

You may be feeling overwhelmed by your loss right now. In addition to the support offered by our Chaplains and Spiritual Care staff, it is our hope that the following suggestions will help you through the next several weeks.

Arrangements for your loved one's memorial and/or religious service can be made after you leave the hospital and have discussed your plans with family members and friends. Depending on family tradition or your personal preference, the choice to have a memorial or funeral is up to you – there's no time limit, too soon or too late, after the death has occurred in which a burial is required to take place. However, most services occur within one to ten days. Funeral arrangements are best coordinated with a funeral home director who will arrange a time to meet and will assist you with the details of the funeral

Licensed Funeral Homes and Cremation Services in Snohomish County

A Sacred Moment

Everett ~ 425-316-8290

American Cremation & Casket Alliance

Marysville ~ 1-800-398-7101

Bauer Funeral Chapel

Snohomish ~ 360-568-4126

Beck's Tribute Center

Edmonds ~ 425-771-1234

Cascade Cremation Services, LLC

Everett ~ 425-252-5129

Evergreen Funeral Home and Cemetery

Everett ~ 425-252-2244

Gilbertson Funeral Home and Cremation

Stanwood ~ 360-629-210

Neptune Society

Lynnwood ~ 425-276-7707

Purdy and Kerr with Dawson Funeral Home

Snohomish ~ 425-326-9101

Evergreen Funeral Home and Cemetery

Everett ~ 425-252-2244.

Purdy & Walters at Floral Hills

Lynnwood ~ 425-672-1800

Schaefer-Shipman Funeral Home

Marysville ~ 360-659-3711

Solie Funeral Home

Everett ~ 425-252-5159

Weller Funeral Home

Arlington ~ 360-435-2509

Licensed Funeral Homes and Cremation Services in Island County

Wallin Funeral Home & Cremation, LLC

Oak Harbor ~ 360-675-3447

Whidbey Memorial Funeral & Cremation Services

Oak Harbor ~ 360-675-5777

Licensed Funeral Homes and Cremation Services in Skagit County

Evans Funeral Chapel & Crematory, Inc.

Anacortes ~ 360-293-331

Hulbush Funeral Home and Cremation Services

Burlington ~ 360-757-6055

Lemley Chapel

Sedro Woolley ~ 360-855-1288

Skagit Cremation Services LLC

Mount Vernon ~ 360-424-0282

**List provided by WA State Department of Licensing*

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Spiritual Care Department

A Guide to the Days Ahead



When You Have Returned Home

After the loss of a loved one, the following is a list of items you may wish to consider when you arrive back home:

- If you choose a funeral home after leaving the hospital, please notify the Nursing Supervisor by calling the hospital switchboard at 425-261-2000, with the name of the funeral establishment so that necessary coordination between the hospital and funeral home can be made.
- Contact other family members and close friends.
- Contact the funeral home to assist in making the service, burial and obituary arrangements.
- If you are a member of a faith community, contact your religious leader who may assist you with funeral arrangements and bereavement support.
- Have a relative, friend or neighbor answer the phone or help with phone calls if you have to notify a number of people.
- Have someone keep a list of all phone calls, flowers, food and other donations.
- Notify the employer of your loved one and employers of other household members.
- Notify the schools your children are attending.
- Contact your attorney, if you have one, who will be able to assist you with legal issues.
- Determine if you would like donations made to an organization or charity in memory of your loved one.

- Many airlines offer significant discount fares for bereavement travel for family members. Policies vary with each airline. Call your local travel agency or the airline to make arrangements. When the airline ticket is issued, they may need:

1. The name of the immediate family member who is deceased, and
2. The name and telephone number of the funeral home

Prior to Going to the Funeral Home

It may be helpful to have another family member or close friend go with you to the funeral home. The funeral home will assist in the planning and details of the service. You may wish to bring the following information about your loved one to aid in the planning process:

- Name (full name, including nickname)
- Date and place of birth
- Social security number
- Occupation
- Father's full name and mother's full maiden name.
- If a veteran, proof of military service (the Department of Veterans Affairs number is 800-827-1000).
- List of relatives and their relationships.
- List of faith communities, professional organizations, clubs and other organizations in which membership was held.
- Names and addresses of any organizations or charities to which you would like donations made, in lieu of flowers or gifts.

- List of names of possible pallbearers and individuals who may speak about your loved one at the service.

After You Have Made Funeral Arrangements

- Obtain extra copies of the death certificate from your funeral director.
- Contact your loved one's life insurance company.
- Contact your local Social Security office if you are eligible for benefits.
- Contact your financial institution concerning any existing accounts.
- Notify creditors and credit card companies.

Additional Resources

The following bereavement support services are offered:

- Grief support groups for children, teenagers and adults
- Bereavement support materials
- Individual grief counseling

Please call Providence Regional Medical Center Everett's Spiritual Care Department at 425-404-7000, ext 0 for more information.

Chaplain _____