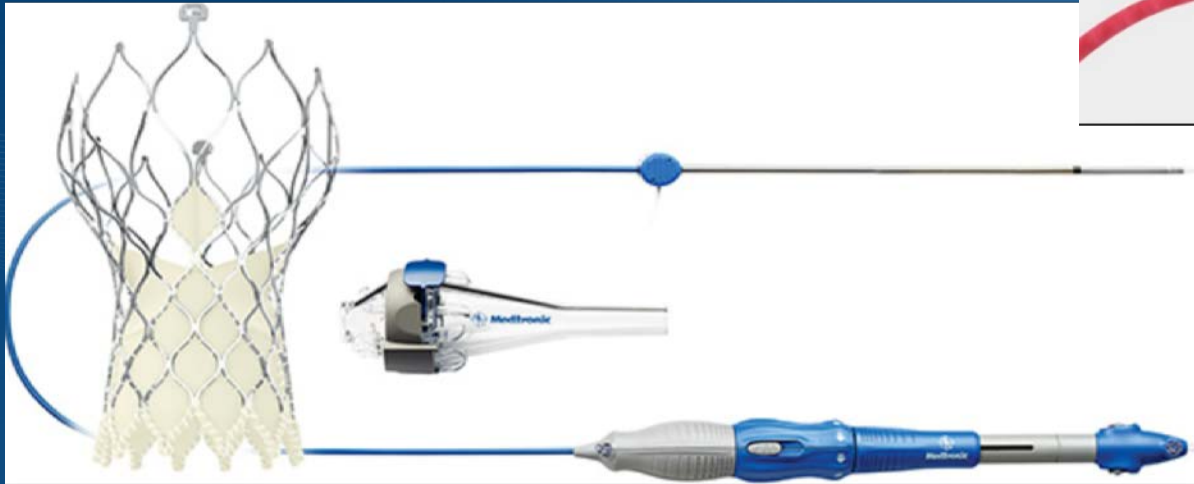
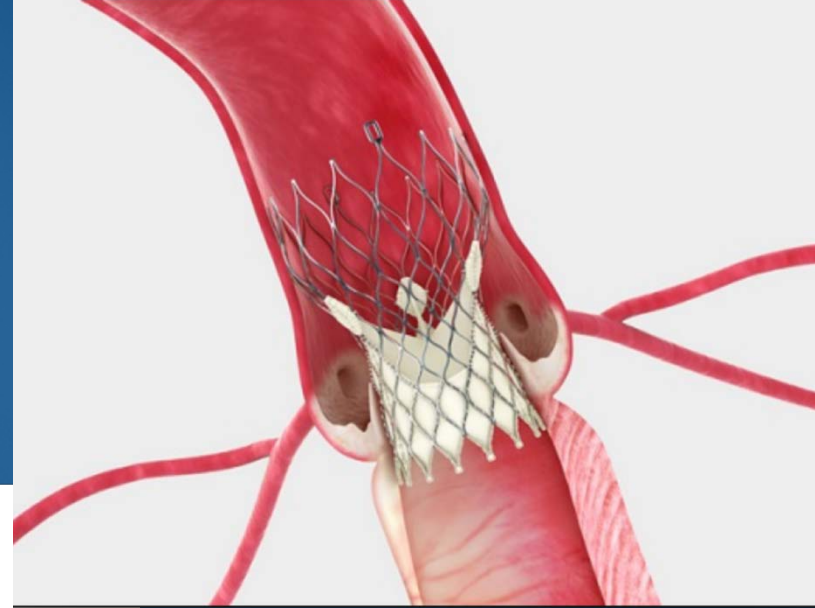
Low Risk	Intermediate Risk	High Risk	Prohibitive Risk/Nonop
<p>Trends compared to surgery: Significantly less post-op AF, less bleeding, less AKI, better QoL, less stroke</p>		<p>PARTNER 1A (2011)-TAVR noninferior to SAVR at 5yrs</p>	<p>PARTNER 1B (2010)- TAVR superior to med Rx at 5 years</p>
		<p>US Pivotal CoreValve Trial (2014)- Survival benefit of TAVR over SAVR at 1 yr</p>	<p>CoreValve Extreme Risk Pivotal Trial (2014)- TAVR superior to med Rx at 1 yr</p>
	<p>PARTNER 2A (2016)- TAVR noninferior to SAVR at 2 years</p>		
	<p>PARTNER 2 S3i (2016)- TAVR superior to SAVR at 1 year</p>		
<p>EVOLUT Trial SE TAVR low risk</p>	<p>SURTAVI (2017) CoreValve noninferior to SAVR at 2yrs</p>		<p>*Valve durability demonstrated out to 8-10 years. No different than surgical valves in terms of change in gradient, AR, need for re-intervention</p>
<p>PARTNER 3 S3 TAVR vs SAVR in low risk</p>			



