

# Spine Rehabilitation Program 2022 Inpatient Outcomes

A spinal cord injury can happen to anyone at any age. In 2022, St. Luke's provided inpatient rehabilitation services to more than 130 inpatients who experienced a spinal cord injury or illness. This includes traumatic and nontraumatic injuries resulting in tetraplegia or paraplegia. Inpatients receive at least 3 hours of therapy a day, 5 days a week, and have an average length of stay of 20 days, with 88% discharged back home to the community.

**Functional Outcomes:** represent total increase in independence with self care and mobility tasks from admit to discharge. St. Luke's goal is to be higher than the nation.







| Age of patients in SCI Program |                    |
|--------------------------------|--------------------|
| Age                            | Number of Patients |
| 0 - 17                         | 2 (1.5%)           |
| 18 - 40                        | 36 (27.3%)         |
| 41 - 64                        | 48 (36.4%)         |
| 66 - 85                        | 43 (32.6%)         |
| 86+                            | 3 (2.3%)           |

#### **Patient Satisfaction**

Based on a national survey from Uniform Data System for Medical Rehabilitation (UDSMR), MedTel Outcomes and Focus on Therapeutic Outcomes, patients reported the following:

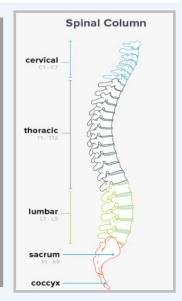
2.3% discharged to long term care

**8.3%** discharged to acute care hospital

88.6% discharged to community

93% overall satisfaction

20 days is average length of stay



## **Patient Demographics:**

Ages served: 8-87

Average age: 53

Female: 53 patients (40.2%)

Male: 79 patients (59.8%)

Traumatic SCI: 60 (45.4%)

Non-traumatic: 72 (54.5%)

### **Peer Support Group**

St. Luke's offers a hybrid inperson/virtual support group for individuals who have experienced a spinal cord injury.

To register to attend, please call (509) 473-6681 or email:

slrsupportgroups@providence.org

## **Inpatient Case Management**

Phone: 509-473-6058 Fax: 509-392-5684

For a list of all **Outpatient Therapy** locations near you, visit **providence.org/locations** 

Phone: 509-473-6869 Fax: 509-392-5685

These accreditations assure patients the highest quality care and results possible.





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