# EDWARDS SAPIEN 3 TRANSCATHETER HEART VALVE®



# MEDTRONIC COREVALVE®



# SAPIEN VERSUS EVOLUT ADVANTAGES

Sapien 3	Evolut R/Pro
PPM 6.2%	PPM 10-17%
Major stroke 1.1%	Major stroke 1.7-3.3%
Annular rupture risk higher	Risk of annular rupture low
Rapid pacing deployment	No need for rapid pacing
Coronary access	Slightly more challenging
	Repositionable
Min arterial diameter 7.6-8.6mm	Min arterial diameter: 6-6.7mm
	Larger EOA for ViV (supra-annular)

# FDA APPROVAL

- 2011: TAVR approved for inoperable patients
- 2012: High-risk patients
- 2016: Intermediate or greater risk patients
- 2017: Valve in valve for failed Bioprosthetic MITRAL or AORTIC prostheses (AR or AS)
- 2019: Low risk

# LOTUS VALVE

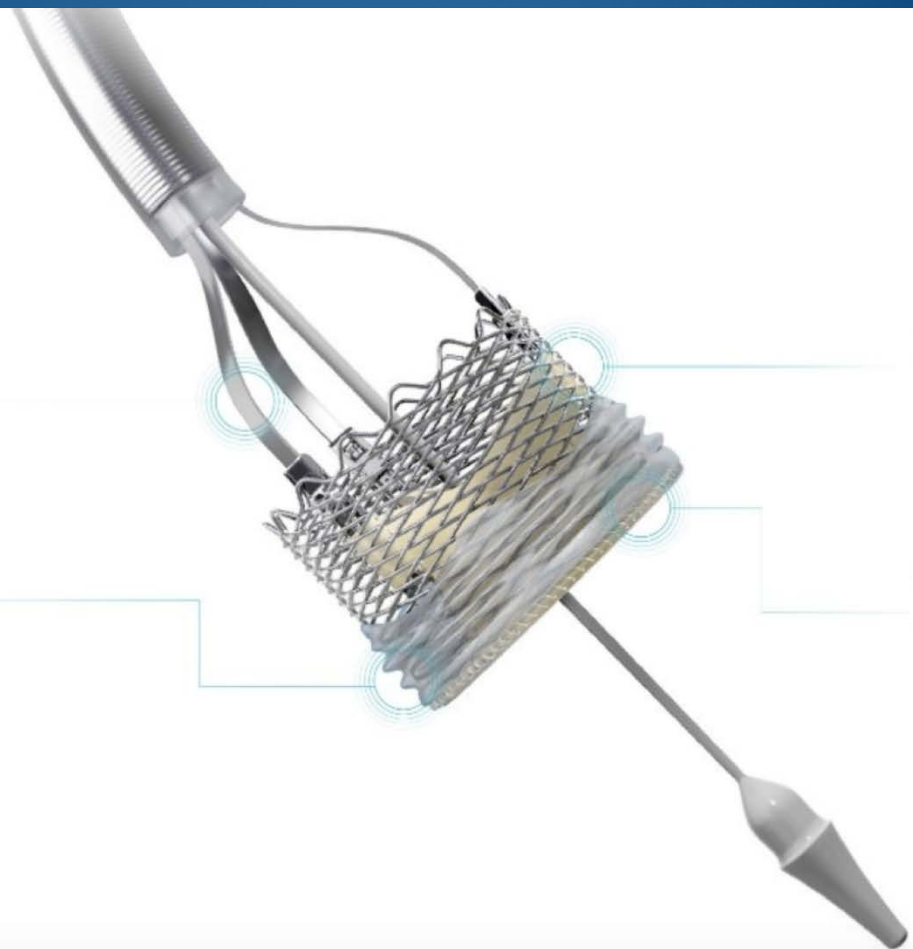


**Repositionable After  
100% Deployed**

**Adaptive Seal**

**Braided Nitinol Frame**

**Bovine Pericardium**

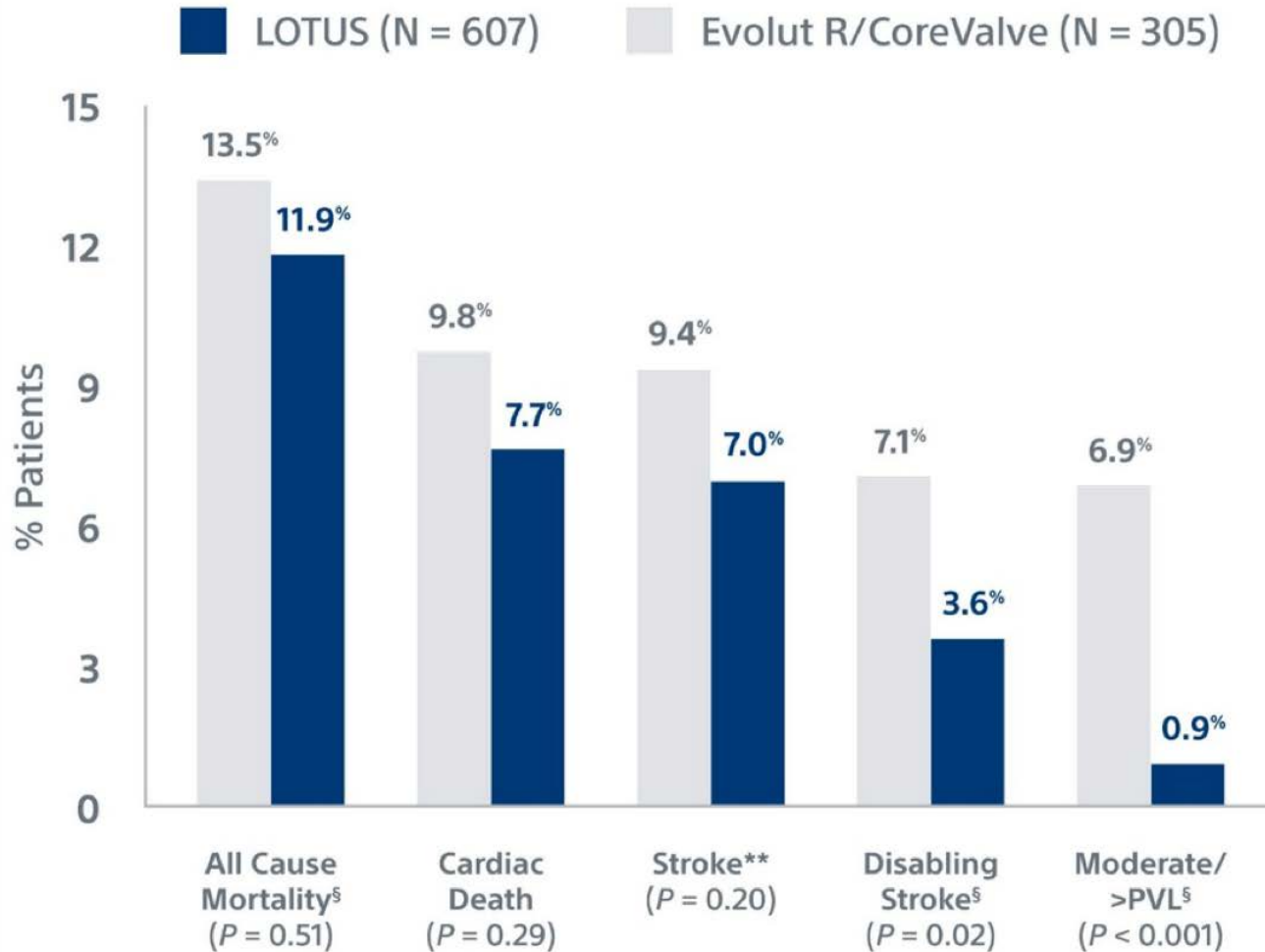


# LOTUS VALVE

- REPRISE III Study
- High or Extreme-risk severe aortic stenosis
- Lotus valve vs. CoreValve/Evolut
- Results
  - Primary safety outcome at 30 days (mortality, stroke, bleeding, AKI, major vasc complications): 20.3% Lotus, 17.1% CoreValve
  - Primary efficacy outcome at 1 year (mortality, stroke, PVL): 15.4% Lotus, 25.5% CoreValve
  - Moderate to severe PVL: 0.9% Lotus, 6.9% CoreValve
  - Permanent pacemaker: 34.2% Lotus, 18.5% CoreValve

***Led to FDA approval of Lotus Valve in 2019 for high-risk patients***

## 1-Year Primary Effectiveness Endpoint Components



# A TRANSFORMATIVE TECHNOLOGY...



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The New York Times

HEALTH

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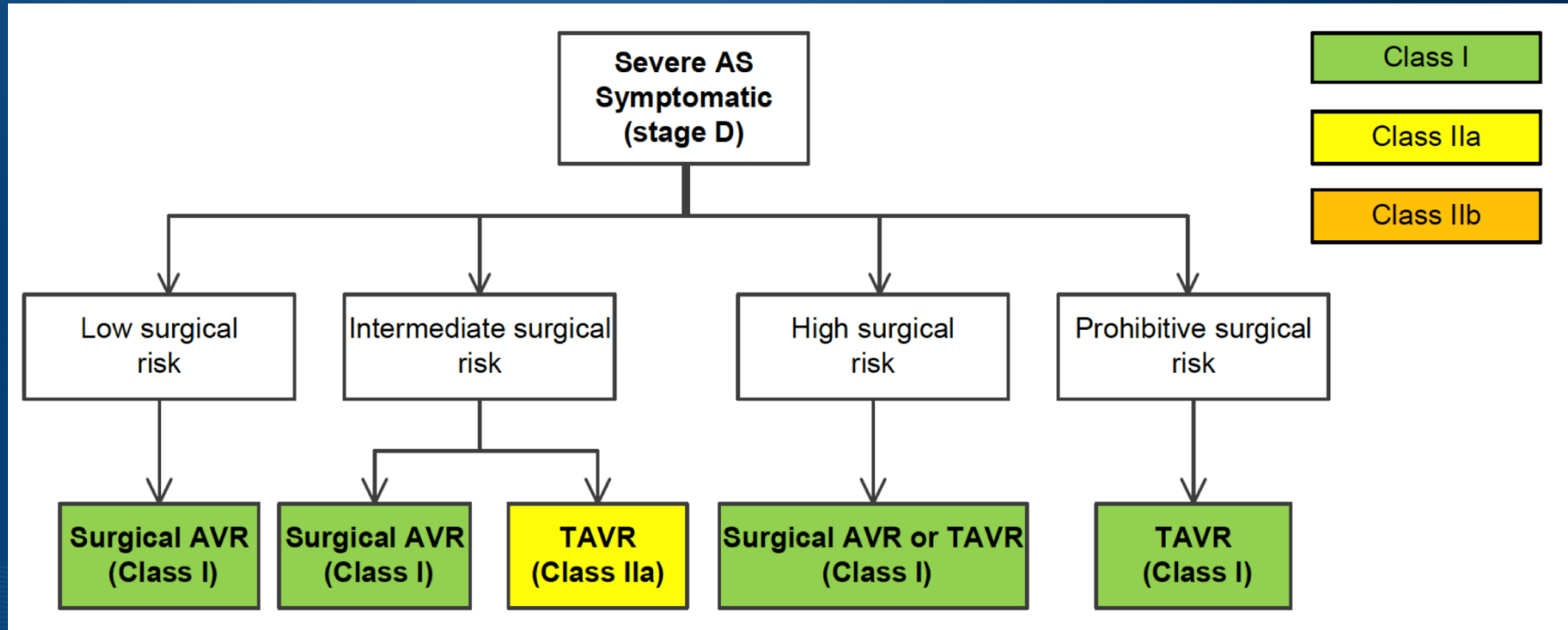
## *Building a Better Valve*

A new approach to replacing narrowed heart valves allows older and sicker patients to survive treatment.

By GINA KOLATA JUNE 20, 2015

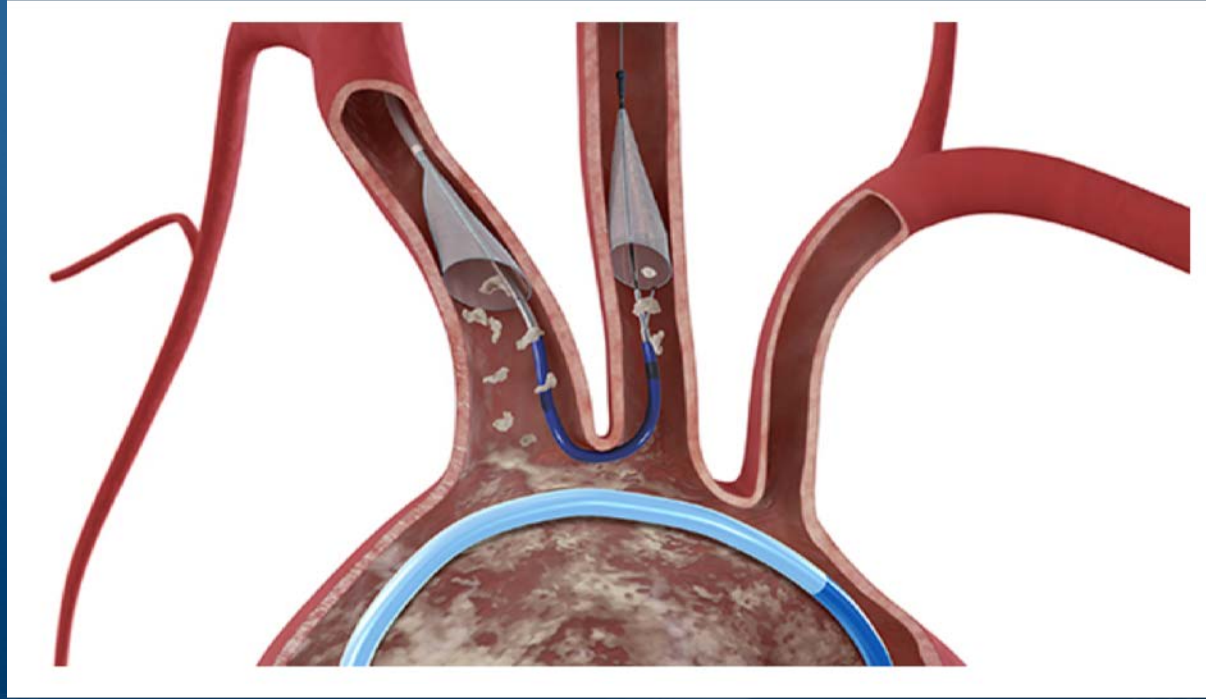


# TAVR VERSUS SAVR IN THE PATIENT WITH SEVERE AS

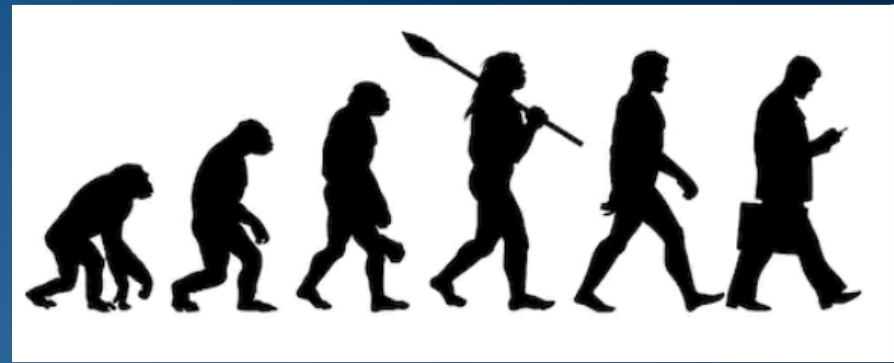


- Severe symptomatic bioprosthetic AS or AR at high or prohibitive risk for reoperation, valve-in-valve TAVR is reasonable

# CEREBRAL PROTECTION



# THE EVOLUTION OF TAVR



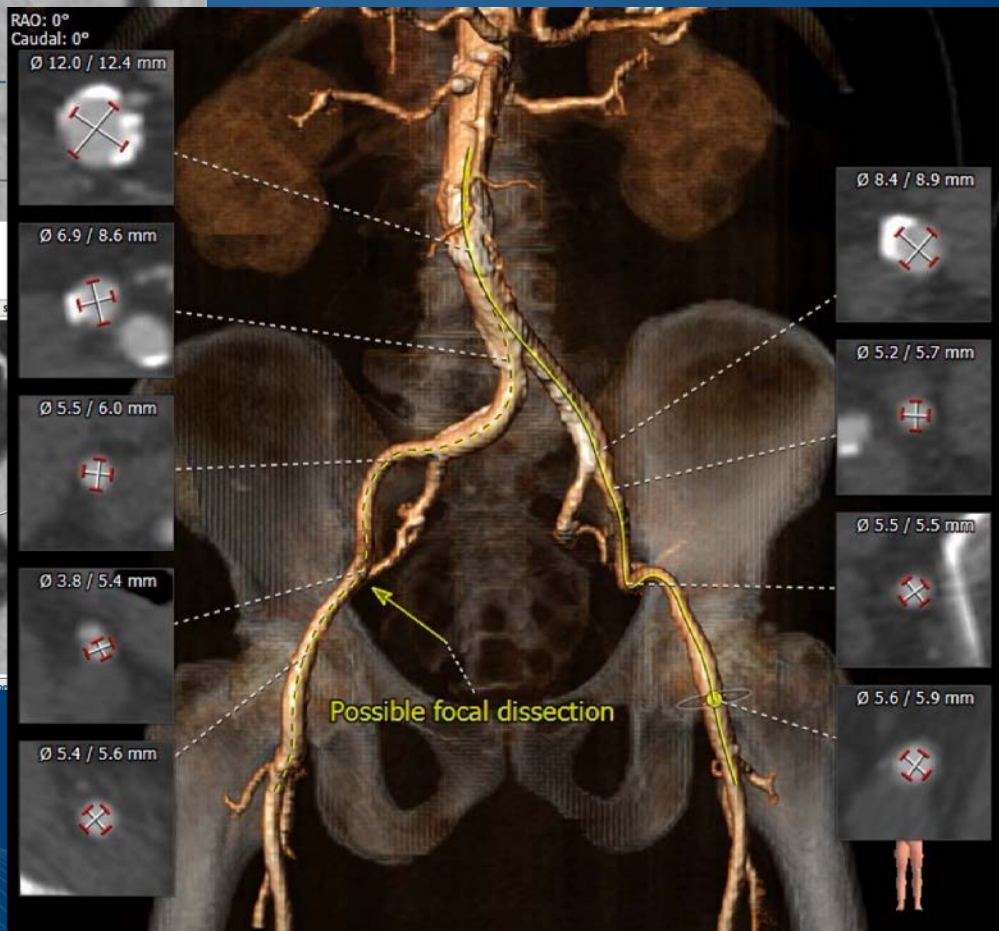
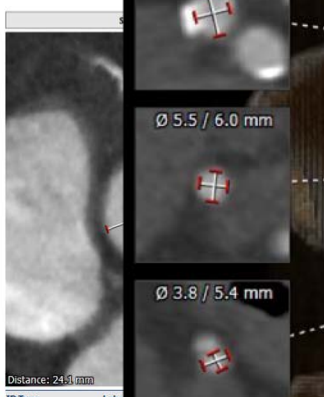
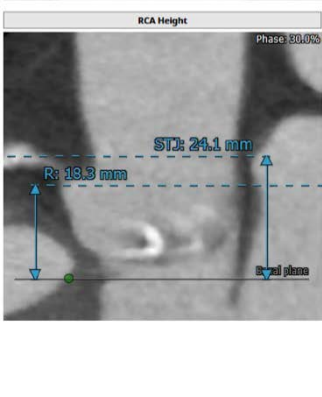
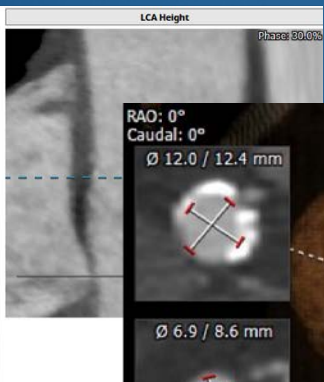
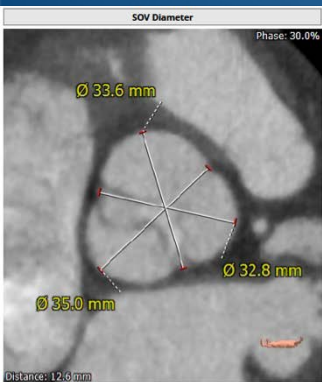
- Improved valve technology with minimized leak and less pacemaker requirements
- Smaller sheaths to allow for femoral artery access without cutdown
- More flexible catheters to negotiate tortuous and calcified anatomy
- Improved operator and staff experience
- Improved workflow and system processes

# THE MINIMALIST APPROACH

- Conscious sedation
  - Shorter LOS, in-hospital and 30-day mortality\*
- No central IJ lines
- No Foley catheter
- No TEE
- Fast-track ICU protocol (6-hours)
- PCU for lower risk patients

# WORKUP

- Echocardiogram
- Coronary angiogram
- CT Angiogram Chest, Abdomen, Pelvis with 3D Reconstructions of Heart
- Carotid Ultrasound
- PFTs
- Frailty Test
- Evaluation by CT Surgery
- Evaluation by Palliative Care Team if necessary
- *Discussion with Heart Team*
  - *Anatomic considerations such as calcified annulus or aortic root, is femoral access feasible, presence of CAD*



# POST-PROCEDURE

- Most patients admitted to PCU
  - ICU if...
    - New conduction disorder requiring pacemaker
    - Intra-procedural hypotension
    - Intra-procedural complication
- Arterial lines discontinued within 4-6 hours if stable
- Ambulation expected 6 hours post-procedure
- Initiation of antiplatelets, ASA + Plavix
- Echo same afternoon or next AM
- Discharge home anticipated next AM (POD1)
- Follow-up with cardiologist in 1 week

# POST-PROCEDURAL COMPLICATIONS

- Complete Heart Block
  - Higher suspicion if pre-existing RBBB
- Hypotension
  - Consider pericardial effusion from annular rupture, LV perforation, RV perforation, access site bleeding (retroperitoneal or visible/palpable hematoma)
- Access site bleeding/hematoma
- Stroke
- Acute limb ischemia



# CASE

87yo M multiple unprovoked syncopal episodes for the past month, 6 month decline in exercise tolerance preceding. Elevated trop and BNP. Transferred for higher-level of care/cardiac cath.

Cares for wife with severe dementia.

**Echo:** LV mod dilated with EF 20% (severe global HK), severe LAE, severe low-flow/low-gradient AS (mean gradient 36 mmHg, AVA 0.6 cm<sup>2</sup>), mild-mod MR, mild TR, PASP 40 mmHg.

**Dobutamine Echo:** AV gradient 40 mmHg, AVA 0.8 cm<sup>2</sup>.

**Carotid duplex:**

No significant stenosis bilaterally.

**FEV1:**

48% predicted.

**Cardiac cath:**

Distal LM stenosis extending to LAD/LCx (70% ostial LAD eccentric calcified, 99% ostial LCx). RCA ok.

- Heart Team decision: TAVR
  - STS PROM 10%
  - PABV/Impella support
  - High-risk PCI left main/LAD/Left Circ
  - TAVR with 26mm S3 device

- Echo post-op day 1: LVEF 35%, mean gradient 9mmHg, trivial PVL
- LOS 9 days
- Discharged home and doing well on follow-up

# CASE

- 84yo with bioprosthetic aortic valve stenosis (Edwards Perimount 21mm valve placed 2003), acute on chronic diastolic HF, CKD, chronic afib on DOAC, severe MR, severe PAH with multiple recent admissions for HF
- Heart Team decision: TAVR ViV
  - STS PROM 16%
  - Frail
  - Low coronary artery heights with small Sinus of Valsalva (increased risk of coronary obstruction)

# SUMMARY

- TAVR has revolutionized the treatment of aortic stenosis in inoperable patients and those at intermediate to high-risk
- TAVR recently FDA-approved for low-risk patients due to demonstrated superiority with regard to stroke and re-hospitalization
  - Anatomic and patient-specific considerations will help dictate TAVR vs SAVR
- Complications including stroke and need for permanent pacemakers continues to decline as operator experience improves and with improved device technology
- TAVR procedure and post-op care has become increasingly more efficient with reduced ICU time and LOS
- Expect newer devices to be introduced in the next several years
- Cerebral protection device may help to reduce stroke risk

# FUTURE DIRECTIONS

- Longer-term data needed to demonstrate valve durability, especially in younger patients
  - Newer-generation devices with smaller profiles
  - Treating Aortic regurgitation
  - Defining timing of intervention
  - Cost reduction of TAVR
  - Just the beginning of the percutaneous valve space...
- 